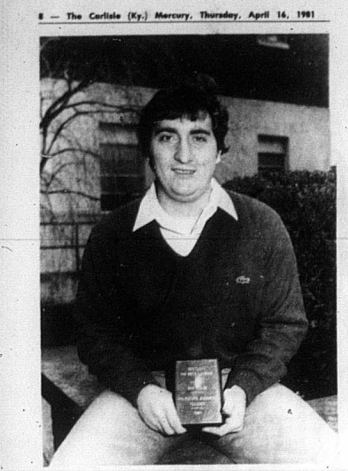
SOCIETY



Second place honor

Gregory S. Letcher, Carlisle senior at Morehead State University, took second place in the Mr. Future Business Teacher state-wide competition recently at the Phi Beta Lambda Annual Spring Leadership Conference in Louisville. — Photo submitted.

— Personals —

Mrs. Harold Letton Jr. has returned from a week's vacation in the Virgin Islands.

Andy Dudley has returned home from the St. Joseph Hospital where he submitted to surgery two weeks ago.

Clifton Waugh and son, Allen attended the Cincinnati Reds' opening day baseball game at Riverfront Stadium, Wednesday, April 8.

Mr. and Mrs. William Harper Jr., Cincinnati, Mrs. Lou Fasachate and daughter, Holly Ann of Cincinnati, and Mr. and Mrs. Robert Harrod and son, Robert of Elizabethtown were guests of Mrs. Howard Dorsey for the weekend. Mrs. Dorsey entertained with a Sunday dinner at Overby's Restaurant, Paris, for her guests and Mrs. William (Aileen) Harper and Mrs. Nathan Young Sr.

Mr. and Mrs. Warren Flesher were in Morehead over the weekend attending the spring meeting of the Kentucky Weekly Press Association. They were joined by James Smith, of Marshall University, Huntington, West Va.

Carey Griffith, Brooksville, Elizabeth Griffith, Morehead State University, Mrs. David Pugh and sons, Josh and Joey, Lexington, Mr. and Mrs. Steve Curtsinger, Lake Carnico, were guests of Mrs. Hicel Asbury Sunday, to celebrate the 20th birthday of Elizabeth.

Mrs. J.M. Pitman, Nicholasville, was the weekend guest of Mr. and Mrs. Sam Reynolds and family.

Given Harper, a student at Western Illinois University, Macomb, Ill. and Jean Dorsey, Flemingsburg, were guests of Mrs. Robert Harper for the weekend.

Mr. and Mrs. Clay Hunt, Mr. and Mrs. Larry Hunt and sons were in Flemingsburg to attend the funeral of Lowery Bennett Stockdale, Saturday, March 28.

Marie Chapter to meet Monday

Marie Chapter 259 will hold its regular monthly meeting Monday, April 20 at 7:30 p.m. at the Masonic Temple. After the business meeting refreshments will be served in the dining room.

All members are urged to attend.

Births

RUNYAN

Mr. and Mrs. J. Michael Runyan announce the birth of a son, their second, on April 3, 1981 at Sequois Hospital, Redwood City, Ca.

He weighed nine pounds 12 ounces and has been named Travis Michael.

Mrs. Runyan is the former Rita King of Carlisle.

School registration set for April 17

Registration for Head Start, Kindergarten and first grade will be Friday, April 17, at the Nicholas County Elementary gymnasium from 8:30 a.m. to 4:30 p.m.

Further information may be obtained by contacting Betty Conrad, Nicholas County Board of Education, 289-2264. Parents interested in Head Start should contact Helen Sosby, Nicholas County Community Action at 289-7172.

Carlisle West Homemakers meet

Thirteen members of the Carlisle West Homemakers and Home Agent, Mrs. Margie H. Wilson, met in the club room of the Nicholas County Public Library Friday, April 10 at 1:30 p.m.

The thought for the day on "Hope", Romans 5:5, was given by Mrs. J.R. Hamilton. The roll call was answered with "spring signs."

Miss Edna Huddleson and Mrs. Grimes Caywood gave the lesson on food shopping tips, myths and fallacies, which included remarks on coupons.

The minutes and treasurer's report were read by Mrs. Frank Henry.

The annual meeting April 23 will be at the Nicholas County Elementary School.

The hostesses, Miss Lucille Buntin and Mrs. Ben Pumphrey, served a dessert course.

Garden Club to meet Monday

The Carlisle Garden Club will meet Monday, April 20 at 2 p.m. at the Library.

The program will be slides on horticulture.

All members are asked to be present and receive your yearbook.

Mrs. Roberts hosts Parks Homemakers

The Parks Homemakers met in the home of Mrs. George Roberts Monday evening, April 13.

The meeting was called to order by the president, Miss Hazel Swarts. Spiritual values were given by Mrs. Ruth Tincher, scripture Romans 5:5, also a poem and prayer.

Roll call was answered by 15 members telling what signs of spring inspired them most.

The minutes were read and approved. The treasurer's report was given by Miss Marie Flora.

Lessons "Simple Plumbing" and "Food in your market basket" were given by Mrs. Margie Wilson. Issues and Concerns chairperson, Mrs. Rubel Williams, read a very informative article on drug safety.

Mrs. Wilson announced the annual homemakers meeting at the elementary school April 23 at 6 p.m.

Refreshments were served by Mrs. Roberts.

Millersburg Church is 150 years old

The Millersburg Christian Church will celebrate their sesquicentennial on April 25 and 26.

On Saturday, April 25, starting at 2 p.m., there will be an open house and homecoming. Sandwiches and snacks will be served at 5:30 p.m. and a hymn sing will follow at 6:30 p.m.

Sunday morning, April 26, the regular Sunday School will begin at 10 a.m. Dr. Richard H. Harrison, professor of history at Lexington Theological Seminary, will be the guest speaker at 10:45 a.m. There will be special music by Mrs. Bill Adams, and Martha Adams, and Doug and Barbara Lofton.

A carry-in dinner will be served following the service. At 2 p.m. there will be a rededication service and hymn sing.

Headquarters Homemakers meet

The Headquarters Homemakers met April 7 at 10:30 a.m. with Mrs. Taylor Snelling.

Mrs. Reynolds Allison presided over the regular business meeting, with Mrs. W.W. Cook giving the devotional by reading "Appreciation," "An April Day" and a prayer, "Thank You."

Fourteen members and Mrs. Margie Wilson answered the roll call with one sign of spring that inspired me most. A report on the cultural arts camp program that will be held in September was given.

The Nicholas County annual homemakers meeting will be held April 23 at 6 p.m. at the elementary school.

Mrs. Allison appointed the following nominating committee: Mrs. W.W. Cook, Mrs. Armintie Clinkenbeard and Miss Betty Lynn Rankin.

Several handmade articles were shown during the "Show and Tell" period. Mrs. Wilson discussed "The Vial of Life" program for homes and cars. This program would be beneficial for those who have heart trouble or similar illness.

Mrs. Snelling served the lunch and Mrs. Dalk led the recreational period.

Mrs. Cook gave the lesson on "Making the most of your food dollar." The following ideas were discussed: Taking advantage of supermarket specials, checking cash register receipts, when to buy in bulk quantities, to clip or not to clip coupons, use coupons wisely, refunding, negative aspect of couponing and read the label.

The May meeting will be with Mrs. Emmett Darrell May 5. New members are welcome regardless of race, color or creed.

Tammy Roser

Tammy Roser, a 1980 graduate of Nicholas County High School and a freshman at Eastern Kentucky University majoring in Psychology, has been chosen as a member of the E.K.U. womens' softball team. She plays the positions of second base and catcher. She is the daughter of Mr. and Mrs. Raymond Roser of Route Four, Carlisle. — Photo submitted.

Hospital notes

April 3-9, 1981

ADMISSIONS: Jessie Mitchell, Nell Smoot, Nell Snapp, Sybil Riggs, Peachie Blevins, Alma Cloyd, Glenn Hunt, Calvert Asbury, Steve Myers, Steryl Banta, Delphia Asbury, Carlisle; Geneva Gasunce, Millersburg; Stella Mason, Evelyn Bailey, Moorefield; Tommy Vice, Paul Price, Julia Craig, Zane Gray, Ewing; Edward Laughlin, Helen Fisher, Cynthiana; Thelma Bussell, Margaret Boyd, Sharpsburg; Louise Poe, Mt. Olivet.

DISCHARGES: James Sapp, Serepta Lester, Frances Medley, Paul Pryor, Charity Griffith, Addie Ritchie, Mabel Morris, Delphia Asbury, Ben Anderson, Dennis Allison, Glenn Hunt, Sybil Riggs, Alma Cloyd, Robert Thompson, Noble McIlvain, Calvert Asbury, Eliza Lyons, Peachie Blevins, Emma Walton, Steryl Banta, Steve Myers, Nell Smoot, Sidney Clay, Robert Curtsinger, Nell Snapp, Carlisle; Mary Beckett, Millersburg; Margaret Boyd, Sharpsburg; Mabel Stewart, Lillian Moore, Mt. Olivet; Helen Fisher, Edward Laughlin, Cynthiana; Blanche Vice, Ewing.

Sunrise service at Moorefield

The Moorefield Christian Church will have Easter Sunrise Service at 8:30 a.m. conducted by the Rev. John Teel.

A social hour will follow the service.

Pvt. Ronald R. Roser

Pvt. Ronald R. Roser, stationed at Fort Leonard Wood, Mo., during basic training for Ky. National Guard, will be presented at graduation on May 28, 1981, an expert rating award for his perfect score on the rifle range. Ron is a 1979 graduate of Nicholas County High School and has worked for his father at Agri Sales, Inc., in Paris, since graduating. He is the son of Mr. and Mrs. Raymond Roser of Route Four, Carlisle. — Photo submitted.

April is Diamond Month AND Mercury Ads work like a Gem.

Community Center makes report

The month of March brought many changes for the Head Start and Day Care programs. There was snow and cold for one whole week keeping the children indoors, and helping the children and teachers plan for their spring activities.

During the first two weeks of March many things took place, such as the inspection by the Self-Assessment Validation (S.A.V.I.) team from Atlanta, Ga. This inspection was to verify that the program was in compliance with their standards.

Mrs. Walter Shepherd's Head Start Class is studying about Easter, learning about adding numbers, and rehearsing their graduation program which is set for May 14.

Day Care workers, efficient in their duties, have been busy with food units, planting flowers, making leaves, flying kites and discovering new ways to bring in Easter.

Parents should give these workers, Bernice Robinson, Karen Setters and Carol Miller, support by visiting the classroom to be aware of how great they are with children.

Kay's Kitchen

By Kay Fisher

If you are serving the traditional ham for Easter, nothing could be better than fresh spring vegetables to lift the meal to the occasion. Fresh asparagus is available now and it is so easy to cook and serve.

Wash the stalks thoroughly and scrub with vegetable brush; if sandy, scrape off scales. To remove woody base, break stalks instead of cutting. Stalks will snap at point where the tender part begins.

There are several ways to cook fresh asparagus. Lay the spears on a perforated rack. Lower into boiling salted water, enough to barely cover the asparagus. Cook, covered, till just tender, 10 to 15 minutes. To drain, lift rack from cooker and serve at once. If you don't have a rack, cook asparagus in skillet in boiling water. To keep tips from getting overcooked prop them up out of the water with crushed aluminum foil at one side of the pan. Tips will cook in the steam while the stalks cook in the boiling water. Season lightly with salt and serve with Hollandaise Sauce.

CLASSIC HOLLANDAISE SAUCE

4 egg yolks
½ cup margarine or butter, cut in thirds
2 to 3 teaspoons lemon juice
Dash of white pepper
Dash of salt

In top of double boiler place egg yolks and one-third of the butter. Over hot, not boiling, water stir rapidly till butter melts. Add second piece of butter; continue stirring until melted, then add third piece of butter, and stir until melted. When all butter is melted, remove from hot water and stir rapidly for two minutes. Stir in lemon juice, a teaspoon at a time; add seasoning. Again place over hot water, beating constantly till thickened, two or three minutes. Remove from heat at once.

If sauce should curdle, immediately beat in one to two tablespoons boiling water. Makes one cup sauce.

BLENDER HOLLANDAISE

This is a thick fluffy sauce that needs no cooking.

3 egg yolks
1 tablespoon lemon juice
½ cup margarine
Dash of cayenne

In blender place egg yolks, lemon juice and pepper; cover and turn blender on and off quickly. Heat margarine till melted and almost boiling. Turn blender on at high speed; slowly pour margarine into egg mixture, blending till thick and fluffy, about 30 seconds. Place sauce over warm, not hot, water until serving time.

CREAMED PEAS AND NEW POTATOES

1½ pounds new potatoes
1½ pounds new peas
1 4-ounce carton chive whipped cream cheese or sour cream with chives
Milk to thin if necessary
Salt

Scrub potatoes; pare off a narrow strip of peel around center of each one. Cook in boiling water, lightly salted, till done, about 15 minutes; drain. Meanwhile cook peas in small amount of boiling water about 8 to 15 minutes. Drain.

For sauce, blend salt and sour cream with milk if needed. Keep warm. Combine peas and potatoes in serving dish and cover with warm sauce.

SKILLET CARROTS

Melt three tablespoons butter or margarine in a skillet. Add coarsely grated carrots. Sprinkle with salt. Cover and cook until tender, about eight minutes. Serve with additional butter and salt if necessary. Number of carrots needed depends on how many are to be served. Use about eight carrots for six servings.

A nice addition not only for looks, but taste treat too, is to top the carrots with chopped parsley.

We are blooming for Easter with Silk Spring Flowers
Fresh African Violets in Baskets
at The Farmer's Wife
10 to 4:30 Mon. thru Sat.
Millersburg Fifth Street Kentucky

Giving A Derby Party? We Have:
Invitations
Party tumblers
Swizzle sticks
Banners
Posters
Matches
Banners
Napkins
Derby Favors
Win-Place-Show Tickets
Miniature horses
The Green Apple

Beatrix Pottery
for Easter giving
Fashion Flair Salon and Gifts
Main St. Iva Powers Millersburg, Ky.

Easter Dressing in its Infinitely Varied Best!
Easter Sunday . . . a time for quiet contemplation and renewal. A day filled with sunshine too (we hope) and you looking beautiful and Springtime fresh.
Our new collection is just bursting with the looks you want to make Easter and Springtime extra-special this year. Do Stop In Soon!
Abraham's Ladies Shop
289-2592 Carlisle, Ky.

Hazardous waste permits for transporting issued

The state Department of Transportation has issued more than 200 permits for transporting hazardous materials in the state since Jan. 1.

According to Bill Debord, of the Bureau of Vehicle Regulation, 235 permits have been issued and nearly 80 are pending.

Beginning Jan. 1, the state Department of Transportation is required to issue permits to all commercial carriers of hazardous or radioactive materials. The 1980 General Assembly passed legislation governing the regulation and transportation of hazardous and radioactive materials within and through Kentucky. The legislation was created to protect Kentuckians from potential accidents involving hazardous materials.

Under the law, all commercial carriers hauling hazardous materials by truck or plane must obtain a permit from the Transportation Department. Pipelines and railways are exempt from the legislation.

To obtain a permit, carriers must apply to the department and pay a $25 fee. The carrier must indicate the type of material being hauled, the person to notify in the event of an accident and emergency procedures to be followed.

The carrier must also carry an approved insurance policy or indemnity bond to cover liability in the event of an accident.

A copy of the permit must be carried in the vehicle at all times.

"Carriers hauling less than 10,000 pounds of petroleum products are required to carry $300,000 worth of personal liability insurance and $50,000 in property damage insurance. Those hauling petroleum products in greater amounts or other hazardous materials are required to have $1 million in liability insurance and $1 million in property damage coverage.

The law exempts materials shipped for the U.S. government military or security purposes and vehicles transporting fuels to end users.

Transportation officials define the end user as the person who actually burns the fuel. This means that a person buying a tank of gas for use in a lawn mower, for example, does not have to obtain a permit.

Persons hauling hazardous materials must also meet requirements of the state Department for Natural Resources and Environmental Protection's hazardous materials division.

The Kentucky State Police are responsible for enforcing the hazardous materials and should be the first agency to be contacted if an accident involving hazardous materials occurs.

James Runke, commissioner of the Bureau of Vehicle Regulation, said the key to the law lies in enforcement.

He said the only way the Bureau of Vehicle Regulation will know if all carriers are complying with the regulations is through law enforcement records. "It will depend on the emphasis the state police put on checking trucks hauling hazardous materials," he said.

According to Debord, most small distributors are complying with the regulations.

One enforcement problem is already obvious, Runke said. "Aircraft carrying hazardous materials are required to have a permit. But we have no way of checking the aircraft at present," he said. "We have a law that can't be implemented."

Runke also said he found other difficulties in the law.

"A lot of carriers may not realize that the materials they haul are classified as hazardous," he said. The federal regulations that define "hazardous materials" are voluminous.

The penalties for not complying with the law are stiff — a minimum fine of $250 and a maximum fine of $25,000 for each day of the violation.

Another difficulty for smaller carriers, he said, is the insurance. "Increasing insurance coverage to $2 million per vehicle could create problems for some companies. That's expensive."

The number of agencies involved in the regulation of hazardous materials is "cumbersome," Runke said. Besides the Transportation Department, the state police, the Department for Natural Resources and Environmental Protection, the state Fire Marshal's Office and the Department for Human Resources are involved in the regulation and inspection of hazardous materials and the safety measures to be taken when an accident occurs. However, Runke said, the cooperation between agencies in implementing the laws has been excellent so far.

"I think the law needs to be rethought to decide exactly what its purpose should be," he said. "Do we want to issue permits or do we want to have an information system to tell us what's being hauled when and where and how often?

"I think the legislature needs to better define the purpose of the law to make sure we're not just adding unnecessary regulation that will be a burden to carriers," Runke said.

ATTENTION FARMERS
Graded Feeder Calf Sale
Mon., April 20 at 7 P.M.
•Calves to be received from 7 A.M. until 3:30 P.M.
•Open to All Breeds. Calves to be weighed and graded on arrival.
•For further information, call Paris Stockyards or your County Agent.
HOG AND LAMB SALES will continue to be held on WEDNESDAYS as usual starting at 1:30 P.M.
Effective April 2, 1981 The Paris Stockyards is holding its weekly
CATTLE AND CALF SALES ON THURSDAYS
(Rather than on Fridays, as in the past.)
★ Selling Hours Will Be The Same
The Earlier Sale Day will provide our market with more complete buyer representation
PARIS STOCKYARDS, INC.
Paris, Ky. Phone 987-2785
Local Representatives: Harold Letton 289-5346 & Dick Letton 289-2474

Kentuckians cut fuel bills the CHEAP way

As winter fuel bills roll in, many homeowners groan and wonder if adding insulation would cut their heating costs. But when they start thinking about how much to add, and where, and whether it would pay off, many homeowners find the whole decision much too complicated.

Not if they go the CHEAP way. CHEAP, short for Computerized Home Energy Analysis Program, is an energy audit that helps homeowners decide what type of weatherizing would be best for their homes. Developed by agricultural engineers in the University of Kentucky College of Agriculture, the program is available free to Kentuckians through the Cooperative Extension Service.

CHEAP provides a cost-benefit analysis that many homeowners would find difficult to do themselves, said Sandy Holland, Extension specialist for energy conservation. She presented a paper on CHEAP and its benefits to Kentuckians during the Association of Energy Engineers energy audit symposium in San Francisco.

"The CHEAP report is a valuable decision-making tool," Holland said. "The analysis shows people where heat is being lost in their homes, and how much they could save if they added insulation, or storm windows and doors."

To obtain the cost-benefit analysis, a homeowner provides information about his house by completing a 23-question form. The input includes the size and design of house, type of windows and doors, present insulation, heating system, and rate paid for fuel.

CHEAP uses the homeowner's information to calculate the costs of heating and cooling the house for a year, and potential savings from insulating ceilings, walls and floors or adding storm windows and doors. The program also determines how much money a person could invest in insulation, at a specified interest rate, and be repaid in five, 10 or 20 years from savings in fuel bills.

The homeowner receives the results of the computer analysis on a printout, along with an explanation.

More than 5,000 Kentucky homeowners have used CHEAP since it was developed in 1977, said Holland. A recent UK ag engineering department survey of CHEAP users showed that many have based home-weatherizing decisions on their CHEAP results.

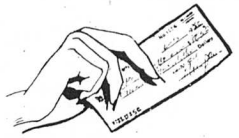
Forty-nine percent of the CHEAP users responding to the survey added insulation to their homes as a result of the computer analysis, Holland said.

"Many people who used CHEAP already planned to add insulation, but the results helped them decide how much to add and where it would do the most good," she said.

Many respondents said they added more insulation than they originally planned, while some said they added less, as a result of the cost-benefit analysis performed by CHEAP. The program influenced 17 percent of the respondents to add storm windows to their homes, and 13 percent to add storm doors, Holland said.

Kentuckians considering building homes using solar energy or adding solar facilities also will be able to benefit from CHEAP. UK ag engineers plan to modify the program to include analysis of solar heating and water heating costs, which are difficult for most homeowners to calculate, Holland said.

Homeowners can obtain CHEAP input forms at County Extension offices.



Your Cancelled checks
. . . are proof of payment of deductible items at tax time. Along with your deposit tickets, they can be a complete record of income and expenses.
Your checking account with us is the simplest bookkeeping system you can find for your personal finances.
DEPOSIT BANK OF CARLISLE, KY.
Established 1866
Our Second Century of Dependable and Dignified Service
Phone 289-2205
Member Federal Deposit Insurance Corporation
$100,000 Maximum Insurance for Each Depositor

Sales Report

Farmers Stock Yards, Inc.
Flemingsburg, Ky.
April 11, 1981

Hogs Receipts, 342 — Packers 41; Heavies 50.50; Sows 22-37.50; Boars 27-34; Sows and Pigs 150; Shoats 3-50.

Cattle Receipts, 608 — Steers 51-78.50; Heifers 47-64.50; Baby Beeves 54-78.50; Slaughter Cows 32-49; Slaughter Bulls 46-56; Cows by head 240-1050; Cow and Calf by head 375-715; Stock Bulls 315-665; Stockers 135-327.50.

Calves Receipts, 139 — Top Veals 87-102; Medium 63-87; Baby 30-175.

Total Receipts, 1,089.

MCC nursing approved

The Maysville Community College Nursing Program has been approved by the Kentucky Board of Nursing as a Continuing Education Provider for registered nurses in the Buffalo Trace Area.

Kentucky nurses are required by state law to continue their professional education after being registered. Continued Education is intended to keep the nurses aware of new techniques, equipment, and procedures in the nursing profession.

Since 1975 the MCC Nursing program has offered a variety of seminars, workshops, lectures, and other continued education activities for area nurses.

Gateway Angus Association Spring Sale
Friday Night, April 24 - 6:00 P.M.
Clark County Fairgrounds
(Located 5 miles east of Winchester, Ky. on U.S. Route 15)
SELLING: 115 Head
10 - Service aged bulls
65 Females - 40 with calves at side.
★ All cattle selling will be sired by the leading Angus bulls in the country.
Auctioneer: Tom Gammon
For more information contact Don Stone, Sale Manager
Route 2, Box 18
Winchester, Ky. 40391
606/744-6851
Catalog sent on request.

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DEE JAY AUTO PARTS 289-2208
340 W. Main Street, Carlisle
Everything For Your Car: U.S. and Import
FREE Schick RAZOR WITH RALLY CREAM WAX 10 oz.
AMERICA'S #1 PREMIUM CAR WAX: Guaranteed to outlast even the leading dealer applied poly sealant costing $300 or more.
YOUR CHOICE LIQUID OR PASTE
DuPont rebate (exc. postage)
Magnum Steering Stabilizer
Reduced steering wheel vibration on your pick-ups vans & 4x4's
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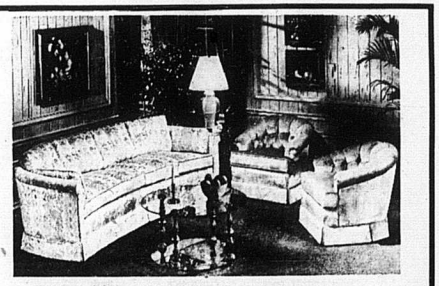
5 QTS. AUTOWIZE OIL 10W/20W/40 AND AUTOWIZE OIL FILTER
LIMIT 2 DEALS
(MOST U.S. CARS)
AVOID COSTLY BREAKDOWNS
Gates
Replace Hose & Belts Now!
WHEN YOU WANT TO KNOW ASK THE PARTS PRO



Come in our store and browse around. We hope you will find the very thing you want.
GARRETT'S Furniture
Carlisle, Ky. (We Service what we Sell First) Phone 289-2308