



### Kay's Kitchen

By Kay Fisher

This week is going to be "Special Desserts" week. These recipes are good for special occasions or to just give yourself a treat. Some are light and good to serve after a filling meal. Some of them are rich and good anytime when you can't resist a bit more "wheat" calories.

The first two recipes I always make at the same time. They are rich and each one calls for 1/2 cup cream, whipped—since whipping cream comes in an eight ounce carton or bottle (1 cup), I make both desserts. You can't be led astray and use prepared whipped topping instead of whipped cream. It just won't work. You will be disappointed.

**LEMON DESSERT**  
Cook 3 egg yolks and juice of one lemon, grate the lemon rind. It should make about 1 tablespoon. Anytime you need a cup of cream, whip it with 1/2 cup sugar until stiff, stirring almost constantly. Cool.

Beat 3 egg whites until stiff, add 1/2 cup sugar. Beat 1/2 cup whipping cream. Fold whites then fold in whipped cream. Line ice tray with crushed graham cracker mixture and so on, ending with crushed additional cream. Cover tightly with foil.

Beat 3 frozen hard can be sliced. However I have found it is more flavor if you whip it into a stiffened sherbet glass. You may add a spoon of prepared whipped topping if you wish. Serves 6 to 8 depending on size of sherbet glass.

**PLUM FLUFF PARFAIT**  
1 cup raspberry jelly

Miss Fitchie has showers  
Miss Glenda Diane Ritchie, daughter of Mr. and Mrs. Glenn Ritchie, Jr. and Mrs. Estel Hunt will be married Saturday, May 26, 7:30 p.m. at the Carlisle Christian Church.

Miss Snapp graduates  
Miss Glenda Sue Snapp, daughter of Mr. and Mrs. James Snapp, graduated from Eastern Kentucky University, Richmond, Sunday, May 23, 1979.

Reunion in Millersburg  
Old Bourbon County High School, Millersburg, which graduated its last class in 1949, will hold its annual annual banquet, Saturday, June 2, 6:30 in the dining room Baldwin Hotel.

VFW Auxiliary meet  
The VFW Ladies Auxiliary held its regular monthly meeting Monday night, May 14. President Baby Ritchie appointed the following chairman for the coming year.

Church pot luck dinner  
The members of the Blue Licks Christian Church will have a pot luck dinner at the church on Sunday, May 27 at noon. The dinner will honor their minister, Sam Corra and Mrs. Corra who are leaving the church to accept another pastorate.

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**CHOCOLATE PUDDING**  
Mix together: 1 cup flour (left before measuring), 1/2 teaspoon salt, 1/4 cup sugar, 2 teaspoons baking powder, 1 1/2 tablespoons of cocoa. To this add 1/2 cup milk, 1 teaspoon vanilla, 2 tablespoons melted butter. Pour into greased 8x8 inch pan.

**PINEAPPLE ICE BOX CAKE**  
Combine 2 cups crushed pineapple, 1/2 cup sugar, 1/2 cup chopped pecans, 1/2 cup melted butter. Line bottom of pyrex oblong dish about 2' x 4' with layer of crushed vanilla wafers, then a layer of pineapple mixture and so on, ending with crumbs. Refrigerate overnight. To serve, cut into squares and top with whipped cream and a peach half. This is great ingrate of being so easy to prepare.

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**CHOCOLATE SAUCE**  
Cover with 1/2 cup white sugar, 1/2 cup brown sugar, 3 rounded tablespoons cocoa. Over this pour a cup of water. Bake one hour in moderate oven at 325 degrees.

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Jaycee officers  
New Carlisle-Nichols County Jaycee officers are, from left: C. T. McFarland, past president; Mike Power, secretary; Terry Trussell, president; John Caswell, vice-president; Kenny Smoot, treasurer and John Sweets, director.—Mercury photo.

**Parental classes to start May 31**  
A series of six prenatal classes will be presented at the Nicholas County Health Center starting Thursday May 31 at 7 p.m. All expectant parents are invited to attend.

**Garden Club has meeting**  
The regular monthly meeting of the Carlisle Garden Club will be held June 21 in the Library Club Room with sixteen members present.

**June wedding being planned**  
Mrs. Harold Massey Sr. of Millersburg wishes to announce the engagement of her daughter, Joanie, to Michael Jennings Mattox son of Mr. and Mrs. H. J. Mattox of Carlisle.

**Young Farah celebrates**  
Rose Ann Farah celebrated her third birthday with a family party at the home of her parents, Mr. and Mrs. Licha Farah.

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Parent Council members  
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**Next year's program**  
The District Parents' Advisory Council will also be elected. All parents of Title I children and other interested persons are encouraged to attend.

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