SOCIETY

To place Society items, call Mrs. Ann Shearer at 289-7464

Learn metric measure

Billy Nichols, left, and Raymond Brown, students in Charity Griffith's seventh grade science class, are learning to use the metric system to measure. — Guthrie photo

46th Fryman reunion held

The Fryman family held their 46th reunion Sunday, Aug. 31 at Blue Licks State Park.

Those present were Donna and Angela Zachery and Jeff Wood, Erlanger; Mr. and Mrs. Oliver Hughes, Louisville; Buster Laughlin, Nicole and Jamie Fister, Roberta Laughlin, Lexington; Jerry Craig and Brian, Paris; Nolan Craig, Ramona Craig and Wendy, Cynthiana; Cecil Curtis, Cynthiana; Princess Montgomery, Bessalee Robinson, Mt. Olivet.

Also, Wavel Fryman, Larry Fryman, Nancy Fryman, Leslie Fryman and Ben Tyree, Mr. and Mrs. Phillip Fryman and Andrew, Mr. and Mrs. Eddie Wagoner, Mr. and Mrs. Gary Hughes, Ricky and Clint, Mr. and Mrs. Bobby L. Hughes, Mr. and Mrs. Claude Curtis, Everett Fryman, Mr. and Mrs. Johnny Clem and Bradley, Mr. and Mrs. Larry Hunt, Jason, Eric and Carrie Buckner, Mollie Bacot, John Earlywine, Mr. and Mrs. Wayne Fryman, Aubrey, Amanda and Rachel.

Also, Charlotte and Christi Snapp, Bobby Dailey, Mr. and Mrs. William Hunter, Melissa and Johnny Martin, Mrs. Elsie Hunter, Mr. and Mrs. Randy Hunter and children, Mr. and Mrs. Reese Smoot, Mr. and Mrs. Tom Fryman, Tip, Deeana and Gabrielle, William E. Hunter and children, Mr. and Mrs. Doug Fryman, Cynthia and Jennie Lee, Mr. and Mrs. Reese Wayne Smoot, Nikkie, Kyle and Weston, Mr. and Mrs. Eddie Fryman, all of Carlisle and Nicholas County.

Shirley Dejean, Baton Rouge, LA, Geneva Jennings and Mae Ashcraft, Carlisle were afternoon visitors.

Hughes reunion Sunday, Aug. 24

The Hughes family reunion was held Sunday, Aug. 24 at Blue Licks State Park with 49 in attendance. The oldest was Mrs. A.J. Standiford and the youngest was Terrina Pigman.

Those present were: Mr. and Mrs. Winfred C. Hughes and Nancy Hughes Purdon and Kimberly Purdon, Lexington; Mr. and Mrs. Dallas Hughes, Mr. and Mrs. Vernon Roe, June Hughes Roe, Chris Morris, Dena McCall, Mr. and Mrs. Terry Pigman and Terrina, and Stephanie Myers, Maysville; Mr. and Mrs. Clyde Hughes, Washington; Eugene Hughes and Mrs. Mary Lou Murray and Steve, Mt. Olivet; Mr. and Mrs. John Grierson and Lisa Grierson and Jamie, Ellaberry, OH; Mr. and Mrs. Ray Hughes and Mrs. Ida Henry, Dayton, OH; Mrs. Lillian Ferguson, and Mrs. Kathleen McClanahan, Zenia, OH;

Mr. and Mrs. Douglas Wright, Erlanger; Mrs. Fred Arn, Frederick B. Arn, Melissa Dawn Arn, and Don Land, Edgewood; Mr. and Mrs. Norman Estes, Millville, OH; Mr. and Mrs. Art Fowler, Mason, OH; Gladys Hughes, Deerpark, OH; Mr. and Mrs. Keith Martin and Amy and Amanda Martin, Paris; Kenneth Clyde Hughes and Jason, Sardis; Mrs. Allene Delaney, Carl Hughes, Nicholas County, and Elaine Hardwick, Carlisle.

Kay's Kitchen

By Kay Fisher

Last week I gave you recipes for stir-fry meat, (beef, pork, and chicken). So this week we'll do vegetables and also a recipe for Tempura Batter you can use for meat, seafood or vegetables.

STIR-FRY SPINACH

1 tablespoon oil
½ lb. fresh spinach, washed and drained
¼ teaspoon salt
¼ teaspoon sugar, optional
1 hard cooked egg, diced

Pour oil around top of preheated wok or skillet; allow to heat to high for two minutes. Add half the spinach; stir fry until leaves are coated with oil. Repeat with remaining spinach. Add salt and sugar; stir fry one minute. Sprinkle with egg. Two servings.

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STIR-FRY CABBAGE

1 medium cabbage, finely chopped
2 stalks celery, thinly sliced
1 medium onion, chopped
2 tablespoons butter
¼ teaspoon salt, or to taste
pepper

Stir-fry cabbage, celery and onion in butter in Dutch oven for five minutes over high heat. Cover and remove from heat; let steam until cabbage is tender (about 7 minutes). Stir in salt and pepper.

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BRUSSELS SPROUTS STIR-FRY

1½ lbs. fresh brussels sprouts
¼ cup butter or margarine
¼ cup chopped onion
1 small cucumber, peeled and sliced
1 tablespoon vinegar
1 teaspoon sugar
¾ teaspoon dried dillweed
salt and pepper to taste
¼ cup chopped pimento

Wash brussels sprouts and pat dry. Cut in half, and set aside. Melt butter in a large skillet or wok. Add onion, cook over medium high heat until tender. Add brussels sprouts and remaining ingredients; stir-fry 5 to 10 minutes or until brussels sprouts are crisp-tender.

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SQUASH MEDLEY

2 tablespoons butter or margarine
2 medium onions, thinly sliced
2 large zucchini, thinly sliced, not too large
4 medium size squash, thinly sliced
1 medium sized green pepper, cut into thin strips
2 medium tomatoes, peeled and quartered
1 teaspoon salt
Dash of pepper
1 cup grated Parmesan cheese

Melt butter in preheated wok or large skillet, coating sides and bottom; allow to heat to medium high for 1 minutes. Add onion, stir-fry briefly. Stir in zucchini; yellow squash, and green pepper; Cook about 3 minutes or until crisp-tender. Add tomatoes, salt and pepper; stir well. Sprinkle cheese over vegetables, and toss gently until cheese melts.

****

BASIC TEMPURA BATTER

1 cup ice water
1 egg
1 cup all-purpose flour
Fresh vegetables or seafood
Oil for frying

Combine water and egg, mixing well. Add flour; stir until well blended, but do not beat. Batter should be lumpy.

Dip well chilled vegetables or seafood into batter, a few pieces at a time. Drop into deep oil heated to 375 degrees and fry until golden brown. Drain on paper towelling. Serve immediately. Good for frying these hot banana peppers.

Marie Chapter to elect officers

The Past Matrons and Past Patrons of Marie Chapter No. 259 will meet Monday, Sept. 8, at 6:30 p.m. at the Masonic Hall. After a potluck supper there will be election of officers. All members are urged to attend.

Dr. Scott Chamber speaker Sept. 10

Carlisle — Nicholas County Chamber of Commerce will meet Wednesday Sept. 10, 7:p.m. at the Nicholas County Library.

Dr. Tim Scott will discuss the pros and cons of the Constitution Amendment of the appointment of Superintendent of Public Instruction to appear on the November ballot.

All members and the public are urged to attend.

Doughtery Lodge meeting Sept. 12

Doughtery Lodge No. 65 F&AM will meet Friday, Sept. 12, 7:30 p.m. All members are urged to attend.

Burke reunion held August 31

Descendants of Charles and Malinda Burke held their reunion Aug. 31 at the North Central 4-H Camp.

Those attending were Mr. and Mrs. Harlan Burke and Steven, Ms. Mahala Burke, Mr. and Mrs. Charles Hing Sr. Mr. and Mrs. Bruce J. Ring, Mr. and Mrs. Ricky Lee Evans and Brent, Mr. and Mrs. Timothy Burke, Mr. and Mrs. Jimmy Price, Bobby and Bradley, Mr. and Mrs. Bruce W. Ring, Ronnie and Janet Miller, Tommy and Jean Risen and boys, Mr. and Mrs. Estil Sexton;

Also, Mr. and Mrs. Cecil Duncan, W.C. and Shannon, Mr. and Mrs. Bobby Reid and Todd, Mr. and Mrs. Billy Robinson, Staci and Nathan, Mrs. Ruth Clavell, Jamie George, Brenda Hardin, Mr. and Mrs. Jeffery Allen and Kathleen McClanahan, Zenia, OH;

Mr. and Mrs. Douglas Wright, Erlanger; Mrs. Fred Arn, Frederick B. Arn, Melissa Dawn Arn, and Don Land, Edgewood; Mr. and Mrs. Norman Estes, Millville, OH; Mr. and Mrs. Art Fowler, Mason, OH; Gladys Hughes, Deerpark, OH; Mr. and Mrs. Keith Martin and Amy and Amanda Martin, Paris; Kenneth Clyde Hughes and Jason, Sardis; Mrs. Allene Delaney, Carl Hughes, Nicholas County, and Elaine Hardwick, Carlisle.

Ison reunion annual event

More than 80 members of the Ison family attended their 15th annual reunion held at the home of Mr. and Mrs. G.C. Terrell, Pleasant Springs Road. A pig roast Friday kicked off the Labor Day weekend activities which brought family members from Michigan, Tennessee and several areas of Kentucky.

That's the spirit

Kim Fryman, FHA member at NCHS, is shown making spirit stickers for last Friday's game with Richmond Madison. The students bought and wore the stickers to show school spirit. — Guthrie photo

Stress course offered Sept. 17

The Nursing Service Department of Harrison Memorial Hospital in Cynthiana will present a continuing education offering "Stress Management for Health Professionals", Sept. 17, from 8 a.m. - 3 p.m. Registration begins at 8:30 a.m.

Guest speaker is Alix Phillipe, stress workshop specialist from Lexington. The offering has been approved by the Kentucky Board of Nursing for five contact hours. Cost for the program is $25. Lunch is on your own. Pre-registration is required. Deadline for registration is Sept. 10. All who apply will be accepted.

For more information, contact Julia K. Fulton, RN, at (606) 234-2300.

Entertain Ohio Y board wives at country club

Mr. and Mrs. John Wolf entertained with a dinner party Wednesday, Aug. 27 at Carnico Country Club for members of the board of directors of the Norwood (Ohio) YMCA and their wives.

Those attending were Mr. and Mrs. Louis J. Hendricks, Mr. and Mrs. Harold Funk, Mr. and Mrs. James McGraw, Mr. and Mrs. John C. Porter, Mrs. Liz Taisky, Mrs. Kay Copelin, George Edmiston, James Bouldin, Carl Meier, Paul S. Mathews and Mr. and Mrs. William Jenny.

Ms. Thompson honored with bridal shower

Mrs. Buddy Buckler entertained with a bridal shower Sunday at home in honor of Miss Colleen Thompson, bride-elect of Herbert Blincoe of Louisville. She was assisted by Mrs. Gladys Duncan.

Those present were Ardelle Johnson, Charlotte Hurst, Alberta Fortis, Carol Sherman, Ellen McGuffey, Wanda Elkins, Mary Myers, Maxine Smoot, Josephine Westfall, Cleola Thompson and Jennifer Johnson.

Woman's Club meeting Sept. 8

The Carlisle Community Woman's Club will hold its first regular meeting, Monday, Sept. 8, at 7:30 p.m. at the home of Mrs. Gayle Kelley, 214 Kennedy Hghts.

All members are urged to attend.

Methodist Women to meet Sept. 13

The annual meeting of the Maysville District United Methodist Women will be Saturday, Sept. 13 at the Millersburg United Methodist Church. The theme for the meeting will be "Women weaving for one world."

The Rev. David Hilton, Pastor of the Morehead United Methodist Church will be the speaker. Dr. Hilton is a native of Maysville and attended Kentucky Wesleyan College and Duke Divinity School.

Registration will begin at 9:30 a.m. and the program starts at 10 a.m. Lunch will be served by the host church.

Births

MURRELL

Mr. and Mrs. Delmus Bradley Murrell, Carlisle, announce the birth of a daughter, August 27, 1986, at the Nicholas County Hospital. She weighed five pounds 15 ounces and has been named Heather Lynn.

Maternal grandparents are Mr. and Mrs. Glenn Hitchie, Jr., Carlisle.

Paternal grandparents are Mr. and Mrs. Delmus Murrell, Carlisle.

HAYWOOD

Mr. and Mrs. Rodney Lee Haywood, Mt. Olivet, announce the birth of a son, August 21, 1986, at the Nicholas County Hospital. He weighed seven pounds 3 ounces and has been named Rodney Lee, Jr.

Maternal grandparents are Mr. and Mrs. William McCormick, Tampa, FL.

Paternal grandparent is Helen Haywood, Mt. Olivet.

RIGGLE

Mr. and Mrs. William J. Riggle, Cynthiana, announce the birth of a daughter, Stephanie Jo, August 21, 1986, at Central Baptist Hospital, Lexington. She weighed five pounds 11½ ounces.

Maternal grandparents are Mr. and Mrs. Charles Doyle, Cynthiana.

Paternal grandparent is Mrs. Marlene R. Riggle, Cynthiana.

Trends in nursing conference at MCC

Current Trends in Nursing" is the title of a conference for registered nurses to be offered by Maysville Community College Sept. 11 from 9-4 p.m. in the college auditorium.

Shirley Bell, BSN, MSN, PhD, Assistant Professor in the College of Nursing at The Ohio State University in Columbus, will be the presenter. The conference will focus on continuing education, third party payment, D.R.G.'s, and how these factors impact on nursing care. An open discussions on the nurse's role in the future of nursing will be included.

CEU's (three contact hours) will be awarded to the participants by Maysville Community College. Registration fee is $12. To register by phone, call 759-7141, extension 114 by Sept. 8.

Irvingsville Baptist Church scene of Allison-Webb wedding

Ms. Monica Moore Allison, daughter of Mrs. Marshall Fryman and Jimmy Moore, and Michael Allen Webb, son of Mr. and Mrs. Bobby Webb, all of Nicholas County, were married at the Irvingsville Baptist Church Friday, Aug. 15, 7:30 p.m. with the Rev. Russell Jones officiating.

Mrs. Russell Jones and daughter, Nida of Paris, and Mrs. Susie West of Mt. Olivet presented the music.

Israel Stacy, nephew of the groom, lit the candles.

The bride wore a floor length gown of beige taffeta with a nylon overskirt. Her matching veil was made with a headband of seeded pearls. She carried a bouquet of yellow and white sweetheart roses with baby's breath.

Mrs. Marilynn Stacey, sister of the groom, matron of honor, wore a yellow dotted swiss street length dress and carried a miniature bouquet of yellow sweetheart roses.

Tonya Moore, sister of the bride, Ms. Jimetta Carter and Ms. Stephanie Ockerman, Carlisle, were the bridesmaids. They wore dresses identical to the honor attendant and carried a single yellow long rose tied with white satin ribbons.

Bobby Webb served his son as best man.

Steve Linville, cousin of the bride, Daryl Stacey and Mike Woosley, were the ushers.

Immediately following the ceremony a reception was held at Carnico Country Club. Serving at the reception were Mrs. Tammy Moore Ritchie, cousin of the bride, Millersburg; Mrs. Lisa Linville Fryman, Paris; Miss Tracey Dotson, Mrs. Ronda Sexton Berry and Miss Angie Moore, sister of the bride, of Carlisle.

After a short wedding trip to the Smokie Mountains, the couple are residing in Millersburg.

Personals

Mrs. Raymond Kennedy of Lexington submitted to major surgery last Thursday at Central Baptist Hospital, Lexington. Her son, Matthew J. Kennedy of Purrsdale, MI returned home Sunday after being here for several days.

Mrs. M.C. Shearer of Lexington spent Labor Day weekend with her sister-in-law, Mrs. Ralph Shearer.

John Hamilton Sr. returned home last Tuesday after submitting to hip surgery August 14 at Central Baptist Hospital, Lexington.

Miss Frances Barlow and Martha and Daley Kennedy visited Mrs. Raymond Kennedy Sunday at Central Baptist Hospital, Lexington.

Mr. and Mrs. Jeff Tyrrer have returned home from a week vacation in Daytona Beach, Fort Lauderdale, FL and Nassau.

Mr. and Mrs. Emmett Darrell and Mrs. Naomi Dale were brunch guests of Mr. and Mrs. John Wolf Sunday at Carnico Country Club.

Mr. and Mrs. Dan Rich entertained with dinner party last Thursday at Carnico Country Club for approximately 35 guests.

Mr. and Mrs. Stan Wynia of Dayton, OH, and Mr. and Mrs. Ron King of Waynesville, OH, spent Labor Day weekend with Mr. and Mrs. Maurice King.

Mrs. Charles Cox and Cindy returned home Thursday from a weeks visit with relatives in Middletown, IN. They have as their guest this week Miss Barbara Culp of Tampa, FL.

Matthew Guthrie, son of Mr. and Mrs. Bill Guthrie, left Wednesday for Centre College in Danville where he will enroll as a freshman.

Mrs. Darrell Hall of Versailles visited friends and relatives in Carlisle on Saturday.

Dr. and Mrs. Charles Talbert of Lexington were in Carlisle Saturday visiting friends and relatives.

Mrs. Julie Metzger, Lexington, interim preacher at the First Christian Church and Mrs. Lena Williams were luncheon guests of Mrs. Katherine Tyrrer on Sunday.

Ishmael named to deans list

Carl Ishmael, 1370 Ishmael Chapel Road, Carlisle, has been named to the Dean's List at the DeVry Institute of Technology in Columbus, OH.

To be eligible for the dean's list, students must have between a 3.5 and 3.49 grade point average (out of a possible 4.0) for the last term of study. Ishmael, a student in the Electronics Engineering Technology program, has a 3.4 GPA.

Beautiful: Tips from the Hart

by Dotty Hart

Dear Hart,

I want to share something exciting with you and your readers, if you see fit to share it, with your readers. My sister lives in cider vinegar. A super way to take off the pounds. I found this diet tip in my grandma's attic, in an old book. It is so simple and so easy, all you do is put one teaspoonful of cider vinegar in a glass of water and drink after each meal. Oil and vinegar don't mix. It makes a lot of sense that oil and fat won't either.

I drink vinegar every day, after each meal and I eat inches!!! It really worked for me! Please don't use my name, just sign me — No name.

Dear No Name,

Yours was one of the most interesting letters that I've received in a long time. Your vinegar diet could be a good one. A teaspoon of vinegar is just about what goes into a salad dressing, isn't it? You are diluting it even more.

This is super, super important. Be sure to brush your teeth after the vinegar drink. If you can't brush your teeth be sure to rinse vigorously.

Thank you for the information. I checked out vinegar, and found out a lot of dreadful things that I'd heard about such as vinegar could burn a hole in your gut, and turn your bones into jelly in all silly.

Keep your flagpoles out!

Any time you dip your fingers into a cream, lotion, or powder you put bacteria into the product. Use sponges and applicators whenever you can. Be sure to wash them often.

Store in dark dry place and keep the lids on tight. Keep the paper, plastic disk in place after you use. This will keep the air circulating down and will help keep down the bacteria.

Model Tip

Kitchen cosmetology — For acne, make a face mask of bran (the kind you eat) add baking soda and water. Mix into a paste and apply to the face. Leave on for 15 minutes. Rinse with apple cider vinegar and water. Oh, that cider vinegar does it all!!!

Please send questions to Beautiful Tips from the Hart, P.O. Box 72297, Louisville, Ky. 40272.

Mrs. Mike Webb's pre-nuptial showers

Mrs. Mike Webb has been the incentive for several pre-nuptial showers.

Miss Debbie Cord hosted a miscellaneous shower at her home in Carlisle on Friday July 11. She was assisted by her mother, Mrs. George Cord.

Mrs. Marilynn Stacey entertained with a miscellaneous shower Thursday, July 18, at the home of her mother on the Walnut Grove Road.

Miss Stephanie Ockerman and Miss Jimetta Carter hosted a shower at the home of Miss Ockerman on Wednesday, July 30.

Mr. and Mrs. Bobby Webb hosted the rehearsal dinner at their home on the Walnut Grove Road on Thursday, August 14.

Atcher-Henry wed June 22

Charlotte Jo Atcher, daughter of Mr. and Mrs. Charles Atcher of Lexington, and Craig J. Henry, son of Mr. and Mrs. Quinton J. Henry of Norbridge, CA, were married June 22 in The Burke Museum at the University of Washington in Seattle. Judge Norma Smith officiated the ceremony.

The bride is a graduate of Tates Creek High School and the University of Kentucky. She is employed by Puget Sound Blood Center in Seattle.

The groom is a graduate of the University of Idaho in Moscow, ID. He received a master's degree from the University of Michigan at Ann Arbor and will do graduate work at the University of Washington. He is employed by Attachmate Corp. in Bellvue, WA.

After a wedding trip to Victoria, Canada, the couple is living in Seattle.

Mrs. Atcher is the granddaughter of Mrs. C.B. Ingles of Carlisle.

Linvilles open Maysville store

Mr. and Mrs. Jerry Linville, owners of Bakers clothing store in Carlisle, announce the opening of a new store — Linville's Ladies Apparel — in Limestone Square Mall in Maysville.

The store will be managed by Mrs. Linville, with the help of her daughter, Linda L. Fryman one day a week. It features strictly ladies' clothing and shoes, in sizes to fit juniors, misses and extras.

The name Bakers will be changed to Linville's at the Carlisle store sometime after the first of the year.

Long may she wave

Kerry Sharon and Troy Prather, students in Charity Griffith's eighth grade civics class, raise the flag at Nicholas County Elementary School. The class had studied the flag and proper ways to display it. — Guthrie photo

Burley stocks lowest in years

by H. Carlisle Beauden III

Burley tobacco producer-members of the Burley Tobacco Growers Cooperative Association are now responsible for less than 31 million pounds of leaf in storage after recent negotiations with the four top tobacco manufacturers.

The burley cooperative receives, processes, stores and offers for sale tobacco that fails to receive a bid of one cent per pound over the support price in Kentucky, Missouri, Ohio, West Virginia and Indiana.

Earlier this year, stocks in the cooperative totaled a staggering 403 million pounds received from the 1985 through 1985 crops, or about one year's supply for the trade. Representatives of the cooperative and other burley organizations, however, reached agreements with manufacturers and the U.S. Government for the sale of 62 million pounds of the 1983 crop, and 132 million pounds of the 1984 crop over a five-year period.

THE GOVERNMENT'S Commodity Credit Corporation also accepted 102 million pounds of the drought-stricken 1983 crop for bid sales, for a total of 86 percent of the stocks formerly held by the cooperative. Although the organization still has responsibility for the storage and distribution of the 357 million pounds from the 1982 through 1984 crops for the next five years, it is only directly responsible for the storage and sale of the receipts of the 50.9 million pounds of leaf received from the 1986 crop.

Early sales in the flue-cured tobacco belt indicate a possibility that the cooperative could receive only a moderate amount of the 1986 burley crop.

The Flue-Cured Tobacco Cooperative Stabilization Corporation also reached a similar agreement with tobacco companies on sales of their 1976 through 1984 crop receipts of 564 million pounds of leaf. Cooperative receipts there for 1986 flue-cured leaf failing to bring support prices have been in the two to five percent range during the past few weeks.

While the two varieties — flue-cured and burley tobacco — are different, sales of both kinds of leaf usually follow a similar pattern. If the cooperative's burley receipts of 50 amount to five percent of the recently estimated 420 million-pound crop, it would mean an addition of only about 13 million pounds for the Lexington-based organization. Another five to six million pounds would go to the Burley Tobacco Stabilization Corporation headquartered in Knoxville, Tenn.

EARLY SALES of flue-cured tobacco have been hailed by most producers as "real good." Farmers have been taking home more money, even though there has been a 21-cent per pound reduction in support prices.

Sale averages are down 13 cents, but producers are paying only 2.5 cents net cost assessment, compared to 25 cents last year. (The assessment this year is actually three cents, but buyers are paying one-half of the amount, or 1.5 cents a pound.)

Another cent per pound is being deducted from producer's checks to be used to supplement a possible 4.3 percent reduction in loan rates by Gramm-Rudman legislation.

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Health Tips from Lee Rose

Stay informed about AIDS

Just as polio brought about fear of death several years ago, AIDS is the new epidemic of the 80's causing many of the same concerns. Fifty-one cases have been reported to date in Kentucky.

The news media reports isolated incidents of school children with AIDS who must battle public prejudice to attend school; homosexual and bisexual men suffer job descrimination because about 73 percent of reported cases are among this group; and hemophiliacs may find medical personnel who are poorly informed about AIDS avoiding them. Rationale of the general public includes a few in the medical community and some legislators who insist an illness as deadly as AIDS must be isolated.

Panic and isolation is not the answer. At this point while research continues and statistics are gathered, EDUCATION is our best defense against AIDS.

AIDS, an illness which diminishes the body's ability to fight infection was first reported in the United States in 1981. AIDS appears to be transmitted by intimate sexual contact, IV drug abusers use of dirty needles, or infants of mothers with AIDS.

Transmittal through blood or blood products has practically been eliminated by testing for the HTLV III virus which is the infectious agent for AIDS. There have been no documented cases of AIDS transmittal through casual contact, or through perspiration, saliva or the air.

Severe, prolonged, and persistent symptoms include fever, night sweats, constant fatigue, sudden weight loss, diarrhea, poor appetite, swollen glands, and white spots in the mouth. Although the outcome is considered fatal, it is absolutely necessary to seek medical attention to prevent infection to others and alleviate symptoms.

The Kentucky Department for Health Services AIDS Information Service hot line, toll free number 1-800-654-AIDS is available 24 hours a day.

For additional information contact Lee Hose, RN, at the Nicholas County Health Center, 289-2188.

Hopkins guest at Methodist Home celebration Sept. 6

Congressman Larry Hopkins will be a featured guest for the Annual Day Celebration at the Methodist Home of Kentucky on Saturday, Sept. 6.

The child care agency, located on U.S. Highway 60 just east of Versailles, will dedicate an area of its campus which has been beautified and set aside for displaying the American flag. Congressman Hopkins, who earlier donated a flag which had flown over the Capitol in Washington, will take part in the dedication ceremonies.

The program will begin at 10:30 a.m. and will include musical presentations by the children of the Home and a devotion by Bishop Paul A. Duffey, Resident Bishop of the Kentucky and Louisville Conferences of the United Methodist Church. A complimentary lunch will be served.

An open house, bazaar and auction will feature handmade items to be sold to fund projects selected by The Friends of the Children.

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Hours: Mon.-Sat. 9-5; Fri. 9-6

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'Preview night' Sept. 8 at UK

High school students and their parents from Nicholas and 26 other Kentucky counties have been invited to attend the University of Kentucky's "Preview Night" Monday, Sept. 8 in Lexington.

The 7:30 p.m. meeting will be held in the College of Agriculture Seay Auditorium.

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