

# SOCIETY

## David Smoot to speak to Carlisle Woman's Club

The Carlisle Community Women's Club will hold its regular monthly meeting Monday, Feb. 10, 7:30 p.m. at the home of Mrs. Fred Hantz, 304 Cliffway Drive. Mrs. John Hall will give the opening remarks.

## MSU Dean's List reported

Terri Suzanne Jones, daughter of Mr. and Mrs. Charles A. Ring, and the late Ruby Jones, has been named to the 1985 Fall semester Dean's List at Morehead State University. To receive this recognition a student must earn a minimum semester grade point average of 3.4 as a full-time student.

## Births

The Rev. and Mrs. Allen Campbell announce the birth of a son, Robert Allen, Saturday, Feb. 1, 1986 at Good Samaritan Hospital, Lexington. He weighed 7 pounds, 12 ounces. Maternal grandparents are Mr. and Mrs. Robert Heister of Cincinnati, OH. Paternal grandparents are Mr. and Mrs. Eugene Campbell, Mt. Pleasant, Ia.

## Miss Lisa Carol Linville Engagement announced

Mr. and Mrs. Jerry L. Linville of Carlisle announce the engagement of their daughter, Lisa Carol, to Timothy Lewis Fryman, Paris, an 18-month graduate of Eastern Kentucky University. Miss Linville is a 1985 graduate of Nicholas County High School and is presently employed by Baker's Department Store of Carlisle. Mr. Fryman is a 1982 graduate of Nicholas County High School and is presently employed by Evergreen Farm in Paris.

## American Legion Auxiliary to meet

The American Legion Post 117 Auxiliary will have their regular monthly meeting Tuesday, Feb. 11, 7:00 p.m. at the Legion Hall. All members are urged to attend.

## Dedication service honors C. M. Cox of N.C. Hospital

A dedication service was held at Nicholas County Hospital last Tuesday night, Jan. 29, to honor the late Charles M. Cox, his wife, Mrs. Marshall and daughters, Mrs. Larry, Alison and Miss Cindy Cox were present. Mr. Cox's portrait was placed in the reception area of the Physical Outpatient Department. The service was held prior to the annual meeting of the hospital board of trustees and members of the Physical Outpatient Department.

## Charles Cox honored

A portrait of the late Charles M. Cox was placed in the reception area of the Nicholas County Hospital during a dedication service held Jan. 29. Mr. Cox was a member of the hospital board of trustees.



Portrait of the late Charles M. Cox, a member of the hospital board of trustees.

## January Food Price Index

Table with columns for item, unit, and price. Includes items like flour, sugar, and various oils.

## Hospital notes

Administrators: Erva Crawford, Kenneth Walker, Alison Howard, Bill Allison, Leo Finkbein, Orlin Burdick, Betty Workman, Minnie Fredrick, Lydia Moore, Judy Greer, Everett Fryman, Mason Holland, Jr., Judy Fryman, Mason Holland, Jr., Sally Gray, Mary King, Debbie Park, Helen Moore, Mary Terrell, Ann Washington, Janice Coffey, Mary Wilcox, Karen Earls, Sarah Stone, Luther Anderson, Cindy McDonald, Ricky Price, Georgia French, Laura Sargent, Carlisle, Jackie Johnson, Nancy Mitchell, Sharping, Diane Ritchie, Shirley Walker, Ewing, Pam Catkins, Millersburg, Jessica Anderson, Moorefield, Janice Purcell and baby Ovingtonville, Joshua Davy, Paris, girl, Mayfield.



Michael Anderson, left, and Alana Felix receive help from NCCS Librarian Wilma Donerhous in their research.

## VISION CARE CENTER

Routine Eye Examinations for Glasses or Contact Lenses. Lowest Eye Exam Fee for Diabetics. Glaucoma Tests. Scope and Field Tests for Diabetics. Dr. W.D. Walden, O.D., P.S.C. Dr. Wayne A. Haldeman, O.D., P.S.C. Carlisle, Kentucky Across from Courthouse Phone 289-2542

## Balloons For You

Deliveries made to Office, Hospitals, Work, School or Nursing Home. Lida Ruth Henning, Box 414A, Rt. 1, 289-2901, Ewing, Ky. 40329

## Win her heart 'n' soul.

With the FTD® Hearts 'n' Flowers™ Valentine's Week starts February 6 - 14. Call or visit us today. \$15 and Up. Small's Greenhouse, Eastern Ave., Phone 289-2254

## Nature's Wonders

### Do not disturb until April!

By Julie Baubler. Ah, winter! The bliss of snowy adventures—skating, snowed-out, pushing your car out of a snowbank. Don't you just love it? Or do you feel that the bitter cold tries to seep under the door, the best place to be is in bed under an electric blanket not to be disturbed until April! As much as we might like it, we humans cannot hibernate, but there are many animals in Kentucky that do. Hibernation, from the Latin "hibernare" meaning to pass the winter, is a very strange phenomenon. During hibernation—a cold-blooded one—in its body temperature becomes essentially the same as its surroundings. It no longer eats or risks its body of weight, its heart beat and circulation rates decrease dramatically and its metabolism is slowed. The breathing rate is so slow that a dormant bat can go up to four minutes between breaths! These animals make it through the winter by living off the extra fat they accumulated in fall.

For snake-eaters, winter is the best time to observe because there isn't a snake to be seen. All our reptiles and amphibians are hibernating in animal burrows, rock crevices, caves, mine tunnels and even deserted ant hills. A snake or frog is never seen until the long winter months by itself. It is very difficult to cure up with several of its kind and maybe some out of its kind. In Manhattan, Canada, a biologist found 27 snakes hibernating in a single ant hill—eight Garter, 101 Ring-necked and 18 Smooth Green. Occasionally a salamander or a toad will spend the winter snuggled up to a pile of these reptiles. The toads that hop about in your garden on warm summer days have probably congregated together with other toads in a deep pit or dry well where there is a covering of leaves. Or they may be in deserted rodent burrows. Salamanders or rotten logs, the space "neath bark or caves and mine tunnels.

Several of Kentucky's mammals hibernate. Groundhogs move from summer burrows in meadows to more protected underground burrows in fences, thickets and woods—you may even have one hibernating in your haystack! Most of Kentucky's bats move to caves where temperatures remain above freezing and the humidity is high. Although this slowing down of hibernation takes several hours, it may take just minutes for the animal to wake. A hibernating bat that is disturbed for only a few moments will use much of the energy it needs to make it through the winter, depleting its body fat to a point where it may starve before it can catch insects again in spring. That's why it's very important to leave hibernating bats undisturbed.

Kentucky's animals are well adapted to coping with natural dangers, like the cold of winter. However, the Kentucky Nature Preserves Commission is concerned about the loss of some of these creatures' homes, a danger created by man. As you come in on the better side of the warmth of the fire, ponder the miracle of nature that our wildlife can survive winter's fierce gale if we provide them with a place to live.

UK is offering business workshop. A workshop on small business ownership and management is to be offered at the University of Kentucky starting at 8:30 p.m. on Tuesday, Feb. 11 and continuing on Wednesday at the same hour. The session will run until 9:30 p.m. and will be held in the College of Business, U.K. Medical Center, Room 113.

The Tuesday session will cover financial factors, business regulations and taxes plus the important aspects of record keeping. On Wednesday evening the session will include financial factors, investment, sources of capital and collateral requirements. In addition, advertising costs, marketing, pricing and sales promotions will be covered.

Speakers for these sessions will include professional personnel from Deutsche Bank and the First Security National Bank. Representatives from the Sales Marketing Executives of Lexington will present the advertisement-side session.

Information and registration forms may be obtained by calling the SCORE office at 278-8076 or writing the office at 228 Boardman Road. A fee of \$15 for the two sessions or \$75 for a single session is charged.

## Science experiment

Dana Siders, left and Rhonda Friedrick conduct a science project on each of their classroom in Michelle Siders' sixth grade science class.

## Gifts for your Valentine

Somebody you'll find the best things in the most surprising places. Take Sloppy Joes, for example. Sloppy Joes are a new line of go-anywhere active wear. They're made from a blend of 50% cotton/50% polyester that's easy to care for and easy to love. Sloppy Joes are so soft, in fact, that you may want to wear them everywhere. And you can, because they feature a full fastening fit and come in a great selection of fashion colors. There's only one way to buy Sloppy Joes, however, and that's through your active-wear anywhere!

## Valentines as special as your feelings

Make this Valentine's Day one to be remembered with a very special Valentine from our Anniversary collection for Friday, February 14. Glittering foil, shimmering hearts, intricate foil designs and much more... all in a Valentine that will become a treasured keepsake.

## Send Your Favorite Valentine Flowers

Carol N. John's Florist, Carlisle, Ky. We will be giving away a Red Rose in a Bud Rose on Feb. 15. Come in a register today!

## Ask your hairstylist to show you THE LATEST FASHION FROM PARIS

hairstylist, who gets them straight from Paris-Paris, Kentucky, that is. Surprise? You shouldn't be. After all, who cares more about helping you look your best than your hairstylist? And doesn't it make sense that Kentucky can produce the same kind of championship quality clothing that it produces in horses? Just try on Sloppy Joes and you'll discover what your hairstylist already knows—that these new leisure clothes by Kentucky Textiles feel as great as they look. In fact, there's only one thing surprising about Sloppy Joes, and that's how affordably priced they are. Now doesn't that convince you that they're the nearest new idea in active-wear anywhere?

Advertisement for Russell Stover Candy and Hopkins Drug Co. featuring Sloppy Joes. Includes text: "Check our Cosmetic Counter", "Hopkins Drug Co. Your Prescription our specialty".

## Mr. and Mrs. Bruce R. Ring have 50th anniversary

Mr. and Mrs. Bruce R. Ring celebrated their 50th wedding anniversary with a dinner at Cynthiana Sunday, Feb. 3. The couple were married February 3, 1936, in Bourbon County.

## FHA/NERO Week to be celebrated by N.C. High School FHA chapter

The Nicholas County Chapter of the Future Homemakers of America joins with 12,000 other local chapters in a nationwide celebration of FHA/NERO Week, Feb. 4-10, 1986. Observed as part of Vocational Education Week, this annual event gives members an opportunity to show how their background in home economics along with their participation in Future Homemakers of America helps them with "skills for life".

## Personals

Mrs. W.R. Burtin Jr. of Frankfort visited her mother, Mrs. Hazel Henry at Johnson-Mathers Nursing Home on Monday. She also visited with Mr. and Mrs. W.R. Burtin, Jr. Mr. and Mrs. Marion Anderson returned home last Wednesday after a six-week visit with their daughter, Mrs. Robert Taylor, Mr. Taylor and family of Park Park, Pa. Mrs. Mary Springer of Rochester, Md. and Mrs. Susan Green have returned home from a two-week vacation with relatives in Lakeland, Fla. Mr. and Mrs. Emmett G. Brown have returned home from a visit with their son, Dr. Tom Derrill of Columbia, S.C. They also attended the Duke-North Carolina basketball game in the opening of the new Dean E. Smith Student Activities Center in Chapel Hill, N.C.

## Kay's Kitchen

What better way to say "I love you" to your children or the adult in your life than a special batch of our adult in your life? This is a good time to let the children in the family help make cookie valentines for their friends or family members, friends or family members. COOKIE HEARTS: 1/2 cup peanut butter, cruncy or smooth. 1/2 cup butter or margarine. 1/2 cup brown sugar, packed. 1 egg. 1 teaspoon vanilla. 1 teaspoon ground orange rind. 1 tablespoon lemon juice. 1 cup sifted flour. 1/2 teaspoon salt. 1/2 teaspoon soda. 1/4 cup red food coloring. Cream together first seven ingredients. Mix together last three. Add to creamed mixture. Roll out on a board until approximately 1/8 inch thick. Cut with heart-shaped cookie cutter. With fingers press an indentation in center of each cookie. Bake on an ungreased cookie sheet in a 375 degree oven for 12-15 minutes. When cool use your favorite red jelly to fill the indentation. BUTTER COOKIES: 1 cup sifted flour. 1/2 cup butter. 1 egg yolk. 1/2 teaspoon vanilla. 1/2 cup granulated lemon peel. 1/2 cup sifted flour. 1/2 cup sugar. 1 egg white. Bake 300 degrees to 12 minutes. This is a good use for the children to help make. For a big, red heart shaped cookie use a big, red heart shaped cookie cutter. Use a rolling pin to roll out dough. When cutting the cookie, use the thick cookie cut into desired shape and place on a greased baking sheet. Bake 300 degrees to 12 minutes. If brownies are the delight of your Valentine, bake a batch in heart shaped cake pans. VALENTINE MINTS: 1 tablespoon butter. 4 drops red food coloring. 1 teaspoon peppermint extract. 1/2 cup powdered sugar. 1/2 cup sifted flour. 1/2 cup granulated lemon peel. 1/2 cup sugar. 1 egg white. Bake 300 degrees to 12 minutes. This is a good use for the children to help make. For a big, red heart shaped cookie use a big, red heart shaped cookie cutter. Use a rolling pin to roll out dough. When cutting the cookie, use the thick cookie cut into desired shape and place on a greased baking sheet. Bake 300 degrees to 12 minutes. If brownies are the delight of your Valentine, bake a batch in heart shaped cake pans. VALENTINE MINTS: 1 tablespoon butter. 4 drops red food coloring. 1 teaspoon peppermint extract. 1/2 cup powdered sugar. 1/2 cup sifted flour. 1/2 cup granulated lemon peel. 1/2 cup sugar. 1 egg white. Bake 300 degrees to 12 minutes. This is a good use for the children to help make. For a big, red heart shaped cookie use a big, red heart shaped cookie cutter. Use a rolling pin to roll out dough. When cutting the cookie, use the thick cookie cut into desired shape and place on a greased baking sheet. Bake 300 degrees to 12 minutes. If brownies are the delight of your Valentine, bake a batch in heart shaped cake pans.