Kay's Kitchen

— By Kay Fisher

Several months ago, right after it became possible for people to get out after the long winter, Mrs. Lola Evans was in the Mercury office and told me she had an old interesting cookbook she wanted me to have. Well a week or so ago she brought the cookbook to the office. I have enjoyed reading it and trying some of the recipes. Besides the recipes it has household hints, sayings of famous people, and Bible verses.

The following recipes are from the cookbook. My sincere thanks to Mrs. Evans for her thoughtfulness.

ESCALLOPED HAM AND CABBAGE

4 cups coarsely shredded cabbage
½ teaspoon salt
Dash or two of paprika
2 tablespoons butter
½ cup fine bread crumbs, butiered
Dash of pepper
3 tablespoons quick cooking tapioca
2 cups milk
1½ cups chopped cooked ham

Cook cabbage in boiling salted water two minutes. Drain. Combine tapioca, salt, pepper, paprika and milk in saucepan. Place over low heat and cook until mixture comes to a boil. Stir constantly. Remove from heat, add butter, cabbage and ham. Mix well. Turn into buttered baking dish. Cover with buttered crumbs. Bake 30 minutes or until bubbly and crumbs are browned in 350 degree oven.

* * * *

TEXAS HASH

Melt 2 tablespoons fat in heavy skillet. Add: 1 cup chopped onions and cook until brown. Add: 1 pound ground beef and stir and cook until red color is out of meat. Add: 1 cup chopped green peppers, 1 No. 2½ can tomatoes, 1½ teaspoons salt, ¼ teaspoon pepper, 1 teaspoon chili powder and ½ cup uncooked rice.

Bring mixture to vigorous boil, Cover and turn heat low as possible and cook for 30 minutes. Stir occasionally.

* * * *

VEGETABLES IN TOMATO JELLY

1½ tablespoons gelatin
2 cups tomato juice
¼ cup vinegar
1 tablespoon sugar
1 bay leaf
½ teaspoon salt
Dash of hot pepper sauce
1 small onion, minced
½ cup finely chopped cabbage
½ cup finely chopped celery
1 tablespoon minced green pepper
1 tablespoon minced pimento
Juice of one lemon

Soak gelatin in cold water (about ¼ cup) for 5 minutes. Heat tomato juice, vinegar, sugar, bay leaf, salt and pepper together. Add gelatin. Stir until dissolved. Remove bay leaf. When partially set add remaining ingredients. Pour into lightly oiled mold. Chill until set.

* * * *

WHIP CREAM DELIGHT

1 large Angel Food Cake
1 package of jello (cherry or strawberry)
1 banana, sliced
1 cup crushed pineapple-
1 cup marshmallows cut fine
½ cup chopped nuts
1 pint whipping cream

Break cake into fairly small pieces and put into a 9 x 13 pan. Whip jello when partially set and add half of the whipped cream. Mix together with banana, pineapple, marshmallows Pour over cake. Top with remaining whipped cream and chopped nuts. Chill several hours in refrigerator.

Mr. and Mrs. Herbert Stewart observe their 60th wedding anniversary May 7

Sunday, May 7, more than 200 persons extended their good wishes to Mr. and Mrs. Herbert Stewart as they marked their 60th wedding anniversary. Their two sons, Farris and Wallace Stewart and their families, hosted the open house that was observed between 2:00 and 5:00 p.m. in the Fellowship Hall of the First Christian Church at Mt. Olivet.

Mrs. Stewart wore a navy blue two-piece dress with a corsage of pastel colors as she and Mr. Stewart welcomed the guests into the Fellowship Hall. The room was decorated with wedding bells and spring flowers. Centering the refreshment table was a three-tiered anniversary cake.

Presiding at the table were Mrs. Princess Montgomery, Mrs. Lyle Miller of Mt. Olivet and Mrs. Donald McBrayer of Lexington, all nieces of the couple. Also assisting with other amenities of the day were Mrs. Phillip C. Insko of Washington and Mrs. Nellie Browning of Loveland, Ohio.

The following is a list of out of town guests that attended: Mrs. Flora Hargett, Joyce Hester, Mr. and Mrs. Richard Hargett and children Gwen, Maria, Beth, Cindy, Mark and Jonathan of Falmouth; Mr. and Mrs. John Tapp, Mr. and Mrs. Dave Rich, Mr. and Mrs. Stanley Alexander, Mrs. Jack Alexander, Mr. and Mrs. Wayne Tapp and Jonathan, Mrs. Milton Fryman and Mrs. Reese Smoot of Carlisle; Mr. and Mrs. Edgar Gould of Covington; Rose Marie Welte of Augusta; Mr. and Mrs. Phillip C. Insko and Todd Graves of Washington; Randall C. Insko, Mrs. Sue Poynter Wills and Mr. and Mrs. Berlin Brunker of Cynthiana; Mr. nd Mrs. Remick Miller of Ft. Thomas; Mrs. Donald Moyer of Highland Heights.

Mr. and Mrs. Curt Hedges, Mrs. Blanche Mann, Skip Poynter, and Dr. and Mrs. James Brown of Maysville; Mr. and Mrs. Perry Collins of Mayslick, Mr. and Mrs. Charles Scheffer of Paris; Mr. and Mrs. Bill Robinson of Stanton; Janet Kabler Sharp, C. D. Thompson and Mr. and Mrs. Donald McBrayer of Lexington; Bro. Lucian Robinson and children Amy, Danny, and Joel of Frankfort.

Bro. and Mrs. Mike Petty and four children of Frankfort, Mrs. Nellie Browning of Loveland, Ohio and Mrs. Wanda Kabler Barnett of Sanoga Park, Calif.

Tips on evergy saving are offering

by Dr. Jerry Howell
Director of Environmental Studies
Morehead State University

This installment examines ways energy can be saved through the wise use of electrical appliances.

Frequent cleaning and defrosting are general requirements for obtaining peak appliance efficiency. Range burners and reflectors, fans, and air conditioners all operate better when clean. Manual defrost refrigerators and freezers should not be allowed to accumulate more than one-quarter inch of frost because ice makes it more difficult for the cooling compartments to remove heated air. Frost free refrigerator may not be the answer either; they typically use about one third more energy than regular models.

Refrigerator temperatures should not be set too cold for adequate cooling. Fresh food compartments should be set at about 39 degrees, while the freezer section should be about five degrees. Individual freezers should be set at zero degrees. Refrigerators and freezer doors should be opened as infrequently as possible.

Ovens and stoves also present special problems. If a stove operates on natural gas, its pilot light should be burning properly. Electric burners should be cut off several minutes before actual cooking time elapses and water should be boiled in a closed pan. Pans should also be matched with the size of the heating element for efficiency. Heat also escapes when the oven door is opened continually during baking and a large oven is inefficient when used for small meals.

Dishwashers, clothes washers and dryers are more efficient when used for full loads. Dishes should be scraped before loading and, if rinsing is needed, it should be done with cold water.

Electric appliances are much more efficient when gaskets are firmly sealed and some appliances, including refrigerators, have power saver switches which can save more than 15 per cent in costs.

Shakertown is setting for Woman's Club installation of officers and luncheon

Incoming officers of the Carlisle Community Woman's Club were installed Saturday, May 13, at the club's annual spring luncheon which was held this year at Shakertown in Pleasant Hill.

Mrs. Ann Todd Hall, state public affairs officer for the Kentucky Federation of Woman's Clubs addressed the membership, and installed the officers.

Officers are installed

The Carlisle Community Woman's Club installed officers at their annual installation banquet held May 13 at Shakertown in Pleasant Hill. From left, seated, Mrs. Ben Pumphrey, secretary; Mrs. Lester Snapp, treasurer. Standing, Mrs. Fred Whaley, retiring president; Mrs. Jimmie George, incoming president; Mrs. Ann Todd Hall, public affairs chairman K.F.W.C. — photo submitted.

Mrs. Jimmie George was installed as president for a two year period replacing Mrs. Fred Whaley who received a gift of silver in appreciation of her leadership. Other new officers installed are Mrs. Lester Snapp, treasurer and Mrs. Ben Pumphrey, secretary. Mrs. Charles Hopkins is the club's vice president.

Former members of the club who attended the luncheon are: Mrs. Jack Hanley, Lexington; Mrs. William Threlkeld, Versailles; Mrs. W. R. Buntin, Frankfort; Mrs. Gordon Slade, Cynthiana; Mrs. Evans Brown, Winchester; and Mrs. Charles Law, Millersburg. Mrs. Joe Koffman, Georgetown also attended.

The local club, dedicated to promoting social literary, artistic, educational and political growth within the community, is an affiliate of General Federation of Woman's Clubs with headquarters in Washington, D. C. The club, federated in 1948, is now formulating various activities which will begin in the fall, to commemorate its 30th year of continued existence.

A luncheon and fashion show will be held at Carnico Country Club on Saturday, June 3, at 12 noon with the proceeds to be used for the club's efforts to help the new county hospital. Tickets are available from club members.

SOCIETY

Summer reading program at Library starts June 23

The Nicholas County Public Library will sponsor a Summer Reading Program for all children in Grade 1-8. Charlie Salisbury from the Bluegrass North Regional Library will be in charge of the program. This Summer Reading Club is open to any child between these ages who now resides in Nicholas County. Each week there will be a program of games, crafts, and movies as well as emphasis on reading for pleasure during the summer vacation. Registration will be held at the library until May 27.

Summer Reading Club will begin on June 23 at 10:30 a.m. and will run for six weeks. If you are interested in your children reading during the summer months or would like to get them interested in reading, this would be a good activity for them to attend. The Nicholas County Library looks forward to seeing your child there for a summer filled with reading fun.

Garden Club has workshop

The Carlisle Garden Club met Monday, May 15, in the Library club room. This was a "Flower Arranging Workshop".

Mrs. Eugene Neal gave the spiritual values, substituting for Mrs. W. J. Clark.

The morning was devoted to the workshop. Sixteen members were present. The following members participated in the arrangements: Mrs. Eugene Neal, Mrs. Grimes Caywood, Mrs. George Dale, Mrs. James Williams, Mrs. W. J. Irvin and Mrs. Taylor Snelling.

Members brought sandwiches for lunch, and the hostesses, Mrs. Wayne Shumate and Mrs. W. J. Clark, served dessert and coffee.

Following lunch, in the absence of Mrs. Ramona Wilson, president, Mrs. S. M. DeMyer conducted the business meeting. Mrs. DeMyer congratulated the members on the talent shown in our club, by the arrangements made.

Miss Mary Lois Campbell gave a report on the State meeting in Ashland, that she attended. She stated that Carlisle was mentioned twice, for having furnished wreaths at Christmas for decorating the Wallis Home at Paris.

Three children receive baptism

Kelly, Robyn, and Leia Brookshire received the Sacrament of Baptism administered by Rev. Herman B. Kamlage at the Shrine of Our Lady of Guadalupe on Sunday, May 7. The children are the son and daughters of Mr. and Mrs. Rodney Brookshire. Mr. and Mrs. William Burns of Indianapolis, Ind., Mrs. Brookshire's sister and brother-in-law, were the children's godparents. Since Mr. and Mrs. Burns could not be present for the ceremony, Dr. and Mrs. James A. Noll served as proxy godparents.

Following the Baptism, Dr. and Mrs. Noll honored the Brookshire children and their parents with a dinner party in their home. Guests at the Baptism and dinner were Rev. Herman B. Kamlage; Mr. and Mrs. Ralph Brookshire, Sr., and daughter Penny; Mrs. Ralph Brookshire, Jr., and son Michael; Mrs. Sue Woodall and grandsons Matthew and Joshua Guthrie; and Jamie, Paul, Nancy, Diane, and Cecilia Noll.

Mrs. Earlywine given luncheon on May 11

Mrs. Mike Phillips surprised Mrs. Eddie Earlywine Thursday, May 11, with a luncheon in honor of her birthday. Guests present were: Mrs. Bobby Duncan, Mrs. Jock Conley, Mrs. Bobby Fryman and Kristi, Mike Phillips and Pat, Mrs. Catherine Allison, and Tacy Earlywine.

Rose Ann Farah has birthday

Mr. and Mrs. Licha Farrah entertained with a party for their daughter Rose Ann for her second birthday which was May 12.

Guests at the party were her maternal grandmother Mrs. Sam Hagley of Wendell, North Carolina, her aunt Mrs. Ignatius Koury, Mr. Koury and family, her brothers Licha, Jr. and Edward Jebron and her sister, Mary Alicha.

Ahh, the prom

The Nicholas County junior/senior high school prom was held Saturday, May 13. The theme of this year's prom was "A Night on the Town". The Central Park and Foutain Square, Riverside, a band from Louisville, provided the music entertainment and played the theme tune "Tonight's the Night".

Mr. and Mrs. Warren Fisher had as their weekend guests at their cottage at Lake Barnsico, Mr. Fisher's sister, Mrs. Teo Nutini and Mr. Nutini.

Sunday guests of Mr. and Mrs. Carroll Wallace were her parents, Mr. and Mrs. Omer Humphrey of Georgetown. They attended church and had lunch at Carnico Country Club.

Mrs. Gerald Griffith of Harker Heights, Texas, arrived Wednesday for a visit with her mother, Mrs. Hicel Asbury.

Mr. and Mrs. Bobby Fryman and family, Brian and Melody Hill spent Sunday at the home of her brother Frank Hill, Mrs. Hill and Jeni of Cold Springs.

Mr. and Mrs. Paul Smith, Gregory and Kimberly of Lexington spent Mother's Day with Mrs. Smith's parents, Mr. and Mrs. Youie Shaw.

Mr. and Mrs. Larry Wills and son, and Mrs. Hazel Moore visited Mrs. Moore's son, Rev. David Moore and family in Nashville, Tenn.

Billy Hickman of Bourbon County submitted to knee surgery at Good Samaritan Hospital in Lexington. He has returned home and is getting along nicely.

Mrs. Billy Frey is a patient at St. Joseph Hospital where she submitted to open heart surgery Monday, May 15. She is improving nicely.

June Benefit Dinner will be discussed

Plans for the June Benefit Dinner will be discussed at the regular bi-monthly meeting of the Nicholas County Health Care Auxiliary to be held on Tuesday, May 23, at 7:30 p.m., in the Johnson-Mathers Nursing Home.

Anyone interested in joining the Hospital or nursing home or in doing volunteer work are cordially invited to attend, according to Mrs. James D. Anderson, president. Dues are $3.00 per year.

Wallaces return from sea cruise

Mr. and Mrs. Thomas Wallace having returned from a sailing cruise from San Diego through the Panama Canal, spent the past week with her parents, Mr. and Mrs. Nathan Young.

Mrs. Wallace has remained for an extended visit. Mr. Wallace has returned to their home in Martha's Vineyard, Mass.

Grey-Thornsburg wedding is told

Mr. and Mrs. Lee Grey Jr. announce the marriage of their daughter, Miss Patricia Sue Grey to Thomas Thornsburg, son of Mr. and Mrs. Arnold Thornsburg.

The wedding was an event of Monday, April 22, at the home of the bride's parents. Miss Joyce Smith and Ricky Bussell were their attendants.

The couple is living at Route 2, Carlisle. The groom is engaged in farming.

* * * * * *

Support Your Elementary School's First Science Fair on Saturday, May 20 at 1 p.m.

Diane Noll has birthday

Diane Noll celebrated her sixth birthday on May 11 with a party at the home of her parents, Dr. and Mrs. James A. Noll. Guests were Robyn Brookshire, Shon Conyers, Sarah Cox, Alana Estle, Todd Gates, Heather Hall, Melody McClure, Cecilia Noll, Arnold Payne, Lucinda Prather, Johnny Scott, and David Sparks.

State employment has increased

FRANKFORT — Total employment in the bluegrass area of Kentucky increased by over 16,600 workers during March, according to Robert MacDonald, chief labor market analyst for the Department for Human Resources.

Unemployment dropped from 4.7 per cent in February to 4.2 per cent in March, a total of 1,000 persons.

"Seasonal factors are mainly responsible for the improved unemployment rate," said MacDonald.

Woodford County had the lowest rate of 2.5 per cent while Nicholas County had 4.6 per cent, and Powell County had the highest at 12.5 per cent.

Statewide the rate was 5.4 per cent.

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SALTWELL NEWS ..... by Mrs. Fred Hollar

Mrs. Gary Hollar and Mrs. Jerry Galbraith were in Lexington on Friday.

Mr. and Mrs. Wesley Stephens, Paris visited Mr. and Mrs. Freddie Gaunce the past Saturday.

Kathy Fryman spent the weekend with Mr. and Mrs. Orville Doyle.

Congratulations to Mr. and Mrs. Glenn Thacker on the arrival of a nine pounds and nine ounces baby girl at Harrison Memorial Hospital on Sunday morning, May 14. She has been named Glenda Gayle.

Dr. Ralph Wesley and children of Lexington, Mrs. Nora Lee Singleton, Somerset and Mrs. Gladys Wesley, Danville, visited Mr. and Mrs. Martin Feeback on Tuesday.

Mrs. Gladys Kenney visited Mr. and Mrs. O. M. Ritchie of Lake Road on Thursday evening.

Our community was deeply saddened and extend sympathy to the family of Mrs. Alva Green, who passed away on Friday at St. Joseph Hospital in Lexington. Mrs. Green had been a life long resident of the Barterville community until the past few years, she had taken an apartment in Carlisle. Funeral was conducted on Monday afternoon by Rev. Howard Livingood and Rev. Mark Prevo at Mathers-Shearer Chapel with burial in the Barterville Cemetery.

Mr. and Mrs. Fred Hollar visited Mrs. Sterling Hollar at St. Joseph Hospital, Lexington on Saturday and dined at a Paris restaurant for supper.

Mr. and Mrs. Freddie Gaunce visited Mrs. Gertrude Laughlin at Bourbon County Hospital on Saturday and also visited Mr. and Mrs. Ronnie Gaunce and family later in the day.

Myrrl Hollar and Bennie Dotson visited with Mrs. Josie Gaunce and Mrs. Ida Martin and family of Paris on Sunday.

Mr. and Mrs. David Earlywine, Mr. and Mrs. Jesse Earlywine and Mrs. Bobby Brady attended revival services at Sedon Methodist Church, Maysville during the week where Rev. Allen Moran, Somerset was evangilist. The Earlywines also dined at a Maysville restaurant on Friday night.

Mrs. Orville Doyle and Mrs. Phyllis Brady visited Mrs. Andy Fryman and Kathy, Oddville on Friday.

Mr. and Mrs. Fred Hollar and Myrrl Hollar dined with Mrs. Gladys Kenney on Sunday.

Mr. and Mrs. Kenney Gaunce and Mrs. Stanley W. Caswell were Sunday dinner guests of Mr. and Mrs. H. A. Gaunce and Norma.

Mrs. Donald Caskey and Mrs. Dale Caskey were in Lexington on Wednesday.

Mrs. Bobby Brady visited Andrew Gray and Mrs. Alva Green and others at Nicholas County Hospital on Thursday.

Mr. and Mrs. Freddie Gaunce were Sunday dinner guests of Mr. and Mrs. Wayne Gum and sons Headquarters.

Mrs. Sterling Hollar who was a patient at Harrison Memorial Hospital the past week was moved to St. Joseph Hospital, Lexington on Wednesday. Visitors on Sunday and during the week were Rev. Howard Livingood, Rev. Ray Hunt, Mrs. Ramona Wilson, Layne and Stel Hollar, Mr. and Mrs. Gary Hollar, Gladys Kenney, Harold Mattox, Kay Mahoney.

Mr. and Mrs. Jesse T. Earlywine were Sunday dinner guests of Mr. and Mrs. Clark Earlywine.

Mr. and Mrs. E. V. Delaney and Mrs. James Snapp were in Lexington on Thursday to consult with his doctor.

Mr. and Mrs. Fred Hollar visited Mr. and Mrs. Royce Taylor of Lexington on Saturday evening. Mr. and Mrs. Taylor have been ill during the week.

Mr. and Mrs. Ray J. Snapp and Eddie, Cincinnati, Ohio spent Sunday with Mr. and Mrs. Ray E. Snapp.

Mrs. Chester Mattox and Raghna visited Mrs. Homer Ward of Paris on Sunday.

Mrs. Alma Mattox, Paris visited Everett Snapp on Sunday afternoon.

Mr. and Mrs. Herbert Blakeman and daughters Penni and Dana of Lexington spent Sunday with Martha and Daley Kennedy in observance of the Blakeman's wedding anniversary.

Mr. and Mrs. Stanley Storey, Linda Mathers and Paula Storey, Mrs. Bessie Smith and Mrs. Miranda Wilson attended the graduation of Miss Marcy Schimell, daughter of Esther Story Schimell and Paul Schimell at Edgecliff College, Cincinnati, Ohio on Sunday.

Mr. and Mrs. Bobby Price and Nyiri and Mrs. Fritz Gaunce dined at a Flemingsburg restaurant on Sunday.

Mr. and Mrs. Bobby Brady attended a Mother's Day dihner for the Fred Whitson family at the new Armory, near Cynthiana on Sunday evening.

Mr. and Mrs. Donald Riggs and family were Sunday dinner guests of Mr. and Mrs. Osborne Riggs, Colville Road.

DISTRICT NO. 30 F. & A.M. TO MEET

The annual meeting of District No. 30 F. & A.M. will be held May 22, 1978 at Deming High School in Mt. Olivet.

A potluck meal will be at 6:30 p.m. followed by the meeting at 7:30 p.m.

All Masons and their families are invited.

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Dixie Pride Biscuits
Homestyle, Buttermilk 6 pk.
6/79¢

(3 lb. pkg. or larger)
Fresh Ground Chuck lb. $1.19
Reg., Thick, Thin
Eckerich Bologna 12 oz. pkg. $1.19
Swift's Premium Vacuum Packed
Sliced Bacon lb. $1.39
Fischer's (6-8 lb. avg.)
Smoked Picnics lb. 69¢

Stokely 303 can
Fruit Cocktail 39¢
Van Camp 24 oz.
Beef Stew 79¢

U.S. Choice Boneless Rump or Sirloin Tip Roast lb. $1.69
U.S. Choice Cube Steak lb. $1.99
1/4 Pork Loin (Sliced into Chops) lb. $1.29
U.S. Choice Rib Roast lb. $1.89 (First 3 Ribs lb. $1.99)
U.S. Choice Rib Steak lb. $2.19 (Boneless lb. $2.59)
Snow Hills Frozen Hens (4-6 lb. avg.) lb. 59¢
Beef Liver (Sliced, Skinned, Deveined) lb. 79¢
Eckerich Reg. or Beef Franks lb. $1.29
Eckerich Smokey Links 10 oz. pkg. $1.19

Oxydol 49 oz. $1.29
Vine Ripe Tomatoes lb. 39¢
Yellow Corn 5 Ears 79¢

Armour 5 oz.
Vienna Saussge 3/$1
School Days Smooth, Crunchy
Peanut Butter 18 oz. 79¢

Fresh Pineapple (10 size) Each 69¢
Fresh Broccoli Bunch 69¢
Maxwell House Coffee 10 oz. $3.89
Lemon Valley Lemonade Drink 6—12 oz. envs. $1.19
Jiffy Pie Crust Mix 8 oz. 4/$1.00
Smucker's Grape Jelly 3 lb. jar $1.29
Pillsbury Plus Cake Mixes 18 oz. 59¢
Smucker's Kosher Dill Spears 24 oz. 89¢
Personal Size
Ivory Bar Soap 3½ oz. 4/49¢
Lipton Iced Tea Mix 24 oz. $1.49
Sea Pak Perch Fillets lb. pkg. $1.59
Chef Boy-Ar-Dee Ravioli 15½ oz. 49¢
Chef Boy-Ar-Dee Spaghetti & Meatballs 15½ oz. 49¢
Purex Detergent 42 oz. 89¢
Purex Toss N Soft 20 Ct. 69¢
White Lily Mixes 6 oz. 6/$1.00
Stokely International Vegetables 16 oz. 69¢
Borden Country Store Potatoes 28 oz. $1.29

Martha White 7½ oz.
Macaroni & Cheese Dinner 5/$1

Air Fresheners 6 oz.
Glade Solid 39¢
Palmolive Family size
Dish Liquid $1.49
Country Time Frozen 12 oz.
Lemonade 49¢

Cascade 35 oz. $1.19 Crest Toothpaste 7 oz. 99¢
Kleenex Napkins 140 Ct. 49¢
Orange Drink Wagner 54 oz. 69¢
Instant Tea Nestea 3 oz. jar $1.99
Marzetti Dressings (5 Varieties) 12 oz. 89¢
Prelate No. 1 can
Pink Salmon $1.49

Purex Bleach Gal. 59¢

Coke, Sprite, Tab 8 pk., 16 oz. W/Btls. $1.09

Northern 4 roll pkg.
Toilet Tissue 69¢

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