

Court news

from Nicholas County

District Court
 Johnny M. Stacy, Dublin, Ky., pleading freight carrying vehicle, guilty, speed fine \$17.50.
 Elise H. Hartman, Route 1, Sharpshooter, pleading prepaid fine \$12, cost \$17.50.
 Roy Edward Hester, Brooksville, inebriated driver, plead guilty, fined \$25, costs \$27.50.
 Homie Wilcoxon, failure to purchase city sticker, plead guilty, fine \$19, costs \$27.50.
 Darby Jolly, failure to purchase city sticker, plead guilty, fine \$19, costs \$27.50.
 Johnny D. Morris, Oystonba, non-supporter, plead guilty, agreed to pay weekly amount until back support is made up. Paid \$27.50 costs.
 Densie Cox, Main St., assault in third degree, admitted to disorderly conduct, plead not guilty. Found guilty, fined \$10, costs \$27.50.
 Bobby Wilson, Route 3, theft by unlawful taking, plead guilty of taking a truck load of firewood from farm of Kenneth Snapp Sr. Mr. Snapp to drop charges if he makes restitution. Fined \$25, costs \$27.50.
 George Albert Brown, Broadway, possession of alcoholic beverage for resale. Plead guilty, fine \$100, costs \$27.50. Given 30 days in jail to be probationed if he is not caught in next six months. Plead under \$500 property bond.
 George Ellison, McCracken St., public intoxication. Fined \$25, paid \$10 had three day jail credit probated on condition.
 Maurice Feaback, Dorseyville, plead guilty. Fined \$25, costs \$27.50. Given ten days in jail to be probationed. One day jail credit toward fine.
 William Frederick, Stoney Creek Rd., criminal mischief in first degree, dismissed on withdrawal of complaint by affiant.
 Henry Watkins, Route 4, criminal mischief in the first degree, dismissed on withdrawal of complaint by affiant.
 William Reynolds Morris, N. Broadway, public intoxication. Plead guilty. Fined \$10, costs \$27.50.
 Virgil C. Shearer Jr., trafficking in marijuana, plead not guilty. Charge amended to possession. Found guilty. Fined \$100, costs \$27.50. Case appealed to Circuit Court.
 Timothy L. Sama, trafficking in marijuana, plead not guilty. Charge

Farm and Home

Nicholas County Extension Agents
Mike Phillips, Mrs. Sharon A. Wilson, Mrs. Margie Wilson

Margie H. Wilson
 Food Outlook for 1978
 The average retail food prices in 1978 are expected to increase 6.4 per cent. Grocery prices for 1977 average 9.6, above 1976.
 Price increases in 1977 for away from home meals were estimated to be up 8.1 per cent over 1976. The away from home eating costs are influenced by rising consumer demand and by increases in cost in the non-farm sector. Statistics show that diets of the American people need to be evaluated. Americans eat too much meat, too much fat (especially saturated fat), too much sugar and too much salt. Due to recent research in U. S. and other countries there will be new recommendations for preventive measures one can take for diseases coronary artery diseases, stroke, cancer, diabetes, hypertension and obesity.
 The Senate Select Committee on nutrition and human needs recommend the following dietary goals for us:
 1. A decrease from 47% to 30% of energy from total fat.
 2. A decrease from 16% to 10% of energy from saturated fatty acids.
 3. No change in recommended protein level. Protein rich foods to provide 12% of energy intake.
 4. An increase in total carbohydrate consumption to account for 50% to 60% of energy intake.
 5. A decrease in the consumption of

M. A. Reid purchases one registered Ayrshire

M. A. Reid, Carlisle, recently made an initial purchase of one registered Ayrshire female from Luther Tischer, according to the Ayrshire Breeders' Association secretary, David Gibson, Jr., of Brandon, Vermont. The transaction was recorded in the national office of the Association.

1¢ SALE
Men's NUNN BUSH
 Buy one pair at regular price, get second pair for a penny.

Ladies' Dr. Scholl
 Buy one pair at regular price, get second pair for a penny.

Carter's Men's Clothier
 Carlisle, Ky.

Students named to Dean's List

Three Bourbon County residents were recently named to the first semester Dean's List of Millersburg Military Institute. Dean's List students must display a perfect 4.0 semester standing. The honored students are Rose Mary Stamler, 6th grader, daughter of Mr. and Mrs. William B. Stamler of Paris; Jody McClain, 8th grader, son of Mr. and Mrs. Joseph McClain of Paris; and Tommy Wagener, 8th grader, son of Mr. and Mrs. Thomas Wagener of Millersburg. In addition, six local students were named to the Honor Roll which requires a minimum 3.0 average. The students are Alan Ritchie, Justice Ritchie and Dale Ritchie of Little Rock, and Ruby Osborne, John Huston and Gary Tolliver of Millersburg. MMI in continuing its long standing tradition of unintermitted classes despite the weather conditions and will complete its 175 day academic year on May 20 and conclude Spring vacation for the Corps of Cadets will be held from March 17 to 27.

FORD... THE NO. 1 SELLING TRUCK FROM COAST TO COAST!

In 1977, Ford sold more trucks than any other make in U.S. history!
*Based on 1977 calendar year retail deliveries.

THESE BETTER IDEAS FROM FORD MADE US NO. 1:
 Ford found pickups with top gas mileage ratings.

26/17 MPG* HWY. CITY Ford F100 with 6.0 liter (302 CID) V-8 and manual transmission.	28/19 MPG* HWY. CITY Ford F100 with 4.9 liter (302 CID) V-8 and manual transmission.
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MORE ABOUT MILEAGE RATINGS:
 *EPA estimates. Your actual mileage may vary depending on your vehicle's condition, equipment, accessories, and how and where you drive. (Comparisons shown exclude cars, trucks and trailers.)

Best V-8 GAS MILEAGE RATINGS IN A PICKUP:
26/17 MPG* HWY. CITY

Best 4 GAS MILEAGE RATINGS IN A PICKUP:
28/19 MPG* HWY. CITY

Van's — with extra room inside

New Bronco — family-size comfort... tough truck chassis.

a community prospers
 ...when the people who live in it are prospering
 ...and people prosper when money is turning over
 ...and over... in the community in which they live

The prosperity of every community like ours is seriously inhibited by the City Shopping habits of many of its people. Trading at home helps everybody in a community, including those who don't.

DEPOSIT BANK OF CARLISLE, KY.
 Established 1866
 Our Second Century of Dependable and Dignified Service
 Phone 289-2205
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 \$40,000 Maximum Insurance for Each Depositor

See the best-selling truck line at your local Ford dealer.
 At Ford, the better ideas keep coming.



Democratic fundraiser March 17 in Frankfort

FRANKFORT — State Democratic Party Chairman Howard P. Bush, Jr., announced today that the Democratic Party will hold its annual Jefferson-Jackson Day fundraising event on Friday, March 17, at the Capital Plaza in Frankfort.
 The reception begins at 5 p.m., EDT, the rally and entertainment begins at 7 p.m. Tickets for the 5 p.m. reception are \$10 per person. Dinner and entertainment are \$100 per person.
 Hollywood's vivacious Connie Stevens, with a troupe of dancers and musicians, "The Las Vegas Reviewer," will provide the evening's entertainment.
 An actress, Miss Stevens has done feature films with both theatrical and

Hospital notes

Feb. 24 thru March 7, 1978
 Admissions: Milton Flara, James Howard, William Smith, Frances Medley, J. H. Watkins, Avery Mitchell, Jesse Bach, Jr., Lara Ritchie, Lee Curtis, Carlisle; Patsy B. Brite, Gertrude Linnville, Clarence Bradley, Ida Richardson, Betty Hayes, Mt. Olivet; Woody Dawson Carson, Owingville; Elda Campbell, Paris.
 Discharges: Wilson Bricker, Carolyn Hicks, Matt Motock, Oliver Wright, Buster Harding, Robert T. Footback, Milton Flara, Carlisle; Florida Moore, Betty Hayes, Elmer Laville, Mt. Olivet; Elda Campbell, Paris.
 SPECIAL REMINDER TO MEDICARE BENEFICIARIES
 Any information you need on Medicare or any assistance needed in filing a Medicare claim can be obtained by phone (564-4096) or in person at our Mayville Social Security Office.

Rural accident survey meeting set March 23

The Cooperative Extension Service in cooperation with local volunteers will map plans for a survey of accidents to rural people in Nicholas County at a meeting March 23 at 1:30 p.m. in Nicholas County Courthouse, County Extension Agent, Michael Phillips announced today.
 Object of the survey is twofold: to learn the frequency, severity, types, causes, time and places of accidental injuries among rural people, and to stimulate interest in developing a long-range program of accident prevention and health education on a state-wide basis. Nicholas County is one of 30 counties which will participate in the study. Others are Harrison County in the Bluegrass Area.
 "We have recent reliable information concerning fatal accidents to farm people," the county agent said, "but we need up-to-date information on accidental injuries and health practices among all rural people. This study will point out some of our problems and serve as a basis for a pinpointed program."
 An Extension Safety Specialist will be from the UK College of Agriculture with the meeting to discuss the county's participation in the state-wide survey. At this time local interviewers will be trained in procedures necessary to get valid information, and help local leaders set up the machinery for conducting the survey.

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Frank V. Burns

Mr. Burns files for House seat

Frank V. Burns, a Certified Public Accountant from Ashland, filed today as a Democratic candidate for the U. S. House of Representative seat now held by Carl D. Perkins. Mr. Burns, 51, is an ex-Marine who served two years during the Vietnam War. He is a member of the accounting firm of Kimblesh, Hair & Co. which has offices in Ashland and Morehead. Mr. Burns was raised in the Ashland area and is a graduate of the University of Kentucky. He and his wife, the former Judy Terro, and their two children reside at 3414 Hobbs Lynn Drive.

IGA PORK-A-PLENTY SALE

TableRite Fresh Pork Chops \$1.19 Assorted Cuts

Fischer's (Sliced, lb. 75%) Smoked Picnics... 69¢
Boston Butt Pork Roast... 99¢
Sirloin Tip Roast... 1.59

Lean & Tender Pork Steaks... 49¢
Rib Pork Chops... 1.49
Loin Pork Chops... 1.59
Fresh Spare Ribs... 1.29

19 Fresh Neck Bones... 49¢
Kahn's Wieners... 1.39
Ocean Perch Fillets... 1.49
Sirloin Tip Steaks... 1.69

Crisco \$1.49 3-lb. can
Chunk Light Star Kist Tuna 57¢ 6.5-oz. can
Chicken Noodle Campbell's Soup 5 for \$1 10.75-oz. can
Self-Rising Martha White Flour \$1.39 10-lb. bag
IGA 2% Lowfat Milk \$1.49 gallon

Man-Pleaser Biscuits Dinner 99¢ 17-19-oz. boxes 5-Varieties
King Size Oxydol \$1.99 84-oz. box
Heinz Ketchup 69¢ 32-oz. bottle
Self-Rising Martha White Corn Meal \$1.79 10-lb. bag
Purina Dog Chow \$9.99 50-lb. bag
Coffee-Mate \$1.09 16-oz. jar
Carnation Instant Milk \$1.99 8-quart box
Bes Pak Tall Kitchen Bags 79¢ 15-ct. box
3 Varieties Hungry Jack 5-Ct. Biscuits 23¢ 5-oz. can
Pepsi, Mountain Dew, 7-Up 99¢ 8-16 oz. Bottles
 Limit 2 with order

TableRite Fresh Indian River Florida Grapefruit 71¢ for each
TableRite Fresh Iceberg Lettuce 49¢ each
TableRite Fresh Idaho Potatoes \$1.49 15-lb. bag

TableRite Fresh Green Cabbage... 19¢
Unsweetened Seald Sweet 3rapefruit Juice 57¢
Brown & Serve IGA Rolls 39¢
TableRite Fresh Washington State Extra Fancy Winesap Apples... 1.19
Jerry's IGA Foodliner Carlisle, Kentucky

