Library Jones and friend

When Library Jones (Lisa Buckler) paid a visit to the Nicholas County library during Story Hour, Allison Grant, left, daughter of Rev. and Mrs. Rick Grant, just happened to be in the library with her great-aunt, Fleet Allison. Around 20 young people have been entertained with films and crafts during Story Hour this summer. — Photo by Mary Ann Sharon

SOCIETY

To place Society items, call Mrs. Ann Sharon at 289-2464

Wedding attended in Norwell, Mass.

Mr. and Mrs. W.J. Clark, Carlisle and Dr. and Mrs. Harold Burton of Lexington attended the Wedding of Mrs. Harriet Clark Loring to Charles "Chuck" Frary on Saturday, July 13, at the Church Hill Methodist Church in Norwell, Mass.

Following the ceremony, a reception was held at her home for family and friends.

They will reside at 68 Parker Street in Norwell.

CHS alumni banquet set

The Carlisle High School Alumni Association banquet will be held Saturday, August 17, 6:30 p.m. at the Nicholas County Elementary School cafeteria.

James Burnaw of New Providence, NJ will be the guest speaker and cost for alumni will be $8, ages 6-12. Reservations may be made by calling Mrs. A.V. Allisdel, 289-6127.

Mathias-Sullivan wedding held

Miss Nancy Browning Mathias, daughter of Mr. and Mrs. Frank Mathias, Dayton, OH and Patrick Francis Sullivan, son of Mr. and Mrs. Kenneth Sullivan, Beavercreek, OH were married June 15 at St. Luke Catholic Church, Beavercreek with Father Marc Sherlock officiating.

Susan Mathias was the maid of honor. Dennis and Michael Sullivan were the best men.

Mary Talbott, Jamie Stewart, Jodie Wooliver, Maureen Sullivan, Kathleen Sullivan, Molly Sullivan, Thomas McHugh, Thomas Lundberg, Daniel McCaughtery and Frank Mathias Jr. were the ushers and tendants.

After a wedding trip west, the couple are residing in Austin, TX.

The bride is a 1980 graduate of Carroll High School and a 1984 graduate of University of Dayton.

The groom is a 1980 graduate of Carroll High School and a 1984 graduate of Miami University. He is presently attending law school at the University of Texas in Austin.

Births

McCARTY

Mr. and Mrs. Steve McCarty of Carlisle announce the birth of their second child, a son, Wednesday, July 10, 1985 at Harrison Memorial Hospital. He weighed nine pounds 10 ounces and has been named Christopher Thomas.

Maternal grandparents are Mr. and Mrs. Raymond Shrout of Nicholas County.

Paternal grandparents are Mr. and Mrs. Thomas McCarty of Nicholas County.

HUNT

Mr. and Mrs. Michael Ray Hunt of Moorefield announce the birth of a son, July 10, 1985 at Nicholas County Hospital. He weighed nine pounds 10 ounces and has been named Michael Ray Jr.

Maternal grandparents are Mr. and Mrs. John Hatton of Bethel.

Paternal grandparents are Mr. and Mrs. Ray Hunt of Carlisle

HILL

Mr. and Mrs. James Steven Hill of Lexington announce the birth of a daughter, July 12, 1985 at Nicholas County Hospital. She weighed six pounds seven ounces and has been named Rebecca Louise.

Maternal grandparents are Mr. and Mrs. Bobby Tuttle of Mt. Sterling.

Paternal grandparents are Mr. and Mrs. James Hill of Warner Robbins, GA.

HAYES

Mr. and Mrs. Robert Allen Hayes of Carlisle announce the birth of a daughter, July 15, 1985 at Nicholas County Hospital. She weighed six pounds 13 ounces and has been named Amanda June.

Maternal grandparents are Mr. and Mrs. Tom Middleton of Olive Hill.

Paternal grandparent is Carline Hayes of Vanceburg.

Family reunion held in Indiana

Twenty-three members of the family of Mrs. Fern Ockerman held a reunion at the home of Mr. and Mrs. Timothy Whaley and Mrs. Ockerman near Coatesville, IN, July 14.

Those present were James Ockerman, North Hollywood, CA; Mark Tharp, San Francisco, CA; Mr. and Mrs. Paul Ockerman, Southbury, CT; Lauraine Heuhnerd and daughter Miriam, Richmond, VA; Mary Fern Rush and daughter Amanda, Lexington; Mr. and Mrs. Kurt King, Georgetown; Mr. and Mrs. Dan Whaley and son Greg, Rushville, IN; Mr. and Mrs. Mike Whaley and daughters Allison and Courtney and Mr. and Mrs. Garrell Murrell and son Jesse, Stilesville, IN.

Kay's Kitchen

By Kay Fisher

It is definitely squash time! One of the pleasures of summer is the variety of fresh vegetables and one of the most abundant and versatile is squash. It comes in a variety of shapes, colors and sizes.

Summer squash grows quickly and must be picked before ripened, if not the rind and seeds become hard and flesh fibrous. Winter squash must be eaten when ripe. Some of the summer squash are Crookneck, which has a bumpy, bright yellow skin and is large and club-like and has creamy yellow flesh; Chayote, which is a tropical squash, resembling a huge pear and has a distinct honeydew flavor; pattypan or scallop can be white, yellow or striped, is rather flat and disc shaped with scalloped or fluted edges, and zucchini, a small squash, cylindrical in shape.

There are many ways to prepare summer squash, and one of the easiest is to bake the squash whole in its skin. Because squash has a delicate flavor, it is frequently used with a cheese, tomato or meat stuffing.

YELLOW SQUASH AND ONION OMELET

1 pound small unpeeled yellow squash
¼ cup vegetable oil
2 medium onions, finely chopped
1 red bell pepper, cored, seeded and chopped
6 eggs, room temperature
1 teaspoon sugar
1 teaspoon turmeric
Salt
Freshly ground pepper

Wash and dry squash. Cut off ends and slice thinly. Cook the squash in inches of water for 2-3 minutes or until tender. Drain and set aside.

Heat oil in an 8-10 inch skillet. Add the squash, onions and pepper and saute until lightly browned.

Combine eggs, sugar, turmeric, salt, pepper and milk in a bowl and beat well. Pour the egg mixture into the skillet and cover. Cook over medium-high heat until the omelet is set on the bottom, about 3 minutes.

Lift omelet to allow any uncooked portion to flow underneath. When done fold omelet over in half. Remove to warm serving plate.

ZUCCHINI FRY

1 lb. zucchini, cut into ¼ inch slices
Salt and pepper
2 eggs, well-beaten
About 1 cup cornmeal
Hot vegetable oil

Sprinkle zucchini with salt and pepper. Dip into egg and dredge in cornmeal. Fry zucchini in hot oil over medium heat until golden brown, turning once. Serve hot.

SUMMER CASSEROLE

4 medium yellow squash or zucchini
½ cup chopped onion
½ cup margarine, melted
2 hard-cooked eggs, chopped
½ cup cubed Cheddar cheese
1 cup crushed corn chips or potato chips

Cook squash in small amount of boiling salted water until tender; drain. Saute onion in margarine; add squash, stirring to mix. Spoon mixture into a lightly greased 1-quart baking dish. Top with eggs, cheese and chips. Bake at 350 degrees for about 15 minutes or until cheese melts. Serves four.

Lt. Saunders ends global exercise

First Lt. Bonnie L. Saunders, daughter of retired Air Force Master Sgt. Charles A. Gates of 319 Sycamore Street, Carlisle, has participated in Global Shield 85, an exercise involving U.S. Air Force, Air Force Reserve, Air National Guard, Navy and Marine Corps units, and elements of the Canadian forces.

The exercise, coordinated by the Air Force Strategic Air Command (SAC), was designed to enhance readiness and the ability of SAC to carry out orders should deterrence fail.

Lt. Saunders is deputy chief of the Public Affairs Division with the 321st Strategic Missile Wing at Grand Forks Air Force Base, ND.

Her husband, Charles, is the son of Ernest H. Saunders of Route 3, Richmond, and Hilda B. Dunn of 1761 Yorktown Road, Lexington.

Lt. Saunders is a 1981 graduate of the University of Kentucky, Lexington.

Personals —

Mr. and Mrs. Bobby Judge and John, Manhattan, Kansas visited his mother, Mrs. James Judge of Moorefield last week. A family cookout was held Friday evening. Others attending were Mr. and Mrs. Jim Judge of Frankfort, Mr. and Mrs. Michael Judge, Caleb and Joshua of Richmond, Mr. and Mrs. Charles Judge, Gretchen and Aaron of Carlisle, Mrs. Libby Moss, Lisa and Jonathan and James Paul Judge of Moorefield.

Mrs. Ida Mae Buntin, Mr. and Mrs. Frank Stone, Mr. and Mrs. Kash Stone, Mr. and Mrs. Allen Stone, Mrs. Ruby Ritchie, James Boyce, Mrs. Marion Bellamy of Ewing and Mrs. Frances Frederick of Paris were guests of Mr. and Mrs. Harold Buntin on Monday.

Mr. and Mrs. Doug Reed and Sharon of Orlando, FL have returned home after a 10-day visit with Mr. and Mrs. Clifton House and Ann Terrell. They were dinner guests Saturday night of Mr. and Mrs. Billy House and children Brad and Leah.

Rudy Hollar of Fleming County and niece, Silas Bridgett Hunt of Cynthiana spent last week in Las Vegas,NV.

Mr. and Mrs. Nathan Young have returned from a week's vacation at Sanibell Island, FL.

Mr. and Mrs. Chris Rose of Monterey, CA have returned home after spending two weeks with their parents, Mr. and Mrs. Charles Rose, Carlisle and Mr. and Mrs. Jim Prince, Paris.

Mrs. Jewell Vice is recuperating at home after submitting to cataract implant surgery July 18 at the Good Samaritan Hospital, Lexington.

Mrs. Dale Robbins, Layton, Utah and daughters Mrs. Dean Johnson of Hurricane, Utah and Miss Pamela Price of Ogden, Utah are visiting Mrs. Robbins' mother, Harold Hamm and Mrs Hamm.

Mr. and Mrs. Robert Poline were among the guests at a dinner party given by Mrs. Rena Niles at her Boot Hill Farm on the Athens-Boonesborough Road Friday evening, July 19.

Mrs. Carroll Hall, Versailles and Mrs. Robert Garvin of Aiken, SC were luncheon guests of Mrs. Gerald Griffith of Ewing on Thursday.

Mr. and Mrs. Rick Mattox of Inez spent Friday night and Saturday with his mother, Mrs. Carolyn Mattox.

Mrs. Debbie France and daughter Tonya returned last Wednesday from a week's vacation in Little Rock, AK and Lafayette, LA where Mr. France is now working for Apex Corporation of Paris.

Those attending a community cookout Tuesday evening at the home of Mr. and Mrs. Jeff Vice and Molly on Catherine Street were Mr. and Mrs. Allen Campbell and Mandy, Mr. and Mrs. Charles Rose, Mr. and Mrs. Gary Stone and son, Chris Taylor and Mike, Mr. and Mrs. Buddy Buckler and Mrs. Ann Shearer.

Reunion held at home of Mr. and Mrs. Howard

The Howard reunion was held at the home of Mr. and Mrs. James T. Howard on Stoney Creek July 7.

Those in attendance were Mr. and Mrs. Henry Banks, Tina and Chris, Mr. and Mrs. Tommy Leet, Amber and Ashley of Stone Grove, Avery Johnson, Avery Johnson Jr., Sarah Hatton, Patty Sexton, Tonya Sexton, Brent and Kevin Hatton of Sharpsburg, Roger, Shirley and Julie Mattox, Mona Clark of Richmond; Bradford and Rose Mary Jackson, Judy, Angela and Dewayne Williams, Jennifer, Danny and Donnie Roberts, Rose Adams and Stephanie, Mr. and Mrs. Jimmy Howard, Jeff, Rhonda, Amber and Curtis of Cynthiana.

Rozella Riggs, Bill Price of Paris; Mr. and Mrs. Clarence Roberts and Allen, Paula and Terry Roberts, Pauline Conway, Sarah Jane and Iva Riggs and Corky, Scott and Fern, Brenda and Mayla Paul, Russell, Darlene, Tabitha and Christopher Sebastien, Dan, Barbara, Michelle and Jimmy Lannigier, Mr. and Mrs. Johnny D. Howard, Shelley and Jamie, Kimberly, Mr. and Mrs. Jesse Bailey of Lexington; Mr. and Mrs. Beatty Mitchell, Julie, Angie and Jason of Ewing; Ronald, Rita and Bonnie Jr., Helen, Debbie and Elizabeth McCarty of Columbus, GA; Nancy and Earl Manley of Salt Lick; Wanda Ray and Rexie of Dayton, OH;

Mr. and Mrs. Hurschel Howard, Mr. and Mrs. Allen Howard, Mr. and Mrs. James G. Howard, Tracy and Kelly, Mr. and Mrs. Gary Howard, Pamela, Mark and Jeremy, Mr. and Mrs. Robert A. Brady, Jo Evelyn, Tom and Billy, Mr. and Mrs. Rick Howard, Kim and Mary Beth, Mr. and Mrs. Danny C. Howard and Keith, Mr. and Mrs. Jeff Howard and Heather, Mr. and Mrs. W.C. Jefferson, Karen Tubbs and Jeremy and Becky, Anna Smoot, Ollie Howard, Johnny Howard, Helen Howard, Mr. and Mrs. James H. Howard, Mr. and Mrs. Jackie Howard and Chris, Mrs. Myrtle Howard, Mr. and Mrs. Cecil F. Howard, Mr. and Mrs. Jeff Snapp and Danielle, Jo Ellen Howard, Dennis Jackson, Mr. and Mrs. Jim Corbin, Mike, Brian and Donnie, Mrs. Martha, Lisa, Billy Joe, Stevens and daughter Sonya, all of Middletown, IN; Mr. and Mrs. Philip Cartwright, Highland, IN; Mrs. Albert H. Harmon, Lexington; Mr. and Mrs. Al Harmon, Lebanon, OH.

Stancil resigns as Baptist minister

Rev. David Stancil will preach his last sermon as minister of the First Baptist Church of Carlisle on Sunday morning, August 11.

Rev. Stancil announced his resignation July 14, after serving the local congregation for the past five years.

He and his family will be moving to Louisville where he will attend Southern Baptist Seminary to further his education.

Rev. Stancil succeeded Rev. Bob Edwards.

Curtis reunion held July 21

The family of the late G.O. and Janie Curtis held their reunion at the Blue Licks State Park Sunday, July 21.

Those present were Christine Dwelly, Marjorie Mitchell, Claude and Catherine Curtis, Clyde and Nancy Ham, Carlisle; Cecil Curtis, Cynthiana; Nellie C. Graves, Bud, Loretta and Angie Curtis, Stanley and Louisa Ham, Robbie Graves, Bill and Deanie Hunter, Bobby and Mary Etta Graves, Ewing;

Chris and Kevin Emmons, Flemingsburg; Frank Ham, Lexington; Bill, Mary, Amy, Nathan and Phillip Graves, Bellbrook, OH; Jerry, Norma and Jeff Ginnon, Brooksville.

Guests were Tara Waggoner, Maysville; Lee and Carol Shaczer, Cincinnati, OH.

Hospital notes

July 12 through July 18, 1985

ADMISSIONS: Sherry Pryor, Martha Broderick, Gayle Tincher, Eliza Lyons, Marvin Jones, Mary Frances Sargent, Trina Hayes and baby girl, Mildred Duncan, Alsace Lorranie Dent, Amber Smith, Carrie Bowles, Nannie C. Linville, Donald Conley, Tommie Bowles, Catherine Smart, Billy Howard, Virginia Asbury, Carlisle; Emma Hill and baby girl, Lexington; Charles Isaacs, Bethel; William Richards, New Jersey; Donnie Humphries Jr., Sharpsburg; Abigail Hunt and baby boy, Jeffersonville, Edna Carol Workman, Germantown; Mary Luman, Augusta.

DISCHARGES: Pam Corder, Mrs. Robert Garvin of Aiken, SC were luncheon guests of Mrs. Gerald Griffith of Ewing on Thursday.

Mr. and Mrs. Rick Mattox of Inez spent Friday night and Saturday with his mother, Mrs. Carolyn Mattox.

Mrs. Debbie France and daughter Tonya returned last Wednesday from a week's vacation in Little Rock, AK and Lafayette, LA where Mr. France is now working for Apex Corporation of Paris.

Those attending a community cookout Tuesday evening at the home of Mr. and Mrs. Jeff Vice and Molly on Catherine Street were Mr. and Mrs. Allen Campbell and Mandy, Mr. and Mrs. Charles Rose, Mr. and Mrs. Gary Stone and son, Chris Taylor and Mike, Mr. and Mrs. Buddy Buckler and Mrs. Ann Shearer.

Attend Cox funeral

Out-of-town relatives attending the funeral of Charles Cox Friday, July 19, were Mrs. Penney Hodson, Anderson, IN; Mrs. Margo Whiting, Indianapolis, IN; Mr. and Mrs. William T. Davis, Mr. and Mrs. James E. Kimball, Mr. and Mrs. Marshall Kimball, David Hess and son Matthew Hess, William C. Hess and daughter Loretta Hess, Mr. and Mrs. Robert Hess, Mrs. Ronald Stevens and daughter Sonya, all of Middletown, IN; Mr. and Mrs. Philip Cartwright, Highland, IN; Mrs. Albert H. Harmon, Lexington; Mr. and Mrs. Al Harmon, Lebanon, OH.

'Fire water' discovery

Mrs. Harold Hamm is displaying three old bottles which were recently found under her home at 335 North Broadway. Mrs. Hamm is having her bathroom remodeled, and Bill Campbell, a local plumber, was digging beneath the house when he unearthed the bottles. When Mrs. Hamm blew on the bottle on the left to remove dust and to better read the label, label and dust both blew off. However, she did make out a big "O" on the crumpled label. Its contents had turned black. The one in the middle is an Old Poindexter Whiskey bottle, still full of the "fire water." The date was undecipherable, but Mrs. Hamm could read: "Sold only by John Johnson, Leland Bar." The large bottle on the right could have been for household use. It has the remains of a wire around the rim. — Photo by Mary Ann Sharon

Fairbear, Fairabear at Natural Bridge

Fairbear and Fairabear, the Kentucky State Fair mascots, will visit Natural Bridge State Resort Park Aug. 5-6.

Children and adults alike will get a chance to meet the costumed couple whose "home" is the Fairbear Forest at the Kentucky State Fair in Louisville.

The public will see the silent antics of Fairbear and Fairabear as their escorts explain the "Read and Ride" program. The program, which is in its first years, is a cooperative effort of the Department of Libraries and Archives, Kentucky Educational Valley Shows and the Kentucky Tourism Cabinet.

Through the "Read and Ride" program, children can earn one Midway ticket for every two books they read this summer. Librarians will issue each child a coupon redeemable at the Midway office of the State Fair.

Students interested in enrolling in the "Read and Ride" program may call their local libraries.

Miss Osborne-Mr. Walker

Couple set wedding date

Mr. and Mrs. Kenneth (Pete) Osborne of North Middletown announce the engagement and forthcoming marriage of their daughter, Nancy Sue, to Kevin Allen Walker of Mt. Sterling, son of Mrs. Mersal Walker, Mt. Sterling and Jimmy Walker, Carlisle.

The wedding will be an event of July 27, 2 p.m. at the home of Mr. and Mrs. Mark Hughes, Carlisle.

All friends and relatives are invited to attend.

Albins in concert at Blue Licks Park

Dick and Anne Albin will perform in a free concert at Blue Licks State Park Sunday, July 28 at 4:30 p.m.

This is the 10th anniversary tour for the Albins in state parks. They bring a unique blend of folk and original music to their shows. You will hear old ballads that have been passed down from one generation to another, banjo hoedown tunes, stories and tales from the mountains, supersititions and lyric and humorous songs the Albins have written about the places they've been and experiences they have had.

Their music has taken them all over the country. They have helped represent Kentucky at two National Folk Festivals, and have toured the last two winters in Europe and Asia doing concerts at remote military bases. They have recorded three record albums and two cassette albums.

Jo Brady receives awards at MMI

Jo Brady attained the rank of Master Sergeant and became the assistant S-1 during her sophomore year at MMI. She was elected president of her class and was on the honor roll. As a member of the Rifle Team she achieved expert marksmanship. She earned the following ribbons: LDH service, 100 percent, appearance, rifle team, student council, parade and leadership camp ribbon.

On Awards Night Jo received the Outstanding English sophomore award and the Military Excellence medal. At the sports banquet she was presented a trophy and arm bar for the rifle team and a varsity letter for cheerleading. She was chosen the outstanding sophomore and represented MMI at the Hugh O'Brian Youth Foundation at Transylvania University.

Jo Evelyn is the daughter of Mr. and Mrs. Robert A. Brady and the granddaughter of Elizabeth Brady and Mr. and Mrs. James T. Howard.

Ice cream supper

The Moorefield United Methodist Church will have an ice cream supper Sunday, July 28 at 6 p.m. honoring their minister, the Rev. Harold Caserta Jr., Mrs. Caserta Wayne Jr., Roxanne Reed, all of Carlisle.

The members of the Moorefield Christian Church are invited also.

PoFF Club

The PoFF Club of the First Baptist Church will have a potluck picnic Tuesday, July 30, 6:30 p.m. at Blue Licks State Park.

Health Tips

from

Lee Rose

Sleep patterns

Sleeping patterns of small children and infants may cause parents concern. One of the biggest problems is the parents expectations of their children's sleep habits.

Parents should expect their sleep to be, interrupted with newborns, maybe even several times during the night. During this time Dad and Mom need to try to get more rest and sleep when the baby is sleeping.

Some babies have difficulty getting to sleep and a ritual will need to be developed to help the infant get to sleep such as rocking, using a pacifier, a warm comforting bath, staying with the child until sleep comes, or giving a bottle right before bedtime.

DO NOT PUT the baby in bed with a bottle due to the possibility of developing ear infections or tooth decay. Usually by three months of age a baby will sleep through the night, and does not need to be fed during the night.

At about nine months a baby may again begin awakening at night; this is thought to be due to the development of separation anxiety. Separation anxiety is when the baby realizes that mother is separate from himself or herself, and this causes the baby to be anxious.

Parents need to be patient through this time and comfort the baby. Again, Dad and Mom need to get extra rest during this time. If Mom returns to work at this time the baby may awaken for several months.

Teething and illness such as ear infections may cause a baby to be fretful and not sleep well.

NIGHT TERRORS may disturb a child's sleep and usually occur in preschoolers. Night terrors do not fully awaken the child so the child does not remember the bad dream in the morning. The child may call out or not know his or her parents. Comfort the child and allow the child to fall back to sleep. Night terrors will go away if parents do not make a big fuss about them.

Nightmares are frightening dreams that awaken the child. Nightmares usually occur before three years of age and during periods of stress. The child will need to be comforted when he or she will return to sleep.

If children have trouble going to sleep or awaken during the night parents should look at how the child is put to bed and try to provide a quiet, peaceful environment at bedtime. Do not nag or punish a child who cannot go to sleep or who awakens at night. When parents are having their own sleep interrupted, extra rest is needed to get through this time. We, as guidance from Dad and Mom "children will develop a sleep pattern that works for them.

For more information contact Lee Rose, R.N., at the Nicholas County Health Center, 289-2388. This column was written by Judy Kahre-Hastings, R.N., coordinator of Medical Programs, WEKU Health District.

Free stool blood testing cards at Meadowview

Meadowview Regional Hospital in Maysville is offering free screenings for area residents who are concerned with colorectal cancer. Meadowview is offering free stool blood testing cards July 22 through August 9.

The cards will be distributed by hospital laboratory personnel from 10 a.m. to 6 p.m. Monday through Friday in the hospital laboratory.

"There has been a sudden increase in people's concerns about colorectal cancer because of President Reagan's condition," said Bob Towler, laboratory manager. "However, it is important that people realize that the stool blood test is not a colorectal cancer test. Positive results could mean many things."

The stool blood test is a test to find hidden blood in the stool, which could mean a number of things including hemorrhoids, ulcerative conditions, bleeding of the gums, colorectal cancer or other abnormalities.

"This could serve as a first step towards getting these tests on a regular basis from their own physicians," Towler said.

Prichard committee report available

Dorothy S. Ridings, vice-chair of the Prichard Committee for Academic Excellence, announced that the Committee's final report was released in Frankfort on July 10. The report, "The Path to a Larger Life: Creating Kentucky's Educational Future," is the result of 18 months of work by the volunteer committee. Parts of this report, as they were discussed at committee meetings, have been released to the public before.

Said Ms. Ridings, "We want to celebrate the final publication of our recommendations, and present them to Governor Collins, Superintendent McDonald and the General Assembly.

Getting it down pat

Nicholas County High School varsity cheerleaders spent Monday through Thursday of last week working on new cheers, dances and pom pom routines during a cheerleading camp conducted by Annette Davis, sponsor. Twelve girls, including from left Anessa Hunt, Jill Irvin and Shelly Hamilton, compose the squad. The elementary school cafeteria was camp headquarters. — Photo by Mary Ann Sharon

Food prices continue climbing this month

Retail food prices in Kentucky went up during July, marking just the second such monthly increase of the year, according to Kentucky Farm Bureau's marketbasket food price survey.

The July hike raised the cost of the 40-item marketbasket to $59.60, up 1.3 percent from the June figure of $58.86. Despite the increase, this month's average remained 1.7 percent under the July 1984 finding of $60.64.

Pork cuts showed the largest increase among the food categories, jumping 3.4 percent in price for this month. Other food groupings registering higher prices included beef, up .7 of one percent; fruits and vegetables, .8 of one percent higher; and grain-based foods, two percent more.

Bucking the trend were poultry, 3.6 percent below the June average, and dairy products, down .8 of one percent.

Seasonal demand factors and farm price patterns seemed to bear heaviest on the July food price patterns. At the farm, hog prices have been on a gradual uptrend for the past six weeks, say market analysts, as supplies dwindled and sales remained brisk. That same pattern, according to the marketbasket survey, was evident at the retail meat counter.

The seasonal aspect of pricing also apparently came into play. A bacon, lettuce and tomato sandwich, a popular summertime staple, cost five percent more in July than June. Of the four components, bread, bacon and lettuce were higher, while tomatoes cost slightly less.

The trend toward higher prices was evident across the board. Loin chops and spare ribs joined bacon as price gainers, as did beef roast, cheddar cheese, ice cream and corn oil.

The list of bargains for the month was shorter, with chicken breasts and American cheese posting notable declines. Of the 40 food items checked, 25 cost more than the previous month, 13 were less expensive and two shared the same.

Morehead posted the lowest local marketbasket average in July while Mary Ridge checked in at the high mark. Overall, volunteers working through Kentucky Farm Bureau Women canvassed food market prices in 20 Kentucky communities.

The local averages were: Morehead, 56.95; Richmond, 54.25; Hopkinsville, 54.88; Glasgow, 55.46; Salyersville, 56.87; Youngsville, 57.54; Elizabethtown, 57.99; Campbellsville, 59.91; Scottsville, 59.78; Somerset, 60.18; Lawrenceburg, 60.43; Owensboro, 61.05; Henderson, 61.28; Jackson, 61.62; Greenup, 61.77; London, 61.85; Louisville, 63.39; Shelbyville, 63.69; Lexington, 63.90; Dry Ridge, 65.98.

A check of current farm price trends shows little hint of major changes in retail food costs over the next few weeks, analysts say. Among the major farm commodities marketed in Kentucky, only hogs have displayed any price strength in recent weeks.

Cattle prices continue to languish, and grain prices have recently set new yearly lows as a good Midwestern wheat harvest, and favorable early-season weather in key corn and soybean producing areas, push cash and futures prices quotes down.

Blue mold

Continued from page 1

before the dew evaporates. Later in the day the color becomes gray.

An intense outbreak has been reported along the Mason-Bracken county line and in Scott County where some crops have been totally destroyed.

Farmers who need help in identifying or treating blue mold may contact Phillips at 289-2312.

Farm land values drop

The downward trend in U.S. farmland values that began in 1981 accelerated during the past year. From April 1984 to April 1985, the index of farm real estate values dropped 12 percent to 128. Historically, the largest declines occurred in 1932 and 1933, when the index dropped 17 and 19 percent, respectively.

During the past year, the largest decreases were in the Corn Belt, Lake States and Northern Plains, which incurred losses of 20 percent or more. For the United States, values were 19 percent below 1981.

Land values in Kentucky fell 10 percent, from the pyrised $1,907 per acre in 1984 to $906 per acre on April 1, 1985. The current level is down 14 percent from the record high of $1,058 per acre in 1982.

County is profiled in new brochure

Continued from page 1

compared to $11,000 for the nation as a whole.

The brochure also points to increased electricity capacity when Kentucky Utilities Company's new 650,000 KW generating plant is completed in Hancock County in 1990. Fleming-Mason and Harrison Rural Electric Cooperative Corporations will have additional generating capacities when East Kentucky Power Cooperative's 650,000 KW coal fired plant begins operation sometime in 1992.

ALSO NOTED, for the benefit of potential industries looking for favorable signs of community progress, is the City of Carlisle's new $622,322 gas system completed in the fall of 1984 and its proposed expansion of the water system project, which includes increasing the capacity of the water treatment plant from 822,000 to 1,300,000 gallons per day and construction of a new 40,000 gallon clear well are scheduled for completion in 1986, at a cost of $996,796.

Additionally, the brochure contains a complete breakdown of water and sewerage data, with the notation that the city has plans to make repairs to its waste water treatment plant, including the sewage collection system and a complete upgrade of treatment plant facilities starting in 1986. This date could be pushed back a year but must be done to comply with state and EPA regulations.

Average annual temperature in Nicholas County is just over 55 degrees, with the highest and lowest being 103 degrees in August, 1983 and a 21 below zero in 1963, though this record is expected to change when last winter's extremely cold temperatures are officially recorded.

In a year's time, Nicholas County records 43.66 inches of precipitation of which 18.2 inches come in the form of snow. Days in which there is .01 inch or more of precipitation number 131, with accompanying thunderstorms on the average of 46 days of the year.

IN 1984, assessed value of real estate and tangibles in Carlisle was placed at $34,237,123. County real estate was valued at $41,732,624 with tangibles at $18,429,250.

Mention is made of medical facilities, including staff professionals, number of hospital beds and ambulance service.

Future community improvements include construction of the West End Recreational Park, expected to be completed in 1986 at a cost of $100,000.

The county's biggest employer is Jockey International Inc., parent company of Blue Grass Industries, with 650 employees, and Blue Grass Knitting, with a work force of 163, based on 1985 figures.

While not necessarily a reference book for use in every household, the brochure contains pinpoint, readable information. It is, furthermore, it profiles the county as it is as of 1985, for historians of generations to come.

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Health Tips from Lee Rose

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