Courthouse news

Nicholas District Court, July 25, 1983
Honorable Jack Arnold, Chief District Judge

83-M-001, David L. Markel, Carlisle, KRS 218.140 possession of marijuana. Guilty plea; 90 days in jail plus cost. Probation officer to file report 8/1/83. Defendant remanded to the custody of the Nicholas County jailer to begin serving 90 day sentence.

83-M-088, Mason Holland, Lexington, non-support KRS 530.050. Guilty plea; 90 days in jail plus costs. Probation officer to file report 8/1/83. Defendant remanded to the custody of the Nicholas County jailer to begin serving 90 day sentence.

83-M-079, Ferlin T. Watkins, General Delivery, probation hearing. Granted effective 8/4/83. Defendant to be released on 2 years probation after having served 30 days in jail.

83-M-089, Janet W. Johnson, Maysville, theft by deception KRS 514.040. Guilty plea; $10 plus costs; 30 days in jail. Restitution to the victim has not been paid. Probation officer to file a report 8/1/83. Defendant remanded to the custody of the Nicholas County jailer to begin serving 30 days sentence.

83-M-083, Ricky Morris, Carlisle, P.I. KRS 244.020 disorderly conduct, KRS 525.060 resisting arrest., KRS 520.060. Trial set for 8/8/83 at 1:00 p.m.

83-M-076, Kenneth L. Jolly, Millersburg, disorderly conduct KRS 525.060, P.I. KRS 244.020. Disorderly conduct merged into P.I. on motion of the Commonwealth. $25 plus costs to be paid in full by 8/1/83; 30 days in jail probated for 1 year on condition of no further like/similar convictions.

83-M-085, Wayne Crain, Flemingsburg, harrassment KRS 525.070. The victim is the wife of the defendant. Continued 6 months at the request of the victim; $500 peace bond posted by defendant.

83-M-087, Maurice Feeback, Carlisle, wanton endangerment 2nd degree. Not guilty plea; pre-trial conference set for 8/1/83 at 10:30 a.m.

83-M-064, Jimmy Martin, Jeffersonville, fishing without a license KRS 150.170. Bench warrant; $57.50 cash bond.

78-P-017, William Caldwell, Trustee for the C. L. Linville Estate, annual settlement. Order entered.

78-P-045, William Monroe Wheeler Estate, periodical settlement. Order entered.

81-P-040, Lillie Morris Estate, final settlement. Order entered.

78-P-008, Bobby Jones Estate, final settlement. Order entered.

Lester's buy discount store

Cartmill and Sue Lester have purchased Bastin's Discount Store at 118 Main Street, Carlisle. The business will be known a Lester's Family Store.

The store is now open but will have its grand opening on Saturday, Aug. 13.

Mr. and Mrs. Lester live in Kennedy Heights.

He is a member of City Council where he has served for two years, and was recently appointed to serve on the 911C Council for Nicholas County. He is also a charter member of the Lions Club, American Legion, Dougherty Lodge 65 F&AM.

Lester resigned his position as supervisor at Blue Grass Industries to open his own business.

Mrs. Lester is employed by Blue Grass Industries as a supervisor. They have two daughters, Debbie Ruark, Carlisle, and Pam Hay, Lewisburg, and they have four grandchildren.

Auction

Sat., July 30 at 10:30 a.m.

On the Sugar Creek Road 1½ miles from Blue Licks Lodge. Follow arrows from US 68

Mrs. John W. Fryman is moving into a smaller home and will sell some of her personal property at auction.

THE FOLLOWING IS A PARTIAL LIST:

Antique glass china cabinet, 2 refrigerators, ½ bed, 1 bed matress springs (new), two couches, breakfast set with six chairs, iron bed, odd chair, gas heating stove, Brother sewing machine, bunk beds, odd tables, oven broiler, pots, pans, odds & ends, T-600 power unit for CB, Portable TV color, 16,500 BTU air conditioner.

After the above itmes are sold a consignment of new merchandise will be sold: Radios, Tools, Watches, Binoculars, Calculators and Etc.

Terms: Cash

Larry Hunt Auction Co.

Larry Hunt, Auctioneer 289-2175

Public Auctions A Speciality

Ready for business

Roy L. Bowen, right, opened Blue Grass Hardware (formerly Home Hardware of Carlisle) in April. Mr. Bowen is Marie Evans, secretary and head bookkeeper. Mr. Bowen has a degree in Business from Georgetown College and is a veteran of World War II. He and his wife, Ada, and son, Allen, reside in Winchester. Mrs. Evans is married to Mike Evans. They have two sons, Michael and Chris, and live at Route 2, Carlisle. — Mercury photo.

Deeds recorded

Frazier and Denda Earlywine, deed to four tracts of land on Sugar Creek, to Albert and Janice Daniel, $65,000, June 13, 1983.

Donnie and Kathy Dixon, deed to land on Lower Blue Lick and Pleasant Valley Road containing 76 acres, to Connie G. Boone, $41,000, June 13, 1983.

Avery and Barbara Workman, deed to 36 acres of land on U.S. Highway 68, to Eastern Kentucky Production Credit Association, foreclosure proceeding in Nicholas Circuit Court, No. 82-CI-063, May 24, 1983. Recorded June 14, 1983.

William Powell Inc. (A/K/A William Powell Company Inc.), deed to Lot No. 72 in Section C, Lake Carnico Estates, to Russell and Mary Belle Selvage, $2,000, May 5, 1983. Recorded June 15, 1983.

John T. and Roberta Howard, deed to small parcel of land in city of Carlisle, to Hirschel and Margaret E. Howard.

State Fair news

Color Guard competition

One of the military's biggest events at the fair, Color Guard competition, is scheduled for Saturday, Aug. 13. The 11th annual free show is sponsored by the 100th Division, U.S. Army Reserve, Senior NCO Council. It starts at 10 a.m. on the street in front of the West Hall and lasts about two hours.

Kentuckiana Square Dancers

Kentuckiana Square Dancers will be performing on the Front Circle five days during the fair. Members will be in action from 7 p.m. to 10:30 p.m. Aug. 12, 13, 14, 19 and 20, free.

Ewald B. and Gertrud Kaiser, deed to Lot 36, Section E, Lake Carnico Estates, to James A. and Sharon S. Murrell, $8,500, June 27, 1983.

Odie Mitchell, deed to tract of land on Walnut Street, to Jimmy W. and Lois M. Mitchell, $9,000, June 30, 1983.

H.L. McClanahan, executor of estate of Pearl Crump, deed to lot of ground on Main Street, to Raymond and Anna Yazell, $18,200, June 29, 1983.

Andrew B. Craig (one-half interest), adjusting boundary line, June 14, 1983.

William C. Jr. and Mona G. Clark, deed to tract of land on Emmert Drive, to James M. and Sherry Lou Fields, $35,000, June 17, 1983.

David S. Hardin Sr. (½ interest) and Marietta H. and Lewis W. Gibson, (½ interest), deed to three tracts of land on Cassiday Creek Turnpike Road, to Billy G. Hopkins, trustee, reconveyance, June 21, 1983.

Danny C. and Jane B. Tackitt, deed to one-half of Lot No. 80, Section C, Lake Carnico Estates, to Robert E. and Jennifer C. Jones, $3,750, June 23, 1983.

Wagoner and Wilson Inc., deed to four tracts of land on Ky. Highway No. 32, to Reno F. III and Betty S. Runck, $261,000 and assume mortgage, June 27, 1983.

Donnie Gene and Elizabeth Wagoner, deed to 20.09 acres on Highways 32 and 36, to Mary Louise Snapp and Michael Wayne Wagoner, $20,000, July 7, 1983.

Licha H. and Rose Marie Farah, deed to 72 acres on Crooked Creek Turnpike, to Donnie Gene Wagoner, $45,000, July 7, 1983.

County wrecks reported

The sheriff's office reports only one wreck this week.

On July 25 at 4:50 p.m. on Highway 32, 11 miles north of Carlisle, a pickup truck driven by Roy Hickerson of Flemingsburg slid 57 feet before hitting the back of a slow moving 1982 Buick driven by Charles McCarty of Paris. The car was heavily damaged and truck was demolished.

Municipal Aid Fund Public Notice Proposed Use Hearing

A public hearing will be held by Carlisle, Ky. at the City Hall on September 12, 1983 at 7:15 p.m. for the purpose of obtaining written and oral comments of citizens regarding possible use of Municipal Aid Funds. The City currently has $2,500.00 in carry-over funds from fiscal year 1982-1983 and will be receiving $11,526.45 during the fiscal year 1983-1984. $11,526.45 Motor Fuels tax for a total of $14,026.45.

All interested persons and organizations in Carlisle, Ky. are invited to the public hearing to submit oral or written comments on the possible use of the Municipal Aid Funds. All proposed projects for the use of these funds will be identified at the hearing.

Any person(s) (especially senior citizens) who cannot submit written statements or attend the public hearing, but wish to submit comments, shall call the city hall 289-5300 so that arrangements can be made to secure their comments.

Real Estate For Sale

I. Just Listed — 6 room brick, bath, gas furnace, part basement, excellent location. 1.62 acres of land. Just out of town on Moorefield Rd.

II. Nice little 5 room house, part basement, double garage, excellent location. Small utility bills. Sycamore Hill.

III. Just listed — Corner Sycamore and Mulberry St. A six room house in perfect condition, steam heat, 2 baths, beatuiful kitchen. We invite you to take a look. Ready to move into.

IV. A 1980 Winston trailer 14x70, two bedrooms, large kitchen. Trailer almost complete with furniture. Trailer in perfect condition.

V. Just listed - 22 acre farm, Pleasant Springs Road. Six room house that has just been remodeled. New vinyl siding, new wiring, plumbing, gas furnace, bath, modern kitchen. Tobacco base 2100 lbs., 4 bent barn and other small buildings. If interested take a look soon. This one will not last long.

Fightmaster Real Estate Agency

Phone 289-2470 Larry Wills, Broker Phone 289-7295

Public Auction

Sat., July 30, 10 a.m.

Located at 210 North Street in Carlisle

Having sold her home, Mrs. Jess Ockerman has asked us to sell the following personal property:

ANTIQUES AND COLLECTIBLES: dresser w/beveled mirror, pr. walnut chairs, large primitive chest of drawers w/turned front columns, unusual drop-front desk-on frame w/shell carvings and glass pulls, rocker w/woven seat, sewing rocker, oak rocker, trunk, mahogany bed, iron skillets, oil lamp, small tables, bottle from Ireland (100 plus yrs. old), straight razor, good treadle-type sewing machine.

HOUSEHOLD ITEMS: iron bed, end table, ottoman, chairs, hide-a-bed couch, card table, small kitchen cabinet, kitchen table w/four chairs, small table, hamper, linens, picutres, tables & wall lamps, porch swing, yard chairs, vacuum cleaner, small electrical appliances, many dishes & small items, gas range, Frigidaire refrigerator, like new Westinghouse heavy-duty washer & dryer, other items too numerous to mention.

Terms: Cash
Owner: Mrs. Jess Ockerman

Earl Hamm Auctioneer and REAL ESTATE BROKER

Carlisle, Ky. Office Phone 289-5720; Home 289-5320

Mark Mattox, Auctioneer & Real Estate Broker
Wilbert Winkle-Clerk Sandye Eubanks-Cashier

Not Responsible for Accidents

Estate Auction

6-Room Frame House & Personal Property

Sat., Aug. 6, 10 a.m.

Located in Downtown Sharpsburg, Ky. on Rt. 11 approximately 11 miles from Mt. Sterling, Owingsville and Carlisle.

In order to settle the estate of Ada Lee Fair we have been commissioned to sell the following property:

6-Room Frame House

Consisting of living room, kitchen, dining room, 2 bedrooms, utility room and bath. Large concrete front porch with carpet. House carpeted throughout except kitchen (recently installed). Washer and dryer hookup, paneling on walls, ceiling tile, shudders on house, has sidewalk, storm doors and windows, natural gas floor furnace and city water. Also 18'x20' storage or utility building with concrete floor. All this located on large well landscaped lot with shade trees, shrubs, flowers and privacy hedge. Close to churches, store, bank, etc.

Personal Property

Hardrock maple breakfast set w/6 chairs; Admiral refrigerator; Vesta gas range;Maytag washer and dryer, Renco chest freezer, 25 cu. ft., antique round oak dining table, 6 antique oak chairs, China cupboard, cedar wardrobe, cedar chest, 3 pc. bedroom suite (nice), 3 oak rockers, console stereo, treadle sewing machine, old kitchen cabinet, chest, dresser, stand tables, pole lamp, Zenith floor model color TV, copper bucket, fan, magazine rack, oak library table, 2 iron bedsteads, lamp tables, odd chairs, 2 pc. living room suite (like new), end tables, coffee table, utility cabinets, lawn furniture, porch glider, porch swing, window fan, flower stand, electric sweeper & electric broom, pictures, picture frames, what-not shelves, trivets, glassware, dishes (lots), jars, skillets, pots, pans, electric drill & bits, garden tools, hand tools, water hose, flower stand, hedge trimmer, MANY, MANY MORE ITEMS TOO NUMEROUS TO MENTION.

TERMS: Real estate 20% down, balance within 30 days. Personal property cash day of sale. Announcements day of sale take precedence over printed matter.

Heirs of Ada Lee Fair, Owners
Bobby Fair, Exec., 498-0971 - White, Pack & Corrington, Attorneys, Mt. Sterling

—SALE CONDUCTED BY—

McCormick Land & Auction Co., Inc.

Alie McCormick, Real Estate Broker & Auctioneer, 498-2868
Edwin O. Burden, Real Estate Broker & Auctioneer, 498-5330
Mike Phipps, Auctioneer, 498-6448 Paul Lyons, Clerk, 383-4296

Auctioneers' Note: This is a good, clean line of furniture. Real estate is well located. Estate sale. BE THERE TO BUY!

BUY, SELL, TRADE OR RENT THROUGH THE CLASSIFIED ADS

CLASSIFIED ADVERTISING RATES

Cash with order rates

Classified Ads **15¢** a Word
Minimum "3" —20 words or less "3"/insertion.
Two insertions "5" Cash in Advance.
In Memoriams, Cards of Thanks 12¢/word
Minimum $3.00 - 25 words $3.
Bold Faced Words 25¢ a word
Classified Display $2.66 col. inch.
No refunds on classified ads cancelled by customer.

Due to the high cost of postage, handling and billing, all classified ads are now CASH IN ADVANCE

NOTICE: We are not responsible for errors in Classifieds we will rerun without charge corrected ad if notified the following week. Any error on number of insertions should be reported the week following publication of classified. Failure to report by 10 a.m. Tuesday will result in the customer being charged for that or following weeks insertions unless notified by advertiser. The Carlisle Mercury.

Classified Ad Page Deadline Tuesday Noon

FOR SALE

FOR SALE: 81 CM400E Honda bike, 289-2368 after 5:00 p.m. 7-28-2tchg.

FOR SALE: Medi Pac mineral for pink eye. Nicholas County Feeders Supply. Phone 289-2303. 7-21-8tc.

FOR SALE: 1978 Mercury Zephyr, AM-FM radio, rear defogger, four cylinder, good gas mileage, 44,000 actual miles. James Pergram, 289-7023 or 289-2431. 7-11-8t*

FOR SALE: Purebred Simmental bull. Phone 289-2363. 7-21-8tc.

FOR SALE: 1981 Toyota GX4, 2 speed. New tires. Excellent condition. 289-5618. 7-28-2t*

FOR SALE: 1970 LTD Ford, 4 door hard top. In good condition. Call 289-5600. 7-28-1t*

FOR SALE: A nice five-acre farm with an extra nice modern house, stable. See to appreciate. Possible owner financing. 803.000. 289-7350. 7-28-2t*

SPECIAL SALE: 5 Gallon Driveway Sealer $8.99. Protect your blacktop driveway this winter. Brushes and applicators available. Reid & Vice, Inc., 289-7175. 7-28-2t*

FOR SALE: One corn fed steer, about 650 pounds. Ready for slaughter. Call 289-2488. 7-28-2t*

FOR SALE: 1963 International Harvester four wheel drive pickup - $400.00 1962 1½ ton Ford truck with flat - $400.00. Call 289-5082 after 6:00 p.m. 7-28-1tchg.

FOR SALE: Sakrete Concrete Mix and Mortar Mix. Pour or Patch Concrete. Just add water. Reid & Vice, Inc., 289-7175. 7-28-2t*

FOR SALE: Good used refrigerators, freezers and air conditioners. 30 day guarantee on all used appliances. Phone Chester Bretz, 289-5700 anytime. 4-7-tfc

YARD SALE

YARD SALE: Saturday, July 30th, 10:00 a.m. - 5:00 p.m. Like new love seat, stereo stand, household items, used clothing and shoes. New! Salesman's samples and new Lee men's and women's jeans. Larry and Ginger Fields, 303 2nd Street. 7-28-1t*

YARD & BARN SALE: At the Homestead Antique Shop of Mrs. William C. Mann on Highway 32, five miles from Carlisle on the Myers Road. Beginning at 8:30 on July 30-31. All kinds of antique furniture, linens, woven rugs, dishes, pottery, crafts, iron ware. If need information, call 289-2946. 7-28-1t*

YARD SALE: Friday, July 29, Cassidy Creek Road. Tops, Pants, Dresses, Curtains, Rugs and many other items. 7-28-1t*

GARAGE SALE: Thursday and Friday all day. Right in East Union. Children's jeans and lots more. 7-28-1t*

YARD AND BAKE SALE: Friday and Saturday, July 29 and 30. 106 High Street. 3 families. Beam Bottles, bedspreads, children and adult clothes. 7-28-1t*

YARD SALE: U.S. 68 at Ellisville. Friday and Saturday, July 29-30, 9-5. Men's, Ladies', Children's clothes, furniture, dishes. Pat Hamm. 7-28-1t*

YARD SALE: Friday and Saturday at home of Mary George on Moorefield Road: girls jeans and dresses size 5 and 6. LOTS of other clothes and miscellaneous items. Cancel in case of rain. Mary and Dottie George. 7-28-1t*

NOTICE

NOTICE: We will be closed Monday, Aug. 8 thru Saturday, Aug. 13 for vacation. Carlisle Cleaners. 7-28-2tchg.

NOTICE: Mynear family reunion Aug. 6, 11:00 A.M., Blue Licks State Park. Bring food and drink for your family. Plates and utensils provided. 7-28-2t*

NOTICE: Ice Cream Social and Benefit Auction for Nellie Hughes Saturday, July 30, 6:30 p.m. at Blue Licks Christian Church. Everyone welcome. Serving ice cream 75¢ each. 7-28-1t*

NOTICE: Clavell-Vice Reunion, Sunday, Aug. 7, all day, National Guard Armory. All friends and relatives invited. 7-28-1t*

NOTICE: Steak, country ham and shrimp supper, Friday night, July 22. Kelley's Restaurant. Also hot fudge cake. 7-28-1t*

NOTICE: All kinds of fruits and vegetables. Large yard sale at La's Fruit Stand, Myers Road. Special on cantaloupes, watermelon and June apples. 7-28-1t*

NOTICE: One-half price off on many summer items. Others, twenty-five and ten percent off through August. In-Between Shop. 7-28-2t*

SPECIAL PRICE: Liquid or Fiber Roof Coating. Only $14.98 per 5 gallon. Reid & Vice, Inc., 289-7175. 7-28-2t*

HIRING HOMEMAKERS

All towns! Demonstrate toy parties til Christmas. Good pay, 12 week job. Free $200 Toy Kit. No investment! Unbeatable program! Low priced toys and gifts. Fun, easy to learn! Call Toll Free 1-800-621-2552, Sharon Wiles — House of Lloyd, Inc., Monday-Friday- 8:00 a.m.-5 p.m. 7-14-3t*

BUSINESS OPPORTUNITIES: SATELLITE ANTENNA dealers needed. No experience required. Dealer cost for a complete unit as low as $747. Retail $1395. Call 303-574-4763. 7-21-3t*

MOBILE HOMES: Large selection new, used, repossessed homes. VA-FHA loan financing. Manchester Mobile Homes, Manchester, Ohio, 513-549-2024. 7-28-1tchg.

NOTICE: Now Available Trewax Wallpaper Remover Machine. Remove old wallpaper before putting on new. Reid & Vice, Inc., 289-7175. 7-28-2t*

NOTICE: See us for your carpet needs. Commercial or residential. Garrett's Furniture Co., 226 West Main Street. Phone 289-2308. 4-14-tfc

CARD OF THANKS: We would like to take this opportunity to thank everyone who thought of us in the time of our son, Derek Tyler's death. We are very grateful for all the flowers, food, visits, cards, contributions, and prayers. A special thank you to Dr. Onias Villafior, Dr. A.J. Hamon, B&G Ambulance Service, Mathers-Gaunce Funeral Home, Rev. Bert Eyster, Rev. James Gaunce, and the staff of Nicholas County Hospital. Your kindness and thoughtfulness will never be forgotten. Marthyn and Daryl Stacy. 7-28-1t*

CARD OF THANKS: The family of Mrs. Rena Crawford wish to express our deep gratitude to everyone for each act of kindness shown us during the illness and death of our loved one. To Dr. Womack and Dr. Thomas, the Fleming County Hospital, Pioneer Trace Nursing Home. To friends and neighbors for visits, flowers, cards and food. To Rev. Tom Geminhart for visits, prayers and comforting words, Mathers-Gaunce for their kind and efficient service. May God bless each one. The Children. 7-28-1t*

CARD OF THANKS: Thank you Coaches Daryl Stacy and Marshall Fryman. You're No. 1 with us! Minor League Cubs. 7-28-1t*

CARD OF THANKS: The family of Leo Brumagen wish to express their sincere thanks and appreciation to all friends, family and neighbors for all the flowers, money and acts of kindness during the death of our loved one. A special thanks to Dr. Morford, the Nicholas County Hospital and Nursing Home staff, Mathers-Gaunce, the Revs. James Gaunce, Troy Miller and Ed Hopper. And a very special thanks to Luther Anderson. God bless you all. 7-28-1t*

CO-ADMINISTRATORS NOTICE

All persons knowing themselves to be indebted to the estate of Norwood Auster, deceased, will call upon the undersigned at once and settle same; and those having claims against said estate will present same properly proven to the undersigned (or attorney) for payment. Co-Administrators of the estate of Norwood Auster, deceased. Elizabeth A. Brewer, Route 2, Carlisle, Ky., and Robert D. Auster, Route 1, Sharpsburg, Ky. 7-14-3t*

CO-EXECUTOR NOTICE

All persons knowing themselves to be indebted to the estate of Mary E. Lowe, deceased, will call upon the undersigned at once and settle same; and those having claims against said estate will present same properly proven to the undersigned (or attorney) for payment. Henry G. and James C. Lowe, Co-Executor, of the estate of Mary E. Lowe, deceased. Charles M. Cox, attorney. 7-28-3t*

CO-EXECUTOR NOTICE

All persons knowing themselves to be indebted to the estate of O.R. Conrad, deceased, will call upon the undersigned at once and settle same; and those having claims against said estate will present same properly proven to the undersigned (or attorney) for payment. Jimmy R. Conrad and Delores C. Conrad, Co-Executors of the estate of O.R. Conrad, deceased. Charles M. Cox, attorney. 7-21-3t*

WANTED

WANTED TO RENT: Small house or trailer in the country. Please call 289-5466 after 5:00 p.m. 7-21-3t*

WANTED: Woman to do light housekeeping and infant care in my home. Must have transportation. References required. Please reply to P.O. Box 242. All replies confidential. 7-14-2t*

WANTED: To lease-in tobacco, any amount. Top pounds and up. Will pay cash when lease is signed. Call 267-2771 after 8 p.m. 7-14-4t*

WANTED: to do babysitting day or night. Call 289-2774. 7-28-1t*

WANTED: Trustworthy lady to provide companionship and do small amount of cooking and cleaning for elderly lady in good health, in exchange for room and board. Reply P.O. Box 141, Carlisle, Ky. 40311. 7-28-1t*

WANTED: Sewing - Alterations. Lisa Brookshire, 289-5069. 7-28-1t*

FOR RENT

FOR RENT: 3 bedroom house in Ellisville, 289-7418. 7-28-2t*

POSTED

All persons are hereby notified not to trespass, fish, hunt, trap or shoot upon the land of the undersigned. Any person caught trespassing in violation of this notice will be reported to the Sheriff and prosecuted to the fullest extent of the law. It is necessary that we take this step to protect our property and wildlife.

E.K. Clark Farm on Saltwell Road. 6-2-tfc

DR. SALLY RIDE, America's first woman in space, will spend a day in Lexington August 25 as the guest of Senator Walter (Dee) Huddleston and Lexington Mayor Scotty Baesler. Dr. Ride will participate in a variety of activities, including a public meeting and a space art show for school age children in Central Kentucky.

Excessive warm weather can lead to hyperthermia

by Pam Embry
a WKU journalism major

Summer means warm weather, and that means outdoor fun. But excessive warm weather fun can lead to hyperthermia: heat stroke, heat cramps or heat exhaustion, so warn the Department of Physical Education and Recreation at Western Kentucky University, Bowling Green.

Biological factors combined with environmental factors can determine the degree of heat-related illness caused by excessive heat on the body, says Dr. Thad Crews, an exercise physiologist at WKU.

"Of the three forms of hyperthermia, heat cramps and heat exhaustion are the least severe, and heat stroke is the most severe," says Crews. The latter, he adds, requires immediate medical attention.

Age, chronic illness, medicine or other drug usage, and mental illness or depression are biological factors which can contribute to severe heat-related illness, statistics from the Center for Environmental Health in Atlanta say.

For example, the use of major tranquilizers, large doses of anticholinergic (high blood pressure) drugs or even alcohol can increase a person's risk of hyperthermia. Infants and elderly persons are also at particularly high risks.

The environmental conditions a person lives in can affect the degree of heat-related illness also, Crew adds. Lack of air-conditioning; lack of construction criteria that would maximize air movement; lack of trees and shrubbery surrounding residences; living on the higher floors of a multi-story building; occupational exposure to heat; and living in an urban area are some unfavorable conditions, he says, and offers the following signs and symptoms of hyperthermia:

Heat stroke — high body temperature; hot, red, dry skin; rapid and strong pulse; possible delirium or unconsciousness.

Heat cramps — Muscle cramps beginning in the legs and abdomen.

Heat exhaustion — Slightly elevated body temperatures; pale, clammy skin; profuse perspiration; tiredness and weakness; headache (and sometimes cramps); dizziness and nausea; possible fainting.

"Preventing heat-related illness can be easy," says Crews. "Use simple rule to remember is to drink plenty of water and increase your salt intake. Strenuous activities should be reduced, eliminated or rescheduled to the coolest time of the day. Avoid the heat as much as possible and spend more time in air-conditioned places."

Keeping cool can also be as simple as wearing loose and light-colored clothing in hot, sunny weather, he says, and refraining from alcoholic beverages and sponging body surfaces with water can assist in preventing heat stroke also.

Crews says if there is any question about medications you may be taking, contact your physician to see if it could contribute to heat problems.

Observe water safety rules

The Kentucky Division of Water Patrol has reported nine drownings in Kentucky over the Fourth of July holiday weekend.

Drownings were reported from Taylorsville Lake, Graves County, Laurel Lake near London and Harrison County. Two people died on Lake Barkley over the weekend and three fatalities occurred on the Kentucky River, said Division Director Larry Hatfield.

"Last year 75 Kentuckians lost their lives in drownings. This year we have had 39 drownings to date," Hatfield said.

"In order to reduce the number of water accidents and fatalities, we urge everyone to use good common sense and to observe all water-safety rules and regulations," he said.

Hatfield also urged Kentuckians planning to get out on the state's waterways to wear personal flotation devices. "While Kentucky law requires that you have them in your boat for ready access, I recommend that you wear them at all times when you're on the water," he stated.

Statistics compiled by the Kentucky Division of Water Patrol also show that many summer boating accidents involve the use of alcohol, Hatfield said.

"Water and alcohol may mix well in a drink, but water and alcohol can't be safely mixed with boating," he reminded the public.

Own Your Own

Jean-Sportswear, Infant-Preteen, Ladies Apparel, Combination, accessories of Quality Childrens Furniture Store. National brands: Jordache, Chic, Lee, Levi, Vanderbilt, Izod, Gunne Sax, Calvin Klein, Esprit, Zena, Ocean Pacific, Brittania, Evan Picone, Healthtex, 300 others. $7,900 to $24,500, inventory, airfare, training, fixtures, grand opening etc. Mr. Loughlin (612) 888-6555.

Crawford Farm & Building Supplies

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Phone 724-5217
Hiway 165, Mt. Olivet, Ky.
Hours: 8 a.m. to 5 p.m. Weekdays
8 a.m. to 4 p.m. Saturdays

FORD

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See Richard Emmons, Service Mgr.

COLE FORD, INC.

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No. Maysville Rd. Mt. Sterling

SETTLEMENTS

Notice is hereby given that the undersigned have made and filed their final or partial settlement with the Judge of the Nicholas County District Court and the same will be confirmed as a matter of Law 10 days after July 28, 1983 unless formal exceptions are filed thereto before that date.

William D. Smart and Cecil Smart, Co-Administrators. W. D. Smart, deceased, Route 4, Carlisle, KY 40311, 12-20-82, Charles M. Cox, Attorney, 112 Locust Street, Carlisle, KY 40311.

NOTICE

The following personal representatives have been appointed and qualified in the Nicholas District Court in the following estates:

Robert Dean Auxier, Route No. 1, Sharpsburg, Ky., and Elizabeth K. Brewer, Route No. 2, Carlisle, Ky., Co-Administrators, Norwood Auxier, Route - No. 1, Sharpsburg, Ky., 05-31-83; Roger Womack, Cliffway Drive, Carlisle, Ky., Attorney.

Jimmy Conrad, Cliffway Drive, Carlisle, Ky., and Delores C. Darland, 117 Vanderbilt, Lexington, Ky., Co-executors, O. R. Conrad, Cliffway Drive, Carlisle, Ky., 06-27-83, Charles M. Cox, 112 Locust Street, Carlisle, Ky., Attorney.

Henry G. Lowe, Route No. 3, Box 53, Paris, Ky., and James C. Lowe, Route No. 4, Carlisle, Ky., Co-Executors, Mary E. Lowe, Sycamore Street, Carlisle, Ky., 7-15-83. Charles M. Cox, 112 Locust Street, Carlisle, Ky., Attorney.

Rosie F. Hughes, 2nd Street, Carlisle, Ky., Administratrix, Mabel F. Shrout, Chestnut Street, Carlisle, Ky., 07-21-83. Charles M. Cox, 112 Locust Street, Carlisle, Ky., Attorney.