

# Kay's Kitchen

— By Kay Fisher —

Summer time is definitely sandwich time. They are good served with a light salad, fruit, or light dessert. They make a nutritious meal. It is not necessary to have a lot of meat, vegetables, etc. every day. One can get all that is necessary from the above mentioned combinations, and it will be a treat for everyone, especially the cook.

Sandwiches may be hot, cold, open faced, or what have you. Even those of you who are watching the calorie intake can now enjoy a good sandwich made with extra thin bread that may be purchased in most stores at half the regular price. There is also a "Calorie Counter Slicer" available that will cut a regular slice of bread into two thin slices. Yes, it does work. I have one. One slice of salted bread made into two thin slices and spread with most anything is delicious. Of course, you will use any bread you like. White bread, rye, whole wheat, "crust" bread or even coarse rolls split for sandwiches are good. Of course, the filling you use will help you decide on which bread you will use. Sweet fillings are good on brown bread.

The first thing to remember in making sandwiches is to have butter or margarine at room temperature and spread each slice of bread with the butter, then proceed with the filling. This keeps whatever you are using from soaking into the bread.

**EGG SANDWICH FILLINGS**  
Eggs, hardboiled, seasoned with salt and pepper and used in one of the following combinations:  
• Eggs, minced onion, mustard and mayonnaise.  
• Eggs, minced celery, pimiento and mayonnaise.  
• Eggs, chopped relish, (sweet), mayonnaise.  
• Eggs, chopped olives and mayonnaise.  
• Eggs, dried crisp bacon and mayonnaise.

**MEAT FILLINGS**  
Sliced meat filling. Use sliced beef, ham, roast pork, veal, lamb, tongue, or poultry; seasoned with salt and pepper, and mayonnaise on one side of bread and horseradish sauce on the other, or any condiment you like.

**FLAKED FISH**  
Mix flaked fish with well seasoned mayonnaise; add chopped tomatoes, green peppers, pimiento, olives or onion as desired.  
Ground beef. (Cold cooked beef), add sweet pickle relish, chopped celery, and mayonnaise. Also good with cream sauce.

**SPANISH SANDWICHES**  
2 tablespoons chopped pimiento  
2 tablespoons chopped onion  
1 tablespoon butter  
1 cup thick tomato pulp  
1 cup grated cheese  
1 teaspoon salt  
1 egg well beaten

## Miss Emma Walton has 88th birthday

Mrs. Emma Walton celebrated her 88th birthday Sunday, July 22, with her family at the Jacobson Park in Lexington.

Those attending were: Myrtle Grant, Loraine Morris, Betty Corbett, Clara Crawford, Gary and Brenda Crawford, Wallace Chry, Leta Chry and Mobydy McKinney, all of Lexington; Mr. and Mrs. Wiley Walker, Elizaville; Barbara Stanley, Roma and Kenney Walton, Cincinnati, Ohio; Martha Gillison, Ann, Penny, Tony, David, Joe, Jenny, Chuck



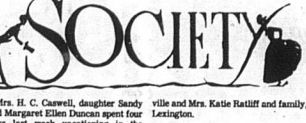
Mr. and Mrs. Michael Wayne Crump

## Miss Crouch is married in poolside ceremony

Miss Jamie Bruce Crouch, daughter of Mr. and Mrs. Joe Crouch and Michael Wayne Crump, son of Mr. and Mrs. William Crump, Sharpburg, were married at 2 p.m., Monday, June 24, in a poolside ceremony at the home of the bride's parents, with the Rev. Bert Eyster officiating.

Miss of honor was Miss Susan Peters and best man.

The reception was held in the home



Mr. and Mrs. Michael Phillip Hillock

and Andy Mastroiuro, Tim and Pam of Dayton, Ky.; Garnett, Emma, Dawn and Brian Gilmore of Cincinnati, Ohio; Jack, Jake and Dwight Earle, Mary and Kelly Myers of Mayville; Charles, Josephine and Linda Hugg, Calera, Okla.; Tracy, Deborah and Justin Penicman, Philadelphia, Pa.; Clarence, Edie and Tim Walton, Freddie and Connie Hill, Joe, Jamie, Barbie, Jung and Derwin Howard, Jim and Mary Roberts, Steve and Helen Phillips, Glenn and Alice Faye Purcell, Carlisle.

Mr. and Mrs. J. H. Hill of Huntington, W. Va. visited Mrs. Gladys Duncan and Mrs. Everett Hill and family on Friday. Both Senator and Mrs. H. Stanley Blake have returned to their home on Turman Avenue from the Bourbon County Hospital.

During her recent three days' visit in West Palm Beach, Fla., Mrs. Stewart C. Moore was the dinner guest of Dr. Emma J. Phillips, a former Professor of English at Palm Beach Atlantic College, West Palm Beach.

Mr. and Mrs. Sterling Saunders, Jr. of Winchester, Mrs. Edith Sanders and Mr. and Mrs. Walter Fleen have returned after spending a week at Intercourse, Pa. They 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17, 18, 19, 20, 21, 22, 23, 24, 25, 26, 27, 28, 29, 30, 31, 32, 33, 34, 35, 36, 37, 38, 39, 40, 41, 42, 43, 44, 45, 46, 47, 48, 49, 50, 51, 52, 53, 54, 55, 56, 57, 58, 59, 60, 61, 62, 63, 64, 65, 66, 67, 68, 69, 70, 71, 72, 73, 74, 75, 76, 77, 78, 79, 80, 81, 82, 83, 84, 85, 86, 87, 88, 89, 90, 91, 92, 93, 94, 95, 96, 97, 98, 99, 100.

Mr. and Mrs. William Earl Carson and family of Corbin were weekend guests of Mr. and Mrs. Robert Carson. Sunday dinner guests of Mr. and Mrs. Robert Carson were Mr. and Mrs. Gobel Booth, Mrs. Bobby Clinch and Mrs. H. Stanley Blake and sons, and Mr. and Mrs. William Earl Carson and sons.

Mr. and Mrs. Robert Bolsom and family, Mr. and Mrs. Russell Rudi and family of Lexington, Mr. and Mrs. Luther Sepp and Sarah of Paris, and Mrs. Joe Sepp of Nicholas County spent the weekend at Carlisle, Ky., and other points of interest.

Mr. and Mrs. Raymond Hill, Winchester; and Mrs. Eunice Dealey and Mrs. Estelle Wasson returned recently from a week's vacation touring Virginia and West Virginia.

Those from Carlisle attending the funeral services of Elva C. Clark in Erie, Mich., July 15 are: Mr. and Mrs. Bradley Deben, Mr. and Mrs. Jimmy Snoot, Mr. and Mrs. Kaah Clark, Miss Ruby Clark, Clyde Clark, Bobby Snoot and Mrs. Virginia Patton.

Dr. and Mrs. Jack Early and daughters Lela Katherine, Judith and Laura of Gaffney, S. C. recently returned home from a visit with her parents, Mr. and Mrs. William Jeffries of Lexington. Mrs. Early (Nancy) is a former resident of Nicholas County. Dr. Early is president of Limestone College in Gaffney, W. Va. in Kentucky, they also visited Mrs. Early's sisters, Mrs. Adeline Muir and family in Nicholas-

**BRANDED FOR SAVINGS**

**July CLEARANCE**

Everything from **1/3** to **1/2 off**

(All Summer Merchandise)

**BAKER'S** DEPT. STORE

Carlisle, Kentucky

## Shields-Hillock vows exchanged in outdoor wedding ceremony

Mr. and Mrs. W. J. Alexander announced the marriage of her daughter, Miss Della Ann Shields, to Michael Phillip Hillock, son of Mr. and Mrs. Phil Hillock, all of Nicholas County.

The wedding was an event of June 30, 1973 at 8 p.m. at the home of the bride's uncle, R. P. Alexander and Mrs. Alexander at Lake Carmel, near Albert Allen, minister of the Carlisle United Methodist Church, officiated at the ceremony. Floral arrangements consisted of white daisies, glads, gladiolus and pink roses.

The bride was given in marriage by W. J. Alexander. She wore a floor length gown of off-white voile with lace capped sleeves. She wore a picture hat, and carried a cascade of white and white daisies and baby's breath.

Mrs. Donna Hunter served as matron of honor. She wore a floral print, floor length gown and carried a nosegay of white and yellow daisies and baby's breath.

Carl T. Hamm Jr. served the groom as best man.

Following the ceremony, a reception



Mr. and Mrs. Michael Phillip Hillock

## Shaw family reunion is held

Mr. and Mrs. Edgar Lanthan and son Richard of Cynthiana held the Shaw family reunion at their home on July 16. Mrs. Lanthan is the daughter of James Shaw Sr., and granddaughter of Jess Shaw.

The eight living children were present. They are: Miss Clara Shaw of Whitesburg; Mrs. O. B. Cannon, Mrs. Youie Shaw, and Mrs. John Fryman, Russell Maurice Shaw of Carlisle; Mrs. Harry Otto and William Shaw of Millersburg; and James Shaw Sr. of Lewis County.

Others present were: Mrs. Paul Smith, Greg and Kimberly, Mrs. John Bruecker, Jennifer and Robert Shannon, Mrs. Anna Belle Parrish and daughter of Lexington; Harry Otto and Rebecca of Millersburg; Mrs. James Shaw Sr., Hoskins, Dwight and Richard of Lewis County; James Shaw Jr. and Christopher of Mt. Sterling; Debbie Jo of Wilmore; Youie Shaw, Mr. and Mrs. Teddy Shaw, John Fryman, Mrs. Russell Shaw, Mr. and Mrs. Mark Evans, Mr. and Mrs. Eddie Carter and Jonathan, Mr. and Mrs. Harry Bruce Otto and Clifford Neal and John Tyler of Nicholas County.

## Plano recital is Tuesday

Mrs. Fred Holth will present the following pupils in a piano recital at the Headquarters Church this Tuesday night, Aug. 1, at 7:30 p.m.

Students participating in the recital are: Sheila Ritchie, Earl Stone, Donna Dixon, Elizabeth Dale, Cindy Livingston, Paula Sapp, Sandy Thacker, Jeff Earlywine, Chris Holter, Jeff Carpenter and Tracy Holly. Everyone is invited.

**ENTERTAIN WITH A COOKOUT**  
Mr. and Mrs. Denver Kirby of Buffalo Trace Road entertained the following with a cookout on Saturday night at their home.

Those present were: Billy George, Mr. and Mrs. James Heflin, Mr. and Mrs. Jackie Hunter, George Wick, Frank Moran, Mr. and Mrs. Jimmie Moore and daughter, Sterling and Gary Holter, Tom Stone, Hicky Crump, Mr. and Mrs. Leonard Walker, Charles Wala, Mr. and Mrs. Tim Perreut and daughter Kathy, Billy Perreut, Floyd Hamm, Aaron Florence, Mr. and Mrs. George McKenzie and son Mark, Steve, Brian, Danae and Pam Kirby.

## Births

**HARRIS**  
Mr. and Mrs. Randy Harris of Alexandria announce the birth of a daughter, born July 17, 1973 at St. Luke Hospital. She weighed 10 pounds, seven ounces.

**BUCKLER**  
Mr. and Mrs. Frank W. Buckler of Mockingbird Lane, Carlisle would like to announce the birth of a baby boy born July 15, 1973 at Nicholas County Hospital. He has been named Nicholas Wayne and weighed eight pounds and four ounces and has been named Nicholas grandparen.

**MITCHELL**  
Mr. and Mrs. Mike Mitchell of Moorefield announce the birth of a son born July 19, 1973 at Harrison County Hospital, Cynthiana. He weighed eight pounds, four ounces and has been named Stephen Seth.

**CLARK**  
Mr. and Mrs. Terry Clark of S. Milford, Ind., are the parents of a daughter born July 23. She weighed seven pounds 11 ounces and has been named Jennifer Lynn.

Mercury ads sell!

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South Ridge Plaza

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Open Mon.-Sat. 8-8

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## Two auto accidents reported during week

The Nicholas County sheriff's department reported two accidents that occurred in the county during the past week.

Patricia Goy of Route 3, Carlisle, received damages to the left front fender and door of her 1970 Ford Mustang Tuesday, July 17, when the car was struck in the left side by a 1973 Buick driven by Joan Massey also of Route 3. Miss Massey's car also received damages.

Raid Hill Road was the scene of an accident Sunday, July 22, where a 1967 Ford driven by R. J. Matias of Carlisle was traveling north in the middle of the roadway when Biggie Snoot of Maywood, the car was struck from the rear while traveling south. The two cars collided; however, no injuries were reported.

**THE CARING CORNER**  
"Let the children come to me, and do not hinder them: for to such belongs the kingdom of heaven." (Matthew 18:14)

After watching the parade and queen receive her crown at the Blackberry Festival, I lapped up the carnival to look at the sights. I saw a group of 18-22 year old boys that I knew at a booth. They were betting their quarters and throwing a dart to hit a white, red, or black square in hopes of doubling their money. Watching them gamble for a moment I asked, "How come you are taking a big chance with your money? Aren't you afraid of losing it all?" One boy turned to me with a grin and replied, "But, we might win!" "Why waste \$5 to take a chance on a stuffed toy when you can buy it for \$2.50 at the store?" I continued, "Ahh, that's no fun," they retorted.

It is so frivolous that we only want to make it a "big chance" in your child only learning the "odds against the world's side of life" There is more you know. Help them to discover the character, loving side of life through Jesus Christ... bring them to Vacation Bible School July 31 to August 4. Call Dr. Riggs at 288-4418 TODAY. Join us in caring this Sunday.

FIRST CHRISTIAN CHURCH  
during Sunday 9:45 a.m. and Church Service 10:45 a.m.

**OLD-FASHIONED LOCK STOCK & BARREL SALE**

U.S. Choice  
Cube Steak lb. \$1.99

**Round Steak**  
U.S. Choice  
lb. \$1.49  
(Boneless lb. \$1.59)

**Trash Bags**  
10 Ct., 30 Gal. 99¢

**Purex Bleach**  
Gal. 59¢

**Blackberry Jam**  
2 lb. jar Seedless \$1.99

**Peaches**  
3 lbs. for \$1 2 inches & Up

**Lipton Tea Bags** \$1.89  
100 Ct.

**Lipton Instant Tea** \$1.99  
3 oz. jar

**★ We Welcome Federal Food Stamps**

**Delmonte Sale**

Golden W.K. & C.S. Corn 303 cans 3/89¢  
F.S. & Cut Green Beans 303 cans 3/1.00  
Canned Peas 303 cans 3/1.00  
Sliced, Chunk & Crushed Pineapple (in own juice) 1 1/2 2/89¢  
Pineapple Orange Juice 46 oz 49¢  
Pineapple Grapefruit Juice 46 oz 49¢  
Sliced & Halves Peaches 2 1/2 59¢  
Catsup 32 oz 79¢

**Broccoli** Branch 59¢  
**Blueberries** Pint 99¢  
**Fresh Green Beans** lb. 39¢

**Brawny Towels** Jumbo Roll Assorted 59¢

**Field Baked Ham** (2.3 lb. avg.) lb. \$2.39  
U.S. Choice Boneless Rump or Sirloin Tip Roast lb. \$1.69  
Armour Veribest Pork Chop Sale (1st-Cut) lb. \$1.39  
(Center Rib lb. \$1.59-Center Loin lb. \$1.69)

**Field Bacon** No. 1 Sliced lb. \$1.29  
**Field Bologna** Sliced Reg. or Thick lb. \$1.19  
**Field Franks** Original or Beef lb. \$1.19

**Fresh Ground Chuck** (3 lbs. or more) lb. \$1.29  
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U.S. Choice Boneless Rump or Sirloin Tip Roast lb. \$1.69  
Armour Veribest Pork Chop Sale (1st-Cut) lb. \$1.39  
(Center Rib lb. \$1.59-Center Loin lb. \$1.69)

**Field Bacon** No. 1 Sliced lb. \$1.29  
**Field Bologna** Sliced Reg. or Thick lb. \$1.19  
**Field Franks** Original or Beef lb. \$1.19  
**Field Baked Ham** (2.3 lb. avg.) lb. \$2.39  
U.S. Choice Boneless Rump or Sirloin Tip Roast lb. \$1.69  
Armour Veribest Pork Chop Sale (1st-Cut) lb. \$1.39  
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**Field Franks** Original or Beef lb. \$1.19  
**Field Baked Ham** (2.3 lb