

Kay's Kitchen

By Kay Fisher

- I must not be managing my time very well because I have found myself with more to do and less time to do it in. In my desperation for good recipes this week, I asked some of my friends to share a recipe or two to help me out. I am sure you will enjoy them.
- PORK CHOP DINNER BAKE**
 6 fresh thick pork chops
 Oil for browning chops
 3 large potatoes, peeled or not, thinly sliced
 2 large onions, peeled and sliced
 1 teaspoon Worcestershire sauce
 1 can cream of mushroom soup
 1 cup milk
 Heat oil in heavy skillet and brown chops on both sides. Butter a large baking dish with a swilling cover. Arrange potatoes and onions in layers, seasoning with salt and pepper as you go. Place browned chops on top; salt and pepper them. Mix Worcestershire sauce, mushroom soup and milk and pour over all. Cover tightly and bake at 375 degrees for about 90 minutes until chops are very tender. Remove lid for the last few minutes for browning. Six servings.
- HORSERADISH BEET SALAD**
 1 pkg. Lemon Jello
 1/4 cups beet juice (from can) and 1 cup diced cooked chicken
 1/2 cup of white vinegar. Cook until thick. Divide juice. Heat 1 cup to boiling. Stir into Jello until dissolved. Let remain in 1/2 cup juice to which you have added 1 tablespoon of vinegar. Refrigerate until partly set.
 When chilled add to the Jello: 1 cup diced or shredded beets, 1 cup finely chopped cabbage, 2 stalks finely chopped celery, 2 tablespoons horseradish (jar kind). Stir well. Pour into mold or pyrex dish. Chill firm.
- BANANA SALAD**
 Beat 2 eggs, add 1/2 cup sugar, and 2 tablespoons of white vinegar. Cook until thick. Cool. Beat 2 packages of Dream Whip and mix together. Layer bananas and a layer of dressing alternately. God with dressing. Put nuts on top if preferred.
- JAMBALAYA**
 2 tablespoons fat
 1 cup finely chopped onion
 1 cup finely chopped green pepper
 2 cloves garlic, minced fine



'Small town U.S.A.' revue

Mr. and Mrs. Ritchie host reunion

The annual family reunion of the descendants of Butler M. and Fickett Shaw Ritchie was held Sunday, May 28 at the home of Mr. and Mrs. Randall Ritchie and sons at Headquarters. Seventy-five relatives and friends were in attendance.

Attending were: Robert Ritchie, Cynthia; Mrs. Odette Miller, Carlisle; Mr. and Mrs. Burnice A. Ritchie, Millersburg; Mr. and Mrs. Robert Ritchie, Jr., Debbie Cooper, Sheila Ritchie, Herbert Holler, Beth Ritchie, Dwayne Wilson, all of Cynthiana; Mr. and Mrs. Bob Smart and Cheryl, Mr. and Mrs. Don Gray, and Jeffrey Culver, all of Manchester; Mr. and Mrs. David Ritchie and Tina, Mr. and Mrs. Charles Collington, David and Angie Kestley, all of Flintingsburg; Mr. and Mrs. George Harper of Mt. Sterling; Mr. and Mrs. Randall Ritchie, Tony and Mark, Mrs. Christine Booth, Carlisle; Mrs. Dolly Penn and Brent, Frankfort; Mr. and Mrs. Billy Joe Ritchie, Bransie and Leslie, Stephanie Moore, all of Cynthiana; Pam Fryman, Ritchie Fryman, Wendall Fryman, Allan Livingston, Mr. and Mrs. Billy Knapp, Debbie, Dwayne, and Darrin, Carlisle; Mr. and Mrs. Guy Coleman, Chris Coleman, Paris, Mr. and Mrs. Calvin Willis, and Greg, Cozzie Hopkins, Mr. and Mrs. Jim Galbraith, Mr. and Mrs. Emmett R. Davy, Norman Clark, Donna Turpin, all of Paris; Mr. and Mrs. Emmett Davis Jr., Lexington; Mr. and Mrs. David Ritchie, Jamie and Becky, Millersburg; Mr. and Mrs. Dennie Ritchie, and Denise, Paris; Mr. and Mrs. G. C. Myers, and Barry, Carlisle.

Engagement announced

Mr. Benton Sanders is proud to announce the engagement of his daughter, Angie to Reynolds Bussell, son of Mr. and Mrs. Geno Bussell.

She is the daughter of the late Mrs. Betty Sanders.

The wedding will be an event of Friday, June 23, at 7:00 p.m. at the home of the parents of the groom.

FOR THE BRIDE:

- Traditional and Contemporary gifts for her home
- China, crystal stemware, silver, stainless, and pewter of fine quality and affordable
- Every gift is given a beautiful gift tag that is FREE to our customer. Plenty of free parking at the door adds to shopping pleasure. By just ringing our door bell you may shop in the evening.
- Personalized TRADITIONAL and CONTEMPORARY Wedding and Reception Invitations, Announcements and Thank-you notes. Bridal Party gifts—Reception decorations and Remembrance Items—selected at leisure from Nu-Art's ELEGANT WEDDING ALBUM and Loart's WHITE LACE ALBUM.
- THE BRIDE HAS SPECIALIZED Bridal Registry. A SOCIALLY CORRECT service designed to prevent duplication in gifts and to assist the bride in completing china, silver, and stemware. THERE IS NO CHARGE FOR THIS SERVICE. Duplicate registration is sent for convenience of groom's family and friends if he lives in another city.
- CURRENT SALES that end June 10th on selected items of Early American styled Pewter by International Silver Company at 20% off.
- All open Stock DEEPSILVER and 1847 ROGERS silverplate by International Silver Company at 40% off.

The Heritage Giftique

S. U.S. 68 at CARPENTER ROAD



Morning Grads



Afternoon Grads

Environment conditions suspected link to cancer

In two years, Gov. Julian Carroll's gardening project for low-income elderly Kentuckians has grown from a 30-county feasibility study to a statewide program producing food for 8,000 people.

A \$12,568 grant from the state's Department for Human Resources to the Kentucky Association of Community Action Agencies, will expand this year's project to all 120 counties. The first project was funded in 1976 by a \$300,000 grant and served 2,400 people in 30 counties.

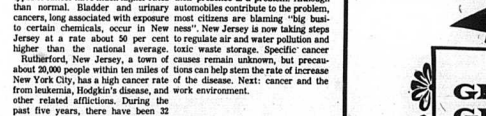
The Department for Human Resources contracts with the 21 Kentucky community action agencies and West Kentucky Allied Services to provide seeds, plants, fertilizer and other garden supplies and services to eligible Kentuckians 60 years of age and older. According to association estimates, the gardens produce food worth seven to eight times the amount invested.

"This is a highly successful and worthwhile program," Gov. Carroll said as he announced the statewide expansion. "It is successful in terms of dollars and cents, in terms of affording proper nutrition for the elderly, and in terms of the pride and pleasure these older people experience as they help themselves and others."

People eligible for the program may help with the planting, weeding and harvesting or they may arrange to have someone do the garden work for them. Gardening services provided by the project vary from county to county. An associate spokesman says. In some counties the project is run by county Extension Agents, in others, eligible applicants are provided seeds and other supplies to start their own backyard plot.

Eligibility for the project is based on age, income and family size. Applicants must be 60 years of age or older. A one-person, non-farm household must have an income under \$1,160; the income of a non-farm farm household may not exceed \$4,800. Income maximums for two-person households, non-farm and farm, are \$4,140 and \$2,500, respectively.

Agencies and additional information on income maximums for larger households are available from West Kentucky Allied Services and the community action agencies. These agencies are:



Hats Off

There's a Wide Selection of Gifts awaiting You for the Free Gift Wrapping on Your List!

Abraham's Ladies Shop

KEA predicts teacher salaries

LOUISVILLE—Starting salaries this year for Kentucky's public-school classroom teachers with bachelor's degrees and no experience range from \$800 to \$995, according to a new Kentucky Education Association (KEA) research publication.

Most Kentucky teachers are in the Rank III category, which means they have a bachelor's degree. The state-mandated minimum this year for Rank III teachers with no experience is \$800.74. This is 97% of the state's foundation program allotment of \$818.74. This is 97% of the state's foundation program allotment of \$818.74. This is 97% of the state's foundation program allotment of \$818.74.

Starting salaries for Rank II teachers—those with a master's degree—range from \$921 in Kent County to \$10,613 in Anchorage.

At the maximum level of experience Rank III teachers receive a low of \$1,015 in Estill County after 12 years and a high of \$16,893 in Anchorage after 14 years.

For Rank I teachers—those with a master's degree plus 30 approved continuing education units—the maximum level of experience the highest scheduled salary ranges from \$10,538 in Cumberland County after five years to \$15,279 in the Anchorage Independent system in Jefferson County after 13 years.

Starting salaries for Rank II teachers—those with a master's degree—range from \$921 in Kent County to \$10,613 in Anchorage.

At the maximum level of experience Rank III teachers receive a low of \$1,015 in Estill County after 12 years and a high of \$16,893 in Anchorage after 14 years.

For Rank I teachers—those with a master's degree plus 30 approved continuing education units—the maximum level of experience the highest scheduled salary ranges from \$10,538 in Cumberland County after five years to \$15,279 in the Anchorage Independent system in Jefferson County after 13 years.

Starting salaries for Rank II teachers—those with a master's degree—range from \$921 in Kent County to \$10,613 in Anchorage.

At the maximum level of experience Rank III teachers receive a low of \$1,015 in Estill County after 12 years and a high of \$16,893 in Anchorage after 14 years.

For Rank I teachers—those with a master's degree plus 30 approved continuing education units—the maximum level of experience the highest scheduled salary ranges from \$10,538 in Cumberland County after five years to \$15,279 in the Anchorage Independent system in Jefferson County after 13 years.

Try It On 1st Anniversary Sale

Fri. & Sat., June 2 & 3
9:00 a.m. to 6 p.m.
—Drastic Savings—
20% to 30% Off
*Special Sidewalk Sale Friday & Saturday also



Working with quality materials is just easier and that's what we offer our customers. Stop in today and see what your home needs.

ROOFING
Meets the building code requirements in this area. Long term warranty. Color choice.

GUTTERS
Check your gutters for rust or leaks. We offer outproof, pre-finished gutters and all accessories.

PAINT
Luxe exterior paint is easier to put on. The weather will not hold you up. Color choice.

INTERIOR WALL PAINT
\$8.75 Gal.

SCREEN DOORS \$8.95
DRIVEWAY COATING \$8.95
SCREEN WIRE \$7.95
SECURITY LOCKS \$6.29

PLYWOOD
We carry the right plywood for your project. Call today to see what you get the quality you want.

CEMENT MIX
Just add water, mix, spread it, ready to use. Ideal for those small jobs around the house.

BLACK TOP SEALER
Do this job yourself and save money. It's important this sealer is used on all black top driveways.

5 Gal. \$7.95

GRAD GIFTS
The Drug Store

We have a complete selection of Graduation Cards.

"The Drug Store"

Carlisle Drug Co.
The Prescription Store

Phone 289-5279

Reid & Vice, Inc.
Ph. 289-5279
Carlisle, Ky. and Ft. Oliver, Ky.

Local students to perform at benefit dance revue

Tim Dudley and Tammy Hale of Carlisle will be performing at the annual Barbara Ann School of Dance revue which will be held at the Opera House in Lexington June 6 and 7 at 8 p.m. each evening.

The H.C.F. Todd Trease Teddy Bear Fund is a non-profit volunteer organization. It seems most fitting that the students will be dancing this year to help to entertain the public and to help and give comfort to little children who may be hospitalized for various reasons.

The show entitled "Traveling Feet" will be presented in three separate acts. It will depict a musical visit to many interesting cities and places in the U.S.A. The students will literally dance their way across our own great country.

Banquet held at Christian Church

The Carlisle Christian Church held their annual Mother-Daughter Banquet Thursday evening, May 25, in the Fellowship Hall. Approximately 60 mothers and daughters were present. The room was decorated with spring in mind by Mrs. Nida Fryman's Primary Church class with assistance from Janette Hall and Amy McFarland. Mrs. Eugene White served as hostess. She recognized the Clunkersboard family for their four generations present. Mrs. Ewell Clunkersboard, her mother, Mrs. Katherine Reid, her daughters, Mrs. Sully Berry, Mrs. Connie Watt and Mrs. Harlan; their daughters, Louise Zachary, 280-2208 or Mrs. Bernice Day, at this county, was the special guest speaker.

Wright-Vance vows spoken at home

Miss Tracey Wright, daughter of Mr. and Mrs. Charles Wright of Cynthiana and Steve Vance, son of Mr. and Mrs. Gene Bussell of Moorefield were married Sunday, April 21, at the home of the groom's parents.

The ceremony was performed by Rev. Curtis Jones.

Local ladies and children will serve as models for clothing shown from Margaret's of Mayville and The Clothes Closet. \$15.00 or \$6.00 may be purchased at Hopkins Drug and KJ or from a club member. All proceeds from the show will go to the new hospital.

173 NCHS grads to have reunion

The 1973 graduating class of Nicholas County High School will hold a five-year reunion this week at the Park on June 24. The potluck dinner will begin at 6 p.m. and all members of the class are urged to attend. Members who have not been contacted may phone Janet Smoot at 289-7283, Sue Hiltch at 289-7277 or Mike Socky at 289-7282.

Style Show

The Carlisle Community Woman's Club will be having a luncheon and style show at the Lake Carroco Country Club Saturday, June 3.

Local ladies and children will serve as models for clothing shown from Margaret's of Mayville and The Clothes Closet. \$15.00 or \$6.00 may be purchased at Hopkins Drug and KJ or from a club member. All proceeds from the show will go to the new hospital.