

Kay's Kitchen

— By Kay Fisher —

This week I must give the recipes that have been requested. The one for Pepper Jelly should be good now, I hope. If it is too late, clip it and save for next year.

PEPPER JELLY

1 1/2 cups chopped green peppers
1/4 cup cider vinegar
1/4 cup sugar
Enough red pepper sauce to taste.
Don't get it too hot.
3 sauce bottle liquid pectin
Green food coloring

Combine peppers, vinegar, sugar and pepper sauce. Bring to a full boil, then remove from heat and set aside for 30 minutes. Return to heat, bring to a full rolling boil and boil 1 minute. Remove from heat, skim off foam. Pour through strainer to remove pepper pieces. Add pectin and green food coloring. Stir and ladle into sterilized 1/2 pint jars. Leave 1/2 inch head space. Seal immediately.

We have had a round with much bread and cakes. Now carrot bread, cakes and cookies are taking over. Who would have thought the lovely carrot would come to this.

TWIN CARROT LOAVES

2 1/2 cups sifted all-purpose flour
1/4 teaspoon baking powder
1/4 teaspoon salt
1/4 teaspoon cinnamon
1/4 cup vegetable oil
2/3 cup hot water
1/4 cup sugar
1/4 cup grated carrot
1/4 cup chopped pecans
1/4 cup pineapples juice
1/4 cup powdered sugar
1/4 cup grated carrot
Preheat oven to 350 degrees. Grease

two 8 x 4 inch pans with shortening and dust with flour. Shake out excess. Sift together flour, baking powder, soda, salt, and cinnamon. Set aside. In large bowl of electric mixer beat oil, water, sugar, and egg yolks until creamy. Add carrots alternately with dry ingredients while beating. When smooth add nuts, by hand. Beat egg whites with cream of tartar until they hold stiff peaks, then fold half the whites into the batter, mixing thoroughly. Fold in remaining whites gently until no white lumps are seen. Divide mixture into two pans. Bake at 350 degrees for 40 to 70 minutes until firm when pressed in center, or cake tester done. Remove from oven and let cool 15 minutes before turning out on rack to finish cooling. To make glaze sift powdered sugar, then stir in lemon juice and 1/4 cup grated carrot and beat until pourable. Drizzle glaze over loaves while still warm.

This recipe is recommended for gift giving, and it can be frozen and stored if you like.

Since we are into carrots right now, here is a carrot salad my mother use to make.

CARROT SALAD

1 pkg. lemon jello
1 cup boiling water
1 cup drained pineapple, drained, reserve syrup
1/4 cup vegetable oil
1/4 cup pineapples juice
1/4 cup hot water
1/4 cup sugar
1/4 cup grated carrot
1/4 cup chopped pecans
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Rev. Edwards Welcoming services set

A community welcoming service will be held for the Rev. Harold Edwards, pastor of the First Baptist Church of Carlisle, and for the Rev. John Teel, pastor of the Methodist Church of Carlisle, on Sunday evening, Oct. 22, 7:30 p.m. at the First Baptist Church.

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State shaking up schools to aid dyslexic children

Education officials will have to "go into some of the areas in the state and force hands" in seeking appropriate public education for children with learning disabilities, says Sen. Ed Ford of Cynthiana. Ford, referring to the state's compliance with federal law, said that despite improvements that have occurred in the state of learning disabilities, eastern Kentucky alone has 23 connecting counties that lack any type of program for children with learning disabilities. His comments came Wednesday during a subcommittee meeting on the needs of dyslexic children. Ford was told by representatives of the Kentucky Department of Education that there is a shortage of learning disability teachers throughout the state and that decreasing the student-teacher ratio would probably help identify children with learning disabilities. However, Becky Daugherty, director of the division of learning disabilities, said that if the teachers aren't interested, they won't identify more children with learning disabilities, even with smaller classes. Billie Downing, chief of the Bureau of Education for the Exceptional Children, said the committee that the emphasis needs to be on the preparatory program for teachers in the state and on the state's elementary teachers. She said that the newly required special education course in the state curriculum for elementary teachers will help a lot. "We need to teach regular teachers what to look for in their children to spot difficulties. We also

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85th birthday celebrated

Mrs. Lucy Smith celebrated her 85th birthday Sunday, Oct. 8, 1978, with 32 guests present for the occasion. Those attending were: Mr. and Mrs. Doug McCord and family, Kendall Sebastian, all of Paris; Mr. and Mrs. Robert Fredrick of Winchester; Mrs. Becky Wagner and family of Millersburg; and Mrs. John Argo and daughter, Dany and Vickie Malone and daughter, Paul Barker, all of

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