

Kay's Kitchen

By Kay Fisher

Really, Easter is the first holiday for family get-togethers since the Christmas holidays, so make the most of the time. Since all food is so expensive, do serve food everyone likes. It doesn't have to be the most expensive out of all, but what you serve, just make it plentiful and cook it for about 15 minutes. If you have a lot of people, do a careful cooking. If you just want to save the red candles from Christmas, then that's fine. Replace them with yellow ones, get out the best linen and china, then make the centerpiece of Easter eggs on a bed of green from the last year's. Add either antique or red rabbits, chickens, and other Easter traditional things. Remember you can use the colored eggs later in a delicious casserole, and the other things may be eaten as dessert later.

Since this is a cooking column, I had better give a recipe to two to use in the meal you plan.

Two new potatoes are on the market now, so use them. Remove a narrow cone of peel from the center and boil with the rest of the skin on them. They will cook in about 15 to 20 minutes, depending on size. When done, drain, add chopped parsley, butter and freshly ground pepper. Put lid on and place over the burner, very low heat, for several times until potatoes are well seasoned. Don't burn.

Since fresh asparagus is also on the market it is a wonderful time to serve it.

SEASONED ASPARAGUS
1/2 pounds fresh asparagus
1 cup butter
1 small garlic clove
1/2 cup salt, coarse bread crumbs
1 tablespoon olive oil
Salt and pepper to taste
Snap off tough ends of asparagus. If you don't have a steamer, bring one inch of water to a boil with 1/2 teaspoon

Two 4-H'ers to attend national conference

The 4-H'ers from Nicholas County will be among 225 Kentucky 4-H members attending the 1980 American Heritage Conference in Washington, D.C. April 5-12.

According to Sharon Wilson, 4-H Extension agent, those attending from Nicholas County will be: Cathy Cartwright, daughter of Mr. and Mrs. Robert Cartwright; and Leslie Johnson, daughter of Mr. and Mrs. Jesse Johnson.

Members who are freshmen or sophomore in high school are eligible to attend the conference which affords speakers and discussion on citizenship, visits to national monuments and a boat trip to Mt. Vernon.

PTO meeting date is changed

Because of "Spring Yuletide" (April 7-11), the Nicholas County Elementary School PTO will hold its regular monthly meeting on Monday evening, April 14 at 7:30 p.m. Miss Yvonne A. Department will exhibit their work. The showing will also include the work of many 4-H projects.

Andrea Galbraith has birthday

Mr. and Mrs. Jerry Galbraith entertained their daughter, Andrea, with a party on Saturday afternoon, March 29, in honor of her fifth birthday. Those attending were: Mr. and Mrs. Harry Galbraith, Mrs. Larry White and Daniel, Mrs. Allen Sparks and Andrea, Mrs. Larry Wills and Jerry, Mr. and Mrs. Donald Stone and Denise, Mrs. Lena Hill, Mrs. Gary Holder, Tracy and Chris, Susan Cox, Crystal Hester, Kerri Buckner, Given Jennings, Patrick Phillips and Bobby Cole.

Cake and ice cream were served and games were enjoyed by all.

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- 1/2 cup dried celery
- 1/2 cup chopped onion
- 2 tablespoons chopped parsley
- 1/2 cup chopped green pepper
- 1/2 cup dried peas
- Last blend in 10 hard-cooked eggs that have been sliced. Press into a 8 or 9 inch mold. Chill overnight. Serve on lettuce. Fill center with chilled sliced cucumbers.

Sacred Concert
Featuring National Prize Winning Mother of God Choral Club performing at Shrine of Our Lady of Guadalupe April 13 at 4 p.m.

"Everyone Welcome!"
Admission: \$2.00
*Proceeds going to new Shrine Building Fund.

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Shows given for Miss Fryman
Bruce Ring giving dinner
Bruce Ring was given a birthday dinner Sunday, March 23, at the home of his daughter, Mrs. Mabel Sexton.

Those helping celebrate were: Mr. and Mrs. Charles A. Ring Sr., Dana Ring, Jimmy Price, Mr. and Mrs. Cecil Duncan, Mr. and Mrs. Billy Hunter and Darren, Mr. and Mrs. James W. Ring, Jay, Shaun, Edith Sexton, Larlene Ring, Mary L. Scott, Nancy Hing, Wendy Ring, Deby Eckert, Mr. and Mrs. David Hinton II and Lida Leggett. Past Association guests were Billy Smith and Charlotte Fryman.

Jebiron Farah has birthday
Mr. and Mrs. Licha Farah entertained Sunday, March 23 for their son, Edward. Those who celebrated his seventh birthday.

Enjoying the celebration were his brother, Licha Jr., sisters Mary Alicia and Rose Ann; his aunt, Mrs. Ignatius Henry and children, Jackie, Elizabeth, Paula, Anna, Hamed and Farouk; also cousin Nabil Abo-Khalil, and Joseph and Elias Joseph.

Easter Cantata at Baptist Church
There will be an Easter cantata sung this Sunday, April 6 at Carlisle First Baptist Church.

The cantata, which will feature the combined choir of the Carlisle First Baptist and the Mt. Olivet First Baptist, will begin at 4 p.m. The public is invited.

State's revenues

The previous year's motor fuel taxes, according to the report, A 9.1 percent increase under miscellaneous taxes receipts in this state is attributed to increased interest.

An increase of 18.3 percent in educational grants and 45.5 percent in educational fees bolstered the increase over last year's receipts under total agency funds, the report shows.

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Nursing home

When one becomes empty, someone on the waiting list could take it.

But it's not that simple. Suppose for example, that a person at the nursing home in an intermediate care bed becomes ill and has to move to a skilled care bed. This can be done only if there is a skilled care bed available. If there is not, then that patient must leave Johnson-Mathers for another facility.

Now suppose there is someone on that waiting list who wants to get into the nursing home. An intermediate care bed is available. But the person wishing to enter also needs a skilled care bed. That means that although the bed is empty, the next person on the waiting list may not get it because it's not the right type of bed.

This is the situation that frustrates Hester. On the one hand, he and the staff want to get the best of care for each type of bed. And they always welcome new patients. But on the other hand there are government regulations that must be followed or the facility loses its government aid. And if that happens it cannot financially survive very long at all.

Some don't understand. But try telling that to a family who is being waited for a year to get a member into the nursing home. Often they're not listening because of their anger but the anger is usually directed at the wrong people.

With the federal government encouraging more and more on our daily lives it is only natural that government regulations of funds. And when the government gives aid in the form of funds it especially wants to know how the money is being used.

Each week a registered nurse visits the nursing home to check the condition of some patients. The nurse confers with the staff and makes recommendations if she feels a patient needs to change their level of care.

It is this decision that often puts the nursing home in a bed bind, with a patient needing a level of care that isn't possible because of the limitations.

Relief in sight? What can be done to ease this situation? Hester thinks a plan a few other ways would help greatly.

"It's a dual licensure deal," he says. "Instead of licensing a home with so many skilled, so many intermediate, etc., it's licensed for a total of beds. Whatever type of care that patient needs can get it without having to move to another room or even another home."

Hester admits that that type of licensing is off in the future. Until then, or until another solution can be worked out, the process of caring for elderly patients will be without its emotional trauma, both for the patients who must leave and the administrators who must tell them.

"It's the hardest thing I've ever done, to tell a 90-year-old lady and her 89-year-old baby sister they have to move," he said. "To you and I that's a nursing home; to them it's their home."

"Their friends are there, the staff treats them like family, they have their rooms and their possessions. It really gets to you after a while."

The health care board has a policy for admissions (see accompanying story) and has set up a priority list. The list doesn't please everyone, as they knew it wouldn't, but it still sets some guidelines. Meanwhile it's the guidelines that cannot be changed, the regulations passed down from on high that put the government in the role of a provider one day and an evictor the next.

Admission policy

This is the priority list adopted by the Johnson-Mathers Health Care Corp. in Nicholas County residents. A Nicholas County resident is defined as a person who has lived in Nicholas County for one year or more.

1. Occupants in the facility who must move to another level of care.
2. Occupants who had to leave, or stay at private pay, because of lack of an empty bed at their designated level of care at the time of their level of care.
3. Hospitalized patients who need a nursing home bed. First priority goes to Nicholas County residents.
4. Nicholas County residents who have not been an occupant of the home or who left of their own accord and who want a bed.
5. Out of county residents.

1980 Census

Percent, the lowest rate of growth since the decade following the Great Depression.

Urban Study Center projections, however, show a vastly different picture for Kentucky, Brockway said.

Kentucky's population in 1980 is expected to be 3,567,141, an increase of 346,433 over 1970 figures. The center predicts an even greater increase between 1980 and 1990, and Kentucky's population is expected to grow faster than the nation as a whole through the rest of the century and beyond.

Center officials estimate the number of Kentuckians under the age of 20 has declined by 66,015 since 1970, and the number over 20 has risen by 412,448. Consequently the state's median age, the age at which half the population is older and half younger, has increased from 27.5 years to 29.5.

"All of us, when well, give good advice to the sick," Terence

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Coming here
The Mother of God Choral Club is coming to the Shrine of Our Lady of Guadalupe Sunday, April 13, at 4 p.m. The concert will feature the vocal talents of the club's members. Festival first prize will be in concert at the Shrine for the new building fund. The group is shown performing at the Mutter Gottes Kirche, Covington, on Palm Sunday. —Photos submitted.

Catholic Church to host choral club
The nationally renowned 6-voice Mother of God Choral Club of Covington will present a sacred concert at the Shrine of Our Lady of Guadalupe Sunday afternoon, April 13, at 4 p.m. Among the many awards won by the choral club is the coveted Chicago Land Music Festival first prize.

Karl Lietzenmayer, the choral club director for the past 10 years, has arranged for a two-part concert at the Shrine of Our Lady of Guadalupe on Monday night, April 14, at 7:30 p.m. The first part will be examples of different styles of church music ranging from Plain Song or Liturgical Chant to the modern hymn.

The concert will be recorded. The concert is open to the public, however, an admission fee will be charged. This concert is the choral club's contribution to the Building Fund of the new Shrine which will be started late this Spring.

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Methodist women attend Retreat
The following Methodist women attended the District Retreat at the Seddon Methodist Church in Mayville on Monday night, Mrs. Courtney Guy, Mrs. Clark, Mrs. Katherine, and of the Moorfield Methodist: Mrs. George Roberts, Mrs. John Allison, Mrs. Stanley Alexander, Mrs. Harry Galbraith, Mrs. Emmett Dewart, Mrs. Lester Snapp, Mrs. Charles Crawford, Mrs. John Wallace and Mrs. Lovell Hollar of the Carlisle United Methodist Church.

The other Methodist churches in the county were also represented.

Fryman-Hicks wedding
The wedding of Patty Fryman and Ricky Hicks will be held Friday, April 11 in the First Christian Church at 1:30 p.m. All friends and relatives are invited to attend.

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