

# Bourbon County coed is finalist in Kentucky teenager pageant

Miss Jennifer Belle Jones, 16, daughter of Mr. and Mrs. Donald S. Jones of Paris has been selected to be a finalist in the 7th Annual Miss Kentucky National Teenager Pageant to be held at Georgetown College, March 17, 18, and 19. The Kentucky Pageant is the Official State Fiancée to the Miss National Teenager Pageant held annually in Atlanta, Ga. Tranya Stewart of Lexington is the reigning Miss Kentucky National Teenager.

Nicholas Constantina Miss May Also Asst. and Miss Jadebe Row are also contestants in the contest.

There will be contestants from all over the state competing for the title of Kentucky National Teenager. Judging is based on scholastic achievement - leadership - public speaking - poise and talent. Each contestant will receive a 100 word speech of her own composition on the subject of



Miss Jennifer Jones.

## Mr. and Mrs. Terrell are first parents in 'Rooming In' hospital program

Mr. and Mrs. Junior Terrell, Route 2, Carlisle, are the first parents to participate in the new "Rooming In" program at the Nicholas County Hospital. If the parents request it, the newborn baby can now stay in the room with the parents and family. Mrs. Sylvia Creech and family and Mr. and Mrs. Earn C. Garrett, Sr. and family of Carlisle were the first to participate in the program.

Mrs. Doloris Danders of Louisville and grandson Jason Wayne of Frankfort were the weekend's clinical first parents Mr. and Mrs. Clifton Fryman of Carlisle.

# Kay's Kitchen

— By Kay Fisher —

**"What's Right About America"**  
The winner of the Miss Kentucky National Teenager Pageant will receive a \$500 U.S. Savings Bond and an all expense paid trip to the National Finals where she will compete with state winners from all 50 states and the District of Columbia. Prizes include a new Mazda automobile, and other prizes. An additional \$500 in Savings Bonds will be presented on the state level to various award winners.

**WILD RICE STUFFING**  
1 1/2 cup uncooked wild rice  
Hot water  
1/4 cup melted margarine  
1/4 cup chicken broth  
1 teaspoon salt  
3 green onions, chopped  
1/4 cup chopped celery  
1 (3 1/2-ounce) can sliced mushrooms, drained  
1/4 teaspoon marjoram  
Dash of ground nutmeg  
Soak wild rice in hot water to cover for 1 hour; drain.  
Sauté rice in margarine until golden brown; add chicken broth and salt and simmer about 25 minutes or until tender. Add green onions, celery, mushrooms, marjoram, and nutmeg; stir gently to mix. 1 1/2 cups.

**SPRING LEG OF LAMB**  
1 (5- to 6-pounds) leg of spring lamb  
2 cloves of garlic, thinly sliced  
1 tablespoon oregano  
Salt and pepper  
1/4 cup melted butter  
Juice of three lemons  
Remove all fat (use plastic covering) from lamb. Insert garlic in slits made with a sharp knife at 2 or 3 inch intervals. Combine oregano, pepper, butter, and lemon juice; brush lamb with this mixture. Bake at 300 degrees for one hour and a half; basting every 15 minutes. The last 15 minutes baste with the sauce.

**CORNISH HENS**  
One hen per serving  
Salt and pepper to taste  
Melted margarine  
Raisin Sauce  
Sprinkle body and cavity with salt and pepper. Brush generously with melted margarine. Place hens breast side up in baking dish and bake at 300 degrees for one hour and a half; basting often. Cornish hens are a bit dry, since they have little natural fat, so the basting is very important. The last 15 minutes baste with the sauce.

**RAINSON SAUCE**  
1/4 cup red currant jelly  
1/4 cup seedless raisins  
2 tablespoons melted margarine  
1 teaspoon lemon juice  
1/2 teaspoon ground allspice  
Combine all ingredients in a small saucepan; cook over medium heat, stirring occasionally, until jelly is melted and well blended.

Rice is nice to serve with either the lamb or cornish hen. Use wild rice or plain. Here is a good recipe for making the hens, using wild rice.

## 'Cap' Rees scholarship fund started at MMI

A Rees Memorial Scholarship Fund has been established at Millersburg Military Institute (MMI) for "Cap" James Ward Rees, former Athletic Director, coach of all sports, and instructor in science, Latin and history. He served at MMI for 47 years. "Cap" died March 8 in Lexington following a stroke at his home in Mason County on Feb. 16.

"Cap" Rees coached the MMI basketball team that defeated London for the State Basketball Championship in 1977. He had winning teams in basketball, baseball and football during his many years of coaching at MMI. "Cap" Rees attended every state basketball tournament from the time the first tournament started until 1973.

"Cap" came to MMI in 1932 after graduating from Kentucky Wesleyan College where he received his B.A., B.S. and M.A. degrees. He died post-operations; cook over medium heat, 30 minutes.

## Go fly a kite with the kids

March winds usually bring out the kite flyers in the neighborhood. Safety specialists with the UK College of Agriculture Cooperative Extension Service suggest you go kite flying with your kids — to have fun, and also to teach them a few important safety precautions.

Children are more apt to listen when you do something with them, than if you just preach at them.

Education Association has moved this year's convention to a weekend — April 14, 15, and 16 — to give school systems more time to make up days lost because of bad weather.

## All American pageant scheduled April 14-15

On April 14-15 a host of talented girls from throughout the state will compete in Lexington for Kentucky's coveted All American Girl titles and the opportunity to represent the state at the national finals to be held in Peoria, Illinois in August.

Pageant officials are inviting contestants in the following age groups to participate: Tot, ages 3-6; Little Miss, ages 7-9; Miss, ages 10-12; Teen, ages not less than 13 or older than 17 as of Labor Day of 1978. Also must not be a graduate of high school before spring of 1979. Girls, ages 17-18, 17 year old contestants must be graduates of high school of 1978. An All American Girl will be crowned from each category.

The four alternates in each age group will be presented trophies. A talent winner will also be selected in each age group except the Tot who will be crowned as the national Queen.

Girls in the age groups of 5-12 will compete with street length party dress, sportswear, and close-up appearance. Girls in the age groups of 13-16 will be judged in evening gown, sportswear, and close-up appearance. All girls except the 13-16 year olds will be judged also on a talent presentation not to exceed three minutes.

Girls that would like to compete are urged to contact the national office as soon as possible. For application and information, please write or call: All American Girl Pageant, P.O. Drawer 1080, Dothan, Alabama 36002, or call (205) 799-0077. Please state your age on inquiry.

Mr. and Mrs. Terrell are first parents in "Rooming In" hospital program. The program allows parents to stay in the hospital room with their newborn baby.

### Lexington Ballet Company starts performing March 31

The Lexington Ballet Company will present its Spring Gala performance Friday, March 31, 8 p.m. and Saturday, April 1, 2 p.m. and 8 p.m. at the Lexington Opera House.

The program will include four ballets covering a wide range of tastes and styles. The music of Rimsky-Korsakov sets the mood for Water Light a ballet created for the Lexington Ballet Company by Peter Westergaard and Jan Hurst.

The fast moving Mountain Ballade is set in the Appalachian Mountains during the early 1900's. The visit of a traveling salesman brings about disaster and tragedy. This production was chosen to be part of several bicentennial festivals.

A reflection of the grace and style of the 1800's will be evident in Vivid's Concerto in D Minor. Choreographer Norman Singsberg feels, "The Vivid Concerto has always suggested dance images for me."

Quatre Ragones in classic Pa De Quatre Mr. Barnett's adaptation has enjoyed unusual success throughout the south-east.

Performances will be Friday, March 31, 8 p.m. and Saturday, April 1, 2 p.m. and 8 p.m. For ticket information and reservations call the Lexington Ballet Company Studio, (466) 233-3025.

### Pat Phillips has birthday

Mr. and Mrs. Mike Phillips entertained for their son Pat, who celebrated his fourth birthday on Thursday, March 9.

Guests were: Mr. and Mrs. Eddie Earlywine and daughter Tracy, Mrs. Bobby Fryman and daughter Gracie, Becky and Robyn, Mrs. Garry Reector, Hay Phillips and Casey Steeles.

### Senior Citizens to start clothing bank March 20

The Senior Citizens Center will have a Clothing Bank beginning March 20. Anyone interested in donating articles for the bank may do so. Contact Ruth Clay, director.

### Dresses are super soft this spring

Your wardrobe will be supersensational when you spice it up with a few of our "softies!" Find a pretty mix of new and lovely dresses and separates styles... in specially-nice-for-spring colors... and in specially-nice-for-fabric feels! Choose here... for that Easter Outfit that you'll enjoy throughout the summer.

### Abraham's Ladies Shop

### Home Ec Dept. offering three classes in "Parenting"

Will be open Friday, March 17 Blount's Dairy Queen

The Nicholas County Home Economics Department will be offering three classes entitled "Parenting". The classes will be offered to enable parents to understand the importance of creative learning experience and enable parents to become aware of ways to enrich the child's life both inside and outside the home.

The dates and topics are as follows:

- March 20 — Introduction to creative learning — Enrichment, Creative play, Importance of parent/child interaction.
- March 29 — Learning experience at home and away from home — Family activities, Large and small motor activities, Community awareness and social activities, Vaccines and safety.
- April 3 — Workshop on creative materials to use with children.

These classes will be held at 4 p.m. in the Home Economics Department. Subjuncting will be provided. The classes are free and everyone is welcome to attend. For further information call 289-2111.

### County artists in art exhibit

FRANKFORT — Works created by artists from the north Bluegrass area are being exhibited at the state Department of Library and Archives through April 3.

Artists from eight counties including Nicholas in the Bluegrass North Liberty District produced 30 pieces of art which are on display at the building. The 31 artists created a variety of artworks including pen and ink drawings, watercolors, woodcuts, marmare, silk, ceramics and an Afghan.

### Birthday dinner given by wife

Mrs. Malcolm Willis entertained Sunday with a birthday dinner for her husband. Guests were: Mr. and Mrs. Ted Insko Jr., Sabrina, Alana and Leah (Thea) of Lexington; Mr. and Mrs. Ashbrook, Joe Mike and Gregg, Cynthia, and Mrs. and Mrs. Larry Will and Jared Ashley.

### Head Start, Kindergarten, first grade to register

Head Start Registration will be held on March 24 from 8 a.m. to 4 p.m. at the Nicholas County Elementary School in connection with kindergarten and first grade registration.

Head Start is a program to help children be properly prepared for school and for living a fuller, more interesting life. It also provides medical and dental care, and social services as needed.

Head Start believes that the gains made by the child must be understood and built upon by the family and the community. To achieve this goal, Head Start provides for the involvement of the child's parents and other members of the family in the child's development center by giving them many opportunities for a richer appreciation of the young child's needs and how to satisfy them.

Parent meetings are held monthly and parents are involved in the total program.

Head Start in Nicholas County is sponsored by Community Action Lexington Fayette County.

### Michael Judge receives BS degree

Michael Judge, son of Mrs. James Michael Judge of Morefield, received the Bachelor of Science Degree in Agriculture from the University of Kentucky. He has accepted a teaching position in agriculture at Scott County High School in Georgetown.

### Chocolate Easter Bunnies & Eggs

Russell Stover Candies

### Home Ec Dept. offering three classes in "Parenting"

Will be open Friday, March 17 Blount's Dairy Queen

### Easter's Finest

Hallmark Cards

### HOPKINS DRUG STORE

Foodtown SUPER MARKET

Open 8-8 Mon-Sat

C & G

Refresh your palate with these special meats!

Ground Beef (Fresh 3 lbs. or more)	lb. 89¢
Armour 12 oz. pkg.	79¢
Hot Dogs	79¢
Armour Sliced Bacon lb.	\$1.39
Ballards Farm Sausage (2 lbs. 1.97)	lb. 99¢
Vine Ripe Tomatoes (Calif. Valencia)	lb. 39¢
Oranges (4 lb. bag)	99¢
U.S. Choice T-Bone Steak	lb. \$1.89
U.S. Choice Porterhouse Steak	lb. \$1.99
U.S. Choice Sirloin Tip Roast	lb. \$1.69
U.S. Choice Cube Steak	lb. \$1.79
Center Cut Marhofer Smoked Pork Chops	lb. \$1.69
Kneips Corned Beef	lb. \$1.39
Reg., Thick, Beef Armour Bologna	12 oz. pkg. 99¢
Half Moon Colby & Cheddar Cheese	10 oz. 99¢
Kraft Cheese	10 oz. 99¢
Small Eggs (3 Doz. for)	\$1.00
1 lb. 4 Varieties Mrs. GoodCookie Cookie Mix	89¢
Sauce Bits, Herb, Special Hunt's Sauce	15 oz. 39¢
14 oz. 39¢	
Hunt's Whole Peeled Tomatoes	39¢
Bes-Pak Trash Bags	10 Ct. 89¢
Jiffy Pie Crust Mix	9 oz. 4 1/1
Mixed Cookies	3 1/1
Calgonite	35 oz. 99¢
All Liquid	32 oz. \$1.09
Paramount Sweet Pickles	32 oz. 99¢
Aunt Jimmie Syrup	24 oz. \$1.09
Aunt Jimmie Pancake Mix	Complete 2 lbs. 79¢
White Lily Pound Cake Mix	8 oz. 4 1/1
Ivory Liquid	48 oz. \$1.59
Renuzit Solid Air Fresheners	6 oz. 3 1/1
Shedd Spread	2 lbs. 99¢
Irish Spring Bar Soap Bath bar	2 pk. 2/59¢
Hershey Instant Cocoa Mix	2 lb. can \$1.79
Pledge Reg. Lemon, Nat. Woodscnt	1.39
Pepsi, Diet Pepsi, 7-Up (8 pk., 16 oz. W/Bts.)	\$1.09

U.S. Choice Beef

Sirloin Tip Steak 3/1

\$1.79 (Limit 2 please)

### HAVE A SHAMROCK SAVINGS SPREE THIS ST. PATRICK'S DAY

Kraft Mayonnaise 32 oz. 99¢

Parkay Stick Margarine lb. 39¢ (Limit 2 please)

Hi-Dri Towels Jumbo Rolls 3/1

American Singles 12 oz. 99¢

Macaroni Dinners Kraft 7 1/2 oz. 4/1

Tomato Juice Hunt's 46 oz. 49¢

Purex Bleach Gal. 59¢

Gravy Train 25 lb. bag \$4.99

Falky Reg., Buttermilk

Hillbilly Biscuits 11 oz. 3/1

Tomato Sauce Hunt's 8 oz. 5/1

Kraft 10 oz. Kraft Marshmallows 3/1

7 oz. 6 Varieties White Lily Mixes 4/1

Swanson Fried Chicken 2 lb. pkg. \$2.49

Ore-Ida Potatoes Cut lb. 39¢

Nescafe Coffee 10 oz. \$3.99

We Welcome Federal Food Stamps