

Fake (?) steaks taste great

Don't call them fake steaks. Don't call them artificial steaks. Instead, call them restructured steaks...

What results, though, is not the traditional ground beef used for hamburgers.

After a process of molding or bonding the lean cuts of meat, these "restructured" steaks look just like their hamburger cousins.

Deaths

Continued from page 14. Survivors are two daughters, Mrs. Helen Kipparick, McGuffey, and Mrs. Custer Blair, Carlisle...

Specials All Ladies Spring and Summer Dress Shoes 50% Off Eye SHOES

July Mobile Home Special! YOUR CHOICE OF: Microwave \$49.95, Washer & Dryer \$249.95, Color TV \$49.95

controlled to contain no more than 10 percent fat. There is no bone or rind in these steaks...

What results, though, is not the traditional ground beef used for hamburgers.

After a process of molding or bonding the lean cuts of meat, these "restructured" steaks look just like their hamburger cousins.

By subdividing your beef grazing land into very small parcels and carefully rotating your herd every few days, you can dramatically increase the number of cattle per acre...

SCHEDULE B MATHEMATICS FUND table listing various fund contributions and amounts.

WATER WORKS FUND table listing various fund contributions and amounts.

EVERYONE WELCOME TO WORSHIP IN AN OLD FASHIONED WAY BARN REVIVAL Monday, July 28 - August 7

William J. Collis, P.S.C. Eye Surgeons and Physicians is pleased to announce the acquisition of the practice of Roy Kash, M.D. (retired)

Eye Examinations Cataract and Implant Surgery Laser Treatment for Glaucoma Surgery of the Eyelids

Your Right to Know Your Right to Know

VOTED GENERAL OBLIGATION HOSPITAL BOND SINKING FUND table listing various fund contributions and amounts.

Home pools need adult supervision Shocked by the drowning of nearly 300 young children each year...



Beat the heat! The swimming pool is the only place to be in 90 degree heat, especially when the temperature continues to climb...

Beat the heat ...go camping!

Thirty-nine campers and eight adult counselors from Nicholas County spent from July 14-18 at North Central 4-H Camp at Lake Garrison.

Ideal for locating marijuana

Equipped with a surveillance helicopter this year, the Kentucky State Police report an increase in marijuana seizures compared with last year.



swimming instructor, is seated in the chair pooling the roll of class members...

Super horn flies found in 4 counties

Horn flies capable of tolerating up to 100 miles the normally lethal dose of insecticide have been found in four Kentucky counties...

WEDCO meeting

The WEDCO District Board of Health will hold its quarterly meeting on Monday, July 28, at the District Office, 325 High Street, in Paris.

Living Wild

Lush tropical rain forests, stark polar icefields and mysterious underwater worlds are explored in a series of rarely filmed wildlife programs titled "Living Wild".

Super horn flies found in 4 counties

Horn flies capable of tolerating up to 100 miles the normally lethal dose of insecticide have been found in four Kentucky counties...

Beat the heat! ...go camping!

SLENDERIZERS EXERCISING TABLES Results: 1. Waist-Tummy-Hip, 2. Stretch Table, 3. Vibration, 4. Sand Bag, 5. Leg, 6. Schwinn Air-Dyne Bicycle

WEDCO meeting

The WEDCO District Board of Health will hold its quarterly meeting on Monday, July 28, at the District Office, 325 High Street, in Paris.

Living Wild

DO YOU NEED A LOAN FOR A New Car, A Vacation, Back To School, A New Remodeling, A New Boat

The Oxford Shop All Spring & Summer Merchandise 1/2 Price

FARMERS STOCKYARD, INC. Farmington, July 19 table listing receipts and sales for various livestock categories.

WEDCO meeting

The WEDCO District Board of Health will hold its quarterly meeting on Monday, July 28, at the District Office, 325 High Street, in Paris.

Living Wild

DO YOU NEED A LOAN FOR A New Car, A Vacation, Back To School, A New Remodeling, A New Boat

The Oxford Shop All Spring & Summer Merchandise 1/2 Price