

# Kay's Kitchen

— By Kay Fisher —

Valentine's Day has come along just in time. I was getting mighty tired of holding my own economical meals. So this week will be a column on some special foods to serve on that special day. So get out your heart shaped cookie cutter, cake pans or anything to give this day a special life!

If the valentines in your life is strictly a beef and potato man, stick to that menu. However you can branch out with heart shaped aspice, fancy cake, mints, and cookies.

**VALENTINE ASPICE**  
2 egg, unfavored gelatin  
3/4 cups tomato juice  
1/4 teaspoon hot sauce  
1/2 teaspoon salt  
1 teaspoon sugar  
1 teaspoon Worcestershire sauce  
1 cup lemon juice  
8 slices white bread  
4 stuffed olives, fussy chopped  
1 3-ounce package cream cheese  
1 cup mayonnaise

Sicken gelatin in 1 cup tomato juice in a saucpan. Place over low heat. Stir constantly until gelatin is dissolved. Remove from heat and stir in remaining tomato juice, 1/4 teaspoon hot sauce, salt, sugar and lemon juice. Pour into 8 individual heart shaped molds, chill until firm. Spoon mayonnaise on cream cheese topped bread. Mix spread on and remaining hot sauce and serve with salad.

**COOKIE HEARTS**  
1/4 cup peanut butter, crunched or smooth  
1/4 cup of butter or margarine  
1/2 cup brown sugar, packed  
1 egg  
1 teaspoon vanilla  
1 teaspoon grated orange peel  
1 tablespoon orange juice  
1 cup all purpose flour  
1/2 teaspoon salt  
1/2 teaspoon baking soda  
1 1/2 cups rolled oats

double boiler and beat with rotary beater or electric mixer. Place over boiling water and cook, heating constantly, for seven minutes or until frosting holds soft peaks. Remove from boiling water and beat until frosting will hold stiff peaks.

Front cake, sides and top. Tint 1/4 cups coconut a pale pink with food coloring and sprinkle over frosted cake. Patting with hand to make coconut stick.

To do something special for children make cookie hearts.

1/4 cup peanut butter, crunched or smooth  
1/4 cup of butter or margarine  
1/2 cup brown sugar, packed  
1 egg  
1 teaspoon vanilla  
1 teaspoon grated orange peel  
1 tablespoon orange juice  
1 cup all purpose flour  
1/2 teaspoon salt  
1/2 teaspoon baking soda  
1 1/2 cups rolled oats

**VALENTINE CAKE**  
Bake your favorite cake, your recipe or mix, in heart shaped pans. Do the frosting with icing. Here is one that is festive.

**WHITE SNOW FROSTING**  
2 egg whites  
1 cup granulated sugar  
Dash of salt  
2 teaspoons light cream syrup  
1/2 cup milk  
Combine all ingredients in top of a double boiler and beat with rotary beater or electric mixer. Place over boiling water and cook, heating constantly, for seven minutes or until frosting holds soft peaks. Remove from boiling water and beat until frosting will hold stiff peaks.

**BIRTHS**  
Mr. and Mrs. William Arthur Toole of Sardinia would like to announce the birth of a baby boy born on Jan. 21, 1979 at the Nicholas County Hospital. He weighed seven pounds and 10 ounces and has been named Christopher Herrington.

**Working parents can benefit from tax credit**  
Working parents who earned less than \$8,000 last year may again be eligible for payments of up to \$400 from the government, according to the Internal Revenue Service (IRS).

To qualify for Earned Income Credit (EIC), persons must have had an adjusted gross income or earned income of less than \$8,000 in 1978 and must have maintained a household for the entire year for their child who was under 18, a full-time student or a disabled dependent.

For eligible persons the credit is 10 percent of the first \$4,000 of earned income, with a maximum credit of \$400. The credit is reduced by one dollar for each additional dependent child or dependent spouse who is a full-time student or a disabled dependent.

Eligible persons can qualify for Earned Income Credit even though they may have paid no income tax during the year, but the IRS stressed that they must file a 1978 Federal income tax return to get it. The IRS will automatically compute the credit for taxpayers. Eligible Form 1960 filers must file their 1978 tax return by Feb. 28, 1981; Lexington, 255-2333; elsewhere throughout Kentucky, 1-800-225-6979. Hours are 9 a.m. to 4 p.m., 7:30 p.m. Monday-Friday (7:15 a.m. to 3:30 p.m. SAT).

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Mr. and Mrs. Stephen Darwin Stull

**Christian Church is scene of Tabor-Stull wedding**

Miss Peggy Jean Tabor, daughter of Mr. and Mrs. Willie Lee Tabor and Stephen Darwin Stull, son of Mr. and Mrs. Ralph Stull of Both County were united in marriage in a candlelight ceremony Jan. 12 at the Carlisle Christian Church. Rev. Eugene White and Rev. Francis Nash officiated at the double ring ceremony. Mrs. Lois Ann Gabbard provided the nuptial music. The bride, given in marriage by her father, wore a floor length gown of organdy. The empire waistline, accentuated by a three layer bowtie, extending from the waist to the bottom of the gown. Her veil was made of sheer organdy trimmed in lace, matching the Victorian style neckline and sleeves. She carried a bouquet of white silk roses and lilies of the valley.

The groom wore a white tuxedo. His officiant was Miss Helen Haney of Paris. She wore a floor length pink knit gown. The matching jacket was trimmed in maroon velvet, and carried two-pink silk roses with maroon and pink ribbon.

Bridesmaids were Miss Janice Pryor, sister of the bride, Miss Vicki Stull, Miss Pam Stull, Miss Lynn Stull and Miss Jennifer Stull, all sisters of the groom. They wore dress identical to that of the maid of honor.

Best man was Kenneth Garrett, Larabee, groomer; groomers were Rodney Stull, Roy Thompson, Bruce Jones, Henry Alan Stull, Jr. and Billy Jo Garrett. Ushers were Doug Jones, and Bill Carmichael. Mrs. Susan Durrell served at the guest book.

Assisting at the reception were Mrs. Marguerite Scott, Mrs. Jean Price, and Mrs. Lois Ann Gabbard.

After a wedding trip to Florida, the couple is residing in Carlisle.

Mr. and Mrs. Edward H. Ellington II

**Miss Elaine Riggs weds Edward H. Ellington II**

Miss Elaine Riggs and Edward H. Ellington II were united in marriage Jan. 11 at the Carlisle Christian Church. Rev. Louis Hanaber officiated at the double ring ceremony with the Rev. Howard Livingood assisting. Nuptial music was presented by Mrs. Cheryl Fighburster, pianist and by Mr. and Mrs. David Lawyers, vocalists for the afternoon ceremony.

The bride is the daughter of Mr. and Mrs. Donald O. Riggs of Carlisle. She is a graduate of Nicholas County High School and is a junior at Eastern Kentucky University.

Mr. Ellington II was united in marriage with Miss Betty Blair of Paris, Ky., in 1957. They are the parents of four children: Mrs. Marlene Jackson, Mrs. Nancy Jackson, Mrs. Janice Jackson and Mrs. Linda Jackson.

Mr. Ellington II is a graduate of Nicholas County High School and is a junior at Eastern Kentucky University.

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**Open House for Booths is Sunday**

Mr. and Mrs. Dennis L. Detton will entertain Sunday, Feb. 11, honoring Mrs. Detton's maternal grandparents, Mr. and Mrs. Eugene H. Booth, who are celebrating their Golden Wedding Anniversary.

The Open House will be held at the Detton home on Myers Station Road from 2 to 6 p.m.

All friends and relatives are invited to attend.

**County native named director**

A Nicholas County native, Peggy Harnum Cramer, has been named to the P. Lauderdale (Fla.) Area Board of Health as a director.

Miss Cramer is the daughter of the late John Harnum and Jimmie McCracken on Mottrock and the niece of Mrs. Ella Workman of Carlisle, Mrs. Beatrice Workman of Paris and Mrs. Alma Workman of Brooksville.

She moved to Florida from Wisconsin and has been in business there under the name of Cramer Realty since 1967. Mrs. Cramer has served on the local and state Education Committees, state and national Equal Opportunity Committees, and has been a member of the Equal Opportunity Committee and has been instructed on equal opportunity at the realtors' home orientation meetings.

She is also known for her seminars on FHA-VA financing.

**Mark Davis is improving**

Mark Davis, 15, hopes to be able to move Feb. 15 to his home at 2716 Houston Ave., Paris from Norton's Children's Hospital, Louisville where he has been a patient since Nov. 25. Mark had extensive surgery for a brain tumor Nov. 28 and again Jan. 25. His condition has improved greatly after the second operation. He will continue therapy after returning to Paris.

His mother, Mrs. R. D. Davis, has been with him at the hospital. Mrs. Davis has sold their home at 1105 Riddlemsield and bought the house on Houston Ave. where Mark had to be hospitalized. Their friends look over the job of moving and arranging the house for Mark and Mrs. Davis' return home.

**Baptist choir to attend workshop**

The Carlisle Baptist Church members will attend a music workshop at Codornas Baptist Assembly near Bagdad, Ky. The 19 members will leave for the workshop on Friday afternoon, Feb. 9, and return on Saturday, Feb. 10.

A workshop in fundamentals of Choir will be conducted by Don Spencer, associate director of church music, department of Kentucky Baptist Convention. Mr. Spencer will be working with the combined youth and adult choir on a cassette "Hallelujah What a Savior!" by John W. Peterson to be shared with the Carlisle Baptist Church on Easter Sunday.

The choir is under the direction of Mr. Don Spencer, Mrs. Robert Costney and Mrs. Vicky East.

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**DelMonte Sale**

- Pineapple-Orange & Pineapple-Grapefruit Drink . . . 46 or 59¢
- Prune Juice . . . 36 or 79¢
- Got Green & Fresh Green Beans . . . 303 can \$1.00
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- Canned Peas . . . 303 can 2/79
- Catsup . . . 32 or 89¢
- Fruit Cocktail . . . 303 can 49¢
- Fruit Halves . . . 303 can 49¢
- Sliced & Halves Peaches . . . 303 can 2/99
- Pineapple, Sliced, Chunk, Crushed . . . No. 2 can 59¢
- Tomato Juice . . . 46 or 69¢

<b>FOODTOWN COUPON</b> Betsy Crocker 16 oz. <b>Potato Buds</b> 69¢	<b>FOODTOWN COUPON</b> Cinnamon 13 oz. <b>Life Cereal</b> 69¢	<b>FOODTOWN COUPON</b> 5 lb. Bag <b>Gravy Train</b> \$1.19	<b>FOODTOWN COUPON</b> Nugget 22 oz. <b>Spray Starch</b> 69¢	<b>FOODTOWN COUPON</b> Gains 36 oz. <b>Prime Variety</b> \$1.09	<b>FOODTOWN COUPON</b> 36 oz. Burger, Liver & Bacon <b>Ken-L-Ration</b> \$1.19	<b>FOODTOWN COUPON</b> Golden Gridle 24 oz. <b>Pancake Syrup</b> \$1.09	<b>FOODTOWN COUPON</b> Pat 11 oz. <b>Fruity Pebbles</b> 89¢	<b>FOODTOWN COUPON</b> 35 oz. Box <b>Calgonite</b> \$1.09	<b>FOODTOWN COUPON</b> 35 oz. Box <b>Dish All</b> \$1.09	<b>FOODTOWN COUPON</b> Baby Cakes 7 oz. 8 Bkts. <b>Hamburger Helpers</b> \$2/99¢	<b>FOODTOWN COUPON</b> Karo Golden 32 oz. <b>Pancake Syrup</b> \$1.09	<b>FOODTOWN COUPON</b> Mrs. Rutledge's, 24 oz. Btl. <b>Syrup</b> \$1.09	<b>FOODTOWN COUPON</b> 3 oz. Can <b>Mazola No Stick</b> 99¢	<b>FOODTOWN COUPON</b> 128 oz. Btl. <b>Wisk</b> \$4.69
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