Baptist Church will honor Rev. David Stancil and family

The Rev. David Stancil, pastor of the First Baptist Church, and his family are being honored this week as an expression of appreciation for their contribution to their church and to Carlisle and Nicholas County.

Mr. Stancil came to Carlisle May 30, 1980. His interest in people encompasses everyone with whom he contacts, not only his church family.

In addition to his ministerial duties in the local church program, he has accepted such responsibilities as moderator and parliamentarian of the Bracken Association of Baptist in Kentucky, vice president and president of Nicholas County Ministerial Association, member of Sycamore Hill Housing Commission, chairman of Citizens for Better Community, served one year as county coordinator for Moodmobile, serves on alumni advisory board of Georgetown Baptist College.

Both Rev. and Mrs. Stancil are certified leaders of marriage enrichment retreats. Mrs. Stancil (Jill) has a B.S. degree in nursing and has been employed at U.K. Medical Center in Lexington as personal nurse. She was vice president of Nicholas County Hospital Auxiliary, works as age-level consultant with Kentucky Baptist Sunday School department, serves as coordinator of extended session for children in her church, as pre-school Sunday School teacher and is a member of Baptist Women Missionary Organization.

Rev. and Mrs. Stancil are the parents of one son, Nathan, a fourth-grader who is active in Cub Scouts, Royal Ambassadors of Baptist and in Children's Bible Drill. A daughter, Anna, five years old, is a member of Mission Friends.

June 2 will be the highlight of the week when on Sunday morning the goal has been set for 150 to attend Sunday School, followed by Rev. Stancil speaking. At 6:30 p.m. a banquet will be held in fellowship hall celebrating his fifth anniversary as pastor of the church.

— Personals —

Rep. Adrian Arnold of Mt. Sterling was a visitor in Carlisle last Thursday enroute to a subcommittee meeting in Frankfort.

Miss Beulah Hughes entered the Good Samaritan Hospital, Lexington Saturday, May 18 and submitted to major hip surgery on Monday. Her room number is 640.

Mr. and Mrs. C.H. Enix spent last weekend at Kentucky Dam Village, Gilbertsville, where Mr. Enix participated in the Joe Creason Invitational Golf Tournament.

Paul Guthrie of Mt. Olivet was a visitor in the Mercury office Memorial Day.

Mr. and Mrs. Marty McClanahan of Cincinnati, OH spent Memorial Day weekend with her mother, Mrs. Robert Boothe.

Mr. and Mrs. Charles Shaw of Gulfport, MS are spending the week with his mother, Mrs. Nancy Shaw.

Mrs. W.R. Buntin Sr. is recuperating at home after submitting to major eye surgery May 23 at Good Samaritan Hospital, Lexington. Her daughter, Mrs. Stan Rockwell, Dallas, TX, has returned home after being here with her for several days.

Mr. and Mrs. Raymond Lawrence and Sherry of Lexington spent Sunday with his sister, Mrs. Donald Sharpe and Mr. Sharpe.

Mr. and Mrs. W.B. Parker, Carlisle, and Mr. and Mrs. Charles Hopkins of Bourbon County have returned from a three-weeks' tour of Japan and China.

Mr. and Mrs. Earl Tincher and Mrs. Bennie Hughes, all of Maysville, spent Memorial Day with Mrs. Laura McKay.

Mr. and Mrs. Robert Fuller of Saudi Arabia, Dr. and Mrs. L.W. Cochran of Lexington, Mrs. Joan Tippie and daughter Leslie and Mr. and Mrs. Doug Campbell and daughter Jennifer of Knoxville, TN were guests of Mr. and Mrs. Joe Smart at Carnico Country Club Sunday for brunch.

George Dale of the Maysville Road submitted to major surgery May 16 at the Good Samaritan Hospital, Lexington.

Mr. and Mrs. Ben Douglas of Lake Waccamaw, NC and Dr. Tom Dargil of Columbia, SC are spending the week with Mr. and Mrs. Emmett Darrell.

Mrs. Warren Fisher spent several days last week with her son, Toby Elder, Mrs. Elder, Brian and Katy of Edgewood. Mr. Fisher spent the weekend and accompanied her home.

Mrs. Billy Allen and children of Lexington spent Memorial Day with her father, William Jones and Mrs. Jones.

Mrs. King Buckley has returned home from a week's vacation in southern Indiana and western Kentucky.

Mrs. Howard Dorsey has returned from a visit with her daughter, Mrs. Robert Harrod. Mr. Harrod and family of Elizabethtown. Mrs. Harrod accompanied her home for a week's visit.

Kay's Kitchen

By Kay Fisher

Since eggs have been such a good buy you probably have a generous supply on hand. Now is the time to use them in main dishes or in place of meat. Remember eggs are not just for breakfast or fluffy omelets for lunch.

EGG CROQUETTES

¾ cup thick white sauce
3 hard-cooked eggs, chopped
1 teaspoon salt
½ teaspoon paprika
Dash of nutmeg
3 tablespoons chopped pimento
1 tablespoon minced parsley
1 tablespoon minced onion
***
1 egg, slightly beaten
1 tablespoon water
1½ cups cracker crumbs

Combine white sauce, chopped eggs, seasonings, pimento, parsley and onion; mix well. Chill several hours. Form in croquettes, using ¼ cup for each.

Mix egg and water. Roll croquettes in cracker crumbs; dip into egg mixture; roll in crumbs again. Let stand 30 minutes.

Fry in deep hot fat (375 degrees) till golden. Drain on absorbent paper. Or you may cook croquettes in skillet in a little margarine. Brown about three minutes on each side.

THICK WHITE SAUCE

3 tablespoons margarine
4 tablespoons flour
¼ teaspoon salt
1 cup milk

Melt margarine in saucepan over low heat. Blend in flour, salt and a dash of pepper. Add milk and cook, stirring constantly, till mixture thickens and bubbles. Remove sauce from heat.

STUFFED-EGG CASSEROLE

3 tablespoons butter
3 tablespoons flour
1 No. 2½ can or 3½ cups tomatoes
½ cup chopped onion
2 teaspoons sugar
1½ teaspoons salt
Dash of pepper
6 hard-cooked eggs, deviled
½ cup buttered bread crumbs

Melt butter; blend in flour. Add tomatoes, onions and seasonings. Cook and stir until thick. Pour into 10x6x1½-inch baking dish. Arrange eggs in sauce; top with buttered crumbs. Bake in hot oven, 425 degrees, for 10 minutes or until hot. Serve on slices of buttered toast, rice or noodles.

EGG SALAD

6 hard-cooked eggs, chopped
¼ cup chopped green pepper
¼ cup minced green onions
¼ cup chopped ripe olives, optional
½ cup mayonnaise, more or less

Combine first four ingredients. Blend mayonnaise with 1 teaspoon salt and dash of pepper and add, tossing lightly. Chill.

Use for sandwiches, to stuff tomatoes or in a bed of lettuce.

Yard/Bake Sale

Sponsored by Carlisle Community Woman's Club

June 8, 9:00 to 4:00

Carlisle IGA Parking Lot

Rain Date June 29

Proceeds will be given to the Chamber of Commerce to help defray costs of the 4th of July Fireworks and Christmas Parade. Donations for the Yard Sale are being accepted. Call 289-2752 or 289-7940.

SOCIETY

To place Society items, call Mrs. Ann Shearer at 289-2464

Showers given for Miss Ritchie

Miss Susan Ritchie, bride-elect of Mark Fryman, has been the recipient of several bridal showers.

Ms. Rita Fightmaster, Ms. Kim Smoot and Ms. Eva Gray honored Miss Ritchie on May 6 with a personal shower at the home of Ms. Fightmaster.

Ms. Glenda Hurst and Mrs. Kathy Murrell hosted a miscellaneous shower at the Carlisle Depot on May 19.

Ms. Susan Smith and Mrs. Imogene Livengood entertained with a kitchen and bath shower May 18 at Mrs. Livengood's home.

Mrs. Carol Vice, Mrs. Shirley Ritchie and Mrs. Joyce Livingood hosted a miscellaneous shower at Mrs. Livingood's home May 19.

The wedding will be an event of Saturday, June 1, 7:30 p.m. at the Carlisle Christian Church.

Duncans host dinner May 22

Mr. and Mrs. Billy Duncan, Paris, hosted a dinner Wednesday evening, May 22 at Duncan Tavern in Paris.

Honored guests were Mr. Duncan's sister, Mrs. Lionel Sublett, Yakima, WA, and his nieces, Mrs. Don Swanson, Mr. Swanson and Mrs. Kay David, Longview WA. Other guests were: Mr. and Mrs. Bill Sharpe, Lexington; Miss Sheryl Sharpe, Richmond, IN; Mr. and Mrs. Wayne Morris, Lana Sue and Millie Ann Bussell and Hal Morris, Cynthiana; Miss Susan Hedges, Mt. Olivet; Mr. and Mrs. Jeff Tubin and Mr. and Mrs. Bobby Duncan and Jody, Carlisle.

Nursing course offered June 12

The Nursing Service Department of Harrison Memorial Hospital in Cynthiana will present a Continuing Education Offering, "Nursing Process, Nursing Care Plans," on June 12 from noon-4 p.m. Registration begins at 11:30 a.m.

The offering has been approved by the Kentucky Board of Nursing for 4 contact hours. Guest speaker for the offering is Sister Mary Judeann Leuken, R.N., M.S.N., assistant administrator at St. Claire Medical Center in Morehead. Cost is $15 for Harrison Memorial Hospital employees and $25 for non-employees.

For more information contact Julia Fulton, R.N., director of Staff Development, at 234-2300, extension 327.

Miss Kennedy is honored for 50 years service

The Headquarters United Methodist Church entertained with a surprise dinner and shower Wednesday, May 23 in honor of Miss Martha Kennedy, who had served as secretary and treasurer of the Headquarters Sunday School for 50 years in April.

Miss Kennedy received a bronze plaque from the United Methodist Women and one red rose from Mrs. Allyn Earlywine, president of the UMW. She also received a corsage and a silk centerpiece from the Methodist Men, presented by Fred Hollar and John McCree.

There were approximately 50 guests present including Miss Kennedy's brother, Raymond Kennedy, Mrs. Kennedy and family of Lexington.

1975 NCHS class to have reunion

The Nicholas County High School class of 1975 will have a 10-year reunion Saturday, June 1, at the Nicholas County Armory.

There will be a potluck meal from 3-5 p.m. for graduates and families and a dance from 8 p.m.-1 a.m. for adults only.

For more information contact Janice Tabor Pryor, 289-7949 or Judy Hunter Hawkins, 289-7066.

Births announced

CAMERON

Mr. and Mrs. Sam Cameron, Frankfort, announce the birth of a daughter, Kara Ann, May 20, 1985 at Kings Daughter Memorial Hospital. She weighed seven pounds five and one-half ounces.

Maternal grandparents are Mr. and Mrs. L.K. Williams, Buckingham, VA.

Paternal grandparents are Jerry and Mary S. Cameron, Frankfort.

HICKS

Mr. and Mrs. Rick Hicks announce the birth of a son, Nathan Riley, May 22, 1985 at the Harrison Memorial Hospital, Cynthiana. He weighed seven pounds eight ounces and was welcomed home by a brother, Bradley Curtis.

Maternal grandparents are Mr. and Mrs. Byron Fryman.

Paternal grandparents are Barbara Hicks of Cynthiana and Aven Hicks of Carlisle.

'Stephen Foster Story' opens season on June 8

The lead actors for this summer's "The Stephen Foster Story" have been announced by the outdoor musical's general manager, Bert Ballard.

Stanton Garr, who has played the show's title role for the past three seasons, will once again be Stephen Foster, said Ballard.

Garr, a native of Simpsonville, has performed in dinner theatres in Florida and Indiana and aboard Caribbean cruise ships. A 27-year-old baritone, Garr holds a vocal performance degree from Morehead State University.

Louisville native Colette Delaney is returning for a second season as the female lead. Miss Delaney, 23, is a second-generation "Stephen Foster Story" performer. Her mother, Fran was one of the musical's featured dancers in 1960.

"The Stephen Foster Story" will open its 1985 season June 8 with performances continuing at 8:30 nightly, except Mondays, through Sept. 1. A Saturday matinee will be performed weekly at 3 p.m. beginning June 15. Ticket information and ordering are available toll free in Kentucky at 800-348-6900 and out of state at 800-625-1563.

Shortly after the season's close in September, "The Stephen Foster Story" will tour Japan for two weeks.

Divorced spouses may benefit

Divorced spouses may now be able to get benefits on their former spouses wage record even if the former spouse continues to work.

A provision in the 1983 Social Security amendments provides that starting in January 1985 divorced spouses 62 or over can get monthly payments regardless of whether the former spouse has applied for benefits. To get payments under this provision the former must be eligible for benefits, the marriage must have lasted for at least 10 years, and the divorce must have been in effect for at least two years.

The earnings of the former spouse who continues to work will not reduce the amount of his or her divorced spouse's payment.

Full benefits are payable at age 65. Permanently reduced benefits are payable as early as 62.

For more information or to apply for these benefits, contact the Maysville Social Security office, 739 U.S. Highway 68, phone 564-4096.

Employee Appreciation reception

The Nicholas County Health Care Auxiliary held an Employee Appreciation reception for all hospital and nursing home employees of the Johnson-Mathers Health Care facility on Tuesday, May 14. Punch and homemade cookies were served and each employee received a fresh flower corsage or boutonniere. In picture at top, Myrtle Ledford pins an appreciation corsage on Robin Corbin. Below, l-r, hospital employees Nettie Barnes, Charlene Banta and Nola Johnson, and Linda Scott, Auxiliary president.

East Ky. writers plan first meeting

The organizational meeting of "East Kentucky Writers," a new group planned to foster meetings of authors and people interested in writing, will be Friday, May 31, at Morehead State University from 7-9 p.m. in the Riggle Room, Adron Doran University Center.

The program is a reading/performance of Garry Barker's short story "Fire on the Mountain." Barker will read while Gene and Marynell Young play the fiddles.

Information will be available at the meeting on the upcoming Appalachian Writers Association conference at MSU, which features Harriette Simpson Arnow, author of "The Dollmaker," as guest speaker.

You may qualify for SSI payments

Ownership of a home does not necessarily exclude a person or couple from getting supplemental security income (SSI) payments.

It is true that SSI is a means-tested program. That means that eligibility for SSI is limited to people with little or no income or resources; however, it does not mean that people have to be penniless before they can apply for SSI payments.

In figuring the value of an SSI applicant's resources, in most cases, a car or truck doesn't count. Neither does any money up to $1,500 that is kept separately for burial and life insurance, nor furniture and other belongings worth up to $2,000.

Anyone who thinks that he or she may be eligible for monthly SSI payments should contact the Maysville Social Security office. The telephone number is 564-4096.

KET happenings

Bach's Concertos

Nikolaus Harnoncourt, one of the world's leading authorities on early music, leads the Concentus musicus of Vienna in Bach's Brandenburg Concerto II, IV and V, Monday, June 10 at 8 p.m. on "Great Performances" over KET.

'Animal Behavior'

KET will encore three of the six original segments of the series, "The Discovery of Animal Behavior," which explores why animals behave the way they do. The series will begin Sunday, June 9 at 7 p.m. and will repeat Saturdays at 8 p.m. on KET.

Health Care

The Nicholas County Health Care Auxiliary will meet Tuesday, June 4 at 2:30 p.m. in the Nicholas County Hospital conference room.

Final plans for the June 28 Benefit Dinner will be made and tickets distributed to the members.

— REVIVAL —

June 3 thru 9, 7:30 Nightly

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Bluegrass Area Development District

Showing their academic skills

The Nicholas County High School Academic Team, under the direction of Coach Rob Lane, standing at left, staged a mock contest for students at the elementary school. Fresh from a victory over a scrappy Everts High School team, which was televised last Sunday, the team was divided into two groups. The team of Matthew Guthrie, Michelle Clark and Mark Conley managed a comeback victory over the team of Brad Wilson, Julie Wills and Joe Johnson. Pictured are, l-r, Wilson, Wills, Johnson, light operator Todd Smith, Guthrie, Clark, Conley and scorekeeper, Pam McCarty.

Variety '85

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Thursday Evening, May 30, 7:00 p.m.

Nicholas County Elementary School

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$2.00 Adults $1.00 Students

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Library releases list of new books

The following new books are available at the Nicholas County Library:

Inside, Outside by Herman Wouk. The author of War and Remembrance and Winds of War gives readers an intense, personal novel of the American Jewish experience. Inside, Outside sweeps from the pre-war innocence of 30s to the turbulent, immediate past. Scenes of rollicking family humor and show-business comedy alternate with sudden tragedy, with the spectacle of a failing president, and with the explosion of war.

Betty Crocker's Microwaving For One Or Two by General Mills Inc. This magnificent color cookbook of more than 180 recipes is designed for singles or couples who want favorite and unusual microwave recipes scaled to use or two portions.

Husbands and Lovers by Ruth Harris. A married woman and her lover seek refuge from relationships gone stale and attempt to fulfill their erotic fantasies in a wild, romantic affair but ultimately discover the invincible power of love and commitment.

The Lonely Silver Rain by John D. MacDonald. The disappearance of a yacht, the fatal murder of a Peruvian debutante, the sloppy "accidental death" of a Florida real estate tycoon — these are the pieces of a puzzle that Travis McGee must fit together to save his own life.

Proof by Dick Francis. A young man merchant's wine-tasting expertise is enlisted to substantiate a liquor scam. The revealing of that scam leads to murder and vengeance. Ranging from pulse-racing suspense to pathos, fruit all-too-human comedy to utterly believable terror, Proof is truly vintage Dick Francis.

The Spoils of War by Thomas Fleming is the story of the impact of the Civil War on the minds and hearts of the men and women of the North by the author of the internationally successful The Officers' Wives. It takes the reader inside on the most decisive least understood eras in American history.

Virgin and Martyr by Andrew M. Greeley. By the author of four black-letter best sellers, Virgin and Martyr is the story of a young Catholic sister tortured and killed by the soldiers of a Latin American dictatorship and the quest of four men to understand her and her death.

To All The Nations — The Billy Graham Story by John Pollock. John Pollock, Billy Graham's official biographer, now offers a concise, authoritative, rich account of Graham's life and work to date, the inspiring story of one of the most respected and influential religious leaders of our time.

Arthritis: Don't Learn to Live With It. Dr. Frederick's new sane, realistic diet and regimens have already brought relief to 70 percent of the men and women who tried it. Sound nutrition is a more efficient treatment than the often more dangerous drugs often prescribed.

The Tenth Man by Graham Greene. Set in wartime occupied France, Graham Greene's new novel is about a man facing death in the depths of a Gestapo prison who buys his life in a moment of fear and survives to pay the price of his cowardice.

The Touch of the GA Bolgs by Sol Stein. The Touch of Treason is a multi-layered love story and a profound entertainment of acute suspense that offers strobe-like insights into humanity, love, crime and relationships. It is a courtroom novel rich in characters and ideas.

A Winter's Child by Brenda Jagger, set in Yorkshire at the end of the

* See Library, page 9

Health Tips

from Lee Rose

Breastfeeding

Most parents are concerned about giving their babies the right food so that babies grow well and develop well. The question comes up whether to breast or bottle feed. Aspects of breastfeeding will be discussed in this article. Bottle feeding will be discussed in the next article.

Breastfeeding is the oldest, and the most natural way to feed babies. There are very, very few women who cannot breast feed. Most reasons mothers give for not breastfeeding is that their "milk is not good," or that "my baby was hungry all the time when I breastfed." This article will deal with all of these issues.

Human milk has a very different appearance from cow's milk. Human milk has a higher fat content, and protein that is more easily digested. The appearance the first few days to a week is creamy, then human milk becomes bluish and watery in appearance. This is normal.

The mother's milk supply is equal to the amount she is feeding her infant. Since the protein in human milk is more easily digested, breast fed babies must be fed more often, about every two to four hours. The more Mom breastfeeds her baby the more milk she will have.

The size of the breast makes no difference in ability to produce enough milk. Larger breasts are larger due to fat deposits. The amount of milk producing tissue is about the same in all women's breasts.

Some of the positive aspects of breastfeeding are that there is no preparation, it is always at the right temperature, and is sterile. Babies seldom develop milk allergies to breast milk and are seldom overweight. Breast milk contains many antibodies against deadly childhood diseases such as polio, diphtheria and whooping cough to name a few. There are other good things about breastfeeding but there is not room to discuss them here.

Some of the inconveniences of breastfeeding to be considered is that Mom must always be with the baby at feeding time, although most breast fed babies will take an occasional bottle or even a daily bottle.

Birth control pills cannot be taken when Mom is breastfeeding because the pills will reduce her milk supply, and breastfeeding cannot be considered a method of birth control. Mom must be sure her diet is high in protein and fluids, which is actually a plus since it is a healthier diet, but it is more costly and this factor must be considered.

All factors of breastfeeding have not been discussed. For more information call Lee Rose at the Nicholas County Health Center, 289-2188.

Water pollution public hearing set for July 1

The Natural Resources and Environmental Protection Cabinet announces that a public hearing to review the Annual Water Pollution Control Program Plan is scheduled for Monday, July 1, in Frankfort.

The hearing will be held at 7:30 p.m. in Room G-1 of the Capital Plaza Tower and will include discussion of the program's directions for permitting, surveillance, enforcement and ambient monitoring.

The Cabinet encourages citizen and industry participation at this hearing.

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