

Farm and Home

June 10 is deadline for farmers

Nicholas County Extension Agents
Mike Phillips, Mrs. Shavna A. Wilson, Mrs. Margie Wilson

COOKING WITH SUGAR SUBSTITUTES INVOLVED EXPERIMENTATION
Although sugar substitutes may satisfy your cravings for sweetness, they are not exactly like sugar. Sugar substitutes are available in liquid, powder, solid, tablet and granulated forms.

Saccharin is the most common sweetener. It is 200 times sweeter than sugar with no caloric value. Products are Sweet 'N Low, Weight Watchers sugar substitute, Splenda, and others. Like and others contain lactose, fructose, dextrose or sorbitol alone or in combination with other sweeteners. Your doctor or diet counselor will advise you how much artificial sweetener you may use.

Once you learn to enjoy the natural sweetness of foods, you may find that the concentrated sweetness of sugar and sugar substitutes is too much. "Diabetes in the News" is a publication free to diabetic folks who write for it. This publication gives you timely information about diabetes, recipes, etc. Contact your family doctor or the Extension Office for the address.

Wheat producers are reminded that all wheat acreage planted in Nicholas County should be reported to the ASES office by June 10. Farmers reported all crop acreage in 1977, and are asked to make a complete crop report again for 1978.

Producers should make an accurate report as possible, because the reported acreage will be subject to spot check by the ASES Office.

Spring Clean-Out Sale!

It's that time of the year — Clean-Up Time — and we are clearing out and making room for new Merchandise.

TIME: Fri. & Sat., June 2 & 3

PLACES: Abraham's Ladies Shop & The Farah Building (on corner next door)

Abraham's: 25% off Short All-Weather Coats & Summer Purses.

20% off Full Length All-Weather Coats, Groups of Gowns, ALL Long Sleeve Shirts & Blouses & ALL Long Dresses.

Farah Bldg.: Spring Merchandise 1/2 Price

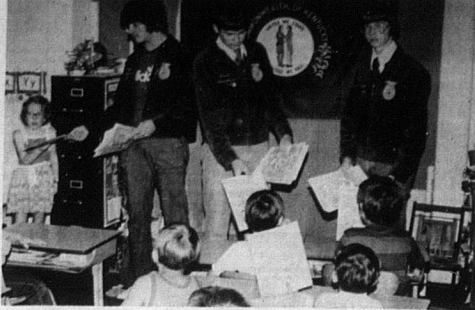
Groups of Purses & Foundations 40% off

Tables & Racks of Lingerie, Sportswear, Longwear, Dresses, Etc., etc. Way Below 1/2 At Give Away Prices!

You can't afford to miss this Fantastic Sale! We will be unbelievably Bargains for Summer-Wear, for All Time-Wear, and for Everyone!

See June 2 & 3 at . . .

Abraham's Ladies Shop (and Next Door)



Ag Time Band' Philip Ross, Steve Hamilton, and Grant Mathis, representatives of the Nicholas County Chapter of the Future Farmers of America, are shown here presenting first grade students with copies of a coloring book entitled, "Chatter Box Meet the Kentucky Ag Time Band". The Kentucky Ag Time Band was created by the Governor's Council on Agriculture as a fun way to let children across Kentucky appreciate and the many fine products produced by Kentucky farmers. — Jimmy Smith photo

Dodgers win; Babe Ruth summer schedule given

Extra innings were called for in Friday night's first game as the Giants and Dodgers were tied 5-5 after the regulation seven innings. K. Mattox was pitching for the Dodgers and T. Howard for the Giants. The Dodgers exploded in the eighth inning, scoring an additional 12 runs before M. Webb finally got the Giants out of the inning. Fri., June 16 Mattox held his opponents and the game ended in a 1-0 victory for the Dodgers, being them with the Giants for first place. Hitting for the winning team were: Woody, Allan (3), Mattox (3), Sorrell (2), Taylor, Sothy, Small, M. Howard (2) and H. Howard. Fri., June 30 Dodgers vs. Senators Dodgers vs. A's

GRADS your future is in your hometown

Tues., May 30 Senators vs. Dodgers
Giants vs. A's

The Senators got a 3-way tie for first place by defeating the A's 1-0. N. Reed was the winning pitcher while T. Hunt got a loss. S. Fryman hit a home run for the Senators for 3 RBIs in the fifth inning. The A's got hits from M. Curtis (2), T. Hunt (1), J. Randolph and S. Richardson. The Senators only had 5 hits from: D. Markland, S. Fryman (2) and N. Reed (1).

Because of so many rained out games this year, the games will be played on the following schedule.

...and there is much to be said in favor of saving for the sunny days, too

A regular savings program with us will build up protection against misfortune and missed opportunities, while the earned interest on your account adds significantly to your income.

DEPOSIT BANK OF CARLISLE, KY.

Established 1866

Our Second Century of Dependable and Dignified Service
Phone 289-2205

Member Federal Deposit Insurance Corporation
\$40,000 Maximum Insurance for Each Depositor

Local bank sponsors golf tourney Monday

The First National Bank of Carlisle sponsored a Memorial Day golf tourney over the weekend at the Lake Carnico Country Club.

Four teams participated in the match and the winners were Andy Dudley who shot 68 3 under par.

Captains of the teams were David Zachary, Pro: Blair, John Peters and Andy Dudley.

Sen. Ford warns Senate

A skeptical Senator Wendell Ford warned a Senate subcommittee that proposed new anti-smoking legislation could hurt the tobacco industry and even lead to the demise of the small family farm in many areas of the country.

Transferring before the Senate Subcommittee on Health and Science Research, Ford said that punitive legislation is not the answer to solving any health problems which are found to be associated with smoking.

"The proper and logical response to finding answers to these questions is through accelerated research," Ford said. "Through research, we can make important strides toward lessening any risks found to be associated with smoking, while at the same time maintaining the economic stability of this industry which is very important to so many states."

Ford said his repeated calls for increased research initiatives at the federal level continue to fall on deaf ears.

"The dividends to occur from research will be far more rewarding and productive than pumping millions and millions of dollars into anti-smoking initiatives and punitive legislation which have no guarantee of success," Ford said.

KU is cleared for construction of \$13.9 million

FIANCING — The Kentucky Public Service Commission has authorized the Kentucky Utilities Co. to engage in \$13.9 million construction project of 70 miles of single-circuit, 345 kilovolt transmission line from the E. W. Brown Power Plant near Burgin to the Harlan County Substation.

The project also includes energizing 14,360 kilowatts of existing Orendorff transmission line to the new substation, which was constructed for 345 KV but has been operating at 138KV.

The commission noted that the construction and modifications are necessary to provide "economic bulk transmission capability" between the company's major generating facilities and the load requirements in the Harlan County and Orendorff.

The estimated cost of the project is \$13,997,993 with an estimated annual operating cost of \$30,668. Financing will be through funds generated within the company's bank notes and sale of securities.

Graduation Day!

Make It Special with a Gift from . . .

Hopkins Drug Co.

Your Prescription our speciality

Saltwell --- by Mrs. Fred Hollar

Mrs. Allen Lee Gausce and son Allen Ray of Indianapolis, Ind. spent Wednesday night with Mr. and Mrs. H. A. Gausce and Norma.

Mr. and Mrs. O. M. Ritchie of Lake Road were Tuesday supper guests of Mrs. Gladys Kenney.

Mr. and Mrs. Jennings Mattox and Jeanne visited Mr. and Mrs. Vaughan Mattox on Saturday afternoon.

Mrs. Gladys Kenney visited Mr. J. W. Gausce and Mrs. Mae Kenney on Thursday afternoon.

Mrs. Mae Kenney entertained the following Saturday night with a supper. Mrs. Nettie Kelley and H. R. Kenney, Dayton, Ohio; Mr. J. R. Kenney, Jamie and Scott; and Mrs. Jerry Nichols; Mr. and Mrs. Jackie Kenney; Mr. and Mrs. Terry Kenney, Shane and Duane; and Lovell Kenney.

Mr. and Mrs. E. V. Delaney were visitors of Mr. and Mrs. Fred Hollar on Friday night.

Mrs. Nora Burris of Covington spent several days the past week with Mr. and Mrs. James Snapp and Mrs. E. V. Delaney. They were all Saturday dinner guests of Mr. and Mrs. Delaney.

Several from here attended yesterday's birthday party for the third birthday of Rebecca.

Mary Lou Smith, Carlisle, spent Monday night with Norma J. Gausce. Mr. and Mrs. E. V. Delaney and Mrs. Nora Burris were Sunday dinner guests of Mr. and Mrs. James Snapp and family Carlisle and attended Memorial services here in the afternoon.

Mr. and Mrs. Lucien Gray, Paris spent Sunday with Mr. and Mrs. Andrew Gray. Afternoon visits were Mr. and Mrs. Garland Swarts and Mrs. Thomas Gausce, Cynthiana.

Special bowlers

Members of two classes of the Nicholas County Elementary School participated in the Regional Special Olympics in bowling held at the Southland Bowling Lane in Lexington on May 13. Thirty students and their teachers enjoyed bowling and a picnic lunch. First bowler: Timmy Maybrier — first place; Barbara Parrow — 4th place; Darla Cobb — 5th place; Linda George — 2nd place; Hattie Gray — 6th place; Roger Parrow — 10th place; Linda George — 2nd place; John Hunt — 3rd place; Florence Maybrier; Lisa Thompson — 1st place; Thelma Rose, Harry Mitchell, Diane Parrow, Missy Dalby — 5th place; Jessie Mitchell — 6th place; Judy Burke — 4th place.

Rev. and Mrs. Howard Livingood, Mr. and Mrs. June T. Earlywine and Mr. and Mrs. Bobby Brady were recent visitors of Mr. and Mrs. Glenn Thacker and family.

Mr. and Mrs. Billy Stone, Cynthiana, Mr. and Mrs. A. J. Doyle and children, Mr. and Mrs. David Doyle and children, Mr. and Mrs. Dominic Doyle and children, Mrs. Linda Courtney and Brian visited Mr. and Mrs. Orville Doyle during the week. Lisa Doyle also spent the weekend with the Doyses.

Mr. and Mrs. Ernest Gray, Mr. and Mrs. Innes Feedback and Mr. and Mrs. Layne Hollar were guests the past Sunday night of Mr. and Mrs. Sterling Hollar.

Mrs. Gladys Kenney spent the day Thursday with Mrs. Ines Martin and Mrs. Pearl Rule of Paris. They also enjoyed a picnic lunch near Jacksonville Cemetery.

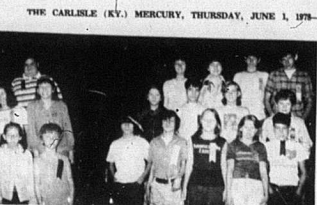
The Barteville United Methodist women met for their regular meeting at the church this past Wednesday evening and also served ice cream and cake to their members and others present honoring the 84th birthday of Mrs. Lara Ritchie.

Religious services will be held this Sunday afternoon, June 4, at 2 p.m. at the Saltwell Cemetery. Rev. Ray Hunt will be speaker.

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Ricky Brett — 8th place. Laville, Phyllis Jones, Martha Sneed, Frank Hollar, Middle Row, Elizabeth and Dale, Tommy Maybrier, Ellen Mor- Tony Stone.

Working for YOU!

Check the specials below for terrific savings from IGA!

PRICES EFFECTIVE THRU SAT., JUNE 3

IGA Pure Cane Sugar 89¢	Clorox Bleach 59¢	Star-Kist Tuna 59¢	Detergent Oxydol 1.19
IGA Lowfat 2% Milk 1.43	Freezer Queen Frozen Entrees 1.39	IGA Six Pack Biscuits 89¢	Van Camp's Vienna Sausage 3 for 1
Close-Up Toothpaste 2.99	Wick's Sinex 99¢	IGA Large 'A' Grade Eggs 59¢	Yellow Corn 12¢
Close-Up Mouthwash 2.99	Wick's Sinex 99¢	IGA Large 'A' Grade Eggs 59¢	Yellow Corn 12¢
Close-Up Mouthwash 2.99	Wick's Sinex 99¢	IGA Large 'A' Grade Eggs 59¢	Yellow Corn 12¢

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