Mr. and Mrs. J. Angus Jacobs

Mr. and Mrs. J. Angus Jacobs celebrated their Golden Wedding anniversary May 11. They were married May 11, 1935 in Jeffersonville, Indiana. The couple have two children: John Stanton Jacobs of Lexington, Mrs. Betty Lynn J. Cornett, Carlisle and one grandson, John Darwin Jacobs of Lexington. — Photo submitted

'How Great Thou Art' choir invited to repeat program in Maysville

The choir which presented How Great Thou Art to an overflow audience at the First Baptist Church of Carlisle Sunday afternoon will repeat the program Wednesday evening, May 29 at the First Baptist Church of Maysville.

The choir, under the direction of Tom Metcalfe, features voices from the following congregations: First Baptist Church, Wesley Chapel CME, Carlisle Christian, Carlisle Presbyterian and the Shrine of Our Lady of Guadalupe.

The cast includes sopranos — Kathy Baker, Faye Curtsinger, Opal Hamilton, Charlotte Hardin, Joyce Howard, Ann Jolly, Ago Kendall, Michelle Knapke, Flossie Metcalfe, Edythe Rich, Sue Roberts and Martha Springer.

Altos — Lydia Burke, Gayle Golden, Mary C. Knapke, Dorothy Neal, Teresa Sanders and Linda Scott.

Tenors — Pat Allison, Danny Baker, William Bean, Vicki Flitting, Neal Metcalfe and Kevin Thomas.

Bass — Tommy Biddle, Custer Blair, Philip Hastings, Henry Peters, Bill Snapp and David Stancil.

Narrator is John Hall.

Fish/Game supper

The Nicholas County Fish and Game Club will have a potluck supper Friday, May 24, at 7:30 p.m. at the clubhouse.

All members are urged to attend.

Kay's Kitchen

By Kay Fisher

Strawberries seem to be early and plentiful this year, so enjoy them in simple desserts. In looking over my collection of strawberry desserts, I found lots of recipes, some simple, some very fancy. As I read the fancy, complicated recipes I thought, why do all that to something that is so delicious in its simplest form. You probably have your favorite way of serving strawberries, but I'll give you a few recipes in case you want a change. They are easy and will not take a lot of work and time.

STRAWBERRY DAINTY

1 pint strawberries
1 cup diced pineapple, fresh or canned
¼ cup sweetened condensed milk
½ cup pineapple juice
¼ cup orange juice
1 tablespoon lemon juice

Wash and hull berries, cut in quarters and place in six sherbet glasses; add pineapple. Add fruit juices to condensed milk and beat until well mixed. Pour over berries and chill thoroughly. Top with whipped cream.

STRAWBERRY BAVARIAN CREAM

1 tablespoon gelatin
2 tablespoons cold water
1 cup crushed strawberries
1 cup whipping cream
¾ cup powdered sugar
1 lady fingers or sponge cake cut into fingers
6 whole strawberries

Soften gelatin in cold water five minutes; heat over hot water, stirring until dissolved. Add to strawberries, mixing well, and chill until slightly thickened. Fold in cream, sweetened with sugar, and chill mixture until thick enough to hold its shape. Line parfait glasses with lady fingers, fill with gelatin mixture and top with a large berry. Chill. Approximate yield: 6 servings.

STRAWBERRY SHORTCAKE

Use your favorite shortcake recipe. Layer shortcake, berries and whipped cream.

STRAWBERRY MERINGUES

When removing baked meringues from baking sheet, crush in at bottom and fill cavity with mixture of sweetened, crushed strawberries and whipped cream.

SOCIETY

For place Society items, call Mrs. Ann Shearer at 289-2464

Oran Keals to celebrate fifty years of marriage

Mr. and Mrs. Oran Keal of Nicholas County will celebrate their golden wedding anniversary with a reception from 2 to 5 p.m. Sunday, May 26 at the home of their niece and nephew, Mr. and Mrs. Rusty Lawrence, 104 Eastern Avenue, Carlisle.

The couple were married May 18, 1935.

They have two daughters, Mrs. Dorothy Wensley of Nicholas County and Mrs. Martha Lovell of Paris; five grandchildren and three great-grandchildren.

All friends and relatives are invited to attend.

Entertain Ewing High graduates with 50th class reunion here

Mrs. Hurst Frey and Mrs. Marcella Minthew entertained Friday evening, May 17 with a 50th year class reunion of Ewing High School for some of the graduates and their spouses.

The guest list included Mr. and Mrs. Jimmie Art of Paint Lick, Mr. and Mrs. J. W. Mullikin of Ocala, Fl., Mr. and Mrs. Bennie Kidwell of Titusville, Fl., Mr. and Mrs. Robert Moores of Lexington, Mr. and Mrs. Clay Dayton of Carlisle, Mr. and Mrs. Gilbert Hammonds of Cowan, Carl Courtney of Flemingsburg, Mrs. Juanita Scott of Charlotte, NC and Mrs. Virginia Sohn of Cincinnati, OH.

There were 16 graduates in this class with only one deceased. On Saturday night 12 of them attended the alumni banquet at Ewing High School.

Arts/Crafts show announced

Artists and craftspersons are being invited to take part in the third annual Eagle Creek Arts and Crafts Fair which will be held at the Grant County Park/Fairgrounds in Crittenden on Saturday, Sept. 7.

This is a project of the Grant County Arts Federation and is sponsored by the Grant County and Williamstown Women's Clubs.

No fees of any type are charged either the exhibitor or those attending, and parking is free.

Information: Eagle Creek Arts and Crafts Fair, P.O. Box 162, Williamstown, Ky. 41097.

PoFF Club supper

The PoFF Club of the First Baptist Church will have a potluck supper Tuesday, May 28, 6:30 p.m.

A group from Oakwood Baptist Church, Cynthiana, will present a program of gospel music following the meal and a short business meeting in fellowship hall.

Piano recital

Ginger Fields will present her piano pupils in recital Thursday, May 23, 7 p.m. at the Carlisle United Methodist Church.

Those participating are Tammy Watkins, Tracey Moreland, Tonya France, Sandy Hamper, Helen Winkle, Janie Halsey and Emily McMillen.

— Personals —

Mr. and Mrs. R.E. Pittman of Lexington spent the weekend with Mrs. Woody Wilson.

Mrs. Bessie Ingles of Cynthiana spent the weekend with Mrs. Frances Taylor.

Cassandra Browning and Dawn Letcher, seniors at Nicholas County High School, and Miss Kathy Green returned home Sunday after attending the International Science and Engineering Fair in Shreveport, La. last week. Dawn and Cassandra were participants in the Fair.

Mr. and Mrs. Jimmy McGinley and Mrs. Jewell Hamer of Lexington spent Saturday with Mr. and Mrs. Walter Flora.

Ronald Henwood and Mr. and Mrs. Charles Cox attended the Rotary District 674 conference in South Point, OH May 17-19.

Mr. and Mrs. Woodson Knight of Louisville spent the weekend with his sister, Miss Isabelle Knight.

Mrs. Sam Hagley, Wendell, NC has returned home after visiting her daughter, Mrs. Licha Farah, Mr. Farah and family.

Ms. Ruth Tincher of Dorsey Avenue has returned home after spending several days with her daughter, Mrs. William Nunn and Mr. Nunn of Georgetown, OH.

Mr. and Mrs. John Wallace have returned home from visiting their daughter, Mrs. Robert Burke, Mr. Burke and family in Ft. Lauderdale, FL. While there they welcomed home a new granddaughter.

Mr. and Mrs. Walter Flora attended the groundbreaking for a new banking facility, The Morehead National Bank of Morehead, Tuesday, May 7. George Archbold, president of the bank, is the son-in-law of Mr. Flora.

Out-of-town visitors attending the 25th anniversary of the First Christian Church Sunday morning were: Everett Earl Standifer, Mr. and Mrs. Stephen Carter and Kerr, Wanda Birch, Roxanne Russell, John Soper III, Rita Tongate, all of Lexington; Martha Wright, Paris, and Mr. and Mrs. W.H. Burdin Jr. of Frankfort.

Mrs. Kathryn C. Tinnin Moore has returned home after spending two weeks in Europe where she visited England, Holland, Germany, Italy, Switzerland and France.

Mrs. Olga Cannon returned home last Thursday after spending Mothers Day with her daughter, Mrs. John Brueckner, Mr. Brueckner and Jennifer in Lexington.

Rose Ann Farah celebrated her ninth birthday recently with a slumber party at the home of her parents, Mr. and Mrs. Licha Farah. Guests were Julie Caswell, Dana Banta, Katie Lawrence, Nicole Smoot and Nikki Sibert.

Mrs. Bruce Lawrence and Mrs. Palmer Speaks of Paris and Mrs. Harvey Swim of North Middletown spent Monday with Mr. and Mrs. Charles McCann.

Four generations

Clockwise from top center: Libby Nunn of Georgetown, Ohio; Ruth Tincher of Dorsey Avenue, Carlisle; Brandy Kelch and Pam Kelch of Winchester, Ohio. — Photo submitted

— Births announced —

BURKE

Mr. and Mrs. Robert E. Burke, Ft. Lauderdale, FL announce the birth of their second daughter, April 30, 1985 at Holy Cross Hospital, Ft. Lauderdale. She weighed eight pounds seven ounces and has been named Andrea Michelle.

Maternal grandparents are Mr. and Mrs. John A. Wallace of Carlisle.

DRURY

Mr. and Mrs. Richard A. Drury announce the birth of a son, Kevin Alexander, May 12, 1985 at Holy Cross Hospital, Silver Spring, MD. He weighed eight pounds four ounces.

Maternal grandparents are Mr. and Mrs. Charles Lynwood Roe, Silver Spring, MD.

Paternal grandparents are Mr. and Mrs. Robert Drury, Washington, D.C.

Maternal great-grandmother is Mrs. Nannie Roe, Carlisle.

McCALL

Mr. and Mrs. Frank McCall, 6438 Jacktown Road, announce the birth of a son, Adam Keith, Wednesday, May 8, 1985 at Harrison Memorial Hospital, Cynthiana. He weighed eight pounds.

Maternal grandparents are Mr. and Mrs. Brandon Peel.

Paternal grandparent is Nelson McCall.

Support group meets tonight

The Diabetes Support Group will meet Thursday, May 23, 7 p.m. in the Nicholas County Hospital conference room.

Ms. Sandy DeAngelis, psychologist, will speak on the emotions and effects of diabetes.

All diabetics and interested persons are welcome. For more information call Peggy Seithers, Patient Education director, 289-7181.

Singletary on KET

Otis Singletary, president of the University of Kentucky since 1969, is the guest of Art Jester on "Bywords," airing Tuesday, May 28 at 7:30 p.m.

CARLISLE GYMNASTICS CENTER
Old Armory
Summer Classes
(ages 4-16 years)
Registration
Friday, May 31
3 p.m. - 6 p.m.
Or Phone 234-2664 Or 234-5984
For More Information

You Are Invited To Attend A
Revival
At The Carlisle Church Of Christ
Old Paris Pike
May 24 - 26
At 7:30 Each Evening
Hear Brother Jack Hall Of Berea, Ky.

Step into Style & Space
HOME OF THE MONTH
28 x 52 Redman
Featuring:
Shingle Roof
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3 Bedrooms
For Under $22,000
Hours: Monday & Tuesday, 8 a.m. - 6 p.m.
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Your REDMAN Home Sales Center
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WHY NOT START YOUR VACATION WITH A TAN INSTEAD OF A SUNBURN.
We honor all advertised specials of other Wolff System tanning beds within the Carlisle area.
Open 7 days a week. Call for an appointment.
Owner: Trish McCarty
244 E. Main 289-5936

Writing their own story book

Students in Mrs. Simons' first grade class at Nicholas County Elementary School, as a part of their language arts class work, have written story books about things that interest them. The exercise is part of a new language arts series being piloted at the school. Front, l-r, David Plunkett, Melinda Jolly, Crystal Livingood. Brian Clark, Sarah Dixon. Back, Amanda Marcum, Nicolas Buckler, Sam Fulton, Brian Smoot and Roger Vice. — Staff photo

Health Tips from Lee Rose

Hypertension

The National High Blood Pressure Education Program Coordinating Committee — administered by the National Heart, Lung and Blood Institute — sponsored the latest report of the Joint National Committee on Detection, Evaluation and Treatment of High Blood Pressure.

The report, published in May 1966 in the Archives of Internal Medicine and in the Journal of the American Osteopathic Association, reflects current findings on high blood pressure and provides guidelines for physicians in treating their patients and for community groups in developing and administering their programs. High blood pressure is one of three major risk factors — along with elevated blood cholesterol and cigarette smoking — for the development of heart disease or stroke.

The 1984 Joint National Committee report updates the 1980 report and contains new and important information on the categories of high blood pressure, the nondrug therapies of high blood pressure in certain patients, and the treatment of high blood pressure. The 1984 revision was issued because recent new findings about high blood pressure and its treatment as well as new high blood pressure drugs placed on the market were important factors that required consideration.

The 1984 report defines the categories of high blood pressure and offers guidelines for treatment. A diastolic blood pressure of less than 85 mm Hg is considered normal, 85 to 89 mm Hg is high normal and bears watching. 90 to 104 mm Hg on repeated visits is mild high blood pressure, 105 to 114 mm Hg is moderate, and a reading of 115 or higher is severe. The high normal blood pressure category is a new concept, first published in the report. The committee also classifies two new categories based on systolic blood pressure: borderline isolated systolic hypertension (systolic pressure of 140 to 159 mm Hg when the diastolic pressure is less than 90) and isolated systolic hypertension (systolic pressure at or above 160 mm Hg when the diastolic pressure is less than 90).

The 1984 report also offers guidelines on nondrug treatment, stepped care therapy, and treatment in various population groups, including blacks, children and the elderly. The report continues to emphasize nondrug treatment for certain classes of patients. Some patients may be able to avoid drugs altogether if they respond to these forms of treatment.

The nondrug therapies recommended by the committee include modifications in diet for weight loss and moderate exercise (which may be beneficial even in persons who are not overweight). The report also recommends that patients cut down on sodium (sodium restriction may also enhance the effectiveness of drugs used to treat hypertension) and reduce alcohol consumption and saturated fats. Smoking cessation is recommended for all hypertensive patients.

Although these nondrug therapies may be effective for some patients with mild high blood pressure, not everyone will respond to them alone. The physician should allow a reasonable time for nondrug methods to work and then initiate drug treatment if blood pressure remains elevated.

The Joint National Committee continues to recommend the stepped-care approach to treating high blood pressure. In this approach, treatment begins with one drug in low dosage and progresses to higher dosage until high blood pressure is reduced. Other drugs are added in sequence as needed in increasing doses until pressure is controlled. By giving lower dosages of several drugs instead of the highest dosage of a single drug, the physician hopes to minimize intolerable side effects, while still providing effective treatment for high blood pressure.

PIANO RECITAL
By the pupils of
GINGER FIELDS
Thursday Evening, May 23, 1985
Carlisle United Methodist Church
Seven O'clock

'Best of Broadway' boasts top stars

"Great Performances" caps its month-long salute to the American Musical Theatre with more than 20 musical stars performing the show-stopping numbers they made famous on Broadway.

To be aired Monday, May 27 at 8 p.m. on KET, "Best of Broadway" boasts such stars as Mary Martin, Diahann Carroll, Nell Carter, Debbie Reynolds and the unforgettable Ethel Merman.

"When you're looking for a new home, make it a Wise Choice."
— Lewis Hankins as Mark Twain for Kentucky Utilities

Time was when all it took to make a house appealing were a fresh coat of whitewash on the fence and some flowers in the yard.

These days, when you're shopping for a house, it pays to look for one of these signs in the yard. It's the builder's way of telling you you're looking at a house that's designed for energy efficiency.

It's all electric, and it's got lots of insulation and weatherstripping, double-paned glass or storm windows, and many other energy-saving features. Most will have a heat pump, ceiling cable or baseboard heat.

The yellow Wise Choice Home sign is your symbol of comfort, economy and lasting value.

another WISE CHOICE HOME for COMFORT · ECONOMY · VALUE ...now and in the future

KENTUCKY UTILITIES COMPANY

Schools

Continued from page 1

As our community and state continue to struggle with economically uncertain times, it would seem to me to be very important that we educate all of our children, and that we educate them in such a way that they are able to assume job responsibilities which may be very different from those of their parents and grandparents.

We all need to emphasize the importance of a good education to the children of Nicholas County, encouraging them to stay in school.

We all need to be willing to talk to teachers and school administrators, to work with our school board, and to participate in organizations such as the PTA and developing Academic Boosters Club.

An excellent education for all our children is their, and our, best hope for a good future in Nicholas County.

Ed. Note: Dr. Scott was chairman of the local Prichard Committee for Academic Excellence.)

This week at school...

The school schedule from May 25-31 includes the following events:

May 27 — NCEA teacher/staff dinner, 6:30 p.m., NCES.

May 28 — Gifted Field Trip to Cincinnati; FFA Banquet, 6:30 p.m., NCHS.

May 29 — PTA cook/custodian day, NCES.

May 30 — Band Parents' meeting, 7 p.m., NCHS.

May 31 — Eighth grade tour of high school, 10 a.m.

★ ★ Re-Elect ★ ★
Rose Howard Brady
Property Valuation Administrator
EXPERIENCE COUNTS:
8 Years in office
Real Estate Appraisal Course
Legislative Vice-President of Ky. P.V.A. Association
"All of these work in the interest of the taxpayer"
Your Vote & Support on May 28 will be Appreciated
Pull Lever 2-A
Paid for by Candidate

Tropical Tan
May Special
10 Sessions $40
"Tan The Year Round"
Call Or Stop By
289-5850 336 East Main St.

On May 28 Consider Before You Vote That the County Clerk's Office is One of the Most Important in the County!

The following records are kept in this office. Your County Clerk is responsible for these records.

- *Deed & Deed Transfer Tax
- *Mortgages
- *Affidavits of Descent
- *Financing Statements
- *Assumed Names
- *Leases
- *Marriages Licenses
- *Hunting & Fishing Licenses
- *Lis Pendens
- *Plats
- *State & Federal Tax Liens
- *Fiscal Court Minutes
- *Fiscal Court Ordinances
- *Wills
- *Articles of Incorporation
- *Powers of Attorney
- *Releases
- *Marginal Releases
- *Beer & Liquor Licenses
- *Solicitors License
- *Old County Records
- *Contracts
- *Notary Bonds
- *Minister Bonds
- *Official Bonds
- Bail Bonds
- *Medical Bonds
- *Vehicle Registration
- *Occupational Licenses
- *Vehicle Usage Tax
- *Personal Property Tax on Vehicles
- *Tax Bills-Real Estate
- *Proof of Insurance on Vehicle Registration
- *Delinquent Tax Records
- *Voter Registration
- *All Election Duties

VARIOUS REPORTS:
- *Legal Process Report
- *Fish & Wildlife Report
- *Deed Transfer Tax Report
- *Delinquent Tax Report of Personal & Real Property
- *Occupational License Report
- *MOTAX Report on Vehicles
- *Weekly Reports on Vehicle registration

During the last three years the AVIS computer system has been added to this office for licensing of motor vehicles. With this came staggered registration, a new title law, collection of property tax on motor vehicles and recently proof of insurance before a vehicle could be licensed.

Your County Clerk is responsible for recording and keeping all of these records, and is accountable for the thousands of dollars which come thru the clerk's office each year.

The office is open Monday thru Friday from 8:00 A.M. to 4:30 P.M. and on Saturday from 8:00 A.M. to 12:00 Noon to be of service to you.

Therefore, on May 28, I ask that you pull LEVER 9A to vote for proven experience!

— — — — Vote For — — — —

Rose Scott

Nicholas County Clerk

"24 Years Experience in County Clerk's Office"

Democratic Primary May 28, 1985

PAID FOR BY CANDIDATE