



Mrs. Jeffrey Lewis Gibson
**Gradside Christian Church is
scene of wedding Sept. 15**

Miss Marvyn May Shrewsbury, daughter of Mr. and Mrs. Jerry L. Shrewsbury of Lexington, and Jeffrey Lewis Gibson, son of Mr. and Mrs. Lewis W. Gibson, both of Lexington, were married Saturday, September 15, 7:30 p.m., at the Gradside Christian Church in Lexington. Standing at the altar were Mr. John Payne, organist, and Mrs. Harold Burnett, pianist, accompanied the Rev. Cobb, pastor.

The bride, given in marriage by her father, wore a gown of lace, styled with a fitted bodice with Victorian neckline, long sleeves and a bouffant-trimmed skirt, accented with pearls and sequins. The long cathedral length veil of lace was also accented with pearls and sequins and she carried a cascade bouquet of white roses, white gerberas and lily rendered almost three white roses.

Miss Legin Richardson, maid of honor, wore a dress of royal blue tulle, styled with off the shoulder neckline and full skirt. She carried a large bouquet decorated with white roses.

Mrs. Andrew Mitchell of Louisville, Miss Jill Pinn and Miss Marianne Cummins, bridesmaids, wore dresses similar to the maid of honor.

Miss Sherry Kirby of Frontier, Michigan, flower girl, wore a gown of white tulle with royal blue sash and white roses.

Mr. and Mrs. Lonnie D. Reffitt
**Miss Amy Louise Platt
weds Mr. Reffitt Sept. 1**

Miss Amy Louise Platt, daughter of Mr. and Mrs. James H. Platt of Carlisle, and Lonnie D. Reffitt, son of Billy Haffitt of Oberlinburg and Mrs. Nancy Carol Haffitt of Lexington, were married Sept. 1, 1984 at the Carlisle Christian Church in the Rev. Ronald Henson officiating.

Darryl McFarland was the organist, Mrs. Nancy Reffitt the pianist and Mrs. Jerry Haffitt the sexton.

The bride, given in marriage by her father, wore a full length gown of white satin, trimmed to lace with a square neckline, puffed skirt gathered, to bodice over waistline and gathered sleeves. She wore a complementary picture hat with a veil attached and carried a cascade bouquet of baby blue sweetpea roses, white daisies and baby lilies.

Miss Mary Platt, maid of honor, Miss Tammy Reffitt and Miss Anne Toddler, bridesmaids, wore sleeveless dresses of changeable silk with puffed sleeves. They carried white long-stemmed roses.

James W. Platt served as best man, David Carr and Greg Egan served as ushers.

Miss Paula Jean Stapp served at the grand host.

Following the ceremony a reception was held at the Fellowship Hall. Those assisting were Miss Barbara Stapp, Miss Carolyn Stapp, Mrs. Corine Wadding and Mrs. Emmene Clinebeck, all of Carlisle.

Mrs. Haffitt is a 1982 graduate of Nicholas County High School. Mr. Reffitt is engaged to marry Mrs. Cliff Shuartz of Carlisle and they hope to be married in Sharpsburg.



Lt. and Mrs. Damon Kimball Booth
**McCain-Booth wedding vows
are exchanged in Mississippi**

Miss Joan Carol McCain became the bride of Lt. Damon Kimball Booth Saturday, September 1, 1984, 9 p.m., at Anchor Baptist Church in Water Valley, Miss., with the Rev. Gerald Smith officiating.

The bride is the daughter of Mr. and Mrs. Robert Linder McCain Sr. of Water Valley and the groom is the son of Mr. and Mrs. David Kimball Booth of Carlisle.

Margaret Shaw, the organist, and Sue Cook, pianist, presented the marital rite.

The bride was given in marriage by her father.

Candy Mae of Oxford served as maid of honor and Carolyn Wiseman, bride's all of Carlisle.

Miss McCain is a 1982 graduate of Nicholas County High School. Mr. Reffitt is engaged to marry Mrs. Cliff Shuartz of Carlisle and they hope to be married in Sharpsburg.

Attend funeral of Marion Sims

Out of town relatives and friends here for the visitation and funeral of Marion S. Sims Sr., were Mr. and Mrs. Cecil Marshall, Mrs. Belle Wade, Mrs. Lucille Adams, Mr. and Mrs. Henry Jones, Mr. and Mrs. Edward Brunel Jr. and Mrs. Larry Lewis, Congdon, Mr. and Mrs. Gary Gross, Middletown, O.; Mrs. Lillian Carlson, Holset, IN; Mr. and Mrs. Al Casert, Wilmington, Delaware; Mr. and Mrs. Walter Wynn, Mrs. Hazel Voss, Mr. Donovan, Eddie Price, Mr. and Mrs. H.W. Hastitt, Lexington; Miss Louise Gardner, Paris; Mr. and Mrs. Howard Ham, Holiday, Fla.; Mr. and Mrs. James Emerson, Mrs. and Mrs. Freeman Laville, Mr. and Mrs. Clinton Hoath, Henry Hamon, Mr. and Mrs. Curtis Hatten, Mr. and Mrs. Floyd Conroy and daughter, MaryEllen; Mr. and Mrs. Bobby Giff, Anderson, Frankfort; Mr. and Mrs. Bobby Floyd, Walnut, Bobby Smith, Harrodsburg; Mr. and Mrs. Charles Wagner, Robert Boyd and son, Mr. and Mrs. Albert

Mr. Gibson graduated from Lafayette High school and attended Eastern Kentucky University and the Vanguard School of Marketing. He is employed by Bradford Lyle Insurance Company.

Mr. Gibson graduated from Lafayette High school and attended the University of Kentucky in Lexington and the U.S. Postal Service. He is the grandson of Mrs. Hill Harlan and the late Mr. Harlan of Carlisle.

Local members attend VFW meet

The 18th District VFW unit from Carlisle, Pa., met here last Wednesday at the Georgetown Hotel, Lexington, Richmond and Danville until September 23 at Georgetown in preparation for the annual convention in Paris pending.

Lonnie Truesell was named publicity chairman and Myrtle Price, second year trustee, was named community activities chairman.

Those attending from Carlisle were Ruby McKee, Myrtle Price, Brenda Buckler, Lenora Truesell and Robert Truesell.

The next meeting will be held at Harrodsburg.

Computers is topic

The third annual class will be held Thursday, Sept. 13 from 9 a.m. to 12 p.m. at home economics department at the Nicholas County High School in Lebanon, Mo. and Mrs. Enoch Quinlan of Carlisle, Mo. will be the guest speaker.

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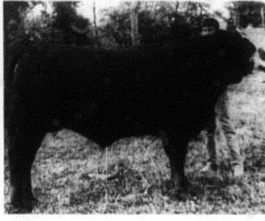
SERIOUS ABOUT LOSING WEIGHT?

A doctor-supervised weight loss program is opening in Paris, Thursday, Sept. 28th.

WHEN
The first Monday and third Thursday of each month, starting at 6:30 P.M. May be changed depending on demand.

WHERE
The Cafeteria, Bourbon General Hospital, Linville Drive, Paris, KY

WHAT IS IT?
The basic program consists of weight and blood pressure measurement, diet counseling, encouragement, and group support. Also offered at an extra cost are the Columbia diet; the Columbia Behavior Modification Program; hypnosis; and lab tests where indicated. Medical problems will be followed in cooperation with your personal doctor. No medications will be used. For further information call 987-4746 or ask your doctor.



To be sold tonight

The Lincoln-Harford street-owned yard shown here with James Paul Judge, son of Mr. and Mrs. Paul Judge of Moorefield, goes on the auctioneer's block today, Sept. 28, 7 p.m. at the Bluegrass 4-H and FFA Show Show and Sale of Bluegrass livestock in Lexington. Seven owned by Todd Day and James Paul Judge.

Meinda Haman (New American Library, B.S.). Parents who have run out of ideas will find lots of new ones, including a chapter on snacks youngsters can make themselves. The recipe recipe little preparation. (Coverage will find most of the snacks.)

"Nutrition Beyond Bag Lunches" by Margaret Haged (The Bookman Press, \$5.95). This book takes the notion of "bag lunches" very seriously. Many of the recipes include notes on how to make the dishes more nutritious by making low-fat, low-cholesterol substitutions. Here is a recipe you might like to try:

APPLE BANANA MUFFINS
1 cup softening (not sticky) use half whole wheat flour
1/2 cup quick cooking oat
1/2 teaspoon baking powder
1/4 cup brown sugar
1/4 cup ground cinnamon
1/2 cup ground nutmeg
1 cup mashed banana (about 3 small)
1 egg, beaten
2 tablespoons from concentrated apple juice
1 tablespoon margarine, melted
In mixing bowl, combine flour, oats, baking powder, baking soda, cinnamon and nutmeg. Add remaining ingredients to dry ingredients and stir until just combined. Spoon into well greased or paper-lined muffin cups. Fill to half full. Bake at 425 degrees for 15 minutes, or until done.

Makes 12 regular muffins or 36 miniature muffins.

This sandwich filling comes from "The Natural Lunchbox" by Ruth and Victor Adler.

CHITARRA CHEESE WITH DRIED FRUIT AND NUTS
1 cup grated cheddar cheese
1/4 cup chopped walnuts
1/4 cup chopped almonds
1/4 cup chopped raisins
1/4 cup chopped dates
1/4 cup chopped apricots
Combine all ingredients, mixing thoroughly. Stir for a smoother spread. Blend them in a blender. Serve on whole wheat bread.

Make enough for six sandwiches.

Did you know that a change in the size, shape or center of a male could be a sign of cancer? For more information call 1-800-ACCANE.

Kay's Kitchen

By Kay Fisher

If pecking "back to school lunches" is already becoming a chore, there are several books that will help you. There are two:

"Lunches 'n' Go" by Janet Gartin (Barron's, \$4.95). In this 232 page

bookbook the recipes are short and call for imaginative ingredients. Older students and grown-ups will like the recipes better than kids.

"N.A.C.K.S. Snacks, Nutritious and Cheap Kitchens," by Jan Brink and



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for
Nicholas Co. School Board
East Union, Mathias and City Building Precincts

- "A qualified candidate who is actively involved in school and community affairs."
- 1 year member of Textbook Selection committee.
- 5 year member of 'Goalful Child Care' committee.
- 10 year member of Nicholas County 4-H Council and member of Blue Grass Area 4-H Committee.
- Supporter of basketball and football teams, track and cheerleading squads.
- Member of Carlisle Methodist Church board.
- 12 year member of Nicholas County Library board.

"committed to academic improvement"

Post by Carolinda

Mrs. Conn Abnee hosts club meet

The first meeting of the Carlisle Community Women's Club was held Sept. 23 at the home of Mrs. Conn Abnee.

After a special supper, introductions of officers, chairwomen and new members were made. Mrs. Abnee presented Mrs. Caryl Keizer, vice president. Mrs. Mark Mattias, treasurer, and Mrs. Tom Scott as secretary.

Charwomen for the year are Mrs. Randall Clay, conservation; Mrs. William Caldwell, international affairs; Mrs. Kathy Hamm, public affairs and Mrs. Mark Hughes, community projects.

Each of the chairwomen met with their respective committees and made project and program plans for the year.

Refreshments were served by new members were given a brief orientation into Women's Club activities.

New members are Mrs. Dixie Lee Cagle and Mrs. Joyce Lawrence, Mrs. Gary Reed and Mrs. Jeff Vico.

Personals

Pvt. Shingleton completes training

Army National Guard Pvt. Hicky L. Shingleton, son of Earl L. Shingleton of Eakin, Ohio, has completed basic training at Fort Lowndes, Ind., during the training, studies received instruction in drill and ceremonies, weapons, map reading, first aid, and Army history and traditions.

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Births

ENNEY
Mr. and Mrs. Jackie Enney of Route 2 announce the birth of a son, Justin Ray, September 9, 1984 at Harrodsburg Memorial Hospital. He weighed seven pounds 11 ounces.

BOWLES
Mr. and Mrs. Roger Keith Bowles announce the birth of a son, born Sept. 23, 1984 at Nicholas County Hospital. He weighed seven pounds eight ounces and has been named Daniel Keith Bowles.

HUNT
Mr. and Mrs. Timothy Conway Hugg of Carlisle announce the birth of a son, born Sept. 14, 1984 at the Nicholas County Hospital. He weighed seven pounds eight ounces and has been named Joseph Kyle.

MATERNAL GRANDPARENTS are Mr. and Mrs. Roger L. Bowles, Carlisle. Maternal great-grandparents are Mr. and Mrs. Conway Taylor.

MATERNAL GRANDPARENTS are Mr. and Mrs. William Adams, Paris, and Robert Fisher of Millersburg.

MATERNAL GRANDPARENTS in J.R. Kenney, Carlisle.

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