Mr. Musick-Miss King

## King wedding plans told

Mr. and Mrs. John S. King of Paris announce the engagement and forthcoming marriage of their daughter, Melanie Ann, to F. David Musick, son of Mr. and Mrs. Truman Musick of London, Ky.

The wedding will be an event of Nov. 22, 3:30 p.m. at the First Christian Church in Paris. The custom of open church will be observed.

Miss King is the granddaughter of Mrs. Malinda Alexander and Mrs. Florence Spencer, Carlisle.

## Honored for service

Mrs. Mark (Susan) Frymyn receives a bracelet marking five years service with the First National Bank of Carlisle from bank president Andy Dudley. A member of the Carlisle Christian Church, she is the daughter of Mr. and Mrs. Glenn Ritchie Jr. The Frymyns are residents of North Broadway. — Mercury photo

## Kay's Kitchen

By Kay Fisher

For these busy pre-holiday days you need easy and quick meals. With a pound of ground beef, chuck or round these recipes can help you serve a meal without spending too much time in the kitchen. Most of them can be put together in the morning, then put in the oven to heat at meal time.

A green salad, bread of your choice, and fruit for dessert is all that is needed.

**COMPANY BEEF**

1 lb. lean ground beef
1 medium onion, chopped
2 cups canned tomatoes
1 tablespoon Worcestershire sauce
¼ cup chopped green pepper
2 tablespoons chopped parsley
15-oz. package elbow macaroni
Salt and pepper to taste
1 can cream of mushroom soup
1 small can tomato sauce (optional)
1 cup grated cheese

Brown beef in heavy skillet. Add the onion, tomatoes, Worcestershire sauce, green pepper and parsley. Simmer for 20 minutes. Cook macaroni and add to beef mixture, salt and pepper. Mix well and put in a casserole. Spoon in mushroom soup and tomato sauce and mix. Sprinkle cheese on top. Bake at 350 degrees about 30 minutes.

**MEATBALLS WITH BEANS**

1 pound ground beef
2 onions, chopped
¼ cup catsup or barbecue sauce
Salt and pepper to taste

**HAMBURGER STROGANOFF**

½ cup finely chopped onion
¼ cup butter
1 pound lean ground chuck or round
2 tablespoons flour
1 teaspoon salt
1 teaspoon pepper
1 cup sliced mushrooms
1 cup cream of chicken soup
1 cup sour cream

Cook the onion in butter in a saucepan over medium heat, until transparent. Add the beef and cook, stirring until beef is light brown. Add the flour, salt, pepper, mushrooms and soup. Cook five minutes. Add sour cream and simmer for 15 minutes. Serve over hot rice and garnish with paprika.

**TO COOK FLUFFY RICE:**

1 cup regular rice
1½ cups water
1 teaspoon salt
1 tablespoon butter

Combine all ingredients except butter or margarine. Bring to a boil, lower heat (very low), and cook 30 minutes. Add butter and fluff with fork. Rice should be tender. Remove from heat, cover and keep warm 10 minutes. Fluff again.

3 cups cooked pinto beans

Mix all ingredients except beans and shape into medium balls. Drop meatballs into pinto beans in a saucepan and cook over medium heat until meatballs are done and liquid is thickened.


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## Births

**MARTIN**

Mr. and Mrs. Daniel Clay Martin, Carlisle, announce the birth of a son, October 26, 1985 at the Nicholas County Hospital. He weighed eight pounds four ounces and has been named Daniel Clay Jr.

Maternal grandparents are Mr. Mrs. Billy Johnson of Carlisle.

Paternal grandparent is Walter Martin of Georgetown.

**HARDWICK**

Mr. and Mrs. Paul Allen Hardwick of Carlisle announce the birth of a daughter, October 31, 1985 at the Nicholas County Hospital. She weighed eight pounds seven ounces and has been named Christina Maria.

Maternal grandparents are John Smith of Clarksville, TN and Mrs. Jim Beasley of Clarksville, TN.

Paternal grandparent is Christine Hardwick, Carlisle.

**GREINER**

Mr. and Mrs. Frank Greiner III of New Orleans, LA announce the birth of a daughter, September 11, 1985 at Southern Baptist Hospital. She weighed five pounds one ounce and has been named Dorothy Jane.

Maternal grandparents are Mrs. Dorothy Thomas of Sharpsburg and the late Tommy Curry.

Paternal grandparents are Mr. and Mrs. Frank Greiner of Ypsilanti, MI.

# SOCIETY

To place Society items, call Mrs. Ann Shearer at 289-2464

## Katie Liver has birthday

Katie Liver celebrated her second birthday Saturday evening with a party given by her parents, Mr. and Mrs. Gayle Liver at the home of her grandparents, Mr. and Mrs. Willie Liver on the Old Paris Pike.

Guests were Mr. and Mrs. Herb Allison, Mrs. Sally Watkins, Mr. and Mrs. Bobby Duncan, and her brothers and sister, John and James Liver and Tracy Liver.

## Woman's Club to meet Monday

The Carlisle Community Woman's Club will hold their regular monthly meeting Monday, Nov. 11, 7:30 p.m. at the home of Mrs. Reese Wayne Smoot on Old Paris Pike. Ms. Vicky Simpson will give the spiritual values.

Kent Mann from the Kentucky School for the Deaf in Danville, will speak on the Kentucky Hearing Aid Bank.

Hostesses for the evening will be Mrs. Gary Stone and Ms. Vicky Simpson.

## Oyster soup supper Nov. 13

The First Christian Church will have its annual oyster soup supper Wednesday, Nov. 13 from 5-8 p.m. in the church basement on Catherine Street.

Homemade chili, vegetable soup and desserts will also be available for a nominal charge.

Carry-out orders will be filled.

## Methodist Women have conference

The 13th annual meeting of the Kentucky conference of the United Methodist Women was held Saturday, Nov. 2 at the Wilmore United Methodist Church in Wilmore.

Those attending from the Carlisle United Methodist Church were Mrs. Stanley Alexander, Mrs. Luther Anderson, Miss Fleet Allison, Mrs. Charles Crawford, Mrs. Paul Cropper, Mrs. Emmett Darrell, Mrs. Lovell Hollar, Mrs. Woodrow Richey, Mrs. Elmer Ritchie, Mrs. George Roberts, Mrs. Louise Thompson and Mrs. John Wallace.

## — Personals —

Mrs. Mark Mattox, Miss Kathy Green and Mrs. Don Hughes spent the weekend in Chicago, IL where they were joined by Mrs. Joseph Hayes of Lexington, SC and Jeff Hughes of Schaumburg, IL. On Friday evening they attended the musical "Cats" at the Schubert Theatre.

Mr. and Mrs. James Mann have returned from a visit with her brother, Paul Ritchie and Mrs. Ritchie of Niles, MI. Where there they visited Rhonda Ritchie, a senior at Western University in Kalamazoo, MI.

Mr. and Mrs. Rick Mattox of Inez and Kent Mattox of Richmond spent the weekend with their mother, Mrs. Carolyn Mattox.

J. Patrick Conley of Tallahassee, FL spent last Wednesday night with his brother, Joe Frank Conley and Mrs. Conley.

Robert Hughes, a student at Eastern Kentucky University and managing editor of EKU's yearbook, "Milestone" attended the College Media Advisors and Associate Collegiate Press convention at Lincoln Center in Dallas, TX over the weekend.

Mrs. Ruth Osborne, resident of Edgemont Manor in Cynthiana, fell October 28, breaking her hip. She submitted to surgery October 29 at Harrison Memorial Hospital, where she remains a patient. She is making an excellent recovery.

## The Prices host Halloween party

Mr. and Mrs. Blaine Price hosted a Halloween costume party Saturday, Oct. 26, at their home on North Street.

Prizes were given for the best costumes. Paula"Minton dressed as Alfalfa won the ladies division, and Rusty Page dressed as a werewolf won the men's division.

Others attending were Mr. and Mrs. Jeff Tobin, Mr. and Mrs. Darrell Gray, Mr. and Mrs. Gary Reed, Mr. and Mrs. Danny Minton, Kirk Wagoner, Joan Morris, Lisa Morris, Tracy Howard, David Hardwick, all of Carlisle;

Mr. and Mrs. Rick Mattox, Mr. and Mrs. Danny Lucky, Mr. and Mrs. Larry Sturgill, Mr. and Mrs. Mike Sponcil, Mr. and Mrs. Russell Page, Mr. and Mrs. John Ballenger, Billy Heflin, Lisa Ishmael, Layton Gross, all of Paris, and Katrina Gill of Clarksville, TN.

## VFW Auxiliary

The VFW Post #8666 Ladies Auxiliary will meet Monday, Nov. 11, 7:30 p.m. All members are urged to attend.

## Mr. and Mrs. Emmett Darrell

have returned home after spending several months at Lake Waccamaw, NC where Mr. Darrell was on the tobacco market.

Mr. and Mrs. Clifford Shumate, Pleasant Springs Road, returned home last Thursday from a 19-day trip to Seattle, WA.

Mrs. Carl D. Evans is recuperating at home after substituting to major surgery Wednesday, Oct. 23 at the Nicholas County Hospital.

Miss Randa Powers of Berea was the weekend guest of Mr. and Mrs. Jeff Tobin.

## Cooks ham it up

The faculty and staff of the Nicholas County Schools joined in the Halloween spirit on Oct. 31, including these cooks at the Nicholas County Elementary School, who show off their costumes. — Staff photo

## Dinner honors family birthdays

Mr. and Mrs. Gerald Griffith of Ewing entertained at home with a family dinner Sunday, Nov. 3 in honor of Mrs. Hay Dawson of Lexington and Phil Carl of Augusta, who are celebrating birthdays in November.

Others attending were Hay Dawson and sons Josh, Joey and Hay Charles, Lexington; Mrs. Phil Carl and Amy, Augusta; Mr. and Mrs. Mike Mattox, Frenchburg; Mr. and Mrs. Steve Curtsinger and Sarah, Lake Carrico.

## Diabetes series opens tonight at Health Center

The WEDCO District Health Department and the Nicholas County Health Center will host a Diabetes Education Series at the Nicholas County Hospital on Nov. 7, 14 and 21, from 6:45 to 8:30 p.m.

Margaret Cook Newell, RD, and Juanita Wilkerson, RN, will conduct the classes. Since this is a series of classes, attendance at all three is advised.

To register call Peggy Seithers, LPN, 289-7181, or Lee Rose, RN, 289-2180.

Miss Beth Lee Hammonds

## Engagement announced

Mr. and Mrs. Donald R. Hammonds of Cowan announce the engagement and forthcoming marriage of their daughter, Beth Lee, to Pvt. Joe T. Hardwick, son of Mr. and Mrs. Wayne Hardwick of Carlisle.

Miss Hammonds is a senior at Fleming County High School.

Mr. Hardwick is a graduate of Nicholas County High School and is presently serving in the U.S. Army in Fort Myers, Va.

The wedding will be an event of December 22, 7 p.m. at the First Christian Church, Carlisle. There will be a reception immediately following the ceremony.

The custom of open church will be observed.

## Christmas decor a la Williamsburg adult class theme

The Home Economics adult class meeting at Nicholas County High School cafeteria on Nov. 11 from 7-9 p.m., will feature Christmas decorations with the Williamsburg look.

Following a short slide presentation, "Christmas in Williamsburg," Sam Devine, Blue Licks park manager, will demonstrate inexpensive Christmas decorations using things most of us have or have access to.

Those who attend will learn how to tie bows, make a grapevine wreath and home decorations. If you attend plan to bring wire cutters, three yards cotton ribbon (No. 9 about 1¼ inches wide), a piece of wire (No. 22 or 24 gauge). A pipe cleaner could be substituted for the wire. Have the pipe cleaner the same color as the ribbon.

## District Garden Club meeting

The 39th annual meeting of the Limestone District Garden Clubs of Kentucky was held Wednesday, Oct. 30 in Ashland.

Those attending from the Carlisle Garden Club were Mrs. George Dale, Mrs. Ray Flora, Mrs. Lovell Hollar, Mrs. W.G. Irvin, Mrs. Eugene Neal, Mrs. Wayne Shumate, Mrs. Lorena Wagoner, Mrs. Lena Williams and Mrs. Elsie Snelling.

## Elementary PTA to meet Nov. 12

The Nicholas County Elementary PTA will hold its next monthly meeting Tuesday, Nov. 12, 7 p.m. in the elementary school cafeteria.

The second grade classes will present their salute to Thanksgiving. There will also be a display of reading materials for children.

The public is cordially invited to attend and support your school.


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Family portraits only.
Extra packets available.

*Appointments required by contacting any Woman's Club member*

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**Chili-Oyster Supper**

**Nov. 13, 5-8 P.M.**

**First Christian Church**

Catherine St.

Oyster Stew ..... $3.25
Chili or Vegetable Soup (Includes Fixins') $2.75

## Halloween on parade

Bewitching, beguiling and down right "cute" best describes these residents of Johnson-Mathers Nursing Home as they enjoyed a Halloween party last Thursday afternoon. In top photo, front row, from left, Mary Lizzie Cloy, Lena Horn, Everett Green, Sarah Pulsgrove. Back row, Mae George (most original), Ruby Campbell, Lolcille George. In bottom photo, front row, Grace Allison, Thelma Wright, Pearl Summers. Back row, Mollie Mattox, Eula Scott, Russell Herrington (ugliest), and Thelma Wilson. — Mercury photos

# Nursing Home news

by Sharon Duncan

Residents celebrating birthdays during the month of November are Anna Dee Crockett, Mollie Mattox, Russell Hurd, Landy Watts, Fannie Anderson and Leslie Morris.

Thanks to the First Baptist Church Missionary Society of Sharpsburg for the service they have at the nursing home the last Saturday of each month.

Residents Council meets the second Friday of each month to discuss ideas, etc.

The Huddles Mills Christian Church will present a puppet show for the residents on Monday, Nov. 11.

Thanks to the Gospel Travelers from Rose Hill for their message in song. Also to James Gaunce, Dorothy Shannon and Ward Shannon for their visit with residents.

The Ministerial Association conducts Sunday services each week.

Sarah Pulsgrove received word last week of the death of her niece.

Welcome to our newest residents to the nursing home: Stella Robertson, Grace Dehart, Shirley Robinson, Leslie Morris, Jesse Caswell, Owen Frederick and Ruby Honaker.

Thank you to Mary Livingood's Brownie troop for their visit and treat on Halloween evening.

In our discussion group on Wednesday we talked about home remedies. When asked how they used to get rid of warts I was told to steal a neighbor's dish rag, bury it under a rock and when the dish rag rotted the wart should be gone.

When asked how they took care of a cut, they replied to soak it in coal oil and tie a wide rag around it.

It's up to you if you want to try these ideas.


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## Health Tips from Lee Rose

### Hearing loss common problem

One of the most common problems in the preschool and school age population is conductive hearing loss. Loss of this type results from malfunction of the external and/or middle ear, causing reduction of sound level being transmitted to the inner ear.

External ear problems causing conductive loss can result from birth defects, injury, foreign objects, or wax buildup. Some conditions may require corrective surgery, while others may be simply treated by removing the object or substance.

Otitis media (middle ear infection) and perforation of the eardrum can result in hearing loss of the middle ear. Middle ear infection may be the result of an upper respiratory infection. Fluid frequently accumulates there causing bulging and rupture of the eardrum.

**OTITIS MEDIA** is termed according to its duration as acute (short term) or chronic (long term). The chronic condition may damage or destroy through an erosion process. It can also be life threatening if it results in mastoiditis or meningitis. Treatment should not be delayed and may include antibiotics, antihistamines, allergy management and/or surgery.

Hearing loss may be socially and educationally handicapping. It can lead to delays in speech and reading skills. Not only can conductive hearing impairment interfere with learning, but also the presence of infection may cause loss of time in school and can, if left untreated, lead to permanent hearing loss.

**FOR THIS** reason, the hearing assessment of infants and young children is extremely important. Approximately 90 percent of hearing impairments respond to early intervention. Hearing screening is one way to identify those children who might need treatment.

For more information contact Lee Rose at the Nicholas County Health Center, phone 289-2180.

## Hospital notes

October 25-31, 1985

**ADMISSIONS:** Albert Mitchell, Martha George, Kathy Robinson, Evelyn Martin and baby boy, Crystal Watkins, Ina Alexander, Darrell Turner, Brad Evans, Stanley Bromagen, William Herrington, Roy Cartmill, James Ishmael, Marjorie Wells, Linda Vanlandingham, Judith Martin, Ruth Scott, Panay Robinson, Kristina Dale, Chloe Garrett, Susan Conyers, Charlotte Bowles, Janet Hardwick and baby girl, Marilyn Howard, Frances Hall, Ethel Hunt, Carlisle; Carol Workman, Maysville, Nancy Mitchell, Susie Mitchell, Millersburg; Willetta Manley, Sharpsburg; Jessica Workman, Ewing; Jessica Anderson, Charles Bussell, Owingsville; Addie Smith, Flemingsburg; Edgar Poe, Melba Henson, Mt. Olivet; Shirley Jones, Cynthiana.

**DISCHARGES:** Eva Crawford, Michael Kenney, Marvin Jones, Edna Trussell, Mary King, Joan Trussell, Iva Evans, Bascom Sorrell, Crystal Watkins, Martha George, Brad Evans, Stanley Bromagen, Evelyn Martin, William Herrington, Lorella Stephenson, Ivetla Evans, Frank Shane, Albert Mitchell, Marjorie Wells, Kathy Robinson, Otha Crawford, Ina Alexander, Carlisle; Addie Smith, Flemingsburg; Distinelle Woods, Paris; Willetta Manley, Sharpsburg; Deanna Collins, Stella Robinson, Edgar Poe, Mt. Olivet; Susie Mitchell, Millersburg; Jessica Anderson, Owingsville; Jessica Workman, Ewing; Carol Workman, Maysville.

## Fall Festival Friday night

The annual Nicholas County Elementary School PTA Fall Festival will be held Friday, November 8 at the school. Hours are from 5-10 p.m.

Other coming dates on the school calendar include dismissal for Thanksgiving Nov. 28 and 29 and for Christmas holidays December 20 until January 2.

Classroom parties are set for 2:45 p.m. on December 18.

## EKU Show Choir in Nov. 8 musical

The Eastern Kentucky University Show Choir will perform music from the latest broadway shows, country and western, pop tunes and the latest rock routines during the Choir's annual fall concert, Friday, Nov. 8 at 7:30 p.m. in EKU's Brock Auditorium.

The program, entitled "Celebrate America," will include such outstanding routines as the title song, "Celebrate America," "Varsity Drag," "Go For the Good Times," "Fantasy," "Neutron Dance," "Streets-a-Fire," "God Bless the USA," and "My Country Tis of Thee."

## Jane Bryant is selected CA director

Community Action announces the appointment of Ms. Jane C. Bryant as its director for Child Development effective Oct. 28.

Ms. Bryant is currently the administrative specialist for the Head Start State Training office at Western Kentucky University. She has had extensive experience in early childhood development programs beginning 18 years ago with the Southern Kentucky Community Action Agency. Her current responsibilities include the provision of training and technical assistance to the federally financed Head Start programs in three southeastern states, including Kentucky.

Ms. Bryant will assume responsibility for Community Action's office for Child Development which serves 480 preschool children and their families through the Head Start program in Nicholas, Fayette and Harrison counties and approximately 50 children in day care centers in both Nicholas and Fayette counties. She will manage the office's approximately 30 employees and $1,000,000 budget.


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**— NOTICE —**

THE COUNTY CLERK'S OFFICE WILL BE CLOSED ON NOVEMBER 12, 1985 (TUESDAY). THE CLERK AND DEPUTIES WILL BE ATTENDING A MEETING IN REGARD TO THE OFFICE IN FRANKFORT.

Rose Scott, Clerk

## Eye Openers

By Dr. Robert F. Pretzsch, Optometrist

### Middle Distances

At about the age of 50, the near correction required for reading, sewing or working with numbers allows you to see clearly at distances of approximately 6 to 20 inches from your eyes. The distance correction in the upper part of your bifocal permits you to see clearly objects that are approximately three feet or more away from you. Between 21 and 34 inches from your eyes, in an area we call the middle or intermediate distance. Beyond this region, is the area which falls into far distance for your eyes. Bifocals have provided an easy way to bring patients clear vision in two areas.

Visual clarity and comfort, however, can be obtained for all three distances, near, middle and far. Trifocals use lenses with three segments: one for distant objects, one for near objects and a center segment for that elusive middle distance.

Progressive lenses—are multifocal, with an "invisible" channel for seeing those middle distances.

If your occupation or hobby requires clear middle distance vision, discuss these multifocal options with your optometrist.

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We would like to thank you for your deep concern during our recent fire at Ralph Crouch's Store.

We have appreciated your patronage in the past, and will serve your needs in the near future.

Thanks again,
*Mr. & Mrs. Ralph Crouch*
Bethel, Ky.