SOCIETY

To place Society items, call Mrs. Ann Shearer at 289-2464

Mrs. Jeffrey Jefferson

Carlisle Methodist Church is scene of Mitchell-Jefferson wedding vows

Miss Melissa Mitchell, daughter of Mr. and Mrs. Larry Mitchell, and Jeffrey Jefferson, son of Mr. and Mrs. Ed Jefferson, were united in marriage Saturday, April 20, 1985 at the Carlisle United Methodist Church. Officiating was the Rev. Robert Gipson.

Mrs. Kay Wills was the organist.

The bride, escorted by her father and given in marriage by her parents, wore a gown of white sheer polyester knit with chantilly-type lace, lined in acetate taffeta. The modified Queen Ann neckline was accented with simulated pearls and sequins. The lace sleeves tapered to a point and back lace flounces extended to a chapel-length train. The chapel-length veil matched the gown. She carried a bouquet of white daisies and pink sweetheart roses, accented with baby's breath.

Ms. Suzanne Reed, matron of honor, wore a rose-colored gown of lustrous polyester taffeta, accented with a pink cummerbund. She carried a bouquet of white daisies and pink carnations.

Ms. Ruth Ann Dailey and Ms. Barbara Payne, bridesmaids, wore gowns identical to the maid of honor's. They also carried bouquets of white daisies and pink carnations.

Tracy Vice was best man. Jeff Reed and Tommy Crawford were ushers.

Ms. Karen McKee and Ms. Sharon Hedges, aunts of the bride, served at the reception.

Todd Hedges, cousin of the bride, presided at the guest book.

The couple are now residing at 100 Race Street, Carlisle.

Blue Lick Lodge will have sale

The Blue Lick Lodge #86 FAAM plan to hold a White Elephant Sale May 18 at the Nicholas County Fire Department lot at 10:30 a.m.

All individuals wishing to contribute items to the sale should call 289-7226 or 289-7255 for pickup.

American Legion to meet Monday

The American Legion Post 17 will hold its regular monthly meeting May 6, 7:30 p.m. in the Legion Hall.

There will be an election of officers for 1985-86 and all members are urged to attend.

Refreshments will be served immediately following the meeting.

Kay's Kitchen

By Kay Fisher

Are you having difficulty thinking of a snack for the children when they come home from school? For something different and not sweet, try Pizza. It is one of the most popular snack foods for children and adults. Make it on a long loaf of French bread and you have the crust made for you and serve it either in small or large pieces, by the inch or foot. You can make them and wrap and freeze. Cut off just the amount you need.

PIZZA ON FRENCH BREAD

1 (18-inch long) loaf French bread
1 lb. ground beef, cooked and drained
30-35 slices pepperoni
1 (6-oz.) can tomato paste
½ cup chopped onion
¼ cup chopped ripe olives
½ teaspoon oregano
½ teaspoon salt
1 (8-oz.) package sliced mozzarella cheese, halved diagonally

Cut bread in half lengthwise, for dinner pizza, remove part of the soft bread.

Combine remaining ingredients except cheese. Stir well and spread meat mixture evenly on bread halves. Place on ungreased cookie sheet. Bake at 400 degrees for 15 minutes. Remove from oven and place cheese over meat mixture. Return to oven and bake until cheese melts. Serve in desired portions.

BREAD STICKS

1 cup flour
1½ teaspoons baking powder
¾ teaspoon salt
¼ teaspoon rosemary
¼ teaspoon thyme
¼ cup margarine
½ cup milk

Combine dry ingredients; cut in margarine until mixture is crumbly. Add milk, mixing just until moistened. On lightly floured board knead until smooth. Roll out dough to 6x12 inches; cut into 6x½-inch strips. Place on ungreased cookie sheet. Bake at 450 degrees, 10-12 minutes, or until lightly brown.

Elementary PTA to meet Tuesday; Teacher Appreciation Week May 6-10

The Nicholas County Elementary School PTA will meet Tuesday, May 7, 7:15 p.m. in the elementary school cafeteria. The meeting will be opened by the high school chorus under the direction of Danny Baker. The business meeting will include the election and installation of officers, and a report from the Kentucky PTA State Convention. We will also be recognizing our teachers that evening.

After the business meeting the seventh and eighth grades will demonstrate their academic bowls.

The public is invited to attend and babysitting will be available.

The PTA will also be observing Teacher Appreciation Week May 6-10 for all teachers in the school system. A reception will be held Wednesday, May 8 at the elementary school.

The PTA asks that everyone in the community take time out this week to say thank you for a job well done.

Plans made for NCHS reunion

The Nicholas County High School Alumni Association executive board met Thursday to refine plans for the annual banquet May 25 at North Central 4-H Camp.

Entertainment will be provided by Carnico Cloverleafs. The cost of the meal is $7 per person and tickets may be purchased from Joe Jennings, Charles Watkins, Gerald Watkins, Betty Moss, Cindy Galbraith and Charlotte Hardin.

The dining room at the 4-H Camp will be open at 2 p.m. on May 25 for the use of any classes who wish to have reunions. Please contact Joe Jennings or Charlotte Hardin if your class wishes to make use of these facilities.

Reservations must be made for the banquet no later than May 22.

Mr. Polk-Miss Fryman

Engagement announced

Dr. and Mrs. Johnnie G. Fryman of Morehead announce the engagement of their daughter, Amy Gayleene to Richard John Polk Jr., son of Richard Polk of Cloverport and Mrs. Norma Polk of Louisville.

Miss Fryman is a graduate of University Breckinridge High School, Morehead State University and the University of Kentucky. She is a registered nurse, employed by Central Baptist Hospital.

Mr. Polk is a graduate of Thomas Jefferson High School in Louisville and the University of Kentucky. He is an architect, employed by E-O Associates of Lexington.

The wedding will be an event of July 6, 2:30 p.m. at the Morehead United Methodist Church. The custom of open church will be observed.

Miss Fryman is the granddaughter of Mr. and Mrs. C.E. Fryman of 2013 Harterville Road and Everett Watkins of 1115 Cane Run Road.

Gretchen Judge rated superior at music festival

Gretchen Judge, daughter of Mr. and Mrs. Charles Judge, won a Superior rating at the Piano Division of The Music Festival sponsored by the Kentucky and National Music Teachers Association held at Morehead State University on Friday, April 26.

The student is required to play two difficult compositions from memory. The qualifying piece must be a Bach or Handel Invention or Prelude. The second piece comes from a required list of equal difficulty. Gretchen played Kabelevsky Sonatina, opus 27.

She is a student of Ms. Billie Heathcote Cynthiana.

Personals

Col. and Mrs. Gerald Griffith of Ewing were luncheon guests of Mrs. Hicel Asbury on Sunday and attended church at the United Methodist Church. Mrs. Stephen Curtsinger and Sarah were also luncheon guests of Mrs. Asbury on Sunday.

Mrs. Raymond Hall, Carlisle, Mr. and Mrs. Don J. Dampier, Frankfort and Mrs. Jerree Hughes, Barbourville were in Williamsburg Sunday to attend a concert at Cumberland College. The Dampier's son, David was a tenor in the choir.

Mrs. Cindy King is recuperating at home after submitting to neck surgery last Thursday at Central Baptist Hospital, Lexington. Mrs. King is the daughter of Mr. and Mrs. Carl D. Evans.

Mrs. Warren Fisher spent last week with her son, Toby Elder, Mrs. Elder, Katy and Brian in Edgewood.

Mrs. Stephen Curtsinger and daughter Sarah Ashley of Lake Carnico and Mrs. Phil Carr and daughter Amy Katherine of Augusta were in Lexington Saturday to visit their sister, Mrs. Ray Dawson and family.

Mrs. A.B. Crouch returned home last Thursday from a six-weeks visit with her daughter, Miss Sidney Davis Crouch of St. Louis, MO. While there she submitted to a cataract implant in her right eye. She was accompanied home by Miss Crouch and Miss Martha Scholz for a short visit.

Mrs. John Hamilton Sr. and Mrs. Harold Letton, Carlisle and Mrs. Alex Miller of Millersburg spent last Wednesday in Cincinnati, OH.

Mr. and Mrs. John Spencer, formerly of Sycamore Hill, are now residing at 1285 Vine Street, Paris.

Mr. and Mrs. Ancel D. Henson Sr. have returned from a week's visit with Mr. Henson's son, Ancel D. Henson Jr., Mrs. Henson and family of Houston, TX. While there they visited the Lyndon Johnson Space Center and the Jacinta Monument. Returning home they visited in Missouri, Illinois, Indiana and Kentucky Dam.

Charles Hopkins of Bourbon County and W.R. Buntin Jr. of Frankfort have returned from a week's fishing trip at Weiss Lake in Georgia.

Mr. and Mrs. Donald Storey, Carlisle, and Mrs. Charles Hopkins of Bourbon County spent last Friday with Mr. and Mrs. Deward Noel of Georgetown.

Mr. and Mrs. Joe F. Conley and Mr. and Mrs. Jack Conley have returned from a week's visit and business trip in Savannah, GA. While there they visited Jekyl Island and St. Simons Island.

Mr. and Mrs. Tom Wallace of Edgartown, MA have returned home after a visit with Mrs. Wallace's parents, Mr. and Mrs. Nathan Young.

A patriotic duo

One of three acts selected to represent Nicholas County on the 4-H TV Showcase Saturday on Channel 18 consisted of sisters Johnya, left, and Robin Griffith who performed a medley of patriotic songs. Others who will appear on the 4:30 p.m. show are Helen Winkle, doing a jazz routine and cloggers Tina Green and Amy Ecton. — Staff photo

Three acts chosen for 4-H Showcase

The 1985 4-H Talent Show was held April 19 and 20 at the Nicholas County Elementary School with 18 specialty acts and one club act participating.

Break dancers, vocal soloists, jazz dancers and cloggers performed along with quartets of singers and dancers.

On Friday night the judges chose eight acts to return as Saturday finalists. From these finalists three acts were chosen to appear on the 4-H TV Showcase. They were: Helen Winkle, doing a jazz routine; Johnya and Robin Griffith, who played a piano duet, and Tina Green and Amy Ecton, who performed a clogging duet.

The 4-H TV Showcase will be on WLEX-TV Channel 18 Saturday, May 4 at 4:30 p.m.

Mrs. Jerelyn Clark's fourth grade homeroom will represent the county in club act competition at Lexington's Summerfest on Saturday, May 18.

All contestants who performed received blue ribbons each night of the Talent Show and were complimented by the judges for the fine job they did, said Kelly Dellinger, county extension agent for 4-H.

Mr. Curtis is feted for 71st birthday

Claude Curtis celebrated his 71st birthday with a dinner at home on West Second Street.

Those attending were Cecil Curtis, Cynthiana; Mr. and Mrs. Buddy Curtis and Mrs. Nellie Graves of Fleming County; Ms. Christine Dwelly, Mrs. Margie Mitchell and Terry, Mr. and Mrs. Stanley Hamm and Mr. and Mrs. Clyde Ham of Carlisle and Nicholas County.

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CARLISLE IGA's $200 Anniversary Winner

Lester Snapp, West Main St., Carlisle, received a $200 check Saturday, April 20 in IGA's Anniversary Payroll Promotion which has been conducted at Carlisle IGA. Come in and sign up today for YOUR WEEKLY $100 PAYROLL CHECK! A new winner will be drawn Sat. Night, May 6.

Lester Snapp

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'Ghoulish' characters rehearse

The Nicholas County Drama Club will present its annual spring play on May 2 at 8 p.m. in the high school gym. The Ghoul Friend, a three-act comedy, features a cast of 21, under the direction of Mrs. Debbie Vice. Pictured are, front row, l-r, Jimetta Carter, Dawn Letcher, Alison Knapke, Kevin Wells, Brian Watkins. Middle row, Vince Wells, Neal Metcalfe, Jill Irvin, Melissa Ritchie, Cami Clark, Shelly Hamilton. Back, Darren Robinson, Carla Hall, Henry White, Viola Cleaver, Derek Zachary, Gina Sibert, Kevin Ritchie and Johnny Sibert. Not shown: Mark Conley and Dreama Griffith. — Staff photo

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Health Tips from Lee Rose

Colic

When a new baby is born many parents have to deal with the problems of colic. Colic is defined as periods of hard crying, lasting from one-half hour to several hours, usually the baby has a firm tummy and passes lots of gas.

There have been many theories proposed about why colic occurs but none are proven. A possible reason is that the digestive system is not completely matured so the baby does not digest milk well. Some other reasons for colic may be parental anxiety, or milk allergy. Regardless of the reason colic usually happens in the busiest time of day.

If your baby is very fussy it is a good idea to have the baby checked by your doctor to make sure the crying is not caused by illness or injury. Don't be surprised if the howling terror you describe over the phone is a gurgling cherub when you get to the doctor's office.

Some things parents can do for a colicky baby is keep the environment quiet, turn off televisions and radios when it is close to the time the baby usually becomes fussy. Watch the times the baby becomes fussy. It will usually be about the same time every day.

Be sure your baby is not being overfed or underfed. Either situation will make colic worse. If you are bottle feeding be sure the milk is not coming out of the nipple too fast. Formula should drip slowly from the nipple. Burp the baby after every few ounces and after the feeding is over to get up all the air bubbles.

Caring for a colicky baby can make parents very tired and strained, so allow someone you trust to care for the baby during colicky times on a regular basis.

Some kinds of reassurance on which to end: You are not alone, many parents go through the same thing. Time is often the healer of colic; most babies outgrow colic by three months of age.

For more information call Lee Rose at The Virginia Conway Health Department, phone number 289-2188.

News: Toilet training.

Wilderness Road reunion luncheon

The Wilderness Road Girl Scout Council will hold a reunion luncheon for former and current Girl Scout members on Monday, May 13 at 11:45 a.m. at the Hyatt Regency Hotel in Lexington. The luncheon is a benefit for the new Wilderness Road Girl Scout Service Center.

The luncheon will feature a special Girl Scout menu, including Walkaround Salad, Chicken Kabobs and S'mores. The entertainment will include Girl Scout songs, informal modeling of historical uniforms and a slide show.

One of the highlights of the luncheon will be the awarding of prizes for the oldest Girl Scout handbook, the most unique patch jacket, the family with the most Girl Scout members present and other special categories.

The cost of the luncheon is $10 per person. Reservation deadline is May 8 and may be charged to VISA or MasterCharge for an additional $1 fee.

Information: Phone 252-8566.

$50 savings bond to top speller

Miss Gretchen Judge, an eighth grade student at Nicholas County Elementary School, placed 22nd out of 48 participants at the Courier-Journal Spelling Bee held Friday, April 19 at the Louisville Inn. She received a $50 Savings Bond and a plaque for being the county winner.

Portions of the spelling bee are scheduled to be televised Friday, May 3 at 3:30 p.m. over KET.

Gretchen was accompanied to Louisville by her parents, Mr. and Mrs. Charles Judge, and brother Aaron.

Chamber members attend seminar

A group of business persons attended a Retail Sales Seminar held April 17 at the Carlisle Depot. It was sponsored by the Chamber of Commerce.

Those attending were: Mark Mattox, Bill Powers, Mark Wade, John Hamilton, Pat McKee, Lin Brewer, Doug Garrett, Libby Garrett, Burnam Feeback, Barbara Payne, John Burke, David Zachary, Louise Zachary, Derrick Zachary, and Janie Duncan.

If enough business persons are interested, the Chamber is considering having a repeat seminar. Interested persons should contact Mark Mattox, Chamber president.

Shrine Hospital Day May 19 in Lexington

International Shrine Hospital Day will be observed on Sunday, May 19, from 1:30-4:30 p.m. at the Shriners Crippled Children's Hospital, 1900 Richmond Road, Lexington.

Basketball boosters to plan banquet

The Basketball Booster Club will meet Thursday, May 2, 7:30 p.m. at the courthouse to finalize plans for the All-Sports Banquet.

All booster members and interested persons are urged to attend.

The club needs ideas for money-making projects during the summer. It also supports the NCHS baseball team.

Annual craft fair in Berea May 17-19

May 17-19 are the dates for the 18th Annual Kentucky Guild of Artists and Craftsmen's Spring Fair to be held at Indian Fort Theater, three miles east of Berea (off I-75).

Hours are 10 a.m.-6 p.m. Friday through Sunday. Admission is $2.50 for adults, $1 for children (6-12). Children under six are free.

The fair offers both fine arts and fine crafts, both contemporary and traditional. Visitors will find paintings, prints, photographs, stoneware and porcelain pottery, woven toys, bowls, and furniture, hand-dipped candles, jewelry, quilts, handwoven clothing, baskets, stained glass, leatherwork and other art forms.

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Eye Openers
By Dr. Robert F. Pretzsch, Optometrist
A Thorough Eye Examination — Part I

Q. What is an optometrist doing when he checks VISUAL ACUITY?
A. An optometrist is measuring how clearly you see from distance and from near. For distance vision, the standard testing distance is 20 feet; for near-seeing clarity, a standard distance of 14 to 16 inches is used because most reading and close tasks are encountered at this distance. If a patient's occupation or hobby involves an intermediate or unusual distance, special tests can be given at that range.
Q. Why does the optometrist ask so many "which is clearer" questions when he/she has just examined my eyes with instruments?
A. The SUBJECTIVE part of your eye examination is important because it confirms or disputes the objective evaluation of how your brain interprets what you see. It may indicate the need for further testing.

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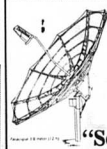

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