COMMUNITY

Dean-Hill are wed

Miss Lisa Lea Dean, daughter of Mrs. Betty Faye Dean of Paris, and Brian T. Hill, son of Mrs. Mary Hill of Carlisle and Kenneth Hill of Cynthiana were united in marriage Friday November 21, 1986, 6:30 p.m. at First Christian Church in Carlisle. The Rev. Julie Schmidt Metzger and the Rev. Allen R. Campbell officiated at the double-ring candlelight ceremony.

Mrs. Glenn Wermuth, cousin of the bride, was the pianist.

The bride, given in marriage by her brother, Michael David Dean, wore a white satin gown with Venetian lace-trimmed Queen Anne neckline, fitted bodice, basque waist and modified Elizabethian sleeves. The full skirt had tiers of chantilly lace ruffles that extended to the chapel-length train. She wore a heart-shaped headpiece of pearls and flowers with a finger tip pouffant veil and carried an arrangement of white silk roses, daisies, and carnations accented with white satin streamers and blue satin bows.

Ms. Susan Renee Shietz, cousin of the bride, was maid of honor. She wore a royal blue satin tea length gown with silver shoes. She carried a bouquet of white snow crystal and sperengi with silver leaves. Her headpiece was a silver band and bow trimmed with royal blue ribbon.

Melody Hill and Beth Hill, sisters of the groom, and Jennifer Marshall and Amy Wermuth, cousins of the bride were bridesmaids. Their gowns and accessories were identical to that of the maid of honor.

Jennifer Holland of Carlisle, daughter of Bernice Holland, the flower girl, wore a royal blue dress with accessories identical to the bridesmaids.

Kenneth Hill, father of the groom, served as best man. Bryan Shietz, Gregory Marshall, Steven Marshall, cousins of the bride, and Darrell Rankin, were groomsmen.

Brandon Adams of Cynthiana, son of Mr. and Mrs. Keith Adams, served as ringbearer.

The reception was held following the ceremony at Carnico Country Club. Mrs. William Lovell Hollar and Mrs. Earl C. Finch, aunts of the groom, assisted at the reception. Miss Nita Villaflor assisted at the guest book.

The bride is a graduate of Paris High School and the University of Kentucky. She is employed by Wal-Mart Jewelry department.

The groom is a graduate of Nicholas County High School and Maysville Community College. He is employed by the Bank of Lexington and Trust.

The couple are residing on Mulberry Street, Carlisle.

Morehead State University's Nursing program held its pinning ceremony for December graduates. Shown with Dr. Betty Porter, left, Department of Nursing and Allied Health Sciences chair, is Jo Ellen Howard of Carlisle, who received an Associate of Applied Sciences degree.—Photo submitted.

Distribution set Jan. 22

Community Action in cooperation with the Cabinet for Human Resources will be distributing USDA Commodities Thursday, January 22 from 1-4 p.m.

If you wish someone else to pick up your commodities you must send a signed permission slip with the following information: your name, social security number, address, number in household, income for entire household for December, name of person picking up.

Please bring your own bag/box.

Trussells entertain

Mr. and Mrs. Robert Trussell entertained with dinner, Sunday, in honor of Mrs. Trussell's sister, Mrs. Paul Minton of Lexington who was celebrating her birthday.

Others attending were Mrs. Thomas George, Mr. and Mrs. Stanley Breunagen and Melissa of Myers.

Mr. and Mrs. Larry Trussell, Susan, Kimberly, Rodney and Roger were afternoon guests.

Saltwell ..... by Mrs. Fred Hollar

Mrs. Eddie Ellington and children Hana and Annie Beth of London spent the weekend with Mr. and Mrs. Donald Riggs and Mr. and Mrs. Hanson Ellington in Carlisle.

Chris Ecton, Cayce Howard and Mrs. Mary Stubbs spent Tuesday night with Mr. and Mrs. Jobie Howard honoring Shane Bartels' 9th birthday.

A very large crowd attended visitation for Mrs. Carrie D. Asbury at Pruitt Funeral Home, Millersburg on Friday night and also the funeral on Saturday afternoon by Reverend Russell Jones and Reverend Roy C. Hunt. Carrie passed away early Thursday morning at Mathers-Johnson Nursing Home after a long illness. She was a member of Headquarters Methodist Church and United Methodist women for many years and will be greatly missed in her home church and community. We extend sympathy to her family.

Mrs. Bobby Brady returned home from St. Joseph Hospital on Monday and is greatly improved. She had many visitors there since returning home.

Mrs. Eddie Ellington and children Hana and Annie Beth and Mr. and Mrs. Donald Riggs were among a group attending a birthday party Saturday at the home of Mr. and Mrs. Roger Riggs, Stoney Creek, honoring the first birthday of their son, Clinton Austin.

Joshua Mann and Shane visited Mrs. Alice Marie Feeback on Sunday.

Richard Cain Sr., who is spending the winter months in Elgin, SC was called here by the death of his only brother Ray Cain, formerly of Harrison County but now of Loveland, OH. Mr. and Mrs. J. A. Mattox, Cherry Point, NC, Mr. and Mrs. Larry Woosley, Carlisle and Mr. and Mrs. Dickie Cain also attended the funeral of their uncle at Loveland on Tuesday. Mr. Cain visited here with his children and families during the week and returned home Saturday.

Mr. and Mrs. Lowell Fryman, Kim and Grey were Tuesday supper guests of Mr. and Mrs. Bobby Ritchie and sons at Headquarters.

Bob Kenney, Covington, spent Saturday with Gladys Kenney.

Mr. and Mrs. Jobie Howard, Cayce and Jim, Aimee, Shane and Traci and Mr. and Mrs. Mark Mattox and son, Jon Michael, were Sunday dinner guests of Mr. and Mrs. Narvel Webber, Cynthiana, honoring Mrs. Webbers birthday. Jobie and family also visited their grandfather, Roy Stubbs, who is a patient at St. Joseph Hospital, Lexington.

Mr. and Mrs. Louis Fryman and Wayne visited Mr. and Mrs. Mike Ganly, Richmond on Saturday night.

Mrs. Ramona George spent Sunday with Mr. and Mrs. Fred Hollar.

Mr. and Mrs. Fred Hollar visited Mrs. Pearlie Morris, C. L. Stone and Reynolds Gaunce at Harrison Memorial Hospital on Saturday. Mrs. Morris was very ill and most all of her family was with her.

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Energy loans

U. S. Representative Larry J. Hopkins announced that farm families in Bourbon, Montgomery and Nicholas counties, which were stricken by drought last year, are now eligible for emergency loan assistance from the Farmer's Home Administration (FHA).

"It usually takes the amount of time for the loans to be available," said Pamela Perlman, press secretary to Congressman Hopkins.

After the counties request the aid, it takes awhile for the process to go through."

Under the provisions of the loan program, families who meet eligibility requirements may apply for loans through their county FHA office.

Stockholders hold meeting

The annual meeting of the stockholders of the Deposit Bank of Carlisle, was held at the bank, Tuesday, January 13, at 11 a.m. Three thousand five hundred eighteen shares of the 4,000 outstanding shares, were represented either in person or by proxy.

President, William N. Young presented a detailed report on the "Condition of the Bank," which was approved by the stockholders.

The Deposit Bank of Carlisle is a home owned bank and has 86 stockholders. It was established in 1866 and has served Nicholas and surrounding counties continously since that time.

The Board of Directors named to serve for the ensuing year are: M. C. Blair, William Lovell Hollar, W. B. Parker, R. B. Sparks, Roger C. Womack, James Wells and William N. Young.

Beautiful: Tips from the Hart

By Betty Hart

Those ugly pimples, where do they come from? After all you are an adult! It's just not fair. But there it is! You can blame it on hormones, heredity, stress, or cosmetics.

More people in their 20s and 30s are complaining about pimples. Women are the most prone, men who had acne as teenagers, seem to outgrow it.

The problem in adulthood is the same as it was in adolescent. The way your skin processes the oils you produce.

The hormone cause...testosterone, which stimulates oil glands, make teen boys particularly prone to acne. Women have only about one-tenth the amount of testosterone, but before menstruation estrogen levels drop and progesterone surges. This stimulates oil production.

Heredity...If you've inherited the tendency, you could be fine as a teen, but get hit as an adult.

Stress: Job, kids, love life, may trigger acne by releasing extra amounts of hormone that stimulate oil flow.

Cosmetics: Certain hair care products, mouses, conditioners, sprays, may cause break outs. The red dye in blushers or the pigment's binder, heavy oil base moisturizers and foundations can also bring on pimples.

Sweaty workouts can cause acne of the forehead, chest, back and shoulders. When you perspire, your body warms up, and this overstimulates the oil glands.

This guide may help you play detective, to trace the culprit. Small surface pimples along the hairline point to shampoos, or conditioners. Tiny whiteheads—or...blackheads on your cheekbones may be caused by your blushers. Little pimples on your shoulders, back, chest, or chin may result from oil glands clogged by the sweat, heat, and friction of exercise clothes or the work out itself. If possible wear 100 percent cotton. If your chin breaks out, check to see whether you rest it in your palm.

Please send questions to Beautiful: Tips from the Hart, P. O. Box 2297, Louisville, KY 40272.

VFW meet

VFW Post 680 and Auxiliary of Lexington, welcomed Norman G. Staab, National Commander-in-Chief, Leroy Ford, Kentucky State VFW Commander, Donald Martin, State Senior Vice Commander and Ray Hensley, State Junior Vice Commander on January 6, with 100 membership transmittals.

Minton travels

Miss Melanie Beth Minton, daughter of Mr. and Mrs. S. T. Minton, will be living in Somerset, KY for four months. There, she will be training as a Radiologic Technologist at Humana Hospital Lake Cumberland.

Melanie, who is a freshman at Morehead State University, left Tuesday, January 13.

BIRTHS

MARKLAND

Mr. and Mrs. Thrashley Thomas Markland Jr., Carlisle, announce the birth of a daughter January 3, 1987 at the Central Baptist Hospital, Lexington. She weighed seven pounds 13 ounces and has been named Ashton Ray.

Maternal grandparents are Connie Clinkenbeard and Jack Clinkenbeard, both of Carlisle.

Paternal grandparents are Mr. and Mrs. Thrashley Markland Sr., Carlisle.

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COMMUNITY

CLUBNOTES

4-H is the largest informal educational program for young people in the world.

Participation is open to all interested youth between the ages of 9 and 19.

The primary focus of the program is developing life skills.

By selecting from over 100 project areas, 4-Hers learn not only practical skills, but also develop sound judgement, a sense of responsibility and an individual motive for future career choices or later educational pursuits.

Individual 4-H members enroll in one or more organized projects each year.

Last year 4,337,480 4-Hers enrolled in 8,422,013 projects and in Kentucky 224,300 young people completed 468,500 projects and activities.

357 of 224,300 Kentuckians were Nicholas County 4-Hers.

4-H is administered by the Cooperative Extension Service by the Federal Department of Agriculture through the University of KY Public funding for 4-H is provided by the U. S. Congress, State Legislatures and local governments.

The private sector donates approximately $41 million annually to support 4-H at the national, state and local levels.

Health Tips from Lee Rose

From birth and throughout life there are no guarantees of health and happiness. The way a child is nurtured and has reaction to it has an immense impact on both. When adulthood is reached we are on our own. It's up to us how we accept and deal with life, be it good or bad.

When we practice positive attitudes in the smallest day to day pleasures and annoyances, the big hurdles are much easier to overcome. With a little effort, trouble can be handled in an upbeat way to prevent what I call the "woe is me syndrome". This common condition can overcome us as we continually let minor difficulties get us down. Life becomes drudgery. Such an outlook can affect health, actually allowing the body to be more prone to illness. Should illness occur it can be more difficult to overcome.

You may feel it's easy to say, "look on the bright side," when the children just tracked mud on your clean carpet or the water pipes are frozen, but what will it really accomplish to be upset? Life will never be free of annoyances or troubles. But it is how we learn to cope that reduces our stress and susceptibility to disease.

Find ways to cope in a special interest to you. If you've not taken time for yourself, do so now. Carolyn V. Billings, RN, MSN, therapist says, "Who doesn't like to be known for his accomplishments rather than his diagnosis?"

If you see even a hint of the "woe is me syndrome" in your life, resolve this January 1987 to work for a pleasant, confident outlook. You will be amazed how it will affect your health and happiness.

For more information contact Lee Rose, RN at the Nicholas County Health Center, phone 289-2180.

This article prepared by Lee Rose, RN.

Meeting set

The CC Teens 4-H club will meet Wednesday, January 14 at 7 p.m. in the Extension Office.

Topics of discussion will include the area Teen Lock-In scheduled for January 31 at the Lexington YMCA.

Volunteers are essential to the 4-H program and over 500,000 well trained volunteers help make 4-H one of the most cost effective publicly supported programs in the 1980's.

Nearly 30,000 teens and adults in Kentucky gave of their time and talents last year. Of those 30,000, 60 were Nicholas County volunteers.

Hospital notes

January 2-8, 1987

Admissions: Christine Booth, Kimberly Watkins, Connie Howard, Pauline Wagoner, Sheila Walker, Betty Kelly, Lida Bowles, Calvert Asbury, Nannie Linville, Alma Hilander, Betty Toliver, Carl Klickner, Robyn Feerback, Allision Knapke, Brenda Stone, Coleman McGlothlin, Bubby Buckler, Josephine Hughes, Louise Thompson, Carlisle; Elizabeth Dale, Michael Middleton, JoAnn Damron, Charlotte Poe, Millersburg; Maggie Smoot, Elizabeth Marcum, Moorefield; Jessica Hunt, Harriet Johnson, Sharpsburg; Kristy Foster, Larry Campbell, Lonnie Jackson, Jalon Gray, Paris; Justin Collins, Mt. Olivet; Richard Mitchell, Ewing.

Discharges: David Tipton, Cindy King, Mary Shrout, Herma Maze, Wanda Cox, Shari Fryman, Lenore Anderson, Roberta Mitchell and baby girl, Delphia Asbury, Kimbera Knapke, Lida Bowles, Robyne Feeback, Carlisle; Ricky Sapp, Paula Vice, Christopher Morgan, Alva Gray, Ewing; Amy Trail, Mt. Sterling; Elizabeth Dale, Michael Middleton, Millersburg; Maggie Smoot, Moorefield; Jessica Hunt, Sharpsburg; Justine Collins, Mt. Olivet.

December 28-January 1, 1987

Admissions: Lenore Anderson, David Tipton, Wanda Cox, William D. Earlywine, Bobby Barnett, Delphia Asbury, Nannie Linville, Jeff Farrow, Betty Willoughby, Shari Fryman, Herma Maze, William A. Earlywine, Jimmy Bretz, Mary Shrout, James Tolliver, Roberta Mitchell and baby girl, Roy Garland, Steven Willoughby, Gracie Earlywine, Nelson Fryman, Evelyn Anderson, Cindy King, Carlisle; Helen Blake, Bradley Mitchell, Paris; William Robinson, Moorefield; Alva Gray, Christopher Morgan, Ricky Sapp, Paula Vice, Ewing; Amy Trail, Mt. Sterling.

Discharges: Bert Vance, Jessie Sosby, Sue Mitchell and baby boy, Gary Jolly, Eliza Lyons, Conway Tedder, Estle Honaker, J. W. Ecton, Sr., Avery Farris, Jeff Farrow, William D. Earlywine, Bobby Barnett, William A. Earlywine, Jimmy Bentz, Nannie Linville, Steven Willoughby, Carlisle; Bradley Mitchell, Helen Blake, Paris; Susie Dailey, Bethel; Juanita Colemire and baby boy, Joshua Frederick, Mt. Olivet; Marian Bellamy, Stanley McIntyre, Ewing; JoAnn Middleton, Millersburg; William Robinson, Moorefield.

Hazel Moore gave the treasurers report. There was not any old business.

Marge Burnaw gave the family life lesson, A Look at the New Year with Joy.

Club chairmen took their reports. Bernice McClanahan, Lois Allison, Hazel Moore, Naomi Dale and Dorothy Kimberling had some very pretty handmade articles for Show and Tell.

A pot-luck lunch was enjoyed by everyone. The tables were decorated with antique's to carry out the lesson theme, The Country Look.

Following lunch, Marge Burnaw and Lillian Letcher gave the lesson on Decorating with the Country Look, giving information on the country look and how to decorate using antiques and handmade articles. Lillian Marge, Phyllis Darrell and Diana Wills shared some of the things they made and use to decorate their homes.

Following the lesson Lillian and Marge showed everyone who wanted to participate, how to make a mini wreath and decorate it with potpourri.

Meeting was adjourned. The next meeting will be February 3.

The Ewing Womans Club will have a miscellaneous shower, Thursday, January 22 from 5 to 8 p.m. at the Ewing Firehouse, in honor of Bob and Linda Christie, who lost their home by fire.

The public is invited.

The Headquarters Homemakers met Tuesday, January 6 at the Nicholas County Depot. Gladys Duncan and Lois Ockerman were cohostess for the meeting.

President, Dorothy Kimberling called the meeting to order. Betsy Cleaver gave the devotion, The Power of Prayer. Roll call was answered by 18 members telling where they would like to go on vacation. We welcomed two visitors and Mrs. Wilson. Minutes were read and approved with one addition.

Hazel Moore gave the treasurers report. There was not any old business.

Marge Burnaw gave the family life lesson, A Look at the New Year with Joy.

Club chairmen took their reports. Bernice McClanahan, Lois Allison, Hazel Moore, Naomi Dale and Dorothy Kimberling had some very pretty handmade articles for Show and Tell.

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Following the lesson Lillian and Marge showed everyone who wanted to participate, how to make a mini wreath and decorate it with potpourri.

Meeting was adjourned. The next meeting will be February 3.

The East Union Homemakers met Thursday night at the extension office.

The meeting was called to order by our president, Lorella Stevenson. Devotion was given by Pearl Campbell. We answered roll by naming a vacation place we would like to visit, starting with the first letter of our name.

There were eight members, Mrs. Wilson, and one guest present. Sue Bell read the minutes of our last meeting. Monthly reports were taken and annual reports were filled out.

Lorella read the Family Life lesson. Our lesson "Decorating with the Country Look" was given by Pearl.

Refreshments were served and our next meeting will be held at the home of Elsie Ruth Burden, February 13.

The Nicholas County High School Academic Boosters Club will have their regular monthly meeting, Monday, January 19, 7 p.m. in the NCHS biology room.

Any interested persons are invited to attend.

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Nicholas County Faces

Left to right, top to bottom: Michael Hester, 278 Foxglove Drive; Heidi Fast, Mulberry Street; Tammy McCarty, 118 Catherine Street; Brandon Jones, 3077 Maysville Road; Lisa Fryman, Linville's Department Store.—Marsha Livingood photos.

1987 Vacation Tours announced by Richard Jett

As most folks plan their vacations many months in advance, Richard Jett of Campton, is "spreading the word" that he has already arranged several fun-filled, but low-cost tours for 1987. A schedule of these tours is listed below:

Grand Ole Opry from Carlisle, March 28-29.

Daytona Beach-Disneyworld, June 8-13.

Opryland-Twitty City, June 22-24.

Washington-Mt. Vernon-Gettysburg, July 6-10.

Grand Canyon-Las Vegas-Graceland, July 19-30.

Niagara Falls-Toronto, Aug. 10-14.

New England Fall Foliage Smoky Mountains-Dollywood, October 20-22.

These tours are filled with fun, fellowship and interesting features that are pre-arranged for your enjoyment. The tours also include complete motel accomodations and transportation in ultra-modern Greyhound buses. Mr. Jett serves as escort for these tours.

For complete details and free brochures on any of these exciting excursions, please contact Richard Jett Tours, P.O. Box 206, Campton, Ky. 41301. Telephone 606-668-6650. Carlisle's own Roy Clark will drive the Greyhound bus.

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