

Kay's Kitchen

—By Kay Fisher—

The more I think about the wonderful starter not using yeast, the more I wonder if it would really work since milk today just seems to go bad rather fast. Even under refrigeration it has gone bad all too quickly. If you have "natural milk," you might try it otherwise my suggestion is to use the one with yeast. The following recipe for starter and bread is from an old 1968 Better Homes and Gardens magazine.

SOURDOUGH BREAD
The starter batter may be kept almost indefinitely; you will discover the best flavor becomes more full-bodied with age —

Starter Batter:
1 package active dry yeast
1/4 cup warm water
2 cups sifted all-purpose flour
2 cups lukewarm water
1 tablespoon salt
1 teaspoon sugar

In medium mixing bowl, dissolve yeast in the warm water, mix in flour, lukewarm water, sugar, and salt. Beat smooth with rotary beater. Let stand, uncovered, at room temperature for 1 to 2 days, stirring 2 or 3 times each day. Cover at night to prevent drying. If starter should have a yeasty, not sour smell.

Bread:
1 package active dry yeast
1/4 cup warm water
1/2 cup starter batter

Highlights of P.T.A. meeting are told

The Nicholas County Elementary P.T.A. for the first Monday evening, Sept. 11 with an open house. Highlights of the meeting included presentation of a membership drive contest. The contest will be for all homerooms. The homeroom in each of the three categories K-2, 3-4, 4-5, and 5-6 will receive a party for their efforts.

Membership is to be all parents are encouraged to join.

Money-making projects were also discussed — the annual Chili Supper, Hatline, membership drive, and a new project called Parent-Teacher Fun Night.

The money raised this year will go for the school playground which has been located to the back of the school for the children's safety.

Monthly programs for the year will be open house, health program, P.T.E. Art Show, Christmas program, P.E. program, and the safety precautions while camping and boating program. Room count was won by the kindergarten class, taught by Mrs. Susan Morris, on the Barclayville Road.

Mrs. and Mrs. Eugene Gausse, Orville Gausse, Mrs. William Marshall and Mrs. Dorsey Watkins were in Lexington, Ky. Tuesday visiting their relatives. Mrs. Nellie Gausse and Mrs. Ray Gausse, Mr. Gausse had suffered a severe heart attack two weeks ago and was still a patient in the Georgetown Hospital.

Mr. Carl Hughes, Mr. and Mrs. Don Hughes and family spent the weekend at the Collettsville, Tenn. home of Mr. and Mrs. Stewart Starr, and University Hall in Louisville, the whole month of September 1978.

The next exhibit will be at Paramount Arts Center in Ashland. It is associated with Lexington Fiber Guild and runs the month of October through the middle of November.

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Miss Glenda Ritchie Engagement announced

Mr. and Mrs. Glenn Ritchie, Jr. announce the engagement of their daughter, Glenda Diane, to John Wesley Hunt, son of Mr. and Mrs. Estill Hunt, all of Carlsle.

Miss Ritchie is a 1978 graduate of Nicholas County High and is presently employed at the Carlsle Depot Bank.

Mr. Hunt is a 1976 graduate of Nicholas County High and is now employed by Mallowcraft in Paris. Wedding plans have not been completed.

FHA sponsors Walkathon

Members of the Nicholas County Chapter Future Homemakers of America are shaping up plans for the Nicholas County Walkathon for the March of Dimes which starts 9 a.m., Saturday, Sept. 30.

The Walkathon route will cover 20 kilometers for the walk. Registration for the walk will begin at 8:30 a.m. at Nicholas County High School. At 9 a.m. the walkers will proceed from the High School along Lower Jacktown to Carpenter Pike and then by way of Pleasant Springs Road back to the High School. Energy snacks and water will be provided for the walkers along the walk route.

Although birth defects strike at the very young, all ages can certainly join together to fight their destructive effect. Adults who might not wish to actually walk could participate by sponsoring a walker.

Anyone wishing to participate in the walk may pick up sponsor sheets in local schools or from any member of the Future Homemakers of America.

Auxiliary donation

The Nicholas County Health Care Auxiliary accepted a donation for a Nurse Call System from Bertha Marshall.

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Miss Feeback to marry on Sept. 28

Miss Pamela Jean Feeback, daughter of Mr. and Mrs. Billy Feeback and Garland David Swartz, son of Mr. and Mrs. Garland Swartz, all of Nicholas County will be united in marriage Thursday, Sept. 28, 1978 in a candlelight ceremony at 9 p.m. at the Carlsle Christian Church with Rev. Eugene White officiating.

A reception will follow in the fellowship hall of the church. Custom of open church will be observed.

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Mrs. Whiteley attends meet at Shakertown

Mrs. Jayne Whiteley, along with Kelly Brown and Ann Adams, of Lexington, attended a luncheon and business meeting of District No. 18 K.W.A. held at Shakertown, on Friday, Sept. 15. Plans were discussed for the annual K.W.A. state conference to be held this year, Nov. 7 to 10, at the Royal-Inn, Lexington.

Mrs. Whiteley is one of three selected from District 18 to assume duties at the State Conference.

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Past Matrons and Patrons have dinner

The Past Matrons and Patrons of Marie Chapter No. 298, OES, held its quarterly dinner meeting in the dining room at Blue Grass Industries Friday evening, Sept. 15, at 6:30 p.m. The devotional was given by Mrs. Betty Mothers.

Out-of-town guests were Mr. and Mrs. Buck VanAradale of Burgin. It was recorded that the Eastern Star awards for Religious Leadership have been awarded to Rick Grant, formerly of Nicholas County, and Cindy Harrington of Nicholas County.

Officers were elected for the coming year as follows: Wanda Strout, president; Howard Allison Jr., vice president; Ann Dampler, secretary; Carrie Shumate, treasurer; and Betty Mothers, corresponding secretary. The next meeting will be held on Dec. 4, at the Clifton Ghouse residence.

Eric Hume has birthday

Eric Charles Hume, son of Mr. and Mrs. Charles Hume, celebrated his first birthday, Monday, Sept. 4. His guests were: Mrs. Liza Fuller and Amanda, Mrs. Gail Barton and Kirtel, Mrs. Nida Fyrrman, Cynthia and Jennie, Mr. and Mrs. Joe Boots, Mrs. Cordelia House, Mr. and Mrs. Gordon Strang, Mrs. Margaret, Gary Boone, Jimmy Boots, Joyce Smith and Alice, and Cecil Gene Stone.

Fall Beef Sale

U.S.D.A. Prime Sides 1.15 lb.; Hind Quarters 1.35 lb.; Fore Quarters 1.09 lb.; U.S.D.A. Choice Sides 1.11 lb.; Hind Quarters 1.39 lb.; Fore Quarters 99¢ lb.

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Private Young assigned to Paris for Army duty

Private Young is a 1977 graduate of Nicholas County High School and the daughter of Mary Ellen Young of Henry Street, Carlsle.

Private Young is anxious to tell her friends and others about her experience in the Army to date. She can be contacted at the Paris Army Recruiting Station, 721 Main Street, Paris, Tele phone 987-9532 collect.

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Band Boosters to have Weiner roast Sept. 21

The Nicholas County Band Boosters will sponsor a pork-wiener roast for band members and their families on Thursday, Sept. 21, at 6 p.m.

Prior to supper, the band will give a show.

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