

Kay's Kitchen

By Kay Fisher



Mrs. Stephen Lee Carter
Miss Buntin marries
Saturday in Frankfort

Rebecca Ruth Buntin, daughter of Brigadier General and Mrs. Wilbur Robert Buntin Jr. of Frankfort, and Stephen Lee Carter, son of Mrs. and Mrs. Vaseel Lee Carter of Campbellville, were married October 20 at the Central Christian Church with the Rev. Mark Prevost officiating at the ceremony.

The bride, given in marriage by her father, wore a candlelight silk organza gown fashioned with a beige bodice, a Queen Anne neckline trimmed with French alonice lace, long fitted sleeves and a full A-line skirt that flared at a chapel train. The bodice and sleeves were accented with alonice lace and a beaded border of alonice lace encircled the full skirt hemline. The matching headpiece was a half julet cap of matching alonice lace. Attached to the cap was a three tier silk illusion veil of finger length. She carried a cascade of gardenias with white sweetbriar roses and stephanotis.

Mrs. Sandra Stroy Soap, matron of honor, wore a lone gown of quana knit in a front row tulle, fashioned with a soft draped bodice, batwing sleeves, caught at the waist of a full skirt and a draped cummerbund. She

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uniform wardrobe with these timely savings.

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Abraham's Ladies Shop

I'm not going to even try to out guess the weather. If it turns out to be a beautiful fall day, you can save these soup recipes for a cold day when nothing quite hits the spot like a delicious bowl of soup for lunch.

CUBAN BLACK BEAN SOUP
4 pound black beans
12 cups water
Salt to taste
1 pound lean salt pork cut into quarter-inch cubes
2 cups finely chopped onion
1 tablespoon finely chopped garlic
1 cup chopped green pepper
1 teaspoon oregano
1/2 cup finely chopped, smoked ham
1 cup crushed fresh or canned tomatoes
1 to 2 cups beef broth
1 leaf
Place the beans in a pan and add cold water to cover to a depth of one inch above the top of the beans. Soak overnight. Drain.
Place the beans in a kettle and add the 12 cups of water. Add salt to taste. Bring to a boil.
Add the lean salt pork, heat the salt pork in a skillet. When it rendered off fat, add the onion, garlic, green pepper, and cook until onion is wilted. Add the oregano, ham, tomatoes, green pepper 10 minutes, and then add to the beans and continue cooking until beans are tender. If they become too dry add beef broth.
When ready to serve add more beef broth to desired consistency.
If you do not have beef broth you may use beef bouillon cubes, one cube per cup of boiling water. Be careful don't salt too much during cooking.

SCOTCH BROTH WITH MUSHROOMS
2 pounds meaty beef or beef bones
10 cups cold water
1/2 cup onion, sliced onion
1/4 cup carrots cut into quarter-inch cubes
1/4 cup celery cut into quarter-inch cubes

MEAT-BEAN CASSEROLE
1 pound of ground pork, beef, or ham
1/2 cup of chopped onion
1/2 cup of tomato sauce
1 tablespoon light brown sugar
2 tablespoons of tomato catsup
1 No. 2 can of tomatoes
2 cups of cooked Pinto or kidney beans (one pint size can or home cooked)
one recipe of your own cornbread, using 2 cups of meal.
Soak meat and onions in bacon fat; add tomatoes, sugar, catsup, and drained beans. Simmer this mixture about 10 minutes. Pour into an oblong casserole, 1 1/2 quart-size. Spread your favorite cornbread batter over the top. Bake 50 degrees to 400 degrees oven until top is browned and casserole is bubbly. If you find it better to bake at a higher temperature for the cornbread topping then lower heat if necessary.

Infant christened
Katherine Layton Elder, daughter of Mr. and Mrs. John Tobitt Elder of Edgewood was christened Sunday morning at the Carlisle Presbyterian Church.

The Rev. Bert Eyster officiated.
Mr. and Mrs. Thomas Hickman of Bourbon County and Mr. and Mrs. Warren Fisher are the grandparents.

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THE CARING COINER
"The Lord is good, a stronghold in the day of trouble; he knows those who take refuge in him."
Nahum 1:7
"I have been so discouraged these past two weeks that I don't know what I'll do," she said to me. "The more I think about him and what he did to me, the more my problem grows, and now it has got me by the throat."
Does her situation sound familiar? Ever been that discouraged? The more this woman concentrated on her problem, the bigger it grew, until it almost overwhelmed her. She did what most of us tend to do - let our minds focus on the problem instead of on the solution. When we concentrate upon God - our difficulties will retreat to actual size. God then is able to give us some hope in our depression. Hope! Like stars shining in the dark night. Try concentrating on God the next time you get discouraged and see if he stands by you. I know he will.

Join us this Sunday in Caring.
FIRST CHRISTIAN CHURCH
Worship 10:45
Christian Education 9:45

Watkins-Fox betrothal told

Dorsey L. Watkins, Carlisle, and Mrs. Tommy Grimes, Scottsville, announce the engagement and forthcoming marriage of their daughter, Jennifer Watkins, to Joe Fox, son of Mr. and Mrs. J. M. Fox, Scottsville.

Miss Watkins is a 1978 graduate of Allen County-Scottville High and is employed at The Allen County News in Scottsville. Mr. Fox is a 1974 graduate of Allen County-Scottville High and is employed at General Electric, Scottville.

Miss Watkins is also the granddaughter of Mrs. Dorsey Watkins, Sr. and Mr. and Mrs. Harvey Waggoner, Carlisle.

The wedding is set for Saturday, November 10, 3:30 p.m. at the Gallatin Road Church of Christ, Scottville, with reception to follow immediately at the home of the bride, Mrs. Tommy Grimes in Woodland Heights, Scottville.

All relatives and friends are invited to attend as no formal invitations will be sent.

Fishers entertain with family dinner

Mr. and Mrs. Warren Fisher entertained with a family dinner following the Christmas of their granddaughter, Katherine Layton Elder.

Guests were: Mr. and Mrs. Thomas Hickman, Bourbon County; Mrs. James Owen, William Hickman, Lanesville, Lexington; Mr. and Mrs. Toby Elder, Brian and Katherine of Edgewood.

The Green Apple

Painted Pumpkins

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Lay-A-Way Now For Xmas

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John Metz Jewelers
714 Main Street 987-2429 Paris, Ky.

Debate is sedate

Continued from page 2
If Brown has made a mistake or mistakes, it is in the fact that he said he didn't want the support of anyone attached to the Carroll administration, and that he didn't want the support of the courthouse gangs across Kentucky.

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Mrs. Guy honored with birthday dinner

A pot luck birthday dinner was held at the home of Mr. and Mrs. Carl Guy on Clayton Creek Road Sunday night honoring the birthday of Mrs. Guy.

Those attending were: Mr. and Mrs. David Smith, Emmett Lee and Anita, Mr. and Mrs. A.D. Payne, Lisa, Barbara, Penny and Junior, Mrs. Lucy Smith, Jean Argo, Frances Guy, Mrs. Anna Mae Isham, Harry Duncan, Mrs. David Buswell, Millie Anne and Lana Sue, Mr. and Mrs. Bobby Duncan, Margaret Kilmer and Jody, Phillip Ross, and Mrs. Gladys Duican.

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C & G

Armour Veribest 1st Cut
Pork Chops
Center Rib lb. \$1.19
Center Loin lb. \$1.19

Fischer Special Sliced
Bacon lb. \$1.19
Ballard Farm Pork 2 lbs. \$1.19
Sausage 89¢ Mild, Hot, Sage
Field's Sliced lb. pkg. \$1.29
Bologna lb. \$1.29

Park Country Loin Chops or
Pork Country Style Ribs lb. \$1.29
U.S. Choice Bottom
Round Steak lb. \$1.19
U.S. Choice
Round Roast lb. \$1.19
U.S. Choice
Eye of Round Roast lb. \$2.29
U.S. Choice
Beef Cubed Steak lb. \$2.29
Park. Veal, Chuckwagon 14 oz.
Kingsford Patties pkg. \$1.29
Gold Bank 4.8 lb. avg.
Turkey Breast lb. \$1.29
Tasty Bird Frozen
Chicken Livers lb. 69¢
Field's 1 lb.
Frank or Originals lb. \$1.29

Idaho 10 lb.
Potatoes \$1.79

Large Vine Ripe
Tomatoes 49¢

Golden Delicious 5 lbs. \$ 1.39
Apples
White
Grapefruit 4/\$1

Kraft Sliced Half Moon 10 oz.
Longhorn Colby \$1.39

Licking Basin report ready

A report containing recommendations for water and related land projects and programs for the Kentucky River Basin is now being reviewed by the Governors and heads of cooperating federal agencies within the Ohio River Basin. The report was prepared under the leadership of the Ohio River Basin Commission and contains information furnished by the states and federal agencies directly influencing the Kentucky Licking River Basin.

The Kentucky Licking River Basins Regional Water and Land Resources Plan and Draft Environmental Impact Statement recommends 72 projects including: one Army Local Protection Project, seven USDA/ASCS Watershed Projects, 33 wastewater treatment plants and 29 modifications to existing treatment facilities. Also included in the Plan are recommendations to conduct a number of programs and special studies.

Copies of the report may be obtained from the Ohio River Basin Commission, 36 East Fourth Street, Cincinnati, Ohio 45202. Comments on the report are requested by January 15, 1980.

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Center Loin lb. \$1.19

Fischer Smoked 6-8 lb. avg.
Picnic Hams lb. 69¢
Fresh 3 lbs. or more

Ground Beef lb. \$1.19

Coke-Tab-Sprite
16oz. 8 Btl. w/Bottles \$1.19

Ballard Farm 12 oz.
Instant Coffee \$4.99

Pet Ritz 26 oz.

Cobblers \$1.29

Ballard 10 ct. Sweetmilk, Buttermilk

Biscuits 6/99¢

Sta-Puff 99¢

Hely 3 mil 12 ct.

Trash Bags

Ballard Farm 12 oz.
Chicken & Pimento Salads \$1.19

Banquet 20 oz.
Pumpkin Pies 49¢

Wolcott 8 pak
Toilet Tissue white, scented 69¢
Jumbo White
Gala Towels 59¢
Boyce 40 ct. \$1.19

Fancy 2 liter Variety
Soft Drinks 79¢

Milkyway Snickers 3 Musketeers
Candy Bars 4 pak 79¢
Mazola Margarine lb. 69¢
Birdseye 10 oz.
Cauliflower 49¢
Pepperoni, Sausage & Mushroom Deluxe
Stouffer's Pizza \$1.19
Lysol 24 oz.
Toilet Bowl Cleaner 89¢
Lysol 28 oz.
Deodorizer \$1.19

Lysol 17 oz.
Basin Tub & Tile Cleaner \$1.19

Lysol Spray 18 oz. \$2.29
Spacker's 3 lbs.
Strawberry Jam \$2.29

Sea Pak Butter Fried 12 oz.
Fish Fillets \$1.39

Sea Pak Butter Fried 14 oz.
Fish Sticks \$1.49

Kraft Deluxe 14 oz.
Macaroni & Cheese Dinner 79¢

Pet Whip 9 oz.

Topping 59¢

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