

Kay's Kitchen

By Kay Fisher



It really came as a shock to me as I column. Simply could not believe how much was here. It knocked what thought I had for this week out of my head. I have no time to do a different holiday baking. Not only for Thanksgiving but Christmas too. So get your grocery list started for those cakes, puddings, candy and gift giving foods. Pudding, fruit cakes and English pastries can all be made anytime now, stored tightly and doctored about every two weeks to be at their best for the holidays. Coffee cakes, jam cakes, pound cakes, and fruit pies freeze well and are so good, besides being a time saver when every minute counts during the holiday rush.

Check your pantry for cooking needs before you start: sugar, (white, brown, and confectioner's), spices, chocolate, raisins, candied fruits, coconut, milk, etc. Be ready for when the mood strikes you to do some baking. Here are some recipes to get you started.

UNBAKED FRUIT CAKE

1-1/2 lb. box Graham crackers
1/2 cup milk
1 lb. marshmallows
1 cup chopped candied cherries
1 cup chopped candied pineapple
1 cup shredded Brazil nuts
1 lb. box seedless raisins
1/2 cup sugar

Line 13 x 9 inch with greased waxed paper. Crush the Graham crackers fine with a rolling pin. Place the milk and marshmallows in a saucepan over low heat, stirring occasionally, until melted. Combine graham crackers, fruits, nuts and raisins in a large bowl. Pour marshmallow mixture over crumb mixture and mix thoroughly. Pack into prepared pan firmly and cover top with wax paper. Wrap in foil and store in refrigerator for 1 month, or make with sherry and brandy. Keep in refrigerator for 6 months or may be frozen.

Remember almost anything in the world is a most welcome gift.

If you know someone who lives alone or does not like cooking, a jar of homemade preserves or a relay of any

State Board of Education to appeal judge's decision

The Kentucky State Board of Elementary and Secondary Education will appeal the decision of Judge Henry Hinton in the Christian schools case. Hinton was the state board.

The ruling prohibited the state from setting educational standards for religious schools. The state had maintained that it aimed at uniformity in standards for private schools and the opponents contended that state standards infringed on religious freedom.

At a special meeting here yesterday, the state board also decided to invite the Kentucky Education Association, the Kentucky School Board Association, the Kentucky Association of School Administrators and any other interested school organization to join in the suit as friends of the court. Henry Hinton, chairman of the state board, said that he had received letters from those three school-related organizations encouraging the board to seek an appeal to a higher court.

The board authorized the Rev. Bob Brown, a board member and pastor of Trinity Baptist Church in Lexington, to visit a New York organization called "PASA," that is aimed at public schools in similar suits and would like to help in this case.

In an apparent default of a bus contract by Ward Industries of Arkansas, the state board gave the staff of the Department of Education the authority to negotiate with the company and to work out existing problems concerning school buses that have not been delivered. Representatives of the company will be in Frankfort within the

Band Boosters to sponsor breakfast

The Nicholas County Band Boosters is sponsoring a pancake breakfast this Saturday morning, Nov. 4 in the Department of Education. Tickets will be sold at the Homecoming event on Friday night, or they may be purchased at the door Saturday morning.

The Carlisle Community Woman's Club will celebrate its 30th anniversary with a Charity Ball

Sat., Nov. 18, 8 p.m. to midnight at Old Carlisle Armory
Music by the Magic Band of Louisville

Tickets "15 a couple available in advance ONLY from any Woman's Club member. Attire is formal. All proceeds will be used for charity.

Homemakers meet

Officers of the Nicholas County Extension Homemakers Association met their state counterparts at the Bluegrass Area Extension Homemakers Association meeting held in Carlisle recently. Present, from left, are Mrs. Wilma Hales, Nicholas County president; Mrs. Billy Hardin, Nicholas

COPE offers assistance to distressed

The Secretary of the Kentucky Department for Human Resources says response has been heavy to a new assistance program designed to provide aid during a financial crisis.

Couple to observe 50th anniversary

The children of Mr. and Mrs. Oscar Hughes are having Open House Sunday, Nov. 12, 1978, from 2 to 5 p.m. at the home of their daughter Mrs. Ron England.

Miss Wagoner to wed Nov. 17

Mr. and Mrs. Robert Carwell of Tampa, Fla. announce the birth of a daughter born Sunday, Oct. 25, 1978, at Women's Hospital. The baby weighed eight pounds and two ounces and has been named Nancy Nicole.

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Historical Society liberary serves many

The Kentucky Historical Society genealogical library not only serves Kentuckians, but researchers from other states and other countries, as well.

Methodist Women to meet

The Kentucky Conference of United Methodist Women will hold its annual meeting Nov. 4 in Union Auditorium at Morehead State University.

P.T.A. to have chili supper; meet Monday

The Nicholas County Elementary P.T.A. chili supper will be Nov. 11, 1978 from 4 until 8 p.m. at the elementary school cafeteria. Carryovers will be available for anyone wishing to come and take home supper. On the menu will be chili, sandwiches, pie or cake, and drink. A good meal for less than \$2.

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FOODTOWN SUPER MARKET

Open 8-8 Mon-Sat
C & G

Green Onions, Green Peppers, Cucumbers

2/39¢

Maxwell House Coffee

2 lb. can (5 Varieties) \$4.49

Snack Pack

59¢

Cottonelle

2 for \$1.29

Gold Medal Flour

59¢

Pancake Complete

59¢

Log Cabin Syrup

99¢

Betty Crocker Mix

2/99¢

PASS IT ON!

Whole Fryers 49¢ (Cut-Up lb. 59¢)

Fresh Lettuce

39¢

Ground Chuck

lb. \$1.29

Fischer's Bacon

lb. \$1.39

Fischer's Wieners

89¢

Fischer's Bologna

lb. \$1.29

Picnic Hams

lb. 79¢

Canned Hams

3 lb. can \$6.99

Foottown Bread

4/\$1

Domino Sugar

5 lb. bag 79¢

Fabric Softener

33 oz. 89¢

Banquet Pot Pies

8 oz. 4/\$1

Buffet Supper

32 oz. \$1.49

Pet Whip Topping

10 oz. 49¢

Teri Towels

Assorted, Decorated 59¢

Pan Biscuits

10 oz. 2/99¢

R.C. Cola, Diet Rite Cola, Barrel Head Root Beer

\$1.09

Sea Pak Perch Fillets

lb. \$1.69

Thank You Peach & Apple Pie Filling

2 can 69¢

Stove Top Stuffing Mix

6 oz. (3 Varieties) 59¢

Lysol Spray

12 oz. 1.49

Lysol Deodorizer

28 oz. 1.29

Lysol Basin, Tub, Tile Cleaner

17 oz. 99¢

Lysol Toilet Bowl Cleaner

24 oz. 79¢

Pet Ritz Pumpkin Pie

20 oz. 49¢

Hershey Chocolate Syrup

16 oz. 59¢

White Lily Fruit Muffin Mixes

7 oz. (6 Flavors) 4/1.00

Ar Wick Stick Ups

2 pk. (4 Scents) 1.79

Pepperidge Farm Cake Supreme

11 1/2 oz. (4 Flavors) 89¢

Joan of Arc Beans 300 can

(Butter, Chilli, Kidney) 3/1.00

Nestle Quik Pancak Patch

38 oz. 1.49

Tide Detergent, Family Size

4.29

Webber's Whole Hog Sausage lb. \$1.49 (2 lb. pkg. \$2.97)

Jell-O Pudding 4/89¢

Dove Liquid 69¢

Vanilla Waters 49¢

RTS Frosting 89¢

Pecan Sandies 89¢

Rich N Chips 89¢

Top Choice \$1.99

Alpha Bits 79¢

Box Frosting 69¢