

SOLELY

Mr. and Mrs. Robert Moore of Lexington, and Mrs. Margaret Swin, of North Middletown. They spent their vacation in July with Mr. and Mrs. E.K. Owing. Mrs. Owing is the sister of Mr. Moore and Mrs. Swin.

Mrs. Robert Moore of Lexington spent the week end, with her mother, Mrs. Lillian Medley, and sister Ruby King and brother William Medley Sr. Carl Hughes and grandson, Robert Hughes have returned from a week's visit with her husband's daughter, Mrs. Joseph P. Hayes. Mrs. Hayes and family in Columbus, South Carolina.

Mr. and Mrs. Martin Fedach had as their guests Sunday Mrs. Martin's mother, Mrs. Ode Chastain, Franklin, Ohio; her two sisters, Mrs. Lila Gabbaro, Hamilton, Ohio; Mrs. T.H. Gill, Lexington and her Uncle Fred H. Woodwell of Chaucer Bluffs, Iowa.

Mr. and Mrs. Licha Farah and children returned Aug. 8 from a 10 day vacation in North and South Carolina. They visited Mrs. Farah's sister, Mrs. William Bocharoun, Mr. Bocharoun and children in Greenville, S.C. and her mother, Mrs. Sam Hagley and other relatives in Wendell, N.C.

Mrs. Liza Kennedy of Mayeville, Mrs. Lisa Brady and Mrs. Eugene Neal had lunch at Seamount Inn Harrodsburg on Aug. 1 to celebrate Mrs. Brady's birthday.

Mrs. Morris Whaley spent the week-end in Tilton, Ga. visiting her mother who celebrated her 95th birthday Saturday.

Mr. Kenneth Smith and sons of Prestonsburg were guests last week of her parents Mr. and Mrs. Earl Hammon. Their guests Sunday were Mr. and Mrs. Paul W. Hammon and daughter Paula, Mr. and Mrs. Spear Collins and Sandra, Mr. and Mrs. Tommy Hammon, Cynthiana, Mrs. Smith and sons.

Kay's Kitchen

By Kay Fisher

Did you know that zucchini was practically unheard of in America until about 10 or 20 years ago? Now it is one of the most popular and prolific of home grown vegetables here. Since one zucchini plant seems to grow into hundreds of the prolific vegetable, most home gardeners are burdened with more than they can give away. But take heart. Zucchini can be frozen, made into casseroles, soups, bread, cake cookies, and is delicious eaten raw. It's anything, just sprinkle with a little salt. Cooked in the most simple way, it is a dieters delight.

Recipes for using zucchini seem to come in as fast as the vegetable grows.

ZUCCHINI WITH GREEN PEPPERS AND TOMATO

3 to 4 tablespoons vegetable oil
1 garlic clove, mashed (optional)
1 medium onion, sliced
1 large green pepper, sliced
2 medium zucchini, sliced
1 source can tomato sauce
Salt and pepper to taste

Sauté onion and garlic in oil until soft but not brown. Add green pepper and cook, stirring constantly, over medium-high heat for 1 to 2 minutes. Trim off ends of zucchini and cut into 1/2 or 3/4 inch rounds. Add tomato sauce, salt and pepper, and sauté until sauce is thick. Sprinkle zucchini with salt and pepper.

SEVEN-MINUTE ZUCCHINI

4 medium zucchinis, peeled and grated coarsely
1 teaspoon salt
1/2 pound mushrooms, sliced
1/4 cup butter
1/4 cup chopped onion
1 clove garlic, minced
1/4 cup sour cream



Mr. and Mrs. Elwood Bartlett celebrated their 50th wedding anniversary at their home in Carlisle Friday, August 10, 1979. They were married at Mayville on August 10, 1929. They are the parents of four children, Mrs. Eva Massey, Mrs. Nancy Moran, Mrs. Baby Larkin of Millersburg, James (Don) Bartlett of Carlisle.

They have 11 grandchildren and 3 great-grandchildren. Refreshments of cake and punch were served at their home.

Carlisle alumni banquet is slated for Saturday

The Carlisle High School Alumni Association will hold its annual banquet Aug. 18 at the Carnies Country Club. Registration time will be from 6:30 to 7:00 p.m.

Miss Sidney Crouch, class of 1956, will be the guest speaker. She is the vice-president and manager of the Trust Dept. of the Merchants Trust and Savings Bank, Quincy, Illinois.

Garden Club to meet Aug. 20

The Carlisle Garden Club will have the August meeting in the Club room of the Nicholas County Library at 2 p.m. Aug. 20.

Mrs. Helen Rutledge of Heritage Giltique will give a program on "Trends in Table Fashions". Mrs. Howard Dorsey and Mrs. Wilmer Halcomb are hostesses.

Wesley Berry has birthday

Mr. and Mrs. Wayne Berry entertained Saturday Aug. 11, for their son Wesley David, for his second birthday at his home.

Guests during the day were: Donna Sue, Cindy and Jennifer Baker, Mr. and Mrs. Victor Bromagen and Missy, Mrs. Sally Bromagen and Ramona, Mrs. Bette and Betty Wade, Jewell Berry and Jessie Mitchell, Becky Berry sister helped serve ice cream and cake.

The Stuwards will celebrate 25th anniversary

Mr. and Mrs. Elmo Stewart of Route Two, Mt. Olivet will celebrate their 25th wedding anniversary on Sunday, Aug. 19 at Blue Licks State Park from 2 to 4:30 p.m. It will be given by their children.

All friends and relatives are invited.

The Green Apple

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In an administrative complaint the firm was charged with:

- Purchasing livestock on a grade and weight basis and failing to pay the agreed-upon purchase price of the livestock.
- Failing to pay the sellers of livestock carcasses on the basis of actual but carcass weights.
- The firm has a right to a hearing. If the charges are proven, it would be placed under a cease and desist order and could be assessed a civil penalty.

The **FS&K** has a fair trade practice law administered by the packers and stockyards program of USDA's Agricultural Marketing Service. It promotes fair competition in the marketing of livestock, poultry and meat.

Yoji Kato visiting Judges

From Tokyo, Japan, one of that country's largest cities, to Nicholas County, Kentucky this summer comes Yoji Kato, one of 21 Japanese youth visiting 25 Kentucky counties as part of an international exchange program sponsored by the 4-11 Program and the International Exchange Foundation in Japan.

Kato is visiting with Mr. and Mrs. Paul Judge of Moorefield and their family. Only families with a 4-H membership were eligible to serve as volunteer host families.

Last week he stopped by the Mercury office with his new-found friend, Andy Judge, to get his picture taken for the folks at home.

Kato got a warm welcome to Kentucky that began when County Agent Mike Phillips picked him up at Bluegrass Field in Lexington.

The Japanese youth is not that familiar with spoken English and especially Mike's Western Kentucky dialect. During the drive home they spotted two items he was already familiar with: the Big Macs where they stopped for lunch and the Lee Cree tree that was in the truck's stereo.

Mrs. Sharon Wilson, county extension agent for 4-H, said one of the purposes of the exchange was to allow the students to get a normal view as possible of a typical Kentucky family. Kato will be leaving Lexington August 27 for his flight home. This is the first time Nicholas County has participated in the international youth exchange program.



New friends

Andy Judge and Yoji Kato are exchanging impressions of Kentucky and Japan this summer. Kato is a guest of the Paul Judge family of Moorefield on an international student exchange program co-sponsored by the 4-11 program. — Photo by Janie Duncan.

State's growth expected to slow

The committee heard testimony from Don Judy of the Budget Review Office concerning projected general fund costs. Judy said current services support levels are estimated to be \$1.77 billion for the fiscal year 1981 and amount \$2.09 billion for the following year.

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The committee recommended that the committee recommends that commitments for future expenditures should not be entered into by the commonwealth unless the costs and benefits can be ascertained with reasonable certainty; that the benefits clearly exceed the costs and after the impact of costs on the future needs of the commonwealth have carefully been taken into consideration.

Committee members agreed this was the best plan of action because of lack of information needed to decide on the fate of the dam.

Cost was also a factor. The state would bear the cost of recreational facilities at the site for 30 years. This would amount to \$45,000 per year plus operation costs, Schmidt said. The committee agreed that inflation could make that figure much higher.

The committee also heard testimony from state librarian Barbara Williams concerning problems with a twice-referred personal service contract which would convert hard copy card catalogs to computerized form.

Williams contends the system is undared by librarians across the state and would save storage space, supply better material and save money also.

The committee questioned Williams on the payment of \$50,000 to a Minerva firm, Library Interface, to replace the card catalogs only one day after the contract was initially appropriated.

She said she "didn't dream there would be any problem because if the payment was just a fraction of the total contract (totaling \$250,000)." —

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Campus visitors

Liz Griffith and Mrs. Gerald Griffith of Carlisle take a look at the Morehead State University campus during the recent orientation and pre-registration program. The fall semester at MSU opens August 20 with orientation and registration at MSU photo.

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THE CARING CORNER

"Praise the Lord! Praise God in his sanctuary: praise him in his mighty firmament!" Psalm 150:1

A very good friend of mine made a very nice card for the occasion that she had been invited to the church service. The card was so beautiful that I had to show it to you. It was a beautiful card and I had to show it to you. It was a beautiful card and I had to show it to you.

FIRST CHRISTIAN CHURCH

Worship 10:45

FOODTOWN SUPER MARKET

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C & G

15 oz. Dish Liquid \$1.09

15 oz. Tony's Pizza \$1.39

Sau., Hamb., Pepp.

Ground Beef fresh 3 lb. or more \$1.39

Sliced Bacon Fischer's Method \$1.29

Meat Wieners Fischer's 12 oz. pk. 99¢

U.S. Choice Beef Shoulder Steaks \$1.49

U.S. Choice Beef Chuck Steak \$1.39

U.S. Choice Beef Short Ribs, Extra Lean \$1.29

Bologna Fischer's Sliced, Reg., Thick, Garlic, lb. \$1.59

Whole Boned (10 1/4 lb. avg.) Fischer's Quik-Cut Ham \$1.89

14 1/2 lb. avg. Sliced Freezer's Whole Pork Loin \$1.99

U.S. Choice Boneless Stew Beef \$1.79

Round White Potatoes 10 lb. bag 99¢

Yellow Corn 5 Ears/59¢

Michigan Celery 10 bunch 39¢

Nectarines 10 lb. 39¢

Cantaloupe 18 Ct. Each 59¢

R.C. Cola 8 pk., 16 oz. \$1.19

Diet Rite Cola 8 pk., 16 oz.

Trash Bags Best Pak 10 Ct., 30 Gal. 99¢

Dixie Lily Flour Plain, Self Rising 5 lb. bag 79¢

Abraham's Ladies Shop (We've got the answers!)

Fischer's Smoked Pork Chops Center Cut \$1.69

U.S. Choice Boneless Ribeye Whole or Half \$1.39

Fresh Sliced Beef Liver Skinned & Dressed \$1.99

Star-Kist Tuna 5 1/2 oz. can (Oil & Water) 69¢

Ajax Laundry Detergent 84 oz. \$1.99

Bic Butane Lighters 2 \$1.00

Action Tungstran Light Bulbs 4 \$1.00

Hunt's Tomato Paste 6 oz. \$1.00

Green Giant 18 oz. Frozen Broccoli 99¢

Era Laundry detergent 32 oz. \$1.29

Lemon-Lime, Pink Lemonade, Lemonade 10 Ct. Country Time Lemonade \$1.99