Kay's Kitchen

— By Kay Fisher —

Time to get back to the Christmas gifts from your own kitchen. Gifts from the kitchen are a wonderful way of extending holiday greetings. The recipes this week are to make now and freeze for giving Christmas week.

PUMPKIN BREAD

3½ cups sifted flour
2 teaspoons baking soda
2 teaspoons salt
1 teaspoon baking powder
1 teaspoon cinnamon
1 teaspoon nutmeg
½ teaspoon ginger
3 cups sugar
1 cup salad oil
4 eggs
2 cups canned pumpkin
⅔ cup orange juice, milk or water
1½ cups seedless raisins, optional
1½ cups chopped nuts, optional

Combine flour, soda, salt, baking powder, cinnamon, nutmeg and ginger, mixing well; set aside. Beat together sugar and oil; add eggs, one at a time. Stir in pumpkin and orange juice. Blend in dry ingredients. Stir in raisins and nuts. Turn into 4 well-greased, 1-pound coffee cans or 2 well greased 9 x 5 x 3 inch loaf pans. Let stand at least 20 minutes before baking. Bake in 325 degree oven for 1 hour and 15 minutes, or until done.

Let stand in pans 5 minutes, then turn out on racks to cool. Wrap loaves in freezer wrap, label and freeze.

MINCEMEAT COFFEE CAKE

2 tablespoons melted butter or margarine
2 tablespoons light brown sugar
2 tablespoons corn syrup
Pecan halves
2 cups sifted all-purpose flour
2 teaspoons baking powder
½ teaspoon salt
½ cup butter or margarine
1 cup sugar
2 eggs
1 teaspoon lemon extract
½ cup plus 2 tablespoons milk
1 cup mincemeat
¼ cup chopped nuts

Combine the 2 tablespoons each butter, brown sugar and corn syrup and turn into well greased 9-inch bundt pan or 10-inch angel food cake pan. Arrange pecan halves in design in sugar mixture; set aside.

Combine flour, baking powder and salt; set aside. Cream butter until light and fluffy; add sugar. Beat in eggs and lemon extract. Add dry ingredients, alternately with milk to creamed mixture. Stir chopped nuts into mincemeat and add to cake mixture. Cut into batter just enough to make marbleized effect. Turn into prepared pan. Bake 325 degrees for 1 hour and 15 minutes, or until done. Let stand in pan 5 minutes then turn out on rack to cool. Wrap in freezer wrap and freeze.

BAKED CRANBERRY RELISH

1 orange
1 pound fresh cranberries
2 cups sugar
Dash of salt
1 cup coarsely chopped pecans

Peel orange; cut into 1-inch pieces. Using half the peel, cut into very thin slivers; set aside. Wash cranberries; place in 2 quart casserole; sprinkle on the sugar and salt. Add orange and slivers of the peel; stir to mix. Cover tightly and bake in a 325 degree oven for 1 hour and 15 minutes. Remove from oven and cool slightly. Stir in nut meats. Allow to chill overnight before serving. If using for gifts, spoon hot mixture into sterilized jars; seal and store in cool place.

You will note all of these recipes cook at the same degree of temperature and time. So if you want to make and bake any of them at the same time you will save time and energy.

Have your holiday meal at a state resort park

by Helen Price Stacy

This year would be a good time to start family Thanksgiving dining in a state resort park. The festive boards in Kentucky parks will be heavy with food, and hospitality Nov. 23 when dining rooms open at noon and serve continuously until 8 p.m.

Families could agree on the park most conveniently located, then invite friends or someone away from home to join them.

The menu for Kentucky resort park Thanksgiving buffets includes roast young tom turkey with Kentucky cornbread dressing and cranberry sauce, baked bluegrass sugar cured ham with holiday fruit sauce, Pilgrim roast round of beef aujus carved on the line, old fashioned candied yams, Kentucky Wonder green beans, Mayflower whipped potatoes and giblet gravy, assorted congealed salads, tossed green salads, relish trays, mince meat pie, pumpkin pie, Kentucky Rifle rum cake, coffee, tea, milk, hot roll and the like.

All this plus seconds or even thirds for $4.95 adults and $2.95 children.

Park recreation rooms will be open for indoor entertainment, plus comfortable chairs for lounging and watching TV in lobbies. For those who enjoy the outdoors in autumn there are trails to walk, hills and cliffs to climb, caves, gorges, rockhouses, streams and trees to enjoy, rock bridges and natural bridges to see and spectacular scenery.

Resort park gift shops will be open for those who want to do some Christmas shopping for gifts that are original and useful.

This is that time of year when the landscape is open and free. No foliage to block views of far vistas. One could stand at a scenic overlook or atop Natural Bridge or from a vantage point at Carter Caves, Greenbo, Pennyrile, Pine Mountain, Lake Barkley, Kenlake, Kentucky Dam, Barren River, Jenny Wiley, Buckhorn, Cumberland Falls, Lake Cumberland, Gen. Butler, Rough River or other parks and revel in the splendor of the Kentuck countryside at Thanksgiving time.

GIFT SUBSCRIPTIONS

For costs beyond our control, should you wish to send a greeting card with your gift subscription, then include 15 cents postage. We will furnish the card.

The Carlisle Mercury

For your Christmas giving we have. . .

☑Christmas Arrangements
☑Christmas Potted Plants
☑Green Plants ☑Fresh Wreaths

The door prize given away during the Open House on Nov. 12 was won by Mrs. Frances Taylor of Carlisle.

The Flower Box Florist
Phone 234-6272
226 Old Lair Road Cynthiana

50th anniversary to be celebrated

The family of Mr. and Mrs. Arthur Kerns will entertain with an open house Sunday, Nov. 26, from 2 to 5 p.m. at their home on the Moorefield Road.

Mr. and Mrs. Kerns will be celebrating their 50th wedding anniversary. All friends and relatives are invited.

Rev. John Teel is community service speaker

The Rev. John Teel, student minister at the Moorefield Christian Church, will deliver the message at the Community Thanksgiving Service to be held in the First Christian Church at 7:30 p.m. on Wednesday, Nov. 22.

Second adult class is Nov. 27

The second in a series of four adult classes in food preparation will be held Monday, Nov. 27, at 7 p.m. in the Home Economics Department of Nicholas County High School.

The guest speaker will be Carolyn Dotson, home economist for Kentucky Utilities. She will be demonstrating holiday foods.

Babysitting will be provided. For information call 289-7111. Come and bring a friend. There is no charge for the class.

Pryor-Hill vows to be exchanged

Mr. and Mrs. Paul Pryor of Carlisle announce the forthcoming marriage of their daughter, Mona Pryor to Kent Hill, son of Rachel Hill of Carlisle and Duane Hill of Burlington, Iowa.

The wedding will be Friday, Nov. 24, at 2:30 p.m. at the First Christian Church.

The custom of open church will be observed.

Mrs. W.W. Rigg has birthday

Mrs. W. W. Rigg celebrated her 81st birthday Saturday at her home on the Moorefield Road.

Friends and relatives called during the afternoon to wish her well.

Homemakers meet

Headquarters

The Headquarters Homemakers met Nov. 8 at Lake Carnico Country Club with Mrs. James Snapp and Mrs. E. V. Delaney as hostesses.

Mrs. Reynolds Allison presided.

Mrs. Emmett Darrell gave the devotional. She read "At Change of Seasons" and "We Give Thanks" followed by the Lord's Prayer.

Mrs. Allison read "A Time for Visiting."

The roll call was answered by "My most memorable Thanksgiving". There were 17 members present and two visitors, Mrs. Margie H. Wilson and Mrs. Serena Alexander.

Reports on canning, sewing, arts and crafts were recorded.

Several orders were taken for purses, calendars, and clutch purse that are being sold by the county Homemaker clubs.

Miss Fleet Allison gave the Family Life lesson.

After lunch, Mrs. Wilson gave the lesson on "How to say no".

Mrs. George Dale had the recreation.

Our December meeting will be a potluck dinner at the home of Mrs. Carolyn Allen, Lake Carnico.

Miranda

Mrs. Lovell Shaw, president of Miranda Homemakers, was the hostess for our November meeting with Mrs. Albert Booth serving as co-hostess.

Mrs. Edgar A. Darrell gave the Mrs. Shaw asked us to bake a pie for the Hospital Auxillary bazaar to be on Dec. 2 at the old Carlisle Armory on Main St. The lesson on "How to Say No" was given by Mrs. Edgar Scott and Mrs. Walter Kendall.

Members will exchange gifts when we have our Christmas program and meeting at the home of Mrs. Malcolm Wills with Mrs. Russell Wills cohostess. Potluck supper to be served at 6:30 p.m. Dec. 13.

Parks

Parks Homemaker club met Nov. 4 in the Library with Ernestine Eads hostess. Twelve answered roll call with "Thanksgiving remembered best".

A very interesting lesson, "When to say 'No' gracefully", was presented by Miss Hazel Swarts. Reports were given by the various chairmen. The members have chosen the second Monday in each month for the club meetings.

Meeting adjourned to meet Dec. 11 in the home of Mrs. Harold Hamm at 7 o'clock for a Christmas program and an exchange of gifts.

MILLERSBURG SERVICE IS NOV. 22

The Millersburg Community Thanksgiving service will be held at the Millersburg Christian Church (Disciples of Christ) on Wednesday, Nov. 22, at 7:30 p.m.

The Rev. Dr. Charles Boyle, minister of the Millersburg United Methodist Church will be the speaker. The service is sponsored by the Millersburg Ministerial Association.

VFW Thanksgiving dance is Nov. 25

The VFW Post 8666 Thanksgiving dinner and dance will be held Saturday, Nov. 25, at 7 p.m.

The music will be by the Country Music Goodtimes.

State Rep. Adrian Arnold, Mt. Sterling and Mrs. Jimmy George, president of the Carlisle Community Woman's Club, pose for a picture prior to the club's 30th Anniversary Dance, Saturday night at the Old Armory.

Anniversary dance

Mrs. David Zachary was chairman of the Carlisle Community Woman's Club 30th Anniversary Dance held Saturday night at the Old Armory. Mrs. Ben Pennington, club secretary, is a charter member of the 30-year old club. — Photos submitted

Wedding ceremony is held at home

Mrs. Janet Fryman Lyons and James E. Mitchell were married Friday, Nov. 17, 1978, at 7 p.m. at the home of her parents, Mr. and Mrs. Nelson Fryman.

Officiating at the double ring ceremony was Rev. Tommy Fryman of Cynthiana.

Miss Ecton to wed Mr. Hardin Dec. 8

The wedding of Miss Brenda Ecton to David Hardin II will be held Friday, Dec. 8, 1978, 8 p.m. at the First Christian Church in Kennedy Heights.

The custom of open church will be observed.

Births

PREVO

Rev. and Mrs. Mark Prevo announce the birth of a son, Matthew Lewis, born Nov. 8, 1978 at St. Joseph Hospital, Lexington. He weighed six pounds and eight ounces.

The maternal grandparents are Mr. and Mrs. Harold Casady, Burlington, Iowa.

Paternal grandparents are Mr. and Mrs. Jack Prevo, Mattoon, Ill.

ATTENDS CONVENTION

M. C. Blair attended the Independent Insurance Agents of Kentucky Convention at the Galt House in Louisville Nov. 19-21.

SOCIETY

Henry Marshall entered the Veteran's Hospital in Lexington last Tuesday and is undergoing treatment. His room number is 318N.

Cadet Damon Booth, U.S. Air Force Academy, Col. is spending the Thanksgiving holidays with his parents, Mr. and Mrs. Kimball Booth.

Mrs. Charles (Helen) Hopkins is confined to her home this week by illness.

Mr. and Mrs. Harold Rawlings spent the weekend with her father, S.R. Barlow.

State Rep. Adrian Arnold and Mrs. Arnold of Mt. Sterling attended the Community Woman's Club dance Saturday night.

Mr. and Mrs. Martin Feeback had as their guests last week Mrs. Feeback's mother, Mrs. Obie Chasteen of Franklin, Ohio and her sister, Mrs. Lila Gabbard of Hamilton, Ohio.

Mr. and Mrs. Jr. B. Whaley were in Louisville Friday and Saturday to attend the Kentucky-International Livestock Exposition and Sale.

Miss Sarah Hamilton of Alexandria, Va. spent the weekend with her brother, John T. Hamilton Jr. and Mrs. Hamilton. Miss Hamilton directs the Georgetown University School of Medicine's Academic Development program and has been Consulting Educational Specialist at the University of Kentucky this past week.

Reynolds Feeback of Cincinnati was in Carlisle Tuesday on business.

Contamnated honey is widespread in state

(EDITORS NOTE: This is an update of a Nov. 9 state news release about J. W. Parrish Honey, previously thought to be retailed in Kentucky only through IGA Food Stores.)

The distribution of some contaminated honey is greater in Kentucky retail outlets than previously believed, say officials of the Department for Human Resources.

An investigation by the department's food control branch confirmed that contaminated honey has been distributed to various chain and privately owned stores across the state.

The recalled J. W. Parrish Honey, packed and distributed by J. W. Parrish of Homerville, Ga., was found to be contaminated by ants and other filth plus added corn syrup, says John Draper, manager of the food control branch.

According to Draper, the contaminated honey was originally found in a routine state inspection. It was first believed that the contaminated J. W. Parrish Honey was distributed only to Kentucky IGA Food Stores, but is now known that many other Kentucky stores received shipments of the honey, Draper says.

"This is the only honey we have found this year that has been contaminated with ants and other filth," says Draper. "However other honey has been found to be blended with fillers, such as corn syrup."

All honey that is known to be contaminated with filth or blended with fillers has been detained by quarantine action, he says. The federal Food and Drug Administration is analyzing samples of the honey in order to determine what action will be taken against the packers.

Season's Greetings!
from
Wilma's Little House of Beauty
230 Locust Street Wilma DeAtley, Owner Phone 289-5168
Hours:
Tuesday and Wednesday 9:00-5:00; Thursday and Friday 8:00-5:00; Saturday 8:00-3:00

Holiday Give-aways

The Sugar Plum Tree will be giving away a $10 Gift Certificate . . .every hour. . .Friday, Nov. 24th . . . Starting at 10:00 until 8:00 . . . Pay us a visit & register for Your FREE Gift Certificate.

The Sugar Plum Tree
Hours- Mon.-Sat. 9:30-5:00 Fri. 9:30-8:00
24 S. Walnut St. Cynthiana, Ky.

Social Security benefits available for adopted child

Social security benefits are paid to a child adopted by a disabled worker after the worker becomes entitled to disability benefits only if certain requirements are met. Among other things, the child must have been living with and receiving at least one-half of his or her support from the worker for the year immediately before the worker became disabled or entitled to disability benefits.

These provisions were included in the law to insure that benefits would be paid to such a child only when that child lost a source of support because of his or her parent's disability. It also acts as a safeguard against abuse through adoption of children solely to qualify them for social security benefits. The Congress recognized that children are rarely adopted for such reasons, but thought some safeguard was necessary.

The Mercury--a local newspaper

The Land Bank ...money to keep agriculture strong

The Land Bank is owned and operated by the people who use it...farmers and ranchers like yourself. Land Bank people speak your language. You can count on them to understand your long-term credit needs.

The Bank of Generations

In Carlisle Tuesday and Wednesday 2nd Floor of Deposit Bank Bldg. Ph. 289-7340
Stan Harmon, Branch Manager Flemingsburg Office Ph. 845-8451

Federal LAND BANK Association

Farm and Home

Nicholas County Extension Agents
Mike Phillips, Mrs. Sharon A. Wilson, Mrs. Margie Wilson

It's that time of the year. Although the unusually warm weather we are experiencing doesn't indicate it, it's time for the tobacco market to open.

November 20 has been scheduled as the opening day for the 1978-79 Burley Tobacco Market.

This year seems to be no exception as anticipations run high as to how the market will open. Should tobacco already stripped be placed on the floor for sale that first day or will the market strengthen in price in later sales? In talking with farmers, opinion seem to be running strong in both directions.

Each year we hear the same familiar words; we need to grade our crop better than the previous year, yet when we get to the floor to have it graded for sale the person spending little or no time grading his crop comes away dollars ahead. This won't be the case this year. In reviewing the proposed loan rates for each grade, there is a considerable difference in price. For example, a B2F carrys a loan of $137, while a M2F carries $113. If a person didn't grade it out he could lose $22 real quick. For a change it may come true; it may pay to grade this crop out.

In attending the Burley Tobacco Advisory Council last week, it was reported all tobacco companies that had been contacted were interested in participating in the new loose leaf tobacco program. Foreign buyers are also interested in purchasing tobacco this way. This means watching this year with keen interest. We have heard for a long time of changes coming in our tobacco marketing system. Who knows, we may have lived long enough to see it happen.

Changing horses for a while, it is time to be checking to see that cracks around windows and doors have been properly sealed to keep out winter drafts. Storm windows should have replaced screens and, that extra insulation already installed. For anyone wishing to fill out a form called CHEAP, which stands for Computerized Home Energy Analysis Program, the service is offered through the County Extension Office at no charge. A few questions need to be answered but the savings in reduced heating bills could be time well spent.

From the Nicholas County Extension Office, we would like to extend best wishes for a truly thankful Thanksgiving holiday.

TURKEY SUPPER

The Fish and Game Club will meet Friday, Nov. 24, at 7:30 p.m. at the club. Turkey and the trimmings will be served.

All members are invited to attend and bring a covered dish.

Music will be by the Brom's Bluegrass Boys.

"Oh, there's no place like home for the Holidays! . . ."
And you'll never "know how sweet it is" till you've enjoyed an easy and relaxing Christmas shopping spree, free from traffic, hustle and bustle, right here at

Abraham's Ladies Shop

Not only do we offer a beautiful and exciting selection of gift items. . .such as jewelry, smart leather belts, gloves and disco bags, colorful holiday sportswear separates, dresses to suit any taste, smart dress and all weather coats, and cuddly and lovely sleep and loungewear, but as is traditional here, we offer the most pleasant and "in-the know" help available in assisting you select the right gift. Top this off with beautiful gift wrapping and you'll be sure to let us get you ready for Christmas!

FOODTOWN SUPERMARKET
Open 8-8 Mon.-Sat

SAVINGS-A-PLENTY! ON FOODS FOR FALL MENUS!

U.S. Choice Boneless **Beef Pot Roast $1.49**

Yellow Onions 49¢ 3 lb. bag

C & G

Armour Sliced Bacon lb. $1.39
Armour Hot Dogs 12 oz. pkg. 89¢
Armour Sliced Bologna lb. $1.29

U.S. Choice Boneless Beef Top Round Steak ..... lb. $1.99
U.S. Choice Boneless Beef Top Round Roast ..... lb. $1.79
Pork Boston Butt Roast ..... lb. $1.09
Pork Steak ..... lb. $1.29
Fresh Pork Spare Ribs (Small & Lean) ..... lb. $1.19
Fresh Ground Chuck (3 lbs. or more) ..... lb. $1.29

Midwest **Red & Golden Delicious Apples** 3 lbs. 79¢

1 lb. can **Folgers Coffee** (3 Varieties) **$2.49**

Fleecy White Bleach Gal. **59¢**

Bob Boyardee **FROZEN PIZZA**

Chef Boy-Ar-Dee **Large Pizzas** (4 Varieties) **99¢**

Jiffy Corn Muffin Mix ..... 8½ oz. 5/$1.00
Jiffy Buttermilk Biscuit Mix ..... 8 oz. 5/$1.00
Gravy Train Dog Food ..... 50 lb. bag $8.99
Bes Pak Trash Bags ..... 30 gal. $1.79
Kleenex Dinner Napkins ..... 50's 49¢
Mr. Goodbar ..... 6 bars/89¢
Almond Chocolate ..... 6 bars/89¢
Kit Kat ..... 6 bars/89¢
Milk Chocolate ..... 6 bars/89¢
Reese Cups ..... 6 bars/89¢

Mac. & Cheese, Spinach Souffle, Corn Souffle **Stouffer Products** ..... 12 oz. 69¢
Dial Family size Soap 7 pz. 2 bars/89¢
Cheer ..... 49 oz. box $1.29
Marzetti Slaw Dressing ..... 16 oz. 99¢
Renuzit Solid Air Fresheners ... 6 oz. 39¢
Hunt's Ketchup ..... 24 oz. 49¢
Meow Mix ..... 3.5 lb. pkg. $1.69
Reg., Low Cal. 10's **Ovaltine Hot Cocoa Mix** .... 99¢

Hungry-Man 12 oz. pkg. **Entrees** Chick., Turk., Salis. Steak **99¢**

Tangeloes ..... 120 Ct. 99¢

Wesson Oil 24 oz. btl. **89¢**

Waldorf Bathroom Tissue White, Assorted (Limit 1 please) 69¢

Banquet Fried Chicken Dinner **Fried Chicken** Banquet 2 lb. pkg. **$2.49**

Joy 22 oz. btl. **89¢**

★We Welcome Federal Food Stamps