

Kay's Kitchen

By Kay Fisher

The busy with preparing for the holidays you don't have time to think about meals. If you have a "slow cooker" meals can be a snap. This week there are recipes to get the main dish cooked while you do other things. Add a salad or green vegetable along with potatoes or rice for a complete meal.

POT ROAST
1 or 4-pound chuck or arm roast
1 package (envelope) dry onion soup mix, or to taste

Brown roast quickly with additional 1/2 cup water. Put browned roast in slow cooking pot, and sprinkle the soup mix over it. Sprinkle the water over the top. Cook on low, 1 1/2 to 2 1/2 hours, or on high setting, about 200 minutes, for a four to six hours. Turn meat once, if possible.

PORK STEAKS AND SAUERKRAUT
8 pork steaks, trimmed of most of the fat
1 pound, sliced sauerkraut, undrained
1/2 cup water
1 tablespoon flour
Salt and pepper to season when done
Mix all ingredients except steaks, and layer half in the bottom, and top with rest of sauerkraut mixture. Cook on low, six to eight hours, or on high three to four hours.

CHICKEN PAPRIKA
1 frying chicken, cut up
3 cups chopped onion

Mr. and Mrs. Rich entertain class

Mr. and Mrs. Dan Rich entertained the members of their Sunday school class with a Christmas dinner party at their home Friday, Dec. 5. The guests were: Mr. and Mrs. Earl Noffinger, Mr. and Mrs. Frank Stone, Mr. and Mrs. Danny Fair, Mr. and Mrs. Stanley Wade, Mr. and Mrs. Raymond Bruce, the Rev. and Mrs. David Stanley, Miss Alma Atkinson, Mrs. Ann Carter, Oliver Vise, Henry Chain, Clay Dayton, Miss Ernestine Eads, Mrs. Hazel Moore, Mrs. Mary Lee Scott. The guests enjoyed games and the shared the gifts of Mr. and Mrs. Rich's trip to Hawaii.

Two for price of one at parks

Two people can stay for the price of one in the rustic lodges of Penryville Forest and Buckhorn Lake state resort parks from Dec. 1-30. Open for the Christmas season for the first time, both parks are celebrating by offering holiday bargains. Adult admission and complimentary continental breakfasts will be served to registered guests. If weather permits, golfing will also be available at Penryville. For more information on winter times in the parks, call Penryville (962) 797-3412 and Buckhorn (661) 396-7511.

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Rose Hill Youth to present play this Sunday

The Rose Hill Methodist Youth Group met Sunday, Dec. 7 at 4 p.m. to rehearse for the Christmas play "Christmas, Jesus Birthday," to be given Sunday, Dec. 14 at 4 p.m. Those present were David, Tammy and Kevin Morris, Kenny Holbrook, Freddie Alexander, Anita and Ernest Smith, Tina Johnson, Carol, Frances and Ted Gray, Mr. and Mrs. Arthur Alexander, James Smith, Pauline Soboy, Jennifer James, counselors, Mr. and Mrs. Stanley Morris. The youth group will have a chili supper before the next play rehearsal Wednesday, Dec. 10 at 5 p.m. Rev. Roy Hunt, pastor, invites everyone to come and see the play.

Couple celebrate silver anniversary

Mr. and Mrs. Devolve Ritchie, Bartlettville, celebrated their silver wedding anniversary Nov. 25 with the open house tradition. Guests were as follows: Mr. and Mrs. Melvin Fryman, Mr. and Mrs. Chester Ritchie, Carolyn Snapp, Barbara Snapp, Mr. and Mrs. Bryan Fryman, Mr. and Mrs. Douglas Gray and Charley, Mr. and Mrs. Earl Lee Plank Jr. and Tonya, Wyaney Hicks, Mrs. Doris Green and Brian, Misty Ritchie, Mrs. Patsy Klawitter and Jamie, Stella Ritchie, Mr. and Mrs. Clarence Walton and Tina, Robert Trussell, Mr. and Mrs. Harry Tapp, Evelyn Earl, Kevin Marshall, Susan Marshall, Mrs. Leon Steele, Alpha Curtis, all of Nicholas County. Mr. and Mrs. Rocky Hicks, Lexington; Miss Betty Lou Jenkins, Mrs. Mattie Jenkins, Mrs. Barbara Hicks, Miss Frances Harney, Mrs. Wayne Cordray, Harrison County.

Births

MEKKE:
Mr. and Mrs. Jerry Mekke of Carlisle announce the birth of a daughter on Friday, Nov. 19, 1980 at the Harrison County Hospital. She weighed eight pounds six ounces and has been named Jill Erin.

The maternal grandparents are Mr. and Mrs. James Eads of Carlisle. The paternal grandparents are Mr. and Mrs. Julian McKee of Carlisle.

WATERS:
Mr. and Mrs. Doris Gene Waters of Carlisle announce the birth of a boy on Tuesday, Dec. 12, 1980 at the Nicholas County Hospital. He weighed eight pounds and two ounces and has been named Michael Wayne.

The maternal grandparents are Mr. Paul Ritchie of Carlisle and Billy Tucker of Parker, Ky. The paternal grandparents are Mr. and Mrs. Doris Gene Waters of Paris.

L. P. Dwelly elected president of Association

L. P. Dwelly of Lynchburg, Ohio was elected president of the Central Valley Fire Insurance Association at their annual meeting held in the early fall. The meeting was held at the Merchants National Bank building in Hillsboro. The association is now in its 61st year of service to southern Ohio.

U of K looking for old town maps

The University of Kentucky is looking for an old map of your town that you may have had tucked away for years in a drawer somewhere. Such maps are valuable to scholars and researchers who study the development of Kentucky towns and cities. The old maps will become a part of the University's historical map collection at the UK Library.

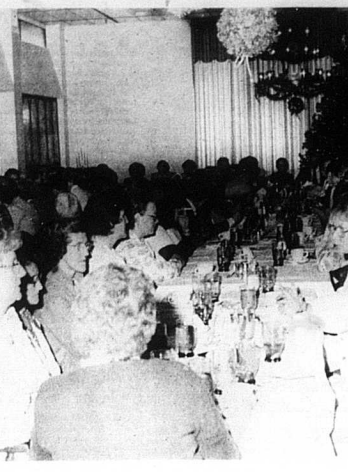
Right now, however, UK's map collection of everything from road maps and topographic maps to aerial photographs lacks maps from many Kentucky towns.

The interest and value library officials say, are the old Southern African maps of Kentucky cities and towns available to assist the public.

Farm Bureau gets new women's director

Ruth M. Ruggles, Anderson County Extension agent for home economics, has been named director of women's programs for the Kentucky Farm Bureau Federation. Ruggles, 31, replaces Martha Herndon, who has resigned effective Dec. 15 to become director of women's programs for the Kentucky Farm Bureau in Park Ridge, Illinois.

A Daviess County native, Ms. Ruggles has held a leadership post in Lawrenceburg for 19 years. She holds a BA degree with an occasion from Eastern Christian College, where she graduated cum laude, and is working toward a master's in family studies at the University of Kentucky. Ruggles has been active in the Kentucky Association of Extension Home Economics, and currently serves as group president. She holds memberships in state and national home economics associations,



A Thoroughbred Christmas feast

Blue Grass Industries and Blue Grass Knitting Thoroughbreds enjoyed the joint annual Christmas luncheon at Carnation Country Club on Friday, Dec. 5. There are 169 members in the Thoroughbred Club - Mercury photo.

Hospital notes

Nov. 28 to Dec. 1, 1980
ADMISSIONS: Clara Craig, Frances Bell, Jewell Merrill, Mary Evans, Eric Seaton, Beverly Waters and baby boy, Jessie Eton, Rosie Paul, Anna Fiers, Ruth Patton and baby girl, James Vise, Kathryn Smart, Mary Dewey, Daisy Herrington, Carlisle, Charlotte Fox, Millersburg, Albert Anshank, Cynthia; Marshall Hill, Germantown.

DISCHARGES: Damon Smoot, Elizabeth Fuller, Dr. Elmer Pyle, Frances Bell, William Lintville, Clara Craig, Eric Seaton, Joyce McIntyre, Paul Pryor, Herman Jolly, Alex Crawford, Beverly Waters and baby boy, Mary Evans, Carlisle; Florida Moore, M.L. Olivet; Virginia Asbury, Paris; Johnnie Jolly, Flemingsburg; Mary Beckert, Millersburg.

Headquarters Homemakers

The Headquarters Homemakers met Dec. 2 at 10:30 a.m. with Mrs. Lester Snapp. Mrs. Reynolds Allison presided. 15 members and two visitors, Mrs. Pearl Miller and Mrs. Lovell Holtzer, answered the roll call with "what I like best about Christmas."

Thank you cards were read and stamps collected for the International Christmas. Plans were made to send a gift to four shut-ins, Mrs. W.W. Cook gave the Family Life lesson. Mrs. Holtzer thanked the Nicholas County club for the following the unveiling of Dr. C.W. Mathers portrait.

Gifts, adjectives, skirts and other items were displayed for "show-and-tell." Mrs. Allison gave the Christmas

prayer after the group sang the homemakers' blessing. The Christmas theme was carried out in the decorations of the house and in the planned Christmas menu. Handke's Menstahl was played during lunch and the program, Mrs. John Chinkenshaw gave the program, "Hande's Menstahl Christmas."

Singing of Christmas carols followed the program. Mrs. Dale led the recreational program. After the exchange of gifts the club adjourned until Jan. 6.

The Green Apple

Hour: 9:30 to 5:30 Mon. thru Sat. Noon to 5:30 Sunday.

Stuffed Chickens Stuffed Animals Stuffed Toys

In fact a stuffed menagerie!

Parls, Ky.



Flemingsburg Choir to appear Sunday

Knowing terminology keep Kentuckians aware

(Editor's note: This is the first of a four-part winter related series by Nicholas County native Wilbur R. Buntin Jr. of Frankfort.)

Knowing the terminology used for winter weather conditions may keep Kentuckians more aware of what to expect in the state during the next few months.

"The first step in winter preparedness," according to Wilbur R. Buntin Jr., executive director of Kentucky Disaster and Emergency Services, "is keeping posted on weather conditions." He advises listening to local radio stations, weather service radio or local television stations to keep informed of current forecasts. "Even a few hours' warning may enable you to avoid being caught outside in a severe storm or better prepared to cope with it at home," he said.

"Be aware of terms commonly used in weather forecasts," Buntin advised. The terms "watch" and "warning" are used for winter storms, as are for other natural hazards. "Watch" means severe winter weather conditions may affect an area. Listen for further advisories and begin taking precautionary measures. "Warning" means severe winter weather conditions are imminent and immediate action should be taken to protect life and property.

"Blizzard" is the most dangerous of all winter storms, Buntin said. It combines cold air, heavy snow and strong winds that blow the snow about and may reduce visibility to only a few yards.

"Blizzard warning" is issued when the weather service expects a considerable accumulation of falling and/or blowing snow with winds of 25 mph or more. "Ice blizzard warning" means a considerable accumulation of

falling and/or blowing snow is expected, with winds of at least 10 mph and temperatures of 10 degrees or lower. "Travelers' advisories" are issued to indicate that snow, sleet and freezing rain or drizzle will make driving difficult. Drivers should take heed of this warning and avoid travel if at all possible.

A "heavy snow" warning usually means an expected snowfall of four inches or more in a 12-hour period, or six inches or more in a 24-hour period. Warnings of "snow flurries," "snow squalls" or "blowing and drifting snow" are important mainly because visibility may be reduced and roads may become slippery or blocked, Buntin said.

"Sleet" is small particles of ice, usually mixed with rain. If enough sleet accumulates on the ground, it will make roads slippery. "Freezing rain or freezing drizzle" is forecast when rain is likely to freeze as soon as it strikes the ground, putting a coating of ice or other natural hazards. "Freezing drizzle" is forecast when rain is expected to accumulate from the freezing rain, an "ice storm" is forecast.

Icy sidewalks, streets and highways are extremely hazardous to pedestrians and motorists, Buntin warned. More than 85 percent of ice storm deaths are traffic-related.

"It's important to keep in mind that these weather terms mean so you know what you're dealing with," Buntin said. "Winter storms are inevitable so it's best to stay informed and prepare yourself."

Gabriel Slaughter, the sixth governor of Kentucky, died in the old governor's mansion.

Third Advent concert Sunday

The Moorefield Christian Church and the First Christian Church (Disciples of Christ) would like to invite the Carlisle community to share in its third concert of the Advent Concert Series. This Sunday afternoon beginning at 3 p.m. at First Christian Church the 25-member choir from Flemingsburg Christian Church, one of the finest choirs in this area, will present the Christmas Cantata "First Christmas."

The choir is under the direction of Mrs. Lloyd A. Macdonald and will be accompanied by Mrs. Kenneth Perry. Please remember this Sunday afternoon and plan to be present for this very special Christmas Advent experience. Reception will follow concert.

See You Saw it in the Mercury!

Kentucky and Delaware were the only two states in the United States where slavery continued after the Civil War. Slavery in those states were freed eight months after the end of the war by the ratification of the thirteenth amendment on Dec. 18, 1865.

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