Mr. and Mrs. Harvey Wagoner

Mr. and Mrs. Wagoner to have golden anniversary on Jan. 25

Mr. and Mrs. Harvey Wagoner of Carlisle will celebrate their golden wedding anniversary with a reception on Sunday, Jan. 25, from 2 to 5 p.m. at the Carlisle United Methodist Church. The public is invited.

Mr. and Mrs. Wagoner, the former Pauline Dennis, were married on Jan. 24, 1931 at the Hutchison Station Methodist Church in Bourbon County by the Rev. Shelby Adams.

The Wagoners have three children: Mrs. C.T. McCord of Covington, Ky., Mrs. Tommy Grimes of Jamestown, Tenn., and David Wagoner of Lexington, Ky., seven grandchildren, three step-grandchildren and five great-grandchildren.

The couple requests no gifts.

Karri Beth Buckner has slumber party

Karri Beth Buckner, daughter of Mr. and Mrs. Mike Buckner, celebrated her eighth birthday on Jan. 9 with a slumber party.

Those attending were Amy Simons, Millie Bussell, Melody McClure, Amy Ecton, April Kerns, Kim Hardwick, Rebecca Crawford, Sara Cox, Andrea Galbraith, Amy McFarland, Angie Buckner and her grandmother, Mrs. Ruth Wade.

Crime novel featured next on 'Mystery!'

"Malice Aforethought," Francis Iles' crime novel about an English country doctor with poisonous tendencies, premieres on KET Tuesday, Jan. 20 at 10 p.m. (ET), 9 p.m. (CT).

The four-part dramatization is the second presentation of the new season in public television's "Mystery!" series.

"Malice Aforethought" is a tale of a domestic act of murder, set in the English country village of Wyvern's Cross in the 1930's. Hywel Bennet (whom viewers may remember as the spy Ricki Tarr in "Tinker, Tailor, Soldier, Spy") stars as Dr. Edmund Bickleigh, trapped in a loveless marriage and treated with contempt by his overbearing wife, played by Judy Parfitt.

Brief interruption necessary in HEAP

Extensive publicity and outreach efforts have resulted in an "overwhelming" number of applications for Home Energy Assistance Program benefits, Department for Human Resources officials announced.

According to William Huffman, commissioner of the department's Bureau for Social Insurance, more than 25,000 Kentuckians applied for the program's winter heating cost assistance benefits Monday, the first day of the program's operation.

"In order to give prompt service to those who have applied, we are delaying accepting more applications for a short time," Huffman said. "This brief interruption will also help us give better service to future applicants as well."

Kay's Kitchen

By Kay Fisher

In answer to the request for sponge cake recipe, I have two. You may take your choice. The calorie count for each is about the same. A two-inch slice is 100 calories. Angel Food cake is 150 calories for a three-inch slice. Just remember to eat a small slice. After all, a small piece is better than none.

HOT WATER SPONGE CAKE

1 cup sifted cake flour
1½ teaspoons baking powder
Dash of salt
2 eggs, separated
1 cup sugar
6 tablespoons hot water
1 teaspoon vanilla

Mix and sift flour, baking powder and salt. Beat egg yolks until thick and lemon-colored; gradually beat in sugar, then hot water, vanilla and finally flour; fold in quickly and thoroughly the stiffly beaten egg whites. Turn into a very lightly greased square pan, layer pans or muffin pans and bake in 350 degree oven: square pan, about 35 minutes; layer pan or muffin pans, 20 to 25 minutes. This will make one square, two (eight-inch) layers, or two dozen cupcakes.

SKINNY SPONGE CAKE

⅔ cup sifted cake flour
¼ teaspoon baking powder
1/8 teaspoon salt
2 eggs, separated, plus 1 egg white
¼ teaspoon cream of tartar
½ cup sugar, divided
¼ cup cold water
¼ teaspoon almond extract

Resift flour with baking powder and salt. Set aside.

Beat the 3 egg whites with the cream of tartar until stiff, but not dry. Sprinkle ¼ cup of sugar over whites; beat in thoroughly. Set aside.

Beat the 2 egg yolks until thick and light, about three minutes. Beat in water, remaining sugar and extract. Continue beating an additional five minutes.

Gently fold flour mixture into yolk mixture in several small additions. Then gently but thoroughly fold in beaten egg whites.

Divide mixture between two non-stick layer cake pans lined with waxed paper circles. Bake at 350 degrees about 35 to 40 minutes, until cake is springy and done. Cool. Remove layers and peel off paper. Makes two layers, 395 calories per layer.

Sponge cakes freeze well. Take the second layer and freeze. Sponge cake drinks in juices of berries and most fruits, so use that second layer for a special dessert. Thaw fruit instead of frosting.

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Now about the tender cooked pasta, versus firm cooked pasta. I have asked several knowledgeable people about the calorie count in each. The more tender cooked has fewer calories because the longer you cook the pasta the more starch you cook out of it. Sounds reasonable to me.

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More reading this week, and I find out you eliminate about 300 calories if you cool in refrigerator beef broth before adding vegetables for soup. A one-pound beef shank will provide about 8 ounces of lean meat. Cover the meat with water and simmer about two hours. Cool, refrigerate, then remove fat that will come to the top and can be easily lifted off. Reheat and add canned tomatoes and vegetables of your choice keeping in mind those vegetables having the least calories. Season to taste. So keep soup on your diet, so many good things go into a bowl of soup. And if you are going to add macaroni or any other pasta to the soup pot, remember to cook it separately and rinse thoroughly before adding it.

Homemakers have meeting at Library

Miss Shelley Gabriel

Couple planning June wedding

Mr. and Mrs. John B. Gabriel of Lake Carnico announce the engagement of their daughter, Shelley Lee, to Gregory A. Anderson, son of Mr. and Mrs. Raymond Anderson of Ludlow.

Miss Gabriel is a sophomore at Georgetown College. Mr. Anderson is a graduate of Georgetown College and is presently a graduate student at Ohio University.

A June wedding is being planned.

The Carlisle West Homemakers Club met Friday afternoon at the library.

Mrs. Willmer Halcomb, president, presided at the meeting. Mrs. Grimes Caywood gave the spiritual values. Roll call was answered with "your favorite wintertime hobby." A variety of things was mentioned including cooking, piecing of quilts, reading, embroidering, watching TV, reviewing new 1981 seed catalogues.

The lesson, "Grow or Decay" was given by Mrs. W.G. Irvin. She said, "We must make a choice. Find ways of relaxing that work for you. Don't let stress run away with you."

Mrs. Margie Wilson showed slides of ways we can conserve energy by rearranging furniture, room colors, window shades, shutters, storm windows, plastic covers, insulation, lighting, fireplaces and carpeting. Remember, there are practical solutions we can use to decrease our energy consumption problems.

Mrs. Willmer Halcomb served cookies and coffee at the social hour following the meeting.

Phyllis is promoting Kentucky craftsmen across the nation

First lady Phyllis George Brown announced last week she will be compiling a directory of Kentucky craftsmen to serve as a guide for retail outlets that want to locate quality Kentucky crafts.

Mrs. Brown, who has been active in promoting Kentucky crafts throughout the country as well as the state, said all craftsmen in Kentucky should send their names, addresses and photographs and price lists of their items for the directory. The directory will list Kentucky craftsmen, their crafts and where they are located.

"One of the problems we've discovered (in promoting Kentucky crafts) is in locating these craftsmen," she said. "We've had to rely on the Kentucky Guild of Artists and Craftsmen, which has been a big help, and press releases that have put the word out statewide...that I am interested in promoting crafts. But I'm afraid we are still missing many of the quality craftsmen that live and work here in Kentucky."

The announcement was made in conjunction with the visit of Bloomingdale's vice president in charge of home furnishings, Julian Tomchin, and two buyers from the department store, Paula Bennett and Barbara Diechman.

The representatives from the trendy New York department store will be touring Kentucky looking for items for the "Bluegrass" boutique which will open in Bloomingdale's about mid-March, Mrs. Brown said. The group will visit numerous crafts operations and antique shops in Lexington, Louisville, Springfield, Frankfort and Georgetown to complete their buying tour for the Kentucky shop.

Mrs. Brown, who was instrumental in establishing the boutique, said, "We'll be there until our supply runs out and in that time the governor and I will dollar utmost, working with Bloomingdale's promotional people and with our own New York friends, to call national attention to country chic — the beauty and quality of Kentucky's crafts."

Although the boutique is only temporary, Mrs. Brown said she will seek other markets for Kentucky handmade crafts. "Our hope is to find lasting markets," Mrs. Brown said. "Other stores, like Stillito's, have scheduled buying trips here this spring and our own state park gift shops are working to feature special Kentucky crafts sections with three of these shops now devoted exclusively to Kentucky crafts."

Host families being sought for Scandinavian students

American host families in Kentucky are being sought for Scandinavian high-school students from Sweden, Denmark, Norway and Finland for the 1981-82 school year in a program sponsored by the American Scandinavian Student Exchange (ASSE).

These students, ages 16 and 17, will arrive in the United States in late August 1981, attend local high schools, and return home in late June 1982. The students, all fluent in English, have been screened by their school representatives in Scandinavia and have pocket money and medical and liability insurance.

American families with small children or grown children, as well as those with teenagers, are welcome to participate in this program. Host families are permitted by the I.R.S. to deduct $50 per month from their taxable incomes.

ASSE is also seeking American high school students, ages 16 and 17, who would like to spend a high school year with a Scandinavian family or participate in a five-week family stay during the summer of 1981.

Persons interested in either of these programs should contact:

Mrs. Harriette Farr, 283 Blandville Road, Paducah, Ky. 42001; phone (502)442-1844.

The American Scandinavian Student Exchange (ASSE) is the official Swedish high school exchange program in the United States. It operates under the auspices of the Swedish Ministry of Education and is designated by the United States Department of State as a recognized exchange/visitor program. ASSE has area representatives in every area of the United States.

Seaman Sandra Lyons on Inaugural Committee

Seaman apprentice Sandra Lyons, graduate of Nicholas County High School, serving in the Navy since July 1979, has been chosen to serve on the Inaugural Committee.

She will be assisting and chauffering dignitaries in Washington, D.C. during this time.

She is in Data Processing and Computer Programming training and serving as executive secretary at the Naval Annex, Arlington, Va.

Miss Lyons is the daughter of Billy Lyons of Moorefield and Mrs. James E. Mitchell, East Union Road.

SOCIETY

Mr. and Mrs. Bobby Anderson and daughter Keeli Jane of Frankfort visited Mrs. Gladys Duncan one day recently.

Those out-of-town friends and relatives attending Mrs. W.B. Parker's funeral were: Mr. and Mrs. W.B. Eubank, Louisville; Mrs. Scott Perkins, Mrs. Charles Rainey, Mrs. Glenn Evans and Mr. and Mrs. Bernard Dorsey, Flemingsburg; Mrs. Merrill W. Mars, Lexington; Mr. and Mrs. Virgil Peddicord, Mr. and Mrs. J.H. Bell, Cynthiana; Mr. and Mrs. W.G. Francis, Fred Francis, Frankfort; Mrs. Kurt Frey, Glasgow; Mr. and Mrs. D.B. Edwards, Knoxville, Tenn.; Mrs. William Aldridge, Colorado Springs, Col.; Mr. and Mrs. Allen V. Hopkins, Haddonfield, N.J.; Charles Pryor, Dayton, Ohio.

Mrs. Jerry Linville submitted to major surgery Thursday at the Nicholas County Hospital.

Mrs. V.L. Calgan, Houston, Texas, is visiting her granddaughter, Mrs. Bert Eyster, Mr. Eyster and family.

Mrs. Nancy Shaw submitted to major surgery Monday at the Nicholas County Hospital. Mrs. William Letcher, Clarksville, Ind., came to be with her mother until Thursday.

Claude Darrell remains a patient at the Nicholas County Hospital.

Mr. and Mrs. Paul Day and Mr. and Mrs. Steve Day have returned home after spending the holidays in San Antonio, Texas. They were also guests of Mr. and Mrs. J.B. Ballard, Georgetown, Texas, and Mr. and Mrs. Ed Woods, Austin, Texas.

Mr. and Mrs. Paul Tedder entertained the residents at Lexington Hill Apartments with a lovely Christmas supper on Saturday night, Dec. 19. Miss Faye Letcher sang hymns.

Mr. and Mrs. Ed Baylous and children, Becky and John, of Lexington had Christmas supper with her mother, Ruby George, and sister, Carol George and Keli.

Mr. and Mrs. Harry Shipp of New Richmond, Ohio visited her aunt, Ruby George and daughter Carol and Keli on Sunday.

Miss Deborah Smith

Engagement announced

Mr. and Mrs. Charles W. Smith of Carlisle announce the engagement of their daughter, Deborah Sue, to William Collins Minton, son of Mr. and Mrs. J.B. Minton, of Carlisle.

Miss Smith is a 1980 graduate of Nicholas County High School and currently employed at Jerry's IGA Foodliner.

Mr. Minton is presently engaged in farming.

No wedding date has been set.

Hospital notes reported

Jan. 2-8, 1981

ADMISSIONS: Burnice Ritchie, Bertha Lawrence, Tilton Mitchell, Claude Darrell, Robert Thompson, Louise Delaney, Glenn Ritchie Jr., Pearl Crump, Gary Barton, Cletis Ritchie, Linda Linville, Alice Hamilton, Katherine McGlothin, Gerald Adams, David Darrell, Carlisle; Eddie Humphries, Cynthiana; Ewell Arrasmith, Bethel; Mae Hill and baby boy, Paris; Ruby Linville, Mayslick; Jennifer Vice, Moorefield; Rebecca Wagoner, Millersburg.

DISCHARGES: Jesse Caswell, Judy Roe, Dove Thompson, Mildred Duncan, Elizabeth Gaunce, Talmadge Hatton, Carolyn Tincher, Alex Crawford, Andrew Holland, Bertha Lawrence, Joe Smart, Tilton Mitchell, Bernice Lawrence, Willis Crockett, Gary Barton, Carlisle; Artie Collier, Mt. Olivet; Mae Hill and baby boy, Paris; Ruby Linville, Mayslick; Crystal Livingood, Jennifer Vice, Moorefield; George Hill, Ewing; Donna Leach, Sharpsburg.

Our January Clearance
Is Now In Progress
to $1 more
Oldham's
31 South Maysville Street — Open Monday Thru Saturday 9:00 A.M. To 5:30 P.M. — Mt. Sterling, Ky.

Prices in this Ad Good thru 1-20-81 — Prices in this Ad Good thru 1-20-81 — Prices in this Ad Good thru 1-20-81

FOODTOWN SUPER MARKETS
Open 8-8 Mon.-Sat

C & G
Kraft 10 oz. Jet Puff Marshmallows 39¢
Kraft 10.5 oz. Miniature Marshmallows 39¢

— Kraft Cheese —
Kraft 8 oz. Shredded Cheddar $1.39
Kraft 8 oz. Shredded Mozzarella $1.39
Kraft 7¼ oz. Macaroni & Cheese Dinner 3 For $1

1 lb. can (All Grinds) Maxwell House Coffee $1.99

Fresh (3 lbs. or more) Ground Beef Lb. $1.19

Armour Veribest Center Rib Pork Chops lb. $1.69
Armour veribest Center Loin Pork Chops lb. $1.79
Pork (9-11 Chops) Quarter Loin lb. $1.39
Country Style Pork Ribs lb. $1.39
Split Chicken Breast lb. $1.19
Thighs & Drumsticks lb. 99¢
U.S. Choice Beef Sirloin Steak lb. $2.99
U.S. Choice Beef T-Bone Steak lb. $3.19
U.S. Choice Beef Porterhouse Steak lb. $3.29
Armour veribest First Cut Pork Chops lb. $1.29
5 Count (3 Varieties) Hungry Jack Biscuits 3 For $1

— Kraft Cheese —
Kraft 8 oz. Mild Colby Cheese $1.29
Mild & Medium 8 oz. Kraft Cheddar $1.29
Kraft Grape Jelly 2 lb. jar $1.29

FOODTOWN COUPON — Plain, Self Rising, 5 lb. bag White Lily Flour 79¢ — limit one coupon per family — EXPIRES 1-20-81

FOODTOWN COUPON — 16.5 oz. can (11 Flavors) Betty Crocker RTS Frostings $1.19 — limit one coupon per family — EXPIRES 1-20-81

FOODTOWN COUPON — 12 oz. pkg. Chip-A-Roo Cookies 89¢ — limit one coupon per family — EXPIRES 1-20-81

Whole Hog (2 lb. pkg. $2.58)
Edward's Sausage lb. pkg. $1.29
Field Bacon lb. $1.59
Field Bologna Reg. Slice lb. $1.59

Solid Green Cabbage lb. 23¢
Round White Potatoes 20 Lbs. $2.49
Jonathan Apples 3 Lbs. 89¢
Florida Juice Oranges 5 Lbs. $1.39
Cargobell's 8 oz. Snow White Mushrooms 89¢
California Carrots Bag 3/$1.00
Excellent Rome Apples 3 Lbs. 89¢

FOODTOWN COUPON — Pillsbury 32 oz. box Extra Lite Pancake Mix 99¢ — limit one coupon per family — EXPIRES 1-20-81

FOODTOWN COUPON — 12 oz. In Tank Sani Flush Cleaner 89¢ — limit one coupon per family — EXPIRES 1-20-81

FOODTOWN COUPON — 13 to 14 oz. box (10 Flavors) Betty Crocker Box Frosting 99¢ — limit one coupon per family — EXPIRES 1-20-81

FOODTOWN COUPON — Sunshine 16 oz. Honey Grahams 89¢ — limit one coupon per family — EXPIRES 1-20-81

FOODTOWN COUPON — 24 oz. bottle Mrs. Butterworth's Syrup $1.49 — limit one coupon per family — EXPIRES 1-20-81

FOODTOWN COUPON — 60 Ct. Sta-Puf Dryer Sheets $2.99 — limit one coupon per family — EXPIRES 1-20-81

California Head Lettuce Head 49¢

FOODTOWN COUPON — 18.5 oz. box (10 Flavors) Betty Crocker Cake Mix 2/$1.29 — limit one coupon per family — EXPIRES 1-20-81

FOODTOWN COUPON — 4.5 oz. jars (All Varieties) Heinz Baby Food 7/$1 — limit one coupon per family — EXPIRES 1-20-81

FOODTOWN COUPON — 24 oz. bottle Log Cabin Butter Syrup $1.49 — limit one coupon per family — EXPIRES 1-20-81

FOODTOWN COUPON — 22 oz. can Easy On Spray Starch 89¢ — limit one coupon per family — EXPIRES 1-20-81

FOODTOWN COUPON — 5.5 oz. Bisquick Pouch 5/$1 — limit one coupon per family — EXPIRES 1-20-81

FOODTOWN COUPON — MC 091774 — 15 oz. box Cheerios $1.19 — limit one coupon per family — EXPIRES 1-20-81

Apple & Dutch Apple 8 inch Lloyd J. Harriss Pie $1.39
Shine Guard 28 oz. Glamorene $2.19
Airwick Plush & Conditioner 16 oz. Carpet Cleaner $2.19
Airwand (4 Scents) Airwick 89¢
Spray N Vac 24 oz. Rug Cleaner $2.19
Morton 5 oz. (5 Varieties) Limit 8 Boil-n-Bag 4/$1.00
Welch 40 oz. can Grape Juice $1.59
Marzetti 8 oz. jar Slaw Dressing 79¢
Banquet 32 oz. (6 Varieties) Buffet Supper $1.89
Minute Maid 12 oz. can Orange Juice 89¢

FOODTOWN COUPON — 8 oz. cans Hunt's Tomato Sauce 5/$1 — limit one coupon per family — EXPIRES 1-20-81

FOODTOWN COUPON — 3.75 oz. bar Caress Body Bar 2/79¢ — limit one coupon per family — EXPIRES 1-20-81

FOODTOWN COUPON — Betty Crocker 21.5 oz. box Family Fudge Brownie Mix 99¢ — limit one coupon per family — EXPIRES 1-20-81

FOODTOWN COUPON — Post 16 oz. box Bran Flakes 97¢ — limit one coupon per family — EXPIRES 1-20-81

Minute Maid Chilled 64 oz. carton Orange Juice 99¢

Banquet 32 oz. Fried Chicken $2.69

Star Kist Lite Chunk in Oil or Water Tuna 99¢

1 lb. box Premium Saltines 59¢

FOODTOWN COUPON — 12 oz. can Red Hawaiian Punch 69¢ — limit one coupon per family — EXPIRES 1-20-81

FOODTOWN COUPON — 32 oz. Bottle Lux Liquid $1.39 — limit one coupon per family — EXPIRES 1-20-81

FOODTOWN COUPON — 4.5 oz. (4 Varieties) Betty Crocker Side Quicks 3/$1 — limit one coupon per family — EXPIRES 1-20-81

FOODTOWN COUPON — With Egg 36 oz. Gainsburger Dog Food $1.49 — limit one coupon per family — EXPIRES 1-20-81

15 oz. Plastic Pine Sol 99¢
19 oz. pkg. Oreo Cookies $1.29
Large Garbage 15 Ct. Glad Bag $1.29
Liquid Cleanser 26 oz. Soft Scrub $1.39
22 oz. Detergent Dawn Liquid $1.09
Laundry Detergent 64 oz. Era Liquid $3.09
Airwick 14 oz. Carpet Fresh $1.89
2 Pk., (7 Scents) Airwick Stickup 89¢
Gorton Batter Fried 12 oz. Fish Fillets $1.89
Gorton Batter Fried 14 oz. Fish Sticks $1.89
Gortod 12 oz. Crunchy Portions $1.69
Gorton Crunchy 12 oz. Fish Sticks $1.69

49 oz. Box Tide $1.79

Lipton 48 Count Tea Bags $1.19

FOODTOWN COUPON — 1 lb. Sticks Imperial Margarine 59¢ — limit one coupon per family — EXPIRES 1-20-81

FOODTOWN COUPON — 33 oz. Fabric Softener Final Touch 99¢ — limit one coupon per family — EXPIRES 1-20-81

FOODTOWN COUPON — Betty Crocker 5.5 to 8 oz. (9 Var.) Hamburger Helper 3/$1.99 — limit one coupon per family — EXPIRES 1-20-81

FOODTOWN COUPON — 4 oz. can Pure Vegetable Spray Pam $1.19 — limit one coupon per family — EXPIRES 1-20-81

FOODTOWN COUPON — 2 lb. pkg. Sea Pak Onion O's $1.69 — limit one coupon per family — EXPIRES 1-20-81

FOODTOWN COUPON — 32 oz. Wisk Liquid $1.49 — limit one coupon per family — EXPIRES 1-20-81

FOODTOWN COUPON — 13.75 oz. Betty Crocker Potato Buds 99¢ — limit one coupon per family — EXPIRES 1-20-81

FOODTOWN COUPON — 48 oz. bottle Wesson Oil Blended $2.29 — limit one coupon per family — EXPIRES 1-20-81

FOODTOWN COUPON — 22 oz. can Niagara Spray Starch 89¢ — limit one coupon per family — EXPIRES 1-20-81

FOODTOWN COUPON — 35 oz. Dishwasher All $1.29 — limit one coupon per family — EXPIRES 1-20-81

8 pk., 16 oz. W/Btls. Coke, Tab Sprite $1.59

1 lb. pkg. Parkay Quarters 59¢

FOODTOWN COUPON — Pillsbury Hungry Jack 26.7 oz. Mashed Potatoes $1.79 — limit one coupon per family — EXPIRES 1-20-81

FOODTOWN COUPON — Quart Bottle Green Label Karo Syrup $1.29 — limit one coupon per family — EXPIRES 1-20-81

FOODTOWN COUPON — Fabric Softener ½ Gal. Nu Soft $1.89 — limit one coupon per family — EXPIRES 1-20-81

FOODTOWN COUPON — 49 oz. Laundry Detergent All $1.69 — limit one coupon per family — EXPIRES 1-20-81