

COMMUNITY

### Carlisle resident finds retirement a rewarding lifestyle

By Chip Miller  
of the *Carlisle Mercury Staff*

It used to be when one thought of a retired person, one could imagine someone sitting at home, probably playing checkers, watching television or even knitting again.

Not Lucy Fleet Allison, retired Nicholas County school teacher, she hasn't even got the spare time to finish a quilt she had started.

"I don't have time to sit down like I used to and crochet," said Allison.

She said she even believes she is busier now than before she retired from the teaching profession in 1976.

"You can see how busy I have been," she added holding her fall schedule book for the month of December.

Allison retired after a 30-year teaching career and began her "hobby" life schedule of today with volunteer work at the local hospital and with her church, Carlisle Methodist Church.

She said she got so busy that her parents was what persuaded her into retirement and into her volunteer work.

After then, she has donated most of her time to serving for others and for her community.

"They say are my busiest days," she said.

Allison stays active by serving on various church committees and going her volunteer work for the church and hospital.

And her donations to the community are paying off for her in more ways than imagined.

Allison was awarded in June for her volunteer work at the Nicholas County Hospital for having spent 5,560 hours in service.

She has also been rewarded with pride for her flood donations which she says is unusual because of her age.

"I had to get special permission from my doctor in order to donate this last time," she said.

Allison has a card which says she is working on her third gallon of blood donation.

But the greatest reward Allison said she has gotten from her volunteer work is the smiles she receives from her patients.

"Just seeing the smile on the their faces (patients) at the Johnson-Markley Nursing Home makes it all worth it," she said.

"They're so appreciative of anything I do for them," she added.

Allison said she loves to work with people because "I love people. And with my strong faith in God, everything comes out for the best. I just my faith in God."

Allison said she is planning to write a book of her teaching experiences one day and to assemble her collected family history material into a book.

"Maybe I might even begin this winter," she said.

"If I could only snow and keep me in here as I would have to write it," Allison added, laughing.

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Fleet Allison

Local physician has found area to his liking

By Heather Mathes  
of the *Carlisle Mercury Staff*

Oscar Villafar, after moving from a small town in New York to a quiet, rural area in Nicholas County, moved to Kentucky and now serves Nicholas County in the health field for five and one-half years.

Villafar has found Kentucky, and especially Nicholas County, to be to his and his family's liking.

"I have found Carlisle to be one of the most suitable places we have lived in thus far."

"This is a nice town," said Villafar.

Villafar's four children are: Ruby Lynn, presently working in the intensive care pediatric unit at the University of Kentucky; Joel, graduate of the Syracuse University and now working as a graphic artist and advertising designer in Lexington; Diana, writer at Millersburg Military Institute and applying to West Point; and Nina, a student at Nicholas County High School.

Villafar's office hours vary because he is constantly on call. "Mondays, Tuesdays, and Fridays I am usually in the office all day."

"Wednesdays I am in the operating room in the morning and the office in the afternoon and on Thursdays, I am in a half day in the morning."

"Saturdays I handle 10 to 12 patients," Villafar said.

On the average, Villafar handles 15 to 20 patients a day.

"It is mainly a mix of elderly and pediatric cases instead of just one group," said Villafar.

Villafar does handle general surgery.

"If the surgery needed is not complicated then I will perform it but if things do get complicated I will refer them on to Lexington or any other hospital that the patient personally prefers," said Villafar.

Villafar technically has two employees and one partner, Benny Faust and Mary Zischer work in the office," he said.

The Doctor laughed as he added, "My wife, Virginia Ruby, is a 'business minded' registered nurse that runs the business part of the office."



Dr. Oscar Villafar

Have a safe and happy New Year

Hope you find your pet of gold filled with good health, happiness and love

Proctor W. Blair, C.P.A.

### January Clearance Sale

All Ladies Dress Shoes

30% off

Life Stride Green Rose Hush Puppies Marshmallows

538 Main Street, Paducah, Kentucky

**Lyle SHOES** 987-3655

### Attention

The Showmaster's Band will NOT appear at the Armory, New Year's Eve.

We wish to take this time to thank our friends and fans over the years and hope you will continue your support for the band.

Happy New Year  
The Showmasters Band, Inc.  
Darlene, Marlene, Bobby, William, Carrie, Dannie and Mike

### Now 2 color prints FOR THE PRICE OF ONE

Bring in a roll of Kodachrome film for development and printing and receive 2 sets of COLOR PRINTS FOR THE PRICE OF ONE. ALL SIZES. At time of original order only.

**Carlisle Drug Co.**  
CARLISLE, KY.

V. F. W. New Year's Eve Dance  
Dec. 31 - 9:00 - 1:00  
Music By Midnight Riders  
\$5.00 Couple  
\$3.00 Stag

### HAVE A BOUNTIFUL NEW YEAR!

Good fortune to you and your ahead. We hope to continue serving you in the future.

**First National Bank of Carlisle** MEMBER FDIC

## CROCKETT'S FOODTOWN

OPEN NEW YEAR'S DAY  
Prices effective Wednesday, December 30 through Tuesday January 5, 1988. We reserve the right to limit quantities and to correct printing errors.  
Foodtown, Market St., Carlisle, KY

HOURS  
Mon - Thurs 8 a.m. - 8 p.m.  
Fri - Sat 8 a.m. - 9 p.m.  
Sunday  
Noon - 6 p.m.

**HOLLY FARMS FRESH CHICKEN BREASTS**  
Prime Chicken Breast Halves  
**.99** lb.

**BALLARD'S MOUNTAINEER MILD PORK SAUSAGE**  
Field Lard 8 lb. bucket  
**.99**  
Big 25 lb. can **7.99**

**LOUIS RICH TURKEY BREAST PORTION**  
1-2 lb. average - sliced free  
Over Branded, No Sugar, No Salt  
**3.49** lb.

**BONELESS BEEF TOP SIRLOIN STEAK**  
U.S. Choice  
**2.69** lb.

**FIELD SLICED BACON**  
1-4 lb. package added  
**1.69**

**TROPICANA FROZEN ORANGE JUICE**  
12 oz. can, 100% pure orange  
**.89**

**GREEN GIANT CANNED VEGETABLES**  
17 oz. Green Beans, 17 oz. Golden Cut or Green Peas, 17 oz. Mixed Corn  
**3 for 1.69**

**MARTHA WHITE FLOUR**  
10 lb. bag, Premium Soft Flour  
**1.69**

**BORDEN GLACIER CLUB ICE CREAM**  
Half gallon  
Vanilla, Chocolate or Fudge Swirl  
**.99**

**BANQUET POT PIES**  
10 1/2 oz. pie, 10 1/2 oz. pie  
**3 for \$1**

**LITTER BRITE MC, MC CHERRY MC, MC BLUE MC**  
13 1/2 oz. can  
**.59**

**FRESH GREEN CABBAGE**  
10 lb. bag  
U.S. #1 Round  
White Potatoes  
Golden Rice  
Bananas  
**.23** lb.

**Kraft Quality Dip**  
8 oz. 96% fat flavors  
**.69**

**MAXWELL HOUSE MASTER BLEND COFFEE**  
1 lb. can, 100% arabica  
**1.99**

**SWITTING SHORTENING**  
1 lb. can, 100% lard  
**.99**

**Pampers Disposable Diapers**  
16 ct. pack, 12 ct. pack  
**8.99**

**PEPSI, DIET PEPSI, PEPSI FREE, DIET PEPSI FREE, OR MOUNTAIN DEW**  
8 PACK, 16 OZ. BOTTLES  
**1.49** plus deposit

**GALA PAPER TOWELS**  
12 pack, 12 ct. can  
**.59** plus deposit

**TIDE LAUNDRY DETERGENT**  
16 1/2 oz. can  
**1.59**

**PROCTOR W. BLAIR PAPER TOWELS**  
12 pack, 12 ct. can  
**.69**

**Foodtown Whole Milk**  
Gallon  
**1.69**

**Foodtown Bread**  
16 oz loaf Limit 3  
**29¢**

**Deli - Specials**

Lean Sliced Baked Virginia Ham **4.99**

Lean Sliced Cooked Roast Beef **4.99**

Sliced Domestic Swiss Cheese **3.79**

Another Foodtown Advantage

Beginning this week we will not be offering bankroll. Instead, we will be awarding five (5) \$25.00 gift certificates, weekly. This will enable more people to win. You must register weekly. Entries will be destroyed after the drawing each week. No Purchase necessary and you do not have to be present to win.