SOCIETY

To place Society items, call Mrs. Ann Shearer at 289-2464

At MSU orientation

Dawn Letcher, left, and Jimetta Carter, both of Carlisle, recently attended a Summer Orientation and Registration (SOAR) program at Morehead State University. SOAR is an informational program for incoming students and their parents on MSU services and student life. Other SOAR sessions will be conducted July 11-12 and July 19-20. — Photo submitted

Miss Thelma Cook is honored

Miss Thelma Cook was honored with a birthday dinner July 8 at The Depot in Flemingsburg.

Those attending were Mrs. Helen Flora, Mrs. Laurie Mccay, Mrs. Edith Saunders, Mrs. Thelma Crow, Ms. Martha Crump, Mrs. Mildred Clark and Mrs. Sarah Fryman.

Before the 5K Run

Before the race conversations were held by seated from left, Ruth King; June Wilson, Merrilyn Sams, Charlotte Snapp and daughter. Standing, Terry Doyle, Allen Dale, Garvey Curtsinger, Bobby Dailey, Terry Feebock, Brianne Skidmore, Amanda King, Linda King, Phil Weaver, Greg Curtsinger.

Teacher honored by old students

A group of classmates from Bald Hill School in the 1930s treated their former teacher, Mrs. Beulah Shaw Cannon, to lunch Saturday at Garrett's Restaurant. They were, Annie (Dotson) Humphries, Lexington; Letha (Overly) Megibben and Lillian (Overly) Dennis, Bourbon County; Geneva (Laughlin) Jennings and Edith (Sparks) Taylor, Carlisle.

The Hughes host family cookout

Mr. and Mrs. Don Hughes entertained Saturday evening with a family cookout at their home on Cliffway Drive.

Guests attending were Mr. and Mrs. Joseph P. Hayes, Patrick and Alicia, Lexington, SC; Mr. and Mrs. Winfred C. Hughes, Lexington; Mr. and Mrs. James E. Hughes and Paul of Pleasureville; H.E. Kookendoffer, Paris; Mr. and Mrs. Mark Mattox, Robert and Jennifer Hughes and Carl Hughes of Carlisle.

Mr. and Mrs. Price host picnic July 5

Mr. and Mrs. Blaine Price and daughter Katie hosted a picnic Friday, July 5, at their home on North Street.

Their guests were Mr. and Mrs. Larry Sturgill, Billy Heflin, Lisa Isbensel and Randy Mullins, Paris; Mr. and Mrs. Jerry Junken and Heather, and Mr. and Mrs. Ronnie Doyle, Lexington; Mr. and Mrs. Jeff Tobin, Carlisle.

Guitar and banjo music was provided by Mr. Heflin, Mr. Doyle and the host, Mr. Price.

Births

GLASS

Mr. and Mrs. Melvin Dennis Glass of Carlisle announce the birth of a daughter, June 15, 1985 at the Nicholas County Hospital. She weighed four pounds 15 ounces and has been named Jennifer Renee.

Maternal grandparents are Mrs. Ruth Stewart of Carlisle.

Paternal grandparents are Mr. and Mrs. Ben Glass of Carlisle.

WOODS

Mr. and Mrs. Robert Woods of Brooksville announce the birth of a daughter, June 26, 1985 at the Nicholas County Hospital. She weighed seven pounds eight ounces and has been named Robin Renee.

Maternal grandparents are Paul Gene Jolly of Carlisle and Josephine Elkins Jolly of Paris.

Paternal grandparents are Gilbert Woods and Vernie Woods of Brooksville.

Earl Tincher is honored with reception

Earl Tincher, Maysville, was honored with a retirement reception Sunday, July 7, from 3-4 p.m. at the home of his sister, Mrs. Sarah Fryman, North Street.

Those present were Mr. and Mrs. Ovel Day, Mrs. Margaret Day, Mr. and Mrs. Gerald Paul, Mrs. Janet Fryman and son Sam, Mrs. Laura McCay, Mr. and Mrs. Clarence Moss, Mr. and Mrs. R.M. Hildreth, Mrs. Chad Whitaker, Mr. and Mrs. Kash Grimes, Mrs. Carol Fryman and daughters Angie and Tonya and granddaughter Jonna Allison, Carlisle; Mrs. Ruth Tincher and granddaughters Jennifer and Lesie Hall, Galveston, Texas; Mr. and Mrs. George Tincher of Frankfort, Mr. and Mrs. Boone Tincher and Mrs. Agnes Tincher, Paris; Mrs. Earl Willoughby, Louisville; Mr. and Mrs. Jim Taylor, Richmond; Mrs. Earl Tincher, Mrs. Bessie Hughes, Mr. and Mrs. Max Bowman, children Mandy and Michelle, Maysville.

Mr. Tincher recently retired from Browning Manufacturing Co. in Maysville.

Mr. and Mrs. Fred Whaley spent the 4th of July weekend in Owensboro.

Mr. and Mrs. Allen Campbell and Kevan returned home Saturday from a 12-day vacation at Rocky Mountain National Park in Colorado.

Mr. and Mrs. Charles Doyle, Sharon and Robbie, Mr. and Mrs. Jeff Doyle, Jonathan and Megan and Ms. Phyllis Brady attended the 25th wedding celebration of Mr. and Mrs. Donnie Doyle, June 29 in Cynthiana.

Mrs. J. Angus Jacobs visited her sister, Mrs. W.H. Denton and Mrs. Mary Short in Flemingsburg Monday.

Superintendent and teacher

Pam Higkins of Carlisle, a teacher in Bath County schools, is congratulated by Supt. of Public Instruction Alice McDonald, left, for completing the second Commonwealth Institute for Teachers held at the University of Kentucky. Pam was one of 50 outstanding Kentucky teachers attending the week-long institute. — Photo submitted

Mr. and Mrs. Robert Hildreth Jr. host 1940 graduating class of Headquarters High School

The 1940 graduating class of the Headquarters High School met at the home of Mr. and Mrs. Robert Hildreth Jr. in the Ahrens Mill section of Nicholas County for its 45th reunion.

Those attending were Mr. and Mrs. Jimmie Shaw, Vanceburg; Mrs. Pauline Caswell Creech and Mr. and Mrs. Nathan (Frances Ward) Buckler, Paris; Mrs. Catherine Sue Toadvine Dailey, Cynthiana; Mr. and Mrs. Roscoe Jenkins, Indianapolis, IN; Mr. and Mrs. Robert (Mae McConnell) Florer, Mt. Olivet; Mr. and Mrs. Omar Ray Leet and Crystal, Lexington.

Mr. and Mrs. William (Henry) Selby, Mr. and Mrs. James (Imogene Ritchie) Mann, Mr. and Mrs. Chester Mattox, Mr. and Mrs. Howard (Lois Barlow) Allison Jr.

Mrs. Oranna Guthrie McWhorter, Mrs. Kenney Earlywine, Mrs. Ruth McDonald Faulkener, Mrs. Earl (Helen Shannon) Hamm, Edward O'neal, Mr. and Mrs. W.W. Cook, Mr. and Mrs. Clarence Moss, Alpha Brierly, Rita Leet and Mr. and Mrs. Robert (Margaret Moss) Hildreth Jr., all of Carlisle and Nicholas County.

Allisons celebrate 60th anniversary of wedding July 14

Mr. and Mrs. A.V. (Doc) Allison will celebrate their 60th wedding anniversary by renewing their wedding vows Sunday, July 14 at 2:30 p.m. at the Carlisle Presbyterian Church.

Rev. Philip Hastings will officiate at the ceremonies. A reception will follow to which all friends are invited.

Mrs. Allison is the former Geneva Galbraith of Carlisle. They were married July 13, 1925 in Paris.

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— Personals —

Mrs. Walter Wyrick and Mrs. Karen White and children of Lexington spent Sunday and Monday with Mrs. Nelson Hillock. Other guests were Mrs. Patty Sue Hicks and children and Mrs. Joe Jennings and Gwen.

Mr. and Mrs. C.H. Enix spent several days last week with his brother, Zee Enix and Mrs. Enix in Murray.

Mrs. Elaine Hinkle and Misses Alpha and Evelyn Brierly were in Brooksville Thursday to attend the funeral of Mrs. Alice Jacobs Puccini.

John Darwin Jacobs of Lexington visited Mr. and Mrs. J. Angus Jacobs, Ernest Jacobs and Mr. and Mrs. Jimmy Conrad last week. They attended the funeral of Mrs. Alice Jacobs Puccini at the Moore-Parker Funeral Home in Brooksville on Thursday and also visited Miss Bessie Faye Bell at the Mary Englet Manor in Augusta.

Mrs. Martha Ann Willoughby of Louisville spent the weekend with her mother, Mrs. Sarah Fryman on North Street.

Mr. and Mrs. R.S. Wills and Julie, Misses Lynn Reynolds, Michelle Maze and Cindy Hamm, Dsias Villaflor, Dewayne Baker, Mrs. J.S. Wilson and Mrs. Bill Irvin have returned from a nine-day trip to Belgium, Germany, Switzerland and France.

Miss Lisa Reynolds of Phoenix, AZ is spending the summer with her parents, Mr. and Mrs. Sam Reynolds and family.

Christie, Emilee, Jeffery and Jamie Hays of Maysville spent the weekend with their grandparents, Mr. and Mrs. Cartmel Lester.

Mr. and Mrs. Earl Huark of Ewing and Mr. and Mrs. Barry Huark have returned from a week's vacation at Virginia Beach, VA.

Mrs. Virginia Clary of Harrisburg, Ill spent Saturday with her mother, Mrs. Leona Bell.

Mr. and Mrs. Joe Acker of Huntington, WV were in Carlisle Friday to visit her brother, George Dale, a patient at Johnson-Mathers Nursing Home.

Mrs. Phil Carl and daughter Amy of Augusta spent Friday with her grandmother, Mrs. Hzel Asbury.

Mr. and Mrs. Bonnie Lawson have returned from a week's vacation in Las Vegas, NV.

Mrs. Mildred S. Sparrow of Nalcrest, FL spent last week with Mr. and Mrs. Maurice King.

Mr. and Mrs. Porter Henson and Sandy of Mt. Olivet, Mr. and Mrs. Robert Taylor and Holly of Fern Park, FL and Mr. and Mrs. Marion Anderson spent last week in Gatlinburg, TN.

Mr. and Mrs. Paul Hardin and family spent the 4th of July weekend camping at Blue Licks State Park.

Mrs. Susanna Vutsas of Phoenix, AZ, Miss Claire Vutsas of Atlanta, GA and Frank Reynolds have been the guests recently of Mr. and Mrs. Sam Reynolds and family.

Mr. and Mrs. Douglas George and Mr. and Mrs. Dovolee Ritchie have returned from a week's vacation in Tennessee.

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Kay's Kitchen

By Kay Fisher

During the hot summer days try serving tea and coffee with a twist, instead of the usual cola drink. Here are some really different ideas.

COFFEE BANANA SMOOTHIE

½ cup light cream
2 ripe bananas, sliced (2 cups)
½ pint (1 cup) coffee ice cream
1 tablespoon sugar
1 tablespoon instant coffee powder
1 to 2 drops almond flavoring

Pour light cream into blender container; add sliced bananas, coffee ice cream, sugar, instant coffee powder and almond flavoring. Cover blender and blend at high speed till coffee mixture is thick and fluffy. Pour mixture into 2 or 3 chilled glasses, or chill until serving time. Serve with parfait spoons.

CINNAMON ICED COFFEE

3½ cups hot strong coffee
1 (6-inch) stick of cinnamon
½ cup whipping cream

Pour hot coffee over cinnamon stick; let stand one hour. Remove cinnamon. Add cream, chill. Pour over cracked ice in glasses; sweeten to taste. Serve with cinnamon stick stirrers.

JAVA ICE CREAM FIZZ

2 tablespoons milk
4 teaspoons sugar
Vanilla ice cream
1 (7-oz.) bottle (about 1 cup) ginger ale, chilled

For each serving combine the milk, sugar and instant coffee in a tall glass. Add a spoonful of ice cream; stir till melted. Add 2 scoops ice cream, then carefully pour in ginger ale.

FROSTY SPICED TEA

¾ cup water
¼ cup sugar
¼ teaspoon whole cloves
1 (4-inch) stick of cinnamon, broken
¼ teaspoon ground nutmeg
1 quart boiling water
6 tea bags or 6 teaspoons loose tea

In saucepan, combine the ¾ cup water, sugar and spices; cover and simmer 20 minutes. Strain to remove spices.

Pour the boiling water over tea and steep about five minutes, strain if necessary, or remove tea bags. Add spiced syrup and pour over ice cubes in tall glasses.

PINEAPPLE FROSTEA

2 tablespoons instant tea powder
3 cups ice water
6 tablespoons frozen pineapple juice concentrate, thawed
1 pint pineapple sherbet

Dissolve tea in water; add pineapple concentrate. Pour into six glasses; add a scoop of sherbet to each. Stir slightly to muddle.

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Health Tips from Lee Rose

Dental care

Parents often put a low priority on care of a child's teeth but tooth care should begin as soon as your baby is born. The first concern is to be sure your baby is getting enough fluoride. If you are bottle feeding and mixing the formula with city water your baby is getting enough fluoride; if your water comes from a well, or if you are breast feeding ask your doctor for fluoride drops.

When the first tooth comes in at about six months old clean it with a soft wash cloth twice a day and continue to use a soft wash cloth until your child is about three years old. At this time your child will probably show interest in a soft toothbrush. Encourage your child to watch you brush your teeth, and then allow your child to help brush his or her own teeth.

Parents need to help children brush their teeth until they are about seven years old, because children do not have the muscle coordination to do a good job. Children can begin flossing at age six to eight. Before that time the teeth are far enough apart that food will not lodge in between causing decay.

Kentucky has a fluoride mouth rinse program for elementary age children. Permission is required from the parents for children to participate. It is a good program to help keep children's teeth healthy, so have your children participate. If your child's school does not have the program talk to the principal and try to get the program started.

The incidence of tooth decay is the highest between four and eight years of age; it is important to avoid high sugar snacks as much as possible. Good snacks are raw fruits and vegetables, unsweetened fruit juice and vegetable juice, milk cheese, lunch meats, crackers and popcorn. Popcorn and raw vegetables are not good for toddlers due to the possibility of choking.

A child should have its first dental visit at three years old. It is wise to take the child with the parents when the parents are having their teeth checked to observe the procedure. If your child's teeth do not have cavities a dental visit should be made two times a year. If your child does have cavities, visits to the dentist should be made every three months.

Many parents are not concerned about a child's temporary teeth, and do not care for them well. Two factors need to be considered. The first teeth or the baby teeth are important for the development of the permanent teeth. Permanent teeth that grow in a mouth that has many cavities will be more likely to develop decay. Secondly some temporary teeth are used until the child is 12 to 14 years old so these teeth must be kept in good condition.

For more information call Lee Rose, R.N., at the Nicholas County Health Center, 289-2361. This column was written by Judy Adams Hastings, RDH, Coordinator of Medical Programs, WEKU Health District.

Pioneer days remembered

Mr. and Mrs. Clarence Walton and Kyde Allison rode in the Blackberry Festival Parade July 4 in style in a covered wagon belonging to the Waltons. Allison entertained the crowd with his shooting ability. — Photo submitted

Brother and sister winners

Diane Herrington, third place winner in women 30 to 39 division of the Blackberry 5K race July 4 is pictured with her brother, Kurt Kelley, winner in the wheelchair division. — Photo submitted

Family Eye Care opens new office west of Maysville

Family Eye Care recently opened a new office, located at 1360 Medical Park Drive, next to Meadowview Regional Hospital on Highway 10, west of Maysville.

According to Maysville ophthalmologist Bryan Prater, M.D., Family Eye Care's new location is designed to provide "improved quality of care, and more convenience features for our patients."

Mason County Optical, operated by optician Sue Prater, B.N., M.S.N., a Fellow of the National Academy of Opticianry, is also located inside Family Eye Care's new facility. Natural, controlled lighting, a ground-level wheelchair entrance, and free parking are other features. The new office is twice the size of Family Eye Care's former office and includes six private exam rooms, a visual field room, a more functional business office area, and rooms for specialized ophthalmic procedures.

The patient care areas are designed to decrease patient waiting time.

An argon laser has also been installed. This new piece of equipment makes scalpels unnecessary when performing surgery to relieve pressure caused from glaucoma. The argon cuts tissue by using a beam of heat, which decreases the chance of bleeding and speeds the recovery process.

The laser procedure can be performed on an outpatient basis at Family Eye Care. Many patients may resume normal activities, including work, after 24 hours.

Call toll free in Kentucky, 1-800-3-FAMILY.

Leadership grants to pair

Morehead State University President Herb F. Reinhard has announced that Mark Wheeler Conley and Marty Ray Seithers of Nicholas County High School are among a select group of students being awarded MSU Leadership Grants for the 1985-86 school year.

Mark is the son of William and Linda Conley of Carlisle. He was Ecology Club president, senior class vice-president and captain of the Academic Bowl Team. He is also a member of the Shrine of Our Lady of Guadalupe Catholic Church.

Marty is the son of Darrell and Peggy Seithers of Carlisle. He was a member of student council and vice-president of the Ecology Club. He is also a member of the United Methodist Church in Carlisle.

'Run for Life' in Cynthiana

The third annual Cynthiana Rotary Club "Run for Life" will be held Saturday, July 27, beginning at 8:30 a.m. at the Harrison County Courthouse in Cynthiana. Proceeds will go to the American Cancer Society.

The 5K and 10K race will be on a flat, 3.1 mile loop with the 10K race covering two loops. Times will be given at each mile with plenty of water on the course.

Pre-registration fee is $7. All runners will receive a t-shirt. Trophies will be awarded.

Runners may register prior to the race or write, Run For Life, 17 South Main Street, Cynthiana 41031, or call 234-1565 or 234-2499.

Willing workers

Registering entries in the Blackberry 5K are, from left, Lisa Shaw, Joredda Garrett and Linda Scott, as her husband, Dr. Tim Scott looks on. — Photo by Staff

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