

Home Ec Dept. plans classes

Interested in getting ready for outdoor cooking this summer and trying some new recipes? If so, attend the classes at Nicholas County High School...

Rev. Gaines to speak

Buddy Gaines, former pastor of the Morefield and Headquarters Methodist churches and now a missionary with the Oriental Missionary Society, will be speaking here during the weekend of March 29-31.

FHA has International Buffet and election

The Nicholas County High School Future Homemakers of America has a foreign buffet prepared and served by the members. Items from various countries were on display for viewing.

Drive to save Carlisle Cemetery is continuing

Volunteers are now canvassing Carlisle and Nicholas County in connection with the fund drive for the Carlisle Cemetery. The drive was started three weeks ago when the cemetery houses were reorganized.

World missionaries to present programs at Baptist Church

The First Baptist Church will begin the spring sessions with a change in the worship hours. Effective this Sunday, April 1, Sunday School will meet at 9:30 and morning worship at 10:45.

Country club ladies auxiliary to meet April 5 for planning

The Carico Country Club Ladies Auxiliary will meet on Thursday, April 5 at 8:30 a. m. at the club. The purpose of the meeting is to formulate plans for the year.

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THE CARING CORNER... Linda 214.70 is an 8th year high school graduate who has been in the "Christianity for God's work" program...

Kay's Kitchen

— By Kay Fisher —

In answer to the requests for recipes for microwave cooking, I must admit I am an old fashioned stir, bake and taste cook. I do have a microwave oven and use it at times.

SAVORY GREEN BEANS

1 pound green beans, washed, stemmed and cut into 1 1/2 inch lengths. Slice bacon, cooked crisp and crumbled.

CHESY SPINACH

3 tablespoons butter or margarine. 1 cup soft whole wheat bread crumbs (2 1/2 slices).

White Cloud

4 Roll Pk. (Limit 1) (3 Colors) \$1.19

Births

BELEVINS... Mr. and Mrs. Gary Lee Blevins of Germantown announced the birth of a son born at the Nicholas County Hospital...

BIRTHS

BUCKLER... Mr. and Mrs. Edgar D. Buckler of Carlisle announced the birth of a son born at the Nicholas County Hospital on March 15, 1979.

BIRTHS

JEHON FARAH has birthday... Mr. and Mrs. Lucha Farah entertained for their son Jehon, Thursday, March 29 on the occasion of his sixth birthday.



Mr. and Mrs. William G. Shields. Mrs. Shearer, Sr. and the late Mr. Shields, son of Mr. and Mrs. Carl Shields of Hahn County were married Feb. 17, 1979, at 11:30 a. m. at the home of the bride with the Rev. Charles Schoeninger officiating the double ring ceremony.

'Champagne Complex' this week at Maysville

The Maysville Community College Players will present the three act comedy "Champagne Complex" at the MCC Auditorium March 29-31 at 8 p. m.

Engagement announced

Mr. and Mrs. Billy Blue Bullitt of Bethel announce the engagement of their daughter, Paula Carol, to Everett Allison Dale, son of Mr. and Mrs. Everett Dale of Carlisle.

BIRTHS

BECKER... Mr. and Mrs. Jeff Becker announce the birth of a daughter, born Feb. 6, 1979 at Good Samaritan Hospital, Lexington. She weighed 8 1/2 pounds, 14 and one-half ounces and has been named Holly Carolyn.

BIRTHS

Mrs. Shields is honored... Mrs. Paula Buckner presented Malissa Shields with a linen shower, March 15, at her home in Kentucky Heights. Twenty friends attended.

Kentucky tornado season starts Sunday

The months of greatest tornado frequency for Kentucky—April, May, and June—are here, and David Vargo, disaster director for the Kentucky Division American Red Cross, gave pointers on what precautions to take when one threatens.

Vargo explained that the term "tornado watch" means tornadoes may be expected to develop. "Tornado warning" means a tornado has actually been sighted.

The first precaution against an approaching tornado is to get shelter as soon as possible. If you are in a mobile home, get out of it as soon as possible.

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Pennsylvania offers seminar on solar energy techniques

Pennsylvania University will offer a practical lecture series for the general public, homeownes, mortgage lenders and financial institutions, on the use of solar energy technology in the construction industry.

Participating speakers will be Larry Turner, Extension Specialist for Energy, University of Kentucky; Dr. Harold Parker, Agricultural Engineering, University of Kentucky; Dr. Charles Hultman, Associate Dean for Research, University of Kentucky; Ronald How-

the seminar will be held from March 27 through April 30 on Tuesday evenings from 7-9 p.m. For more information, call the Office of Community Education at 233-4174.

Springtime Savings ON QUALITY FOODS. U.S. Choice Round Oranges Steak 5 Lb. Bag \$1.89 99c. White Cloud 4 Roll Pk. (Limit 1) (3 Colors) \$1.19. Coke, Tab, Sprite 8 pk. 16 oz. W.Bts. \$1.19. Yellow Onions . 49c. Large Celery . 49c. McIntosh Apples . 3 lb. Bag 79c. Spic & Span . . . 20% Bonus Pk. 6-8 oz. \$1.69. Atkinson's Pecan Pieces . . . 1 lb. \$2.99. Lemon Tine Lemonade Flavor . . . 6 oz. Jar 32 oz. \$1.99. Brock Creme Drops . . . 14.2 oz. 79c. Coral Bay Snowflake Coconut . . . 12.99. Bold 3 . . . 49c. Kraft Singles . . . 12 oz. (4 Varieties) \$1.19. Kidney, October W. Park, Great Northern, Mand Potato W. Park, Cast Beans & Spices, Lima Beans, Luck's Best Beans . . . #303 can 39c. Birdseye Cool Whip 8 oz. carton 59c. Kraft Marshmallows . . . 10oz. 3/1.00. Kitchen Bags . . . 8oz. Pk. 15 ct. 79c. Townhouse Crackers . . . 16 oz. 79c. Furniture Polish, Pledge 14 oz. (3 Varieties) \$1.69. Pampers X-Absorbant . . . 24x 2/4.99. Pampers Toddlers . . . 12x 2/3.49. Minute Rice . . . 14 oz. 79c. Ragu Classic Comb. 32 oz. (4 Varieties) \$1.29. Comet Cleanser . . . 21 oz. 2/89c. Mr. Clean Liquid . . . 28 oz. \$1.19. Top Job . . . 28 oz. \$1.19. Jen's 10" Pizza . . . 13 oz. (4 Varieties) 99c.

Pet Ritz Pie Shells two's 49c. Pillsbury Biscuits Reg. Butterfink 6 pk. 6/99c. Swanson Chicken 22 oz. Btl. 89c. Take Out 28 oz. \$2.99. Treet . . . 12 oz. (Limit 2) 99c. Smuckers Preserves . . . 18 oz. Peach Slice 89c. Blue Bonnet Margarine Regular 1 Lb. Pkg. 49c. Folger's Coffee 1 Lb. Can (4 Drops) \$2.39. Mrs. Shields is honored. We will no longer be open on Sunday. Van Hoose Steak House. Paris, Kentucky Eighth & Main Street Phone 987-6180.