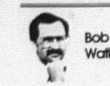

Bob Watkins UK Sports Report

Mixing it up.

Mind Games have become an integral part of sports in America today, but there may be some backlash ire.

Coaches at all levels, but particularly in high school, have encouraged their athletes to use "psyche out" as a way of winning and the ultimate motivation, or prime adrenaline pumper, many coaches believe, is anger.

But Dr. Thomas A. Tutko, professor of psychology at San Jose State University, has found conflicting evidence that flies in the face of this conventional locker room wisdom.

In the July edition of a magazine called *psychology today* Tutko says:

"Athletic coaches, especially in contact sports, have traditionally exhorted their charges to get mad at opponents. Anger supposedly gets the adrenaline pumping, producing superhuman efforts in which the athletes hit harder, jump farther, run faster.

"In fact, anger often destroys concentration and diminishes performance," Tutko goes on. "The good performers keep their cool, even when provoked. And the best are those who anticipate potentially upsetting events and rehearse a way of handling them."

Tom Payne

The first black basketball player to sign with the University of Kentucky has now turned to professional boxing. Before his four round KO of Victor Soriana last month in Los Angeles, the 7-2, 280-pounder heard his atrocity tell a Los Angeles Herald reporter that Payne's conviction and 15-year prison sentence for rape was a miscarriage of justice.

"On the evidence I'm aware of, he was railroaded," said attorney Cary Medill, who said he had examined trial transcripts. "I think the fact that Thomas was the first black to play at Kentucky may have played a part in it. That probably didn't make too many people happy."

Medill added, "If it (the trial) had been in California, he never would have been convicted. I doubt a case would have even been filed. Buthey do things differently in the south, at least they did back then."

Comment: Someone help me. I cannot see how Payne's being the first black basketball player at UK could have influenced a jury in Atlanta, Georgia no matter how the south was back then.

Basketball

The Wildcats play at Louisville (Dec. 15), at Purdue, at Indiana and Kansas in Louisville. And SMU will visit Lexington. The Mustangs will be led by 7-foot Olympian Jon Koncak. The UKIT on Dec. 21-22 looks like a breather with James Madison, Cincinnati and East Tennessee State going to Rupp Arena.

UK will likely play East Tennessee and part of Cliwood Ledford's call could go something like this "Winston Bennett gets the ball, moves to the baseline off a screen and he's in picked up by LaVelle Webster."

Ah what?

Yes, some state basketball fans may remember Webster as a member of the Kentucky team that swept Indiana this summer. Webster, from LaRue County High, is an East Tennessee State signee.

■ Who are the top five high school prospects for the 1984-85 basketball season?

Answer: Too soon to tell, but here are four names to watch for — 6-10 Danny Ferry (DeMatha, Washington D.C.), 6-7 Tommy Lewis (Los Angeles Mater Dei), 6-7 Tony Kimbro (Louisville Seneca) and 6-7 Irvin Thomas (Miami, Fla.)

■ Who are the top in-state prospects?

Answer Names to remember: 6-11 Mike Scott (Greenup County), 6-5 junior-to-be Frank Persley (Scott County), 7-0 junior-to-be Felton Spencer (Louisville Eastern) and 6-4 Barry Gobeen (Marshall County).

Postscript: Lewis may be the top name on the University of Louisville's recruiting list. UK and U of L will battle it out for Kimbro and 6-10 Mike Scott is thought to be locked up to UK if a scholarship is offered.

KENTUCKY BASKETBALL SCHEDULE

Nov. 16	Republic of China	H
Nov. 27	Toledo	H
Dec. 1	Purdue	A
Dec. 4	Southern Methodist	A
Dec. 8	Indiana	H
Dec. 15	Louisville	A
Dec. 22	James Madison vs. Cincinnati/ Kentucky vs. East Tennessee State	N
Dec. 31	Kansas	at Louisville
Jan. 3	Auburn	H
Jan. 5	TBA	H
Jan. 7	Vanderbilt	A
Jan. 9	Ole Miss	A
Jan. 12	Alabama	A
Jan. 16	Mississippi State	H
Jan. 19	Florida	A
Jan. 23	Georgia	H
Jan. 26	Tennessee	H
Jan. 31	Louisiana State	H
Feb. 2	Auburn	A
Feb. 7	Vanderbilt	H
Feb. 9	Ole Miss	H
Feb. 13	Alabama	A
Feb. 16	Mississippi State	A
Feb. 20	Florida	H
Feb. 23	Georgia	A
Feb. 26	Tennessee	A
March 2	Louisiana State	A
March 6-9	SEC Tourney in Birmingham	

Cage practice opens Monday

Basketball practice for high school boys and girls interested in playing basketball next season will begin Monday, July 30 at 7:30 p.m. at the high school gym, under the direction of coach Mike Kenney and staff.

BLUEGRASS FESTIVAL PLANNED AUGUST 17-18

Plans have been announced for the first annual Ewing-Fleming County Bluegrass Festival, August 17-18 at the Ewing-Fleming County Fairgrounds.

The Festival will feature Dave Evans and Riverbend, The Goins Brothers, The Hook and Beanz Show (formerly of Ralph Stanley), The Woodettes, Ky. 31 Grass, Clyde Bowling and band, Lowell Varney, Landon Messer and Riverside Grass, Bluegrass Throughouts, Boyd Brothers and others.

The fairgrounds has 15 acres of free parking and camping with limited electrical hookups. Restrooms and showers available. Jam sessions and parking lot pickers are welcomed.

Persons are asked to bring their own lawn chairs. Concessions will be available on the grounds.

The festival begins on Friday, at 6 p.m. and continues on Saturday beginning at 1 p.m.

The Ewing-Fleming County Fairgrounds is located on State Route 165, one mile off U.S. 68 at Fairview.

— Notice —

Carlisle Cleaners will close July 30 - August 4 for vacation.

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Coupon Void after 8-4-84

The Carlisle Drug Co.

In action here Saturday

The Little League 11-12 year olds, 2-5 overall in tournament games, will try to better their record during the Nicholas County Invitational here this weekend. Front row, from left, Shane Hughes, Brian Hilander, Raymond Brown, Jeff Dray. Back row, Paul Setters, Louis Conn, Rodney Hedges, Glenn Stone, David Sibert. Absent, Chris Mitchell, Kirk and Kirby Smith, Randy Jolly and coaches Randy Hedges and Gary Sibert. — Mercury photo.

Basic skills test results due soon

Achievement test scores for students in Kentucky's public schools including those in Nicholas County, will be announced by the state Department of Education on Aug. 6.

Superintendent of Public Instruction Alice McDonald said the scores for students in grades three, five, seven and 10 would give Kentuckians an opportunity to compare achievement within the state's 180 local districts.

They will also show how Kentucky students at those levels compare with students across the nation, she said.

Scores on the California Test of Basic Skills, which are already available from the local districts, are to be delivered to the superintendent of public instruction, the governor and other state agencies by Aug. 1, as required by law.

Rebecca Brown, associate superintendent for research and planning, said the Department of Education would condense the data and provide a ranking of local school districts, along with other information on statewide student achievement on Aug. 6.

The state summaries and test scores contain a variety of information on students at the various grade levels, school buildings, individual districts and the state as a whole.

Kentucky Afield

Rabies and wildlife

Mention rabies and most folks immediately think of a "mad" dog. Although dogs are most closely associated with this dread disease, almost any animal can contract rabies and transmit it to man.

There's a "reservoir" of rabies among wildlife populations, which sometimes reaches epidemic proportions, particularly during the summer months. (A case has been reported here near East Union.)

Because of this constant threat of rabies among wild animals, it's important that any pets which might have contact with wildlife be vaccinated and that children be instructed to leave wild animals strictly alone.

A rabid animal often does not exhibit the fear of humans that is normal with most wild creatures and will often allow itself to be picked up. In some cases, children (or even adults) have taken rabid animals home, thinking they are lost pets.

TELEVISION programs which depict wild animals as cuddly, friendly creatures don't help the situation any, since they can foster false ideas about wildlife in children's minds.

Skunks are responsible for most outbreaks of rabies in the wild, according to wildlife biologists with the Kentucky Department of Fish and Wildlife Resources. Foxes are probably the second most serious threat. As populations of these two species increase, so do the chances of rabies outbreaks.

Skunks can apparently carry and transmit the rabies virus for six months or longer without showing any symptoms of the disease. This means that even a "deodorized" skunk obtained from a legal source after a quarantine period could still contract rabies. To compound this problem, immunization of skunks isn't very effective.

Any animal which is acting sick or suspicious should be reported immediately to the proper authorities—either the county health department, the sheriff's office or a fish and wildlife conservation officer.

AND REMEMBER that, a rabid animal doesn't necessarily have to bite you to give you the disease, since the rabies virus can enter your body through any open wound. Since the virus is carried in the infected animal's saliva, a bite is the most common means of transmittal.

Anyone bitten by a suspected rabid animal (or any animal, for that matter) or even coming in close contact with one should see a physician immediately. If at all possible, try to capture or kill any animal which attacts a person or a pet.

Health department officials can make positive determination of rabies and decide whether the individual needs to take the painful series of shots which are the only known preventative. If the animal cannot be located, the victim of a bite usually must undergo the rabia treatment as a precaution, since there is no cure once the disease is contracted.

Flag and Rifle Corps to add halftime color

A colorful new dimension will be added to the halftime show at Bluejackets football games this fall. A Flag and Rifle Corps, sponsored by Mrs. Ginger Fields will complement the NCHS Marching Band, under the direction of Danny Baker.

Four persons have already joined the corps and others, boys and girls, are sought. The only requirement is that members must be Nicholas County High School students. Contact Mrs. Fields at 289-6644 as soon as possible. Band camp begins August 6 and it is hoped that the ranks of the corps will be complete prior to camp.

Forest Retreat colt sells for $510,000

A chestnut colt by Alydar out of Endicotts was sold Monday night at the Keeland Selected Yearling Sale for $510,000.

The colt, consigned by Forest Retreat Farms Inc. of Carlisle was purchased by Endicott P. Davis.

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Children UNDER 12 FREE when with adults.

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The Knockout Comedy of the Summer

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At 10:56

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Cannonball Run II

Saltwell

By Mrs. Fred Hollar

Mrs. Donna Galbraith and Andrea; Mrs. Diane Smith and Shellie and Mrs. Debbie Hollar and Tracy and Denise Stone spent the day Saturday at Gatlinburg, Tenn.

Mr. and Mrs. Lloyd Graham and daughters spent the past week with Mr. and Mrs. Bill Mesangale and children of Covington.

Mr. and Mrs. Herbert Blakeman and Dana and Pessie and Drew Garnet, Lexington, spent Sunday with Daley and Martha Kennedy.

Mrs. Naomi Gaunce entered Harrison Memorial Hospital on Monday evening for tests and x-rays.

Mrs. Naomi Gaunce spent the past Sunday with Mr. and Mrs. Steve Gaunce and Andy of Lexington.

Mrs. Gary Hollar and Tracy, Mrs. Jerry Galbraith and Denise Stone spent the weekend with Mrs. Rodney Smith and Shellie of Oakridge, Tenn., and accompanied Andrea home from a two weeks visit with the Smiths.

Miss Hallye Griffin and Russell Barlow, Hildreth Platt, Everett Ritchie, and Mr. and Mrs. Fred Hollar visited Mr. and Mrs. Roy Snapp during the week and on Sunday. Mrs. Snapp has not been so well the past few days.

Miss Debbie Caskey spent a couple days the past week with Carole Guy. Carole also spent Friday and Friday night with Debbie and Dana Caskey.

Mr. and Mrs. Bobby Brady and Gayle Brady were at the visitation and funeral of Mrs. Christine Caripbell at Carlisle on Thursday night and Friday. Sympathy is extended to Mr. and Mrs. Bill C. Campbell.

Mr. and Mrs. Richard Cain, Sr. spent Saturday night and Sunday with Mr. and Mrs. Larry Woosley and family of Carlisle. Mrs. Cain is not too well at this writing.

Wayne Stevens, son of Mr. and Mrs. Gene Bretz is recovering from second degree burns he received at his home several days ago. He was treated at Nicholas Conty Hospital and released.

Fred Hollar visited Mr. and Mrs. Lawrence Fryman, Paris on Wednesday.

Mrs. Phyllis Brady and Rev. Karen Lewis were among the large crowd who enjoyed the Mr. Hope Nazarene Camp meeting on Saturday.

Mrs. Wilma Adams, Paris spent several days the past week with Mr. and Mrs. Jackie Kenney and James.

Bob Kenney, Covington, spent Saturday with Mr. Gladys Kenney.

Mrs. Bobby Brady visited Wilfred O. Doyle, Nicholas County, Mrs. Margie Fryman, Mrs. Mark Doyle and son and Mrs. Brenda Nolen and Jennifer, all of Harrison County the past week.

Mike Mateo suffered the loss of part of a finger in a farm accident Tuesday. He was taken to Harrison Memorial Hospital for treatment and later sent to Louisville, but returned home later in the week. He is now recuperating at home.

Miss Tammy Morris and Phillip Holland of Rose Hill Church are attending Huggles Camp this week.

E.V. Delaney was Sunday dinner guests of Mr. and Mrs. Hinton Caswell at a restaurant in Ripley, Oil. They also visited several places of interest.

J.R. Kenney and family were Sunday dinner guests of Mrs. Mae Kenney and Levell. Mr. and Mrs. Jerry Nichols and son were also visitors.

Charity and Chad Land, Lexington spent from Thursday till Tuesday with their grandparents, Mr. and Mrs. Clyde Snapp, Sr.

Mrs. Frankie Feeback and several ladies from Nicholas County School attended cooking exercises at Morehead several days the past week.

Layne Hollar dined with Mr. and Mrs. Bill George on Sunday. Mrs. Lois Brannock, Cynthiana, was also an afternoon visitor.

Mr. and Mrs. Bill Mesengale and children of Covington, spent Saturday and Sunday with Mr. and Mrs. Lloyd Graham and family and other relatives here.

Mrs. Sue Coppage of Harrison County accompanied Mrs. Dorothy Coldiron of Cynthiana to R.E.C.C. Grounds one day the past week for the S.S. Picnic of the Mt. Pleasant Church.

Mrs. Gladys Kenney visited Mrs. Delma Livingood, Mrs. A.R. Fisher and several in the hospital and nursing home on Sunday afternoon.

Mr. and Mrs. Louis Fryman and Ramona George visited Mr. and Mrs. Fred Hollar on Sunday afternoon.

Martha and Daley Blakeman and Dana were supper guests of Mr. and Mrs. Raymond Kennedy, Lexington, honoring Martha's birthday.

Mr. and Mrs. Chuck Tanner and Jessie, Kitty and Lori Hollar all picnicked on Sunday at Cave Run.

HIGHWAY USE TAX FILING DEADLINE SEPT. 30

Normally, owners of most large trucks, truck-tractors, or buses must file an IRS Form 2290, "Federal Use Tax Return on Highway Motor Vehicles," by Aug. 31 each year.

However, because of a delay in issuing Form 2290 this year, the IRS said the due date for filing the return and paying the tax has been extended to Sept. 30. The IRS will mail Forms 2290 to taxpayers who filed a return last year.

At 1931 Bible School

Pictured during a July 15, 1931 Bible School gathering of Methodist and Presbyterian students on the courthouse lawn are, left to right, Vera Gaunce, Jean Ritchie, Elizabeth Beatty, Shalla Smith, Eleanor Ritchie, Georgia Feeback, Frances Blount. Standing, Jean Palmer Myers, Mabel Waugh, Lucille Smith, Maurice Brothers, Glennie Stone, Buddy Hopkins, George Saunders, Ivan Kendall, Idalise Alexander and Hazel Alexander. — Photo submitted.

Wetterau names Kelley to retail council

Charley Turnbull, president of the Lexington Division of Wetterau Inc., announces the election of Gayle Kelley of Carlisle IGA as a senator in the Wetterau Retail Advisory Council.

Kelley is part owner and operator of Carlisle IGA. "His over 15 years in the food industry brings to the Retail Advisory Council a vast source of talent," Turnbull pointed out. He previously served as zone manager and retail store counselor for Wetteau. He attended Maysville Community College and the University of Kentucky, where he received his degree in management. Kelley lives in Kennedy Heights with his wife Donna, and two children, Gayla and Stephen.

Kelley will work with IGA retailers and other senators to continue effective communication between IGA stores and the wholesaler, Wetterau Incorporated. In addition, he will attend quarterly meetings to evaluate new programs, promotions and special activities keeping the stores he represents updated on current trends in the food industry.

Senators presently representing Wetterau's 80 IGA stores on the Retail Advisory Council include: Jerry Rosser, Flemingsburg; Paul Thompson, Prestonsburg; Lile Thompson, Winchester; Earl Bonza, Corbin; Virgil Horseman, Stanford; Jim Cox Leburn, and Delbert Brown, Stanton.

KNG UNIT COMPLETES SUMMER TRAINING

Units of the 201st Engineer Battalion, Kentucky Army National Guard, with headquarters in Ashland, returned Saturday from their annual two week training at Fort Campbell.

Members of the 201st under the command of Lt. Col. Larry C. Barker are Company A, Ashland; Company B, Olive Hill; Detachment 1, Company B, Ashland; Company C, Cynthiana, and Company D, Carlisle.

While at summer camp the units participated in physical training, unit operations, tank ditching, demolition training, and airfield repair.

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TableRite Round Steak $1.69 lb.

TableRite Cube Steak $2.49 lb.

Thorn Apple Valley Boneless Turkey Hams lb. $1.39

Tyson Fryers lb. 69¢

Partridge Wieners 12 oz. pkg. 99¢

Thorn Apple Valley Sliced Bacon lb. $1.69

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*This is Coupon Extravaganza Week. Check our Handbill for Coupons. Coupons also available in store.

All Coke Products, 8 - 16 oz. Plus Deposit COKE $1.49

49 oz. box CHEER DETERGENT $1.59

IGA, Grd HOMOGENIZED MILK $1.69

DELTA TOWELS 2/$1

20 oz. Loaf SANDWICH LOAF 59¢

Bath Tissue, 4 Roll Pack COTTONELLE 99¢

TableRite LARGE EGGS Doz. 69¢

VALVOLINE OIL Quart 89¢

Think PRODUCE

California Juicy Plums 49¢

Red Seedless Grapes lb. $1.19

Lodi Apples 3 lb. bag 99¢

Green Beans lb. 49¢

*Come in & Play Cash Match.

*Cash Match Tickets for Chevy S-10 Sweepstakes must be in by July 29.

We have Winners every day!

New Store Hours for Summer Months: Mon. - Sat. 8:00 to 9:00 Sunday 12 Noon to 6:00.

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9-Piece Bucket Bucket Chicken $3.99

Kahn's Turkey Breast lb. $3.79

Bluegrass Chipped Ham lb. $2.29

Fresh Potato Salad lb. 79¢

Coney Island Hot Dogs 2 For 99¢