

COMMUNITY

Hughes to have celebration

Mr. and Mrs. Raymond Hughes of Dayton, OH will celebrate their golden wedding anniversary at Homers Lounge, Springboro, OH December 21 from 5-8.

All friends and relatives are invited to attend. They request the omission of gifts.

Mr. Hughes is the son of the late Mr. and Mrs. Jesse Hughes of Blue Licks.

BIRTHS

Mr. and Mrs. Corin Edna Douglas, Brookville, announce the birth of a son November 23, 1988 at the Nicholas County Hospital. He weighed eight pounds, five ounces and has been named Aaron Samuel.

Paternal grandparents are Mr. and Mrs. Samuel Carr, Brookville. Maternal grandparents are Mr. and Mrs. David Jones, Brookville.

Mr. and Mrs. James Lee Treadway, Carlisle, announce the birth of a son November 25, 1988 at the Nicholas County Hospital. He weighed eight pounds, six ounces and has been named Hunter Marie.

Paternal grandparents are Mr. and Mrs. David Jones, Carlisle. Maternal grandparents are Linda Treadway, Lexington and Walter Treadway, Paris.

Mr. and Mrs. Carl Leverenz, Lexington, announce the birth of a son November 25, 1988 at the Nicholas County Hospital. He weighed six pounds, six ounces and has been named Cole Gary.

Paternal grandparents are Ella Boreas, Mayfield.

Maternal grandparents are the late Mr. and Mrs. Carl Leverenz of New Jersey.

Nicholas County Faces

Left to right, top to bottom: Janet Kay Smith, 1041 Paris Road; Breana Thomas Hunt, 112 Walnut; Joyce Alexander, 194 Thurman; Barbara Foreback, 377 Elm; and Ester Myers, 543 Synanon Hill.

Photo by Martha Longwood

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Mr. and Mrs. Raymond Hughes



Mr. and Mrs. Raymond Hughes

KenPAC to help residents

A special committee has been established to advise the Kentucky Cabinet for Human Resources on delivery of Medicaid Services through the Kentucky Patient Access and Care system (KenPAC).

KenPAC is a new approach to serving some 200,000 women and children eligible for Medicaid, explained Hughes Walker, commissioner of the Department for Medical Services.

It links a patient with one primary physician or clinic for most of his or her medical care. This assures a patient of needed access to health care, provides for continuity of care, and assures the patient/physician relationship.

The eight-member KenPAC Advisory Committee is made up of people who provide health care or

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Social Security Update

People in the Nicholas County area can obtain free publications which explain about the Social Security program of retirement, survival and disability benefits, as well as about Medicare health insurance, and Tom Corser, Social Security manager in Mayville.

Among the available publications are:

Your Social Security - An overall comprehensive explanation of the Social Security program. It also includes information about program financing and appeal rights.

Thinking About Retiring? - Information about retirement benefits available toward those people who are considering retirement.

If You're Disabled - A comprehensive explanation of the Social Security disability program, including information about disabled widows and widowers, and adults disabled in childhood, as well as about disabled workers.

A Brief Explanation of Medicare - Explains the major features of Medicare hospital insurance and medical insurance.

Applying for a Social Security Number - Tells how to apply for a Social Security number and lists the evidence required.

SSI for Aged, Disabled, and Blind People - Explains briefly who can get these Federal payments for people who do not have much income and who do not own much personal or real property.

Also available is Form SSA-1004, which people can use to check Social Security records.

There are just a few of the publications available. Others have information about farmers, employment income, women, getting Social Security benefits, Major Appliances Facts, New In-Stock - Spare Heater - Work Guaranteed, and Sales and Service.

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Health Tips

For over five years the Health Center staff assisted by volunteers have screened selected grades at the Nicholas County Elementary School for vision every fall. The first year of the program, students were reluctant to be screened. Scissors was a word that they had heard and even smaller numbers actually knew what it meant. Many were reluctant to have their backs examined and some per- mitted their parents to give written permission for the vision screening. Now they understand scissors is an abnormal curve of the back. If the problem is found early the child is growing rapidly, correction is more successful. Some conditions may be relieved by stretching a physician's specific exercise program. Other cases will benefit from use of a brace which is made from the chin to pelvis. Severe curves usually require surgery.

Academic boosters

The Nicholas County High School Academic Boosters Club will have their regular monthly meeting Monday, December 11, 7 p.m. in the NCHS library room.

Fish & Game

The Nicholas County Fish and Game Club will meet Friday, December 11, 7:30 p.m. at the club. All members are urged to attend.

F & AM

Invited to Lodge Number 62 IAAW will have their regular monthly meeting Friday, December 12, 7:30 p.m. Work in the M. M. degree will be presented.

Dee Fraley's Carpets

Carpeting, Vinyls, Wall Coverings, Upholstery, Draperies, Blinds, Shades, etc. Free Estimates. 404 987-4647, Box 4 After Hrs. 100 Main St., Paris, KY 40361 (Located in Paris Furniture Mart)

Beautiful Tips from the Art

Don the shades. Sunscreens may be the last thing on your mind when the water winds blow, but on a clear, bright water day sunglasses become a necessity.

Ultraviolet light can damage the cornea, the eye's transparent covering. Long term exposure to the sun's blue light rays can gradually damage the retina at the back of the eye. The sun's rays can also over a lifetime lead to cataracts, a clouding of the lens that causes blurred vision.

Most glasses don't filter enough of the bad rays. Worse, because sunglasses reduce the amount of light entering the eye, the pupils dilate allowing the harmful rays to reach the lens and the retina.

Check back using how much of the harmful rays glasses block.

My skin is very muchy looking most of the time I smoke a lot. Does this have anything to do with it? Does this mean I'm to quit say it does. Nancy

Yes. Cigarette smoking can be a major cause of your "sallow" look. Daily use of water (preferably bottled), supplemented your diet with vitamins, get more exercise, within six months, you will notice a healthier and more glowing complexion.

Eat nothing at noon and you will say later. Shopping lunch will pull you down.

To stay slim and alert try to eat a well-balanced, low calorie lunch. Medical experts say a light 300 cal lunch is perfect. Thin nibble on fruit or raw veggies in the afternoon to tide you over until dinner.

Please send questions to Beautiful Tips from the Art, P.O. Box 7279, Louisville, KY 40277.

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Shower Sunday

Mr. and Mrs. Michael Hunt, who lost their home and possessions in fire Thursday night, will be honored with a miscellaneous shower Sunday, December 11, 2 p.m. at the Mt. Zion Christian Church.

Prints left

The Carlisle High School Alumni Association still has prints left of the building drawn by Linda Vandlandingham.

The prints are purchased by calling the association president, Charles Carter, 28-2831 East, Louisville, has secondly as a president.

Hospital Notes

ADMISSIONS: Carlisle - Eddie Price, Carolyn Hicks, Lucille Williams, Carolyn Gifford, Lida Bunkle, Georgia Jolly, Russell Bell IV, Janet Morris, Bob Trussell, Sue Doyle, Gary Williams, Israel Stacy, Linda Cook, Missions Mary, Douglas Asbury, Brookville - baby boy Larry, Lexington - baby boy Leonard Burden, Millersburg - Leslie Frazier, Martinsburg - baby boy Scott, April Capps, Ewing - Sylvia Mitchell, April Morris, Anna Marie Vere, Bayance - Allen, Mt. Olivet - Robert Mann, Frank Sum.

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COMMUNITY

Cantata set at First Baptist

The community is invited to participate in a special evening of music at the First Baptist Church. The Christmas musical, "Exultate, Exultate, Light," will be presented in two performances. Saturday, December 11, at 7:00 p.m. and Sunday, December 12, at 10:00 a.m. The cantata, by Charles Chesnut, will be performed by the Cantata Choir, directed by Chasner and Mark Hughes. Features include cantatas, and traditional numbers and includes audience participation and a special candlelighting service.

PERSONALS

Mr. and Mrs. Toby Elder and children, Edgewood spent the weekend with their parents Mr. and Mrs. Thomas Hickman, Bourbon County and Mr. and Mrs. Warren Fisher.

Jimmy Woods of Harris Road was the weekend guest of Mr. and Mrs. Larry McFarland and daughter, Evelyn of Columbia, TN.

Mr. and Mrs. Clifford Shumate, Pleasant Springs Road, entertained with a dinner party Saturday night at Carnation County Club.

Mr. and Mrs. Woodson Knight and Mr. and Mrs. Robin W. Knight, Louisville spent Sunday with Miss Isabelle Knight.

Mr. and Mrs. Jack Conley attended the Greenwald and Greenwald family's Seminar on drunken driving at the East House, East, Louisville, last week.

Headquarters

The Headquarters Homemakers met December 2 at Danon Tavern, Paris for their Christmas dinner and meeting. The Ladies was beautifully decorated for Christmas.

President, Dorothy Kimberling called the meeting to order. Holl call was given. Minutes of the November meeting were read. Hester Moore gave the minutes of the November meeting. Mrs. Bessie Jackson spent Thursday and Saturday with Earl Brucker family in Lexington. Mrs. Elizabeth Minton and Mrs. Brian Brucker were in Lexington. Mrs. Elizabeth Minton and Mrs. Brian Brucker were in Lexington. Mrs. Elizabeth Minton and Mrs. Brian Brucker were in Lexington.

Clubs

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