

Kay's Kitchen

By Kay Fisher

Do you cook one or two meals a week for you? I have been working on this for several weeks now and I have enough to get you started on cooking for one or two. Most of the recipes will serve maybe three or four. I would suggest investing in a meat cooking dish. And when you are cooking for a larger group, they are wonderful to put leftovers in. Simply reheat in the dish.

For one or two meals for two you must cook small. I took me some time to get adjusted to small amounts, and as I have said before most recipes will serve more than they say they will. I find it says "serves 2" it will serve one or two more generously. So in cutting a recipe in half I found sometimes it served more than I expected.

LEMONY CHEESE FONDUE
2 slices of white bread, cut into cubes 1/2 inch in size
1/2 cup grated sharp cheddar
1/2 teaspoon dry mustard
1 egg
1 cup milk
1/2 cup butter
Black pepper

Place bread in shallow baking dish. Spread cheese over bread. Grind mustard, egg, milk and salt in small bowl and brush over bread. Bake 30 minutes, until puffy and brown.

Swimming
Melissa, 15, is the daughter of Mr. and Mrs. James Howard. Her hobbies include cheerleading, gymnastics and swimming. She is sponsored by Carlisle Automotive.

Tracy, 15, is the daughter of Mr. and Mrs. James Howard. Her hobbies include swimming, golf, piano, cheerleading and hospital volunteer work. Both girls are students at Nicholas County High School.

BUCKING BOATS
2 succulent about 6 or 7 inches long
1 pound bulk sausage
1 slice bread, crumbled
1/2 cup instant onion
2 teaspoons parsley flakes
1/2 cup grated sharp cheddar
1/2 cup dry mustard
1 egg
1 cup milk
1/2 cup butter
1 tablespoon Parmesan cheese, divided
Dash of hot pepper sauce

Soak bread in shallow baking dish. Spread cheese over bread. Grind mustard, egg, milk and salt in small bowl and brush over bread. Bake 30 minutes, until puffy and brown.

CHRIS ROSE PORK CASSEROLE
1 pork chop
1/2 cup milk
1/2 cup butter
1/2 cup instant onion
2 teaspoons parsley flakes
1/2 cup grated sharp cheddar
1/2 cup dry mustard
1 egg
1 cup milk
1/2 cup butter
1/2 cup instant onion
2 teaspoons parsley flakes
1/2 cup grated sharp cheddar
1/2 cup dry mustard
1 egg
1 cup milk
1/2 cup butter

Class of '38 receives cup at NC Alumni Banquet

The 23rd annual Nicholas County Alumni Banquet was held Saturday, May 24, 1980 at the Carleton County Club with 79 attending.

Welcome was given by Carolyn Snapp, president. Invocation was given by the Rev. Howard Livingston. Dinner was served, then business session was held.

The 1980 outstanding senior award was received by Michelle Kaaga, daughter of Mr. and Mrs. Kenneth Harold Haman sang.

Special guests were Mr. and Mrs. John Adams. He was a former Agriculture teacher at Nicholas County and spoke to the alumni.

Miss Kathy Hopkins is incentive for several bridal showers.

Miss Kathy Hopkins, bride-elect of James Lindsay Carroll, was the incentive of several bridal showers.

Mrs. Roger Livingston and Mrs. Albert Snapp entertained with a miscellaneous shower at Mrs. Livingston's home on Monday, May 12, with 19 people present.

The Bartwell Methodist Women gave a miscellaneous shower Sunday afternoon, May 18, with 18 people present.

Homemakers meet

Carlisle West
Mrs. Leonard Patton was hostess for the Carlisle West Homemakers Club Friday, May 24, 1:30 p.m. Mrs. Frances Henry gave the "thought for the day" including the Homemakers Creed. Roll call was answered with a Mother's Day remembered. The minutes and treasurer's reports were read. Books read, devotion, Committee reports were given. The new officers who will serve the 1980-81 year were: Mrs. Willis Liver, president; Mrs. Harold Crowe, vice president; Mrs. Willie Tabor, secretary and treasurer.

Miranda
The Miranda Homemakers Club held its May meeting at the home of Mrs. Willie Tabor on May 11. 23 members and one guest, Mrs. Jasia Pryor, attended. Two new members were received into the club. Mrs. Linda Linville and Mrs. Wendell Welch. Mrs. Dorsey Lynn Watkins gave the devotion. Committee reports were given. The new officers who will serve the 1980-81 year were: Mrs. Willis Liver, president; Mrs. Harold Crowe, vice president; Mrs. Willie Tabor, secretary and treasurer.

Chris Rose graduates from MMI with honors
Charles C. (Chris) Rose, son of Mr. and Mrs. Charles Rose of Carlisle, was graduated from Millersburg Military Institute on May 17 with several honors. Among the awards Chris was given were Highest Class honors for the Senior Class; a National Honor Society certificate; the Rotary Club's citizenship award; the Geometry award and the Music award.

One scholarship left for eligible senior citizen
Only one of five scholarships for the University of Kentucky Elderhostel program this summer remains to be awarded.

"We don't want it to go to waste," said William Hubbard, who is directing the program for the UK Council on Aging.

Capital EXPO festival
A flurry of activity and entertainment centered around a celebration of Kentucky folk art marks the annual Capital EXPO festival scheduled for June 6-8 at Frankfort's Capital Plaza Complex.

Carol Sharp, executive director of Capital EXPO, says one of the finest artwork in the state is offered at EXPO. Original handcrafted items can be purchased at prices less than you would find at retail stores, she added.

Education ranked high by students
Below average or inadequate education was the leading cause of their high school education was excellent or good, according to information recently received by the Kentucky Department of Education.

State Superintendent of Public Instruction Raymond Barber announced the data was compiled from the 21,849 Kentucky high school students who were administered the American College Test (ACT) during the 1979-79 school year.

According to the American College Test (ACT), only 11 percent of Kentucky's high school college-bound students thought they were receiving a below average or inadequate education.

The finest Dads deserve the finest Father's Day!

Your dad is special to you every day — but on this special day just for him — show him how much you care with an Ambassador Father's Day card. Shop soon — Father's Day is Sunday, June 15.

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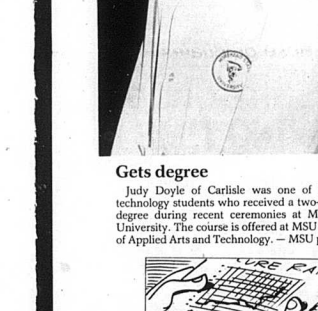
Carlisle High School
Ambush Club
CARLISLE, KY.



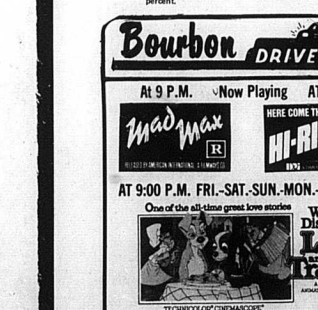
Miss Melissa Dudley



Miss Tracy Howard



Mrs. Jackie Shepherd



Mrs. Linda Ballard



Mrs. Paul Garrett



Mrs. Warren Fisher



Mrs. Jimmie Venable



Mrs. Kenney DeWalt

Farm and Home

Nicholas County Extension Agents
Mike Phillips, Mrs. Sharon A. Wilson, Mrs. Margie Wilson

4-H Camp
Nicholas County 4-Hers will attend camp June 9-14. All members interested in attending the camp should contact the County Extension Office, 208-211, immediately.

4-H Fashion Show
Thirty girls will model garments made in the 4-H Clothing Project this Saturday, May 31, at 9:30 p.m. at the elementary school. The 4-H program extends a special thanks to the following clothing leaders:

Mrs. William Dampier, Benita Dampier, Mrs. Ronald Stuart, Mrs. David Moss, Lavina McFarland, Mrs. Ronald Hinton, Mrs. Charles Durham and Sharon Compton. Mrs. David Zachary, who is serving as County Clothing Chairman for 1980, also deserves a special thank.

4-H Rally
June 7 is the date to remember for the 4-H Rally. All members are to bring all the 4-H projects they have made at home or in groups. A list of the items you will be bringing is available at the County Extension Office. Projects should be entered between 9:30 and 10:30 a.m. Saturday, June 7. They will be on display at the Senior Citizens Center on Locust Street across from the courthouse from noon to 3:30 p.m. Saturday. Some Talent Show participants will also perform at this time.

"The company makes the feast."
— French Proverb

— Notice —

The inspection period for the purpose of checking property assessments for 1980 has been delayed until a future date. A notice will be placed in the paper when a new date is set.

Rose Brady,
Property Valuation Administrator
Nicholas County

Two Carlisle students selected as finalists

Melissa Dudley and Tracy Howard have been selected as finalists in the ninth annual Miss National Kentucky Teenager Pageant to be held at Georgetown College June 15-17 at 7:30 p.m.

The Miss National Kentucky Teenager Pageant is the official state competition to select a delegate to the Miss National Teenager Pageant to be held in Atlanta in August.

Prizes to be awarded on the state level include a \$600 cash scholarship, a tuition scholarship to Barton International and an all-expense paid trip to the nationally televised Miss National Teenager Pageant. At the national level \$20,000 in cash scholarships will be awarded to 100 contestants. Each contestant will participate in the Volunteer Community Service Program of the Miss National Teenager Pageant. Contestants will be judged on scholastic achievement, leadership, poise, personality and appearance. Points are awarded on talent competition and all contestants will receive a 100-word essay on the subject "What's Right About America".

Mrs. Jackie Shepherd receives M.A. degree

Mrs. Linda Ballard Shepherd has received her Master's degree in Education May 19 from Georgetown College. She received an A.B. degree from Transylvania University. Mrs. Shepherd, wife of Dr. Jack Shepherd, who is the son of Mr. and Mrs. Walter Shepherd of Carlisle.

Spring musicale set for Friday at Christian Church

Mr. Billie Heaman will present her 15th Spring Musicales on Friday evening, May 30 at 8 p.m. at the Christian Church of Carlisle.

The following students will participate: Johnny Griffith, Melissa Hunter, Susanne Jones, Darryl McFarland, Steve Stoen, Patsy Caswell, Robin Griffith, Dreama Miller of Louisville. Tim Hall, Joe Peeli, Melissa Dudley, John Willis, Jill Irvin, Lisa Mena, Gretchen Judice, Camille Crump, Emily McMillen, Neva Donovan. The public is cordially invited to attend.

NCHS Class of '75 reunion is May 31 at Blue Licks Park

The Nicholas County High School Class of 1975 is having a reunion this Saturday, May 31, at Blue Licks State Park beginning at 10 a.m. Everyone is asked to bring a dish. For more information contact Judy Farrow, 288-7962; Carla Brewer, 288-7962; Pricy Darrell, 288-7941; Janice Fryer, 288-7940 or Kathy Hillander, 288-4947.

Scott Barnett has birthday

Jermie Scott Barnett celebrated his first birthday May 22 at the home of Mr. and Mrs. Tommy Vise Jr. with his cousin.

Those attending were his daddy, Danny Ray Barnett Sr.; his brother, Danny Ray Jr.; Mr. and Mrs. Claude Watkins, Rev. and Mrs. Ribben Gray, Mrs. Bonnie Cummins, Miss Sara Farrow, Noble Gillespie, Barbara Turner and Mr. and Mrs. T.H. Vise.

The Green Apple
Miniatures in Pewter

Hours:
9:30 to 5:30 Mon. thru Sat.
Noon to 5:30 Sunday

FOODTOWN
U.S.D.A. Choice
Round Steak
lb. \$1.99 (Booneless \$2.09)

C & G
We accept Federal Food Stamps

Peaches
lb. 59¢

Meat Wonders
Sliced Bacon... lb. '1.19
Meat Wieners... 12 oz. pkg. 99¢
Sliced Bacon, Thick, Garlic... lb. '1.49
Edwards Sausage... (2 lb. pkg. \$2.57) lb. '1.29
U.S.D.A. Choice Boneless Ham or Sirloin Tip Roast... lb. \$2.39
U.S.D.A. Choice Cured Sausage... lb. \$2.39
U.S.D.A. Choice Beef Chuck Steak... (Booneless \$1.19) lb. \$1.49
Whole Beef Boneless Ribs... (Individual Saus. \$1.49) lb. \$1.99
U.S.D.A. Choice Top Sirloin Butt Whole (Sliced Fresh)... lb. \$2.59
Fresh Ground Chuck... (3 lb. or more) lb. \$1.89
Fresh Pork Boston Butt... (Pork Saus. \$1.99) lb. \$1.89
Edward's Chubby Boudie Francks... (lb. \$1.49)

Yellow Corn... 5 Ears For 99¢
Large Cucumbers or Green Peppers... 2/49¢
Washington State Golden Delicious Apples... 1 lb. size 8/99¢
Fresh Broccoli... 1 lb. \$1.29

Smucker's Dill Spears... 99¢
Nestle Chocolate Quik... 16 oz. \$1.39
Nestle Quik... 16 oz. can \$1.39
Faygo Diet Drinks... 6/1.29
Nescafe Instant Coffee... 6 oz. \$2.99
Walrus... 10 oz. Instant, French Sweet & Spicy 8 oz. Bottle
Wishbone Dressings... 69¢
9-Lives Cat Food... 6 oz. 4/1.00
SafeGuard Soap... 16 Bar, 3 Color, 2/89¢
ScottTowels... 2/pkg. Assorted Colors 79¢
Kraft Shred Cracker Barrel... 10 oz. \$1.69
Kraft Shredded Mozzarella... 8 oz. 69¢
Aim Toothpaste... 4.5 oz. \$1.29

American Singles
\$1.49

Nu-Maid Margarine
79¢

Banquet TV Dinners
59¢

Banquet Meat Pies
3/\$1.00

Golden Hominy... 300 can 4/1
Relish Beans... 300 can 3/89¢
Relish Beans... 300 can 3/89¢
Schmaltz
Park & Beans... 14 oz. 3/89¢
Spaghetti... 14 oz. 4/1
Spaghetti Rings... 14 oz. 4/1

Bourbon Drive-In Theatre

AT 9 P.M. Now Playing AT 10:45

Mad Max HERE COME THE HI-RIDERS

AT 9:00 P.M. FRI.-SAT.-SUN.-MON.-TUES.-WED.

One of the all-time great low stories

Wait Disney's **Lady and the Tramp**

AT 10:30

"Across The Great Divide"
Coming June 13th
"Coal Miner's Daughter"

Gets degree
Judy Doyle of Carlisle was one of 18 veterinary technology students who received a two-year associate degree during recent ceremonies at Morehead State University. The course is offered at MSU in the College of Applied Arts and Technology. — MSU photo.

Pinched
Sarah Garrett and April Mayer, both of Carlisle, were among 27 nursing graduates pinned during recent ceremonies at Morehead State University. Nursing is a two-year associate degree offered at MSU in the College of Applied Arts and Technology. — MSU photo.

Pinched
Mrs. Shaw gave the lesson "Landscape painting" stressing laying out plans on paper first. Mrs. Dorsey Lynn Watkins will give the lesson "Basic Wardrobe" at the next meeting, June 11 at the home of Mrs. Edgar Scott at 7:30 p.m. After the meeting refreshments were served by the hostess.