

# Obituaries

**ELIZABETH MATTOX**  
Elizabeth Cordelia Maybrier Mattox, 77, Cynthiana, died Friday, June 30 in the St. Joseph Hospital in Lexington. She was the widow of John William Mattox and the daughter of the late John and Lam Hastings Maybrier. She is survived by two sons, L. R. Mattox of Cynthiana and James William Mattox of Cincinnati, and six sisters: Mrs. Pauline Sooty, Nicholas County; Mrs. Lucille Morehead, Stamping Ground; Mrs. Ethel Webb, Cynthiana; Mrs. Christine Highland, Paris; Mrs. Loretta Adams, Independence, Ky.; and Mrs. Nancy Johnson, Belleville, Mich.

She is also survived by a brother, Bud Maybrier of Millersburg, and 23 grandchildren and 28 great-grandchildren. Mrs. Mattox was a member of Oakwood Baptist Church.

**MRS. EDNA CROUCH DUNCAN**  
Mrs. Edna Crouch Duncan, 71, of 222 Sycamore Street, Carlisle, died Saturday, July 8, after a lingering illness. Mrs. Duncan is the widow of C. E. Duncan and was a member of the Carlisle Christian Church and sister in the Marie Chapter 288 OES. She is survived by three sisters, Mrs. W. H. Jeffries of Lexington; Mrs. James Eads of Carlisle; and Mrs. Helen Ormsted of Florida; one brother, Mr. Holmes Smoot of Carlisle. Mrs. Duncan is also survived by four step children and several nieces and nephews. Services were held at 10:30 a.m. Tuesday at the Mathers-Shearer Chapel.

**JAMES H. DUNCAN**  
James H. Duncan, 66, 2601 Stone Road, Marion, Ind. died Saturday, July 8, 1973, in Marion General Hospital. Mr. Duncan was born in Bath County and had lived in Marion since 1941. He was a member of Central Christian Church, Marion. He was a retired employee of Kroger Milk Co., Marion. Surviving are his wife, Margaret; two sons, James K., and Charles T.

both of Marion; two daughters, Mrs. Robert (Zissy) Atkinson, Marion, and Mrs. Harold (Jussita) Bates, Tallahassee, Fla.; three sisters, Mrs. Allen (Virginia) Sims, Marion; Mrs. Glen (Katherine) Hardin, Moorefield, Ky.; and Mrs. Kenneth (Nick) Hatton, Garysburg, Ky.; eight grandchildren; and four great-grandchildren.

Funeral services were held Wednesday in Owen-Wollet Funeral Home, 2725 S. Washington St., Marion, with the Rev. Ed Gilliam in charge. Burial was in the Maring JOOF Cemetery.

**MRS. BOBBY G. GUDGELL**  
Mrs. Bobby Gritham Gudgell, 48, of Cynthiana, wife of Billy Gudgell, a native of Carlisle, died Sunday, July 8, of an apparent self-inflicted gunshot wound.

In addition to her husband, Mrs. Gudgell is survived by one daughter, Mrs. Ann Stephens, of Lexington and one sister, Mrs. Robert Lytch, of Paducah.

Funeral services were held Wednesday at 10:30 p.m. at Whaley Funeral Home in Cynthiana.

**CHARLES FURCELL**  
Charles (Red) Furcell, 57, died Saturday, July 7, 1973, at the Nicholas County Hospital. He was a native of Nicholas County, member of the Carlisle Christian Church. He is survived by his mother, Mrs. Anna Tom Purcell; one brother, Clyde Furcell, Nicholas County; two sisters, Mrs. John Sibert, Nicholas County; Mrs. Elmo Stewart, Robertson County; one half-sister, Miss Evelyn Clancy, Lexington; several nieces and nephews.

Funeral services were conducted Monday from the Mathers-Shearer Funeral Chapel by the Rev. Charlotte Clancy. Burial was in the Carlisle Cemetery. Nephews served as pallbearers.

## Rev. Edwards

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Philippines, Turkey and Cyprus and to the Office of the Joint Chiefs of Staff as linguistic communicator. Rev. Edwards has held pastorate at the Zion Baptist Church at Dry Ridge and the Walden Baptist Church in Walden, Ind. He and Mrs. Edwards (Annie Jane) and their children, Laura, Tim and Paul, will be arriving in Carlisle on July 18 and will reside at the Baptist parsonage on Sycamore Hill.

## Blood program

Continued from page 1  
units of blood were collected. Monday's donations pushed the county past its goal of 364 units of blood for the year. This means that all Nicholas County residents are entitled to free blood whenever needed. Anyone who has recently received blood or is about to receive blood should contact Rev. Herman Kamlage in order to insure that they do not pay for blood that they should receive free of charge.

Of the 117 persons who showed up to Carlisle on July 18 and will reside at Fleming County who were donating for nine year old, Brent Fields who is to undergo open heart surgery. Any person having questions about the Nicholas County Blood Donor Program should call either Rev. Herman B. Kamlage, 288-5602, or the Central Kentucky Blood Center (toll free), 1-800-432-6528.

## Wesley Church to have concert

Mr. and Mrs. Larry Stone, Millersburg will give an sacred musical concert Sunday, July 16, at 3 p.m. at the Wesley Chapel Church. Mr. and Mrs. Stone are members of the United Methodist Church, Millersburg. Martin M. McGuffey, pastor of the Wesley Chapel Church, extends an invitation to everyone to attend the special service.

## 'Dietetic' canning can be done at home; instructions given

Sugars—'dietetic' canned or frozen fruits for the diabetic or the weight-watcher are expensive at the grocery store. There's no reason you can't preserve your own at home for less, according to Mrs. Margie Wilson, Nicholas County Extension agent for home economics.

Following are her directions and suggestions.

**Canning fruits**  
Use fully-ripe, firm fruit. Prepare according to reliable and up-to-date canning instructions, leaving out the sugar. Add a little water and cook fruit until boiling.

Pack hot into hot jars. If necessary, add boiling water to cover. Adjust caps and process as recommended in a boiling-water-bath canner. If you like, add an artificial sweetener (approved by your doctor) when you serve the fruit.

**Freezing fruits**  
There are several possible methods here—wet pack with fruit juice, wet pack with water, and dry pack. Wet pack with unsweetened fruit juice. Choose only the sweetest ripe fruit for freezing. Extra juice from the good part of less-perfect fruit. Add ascorbic acid to juice to prevent fruit from darkening. Pack fruit in juice, following the same packing and head space directions given for syrup pack in your freezing manual. Use a moisture-vapor-resistant freezer container and freeze immediately.

Wet pack with water. Use the same method as above, substituting cold water for fruit juice. You won't be as satisfied, probably, with the shape and flavor of the fruit.

Sugars dry pack. This is especially good for blueberries, cranberries, currants, figs, gooseberries and rhubarb. Pack firm, clean, whole or cut-up fruits in containers, seal and freeze.

**Canning without salt**  
Q. Do you have any suggestions for improving the flavor of vegetables being canned for salt-restricted diet?  
A. Try adding 1/2 to 1 tablespoon of lemon or orange juice and a tiny piece of pelt to each pint of carrots, beets or artichokes.

Perk up the taste of green beans and peas by adding a bit of mace, nutmeg, or curry powder. Give green vegetables a taste lift by adding a spoonful of chopped celery and a silver of pimiento to each jar.

Remember to process all of these vegetables in a pressure canner.

## Fleming-Mason RECC's 40th meeting is July 21

Flemingsburg (Special)—Don't forget that Friday, July 21, is the date of the 40th Anniversary Meeting of Fleming Mason Rural Electric Cooperative. Registration begins at 1:00 p.m. and the meeting begins at 2:00 p.m. at a knock-out from work early and head for the Co-op grounds at Flemingsburg. Take along members of your family and some friends and make this an old-fashioned "get-together".

If you have a daughter or relative that meets qualifications for the Miss Fleming Mason RECC contest bring her along. It could be the beginning of a road to fame and fortune for her.

If you are a member be sure to register. You might be the lucky winner of a Micro-Wave Oven; a Presto-Cooker; a Crock Pot Slow Cooker; an electric corn popper or a Mr. Coffee Maker.

Also remember that some lucky boy and girl are going home from the



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meeting with a modern bicycle. Besides these things you are going to get a firsthand report on the activities of Fleming Mason RECC; a vote for two Directors, Charles F. Hickerson, of Marion County, Vice-President of the Cooperative, and William Raleigh Cooper of Bath County.

You will hear reports from Huston Delaney, manager; Hansford T. Meyer, president and J. E. Smith, Jr., secretary.

You will also receive a valuable booklet on "Learning to Live with Higher Energy Costs" which also contains the annual financial report of the Co-op.

Then you can sit back and enjoy the Miss Fleming Mason contest; professional entertainment by the Florida Boys, award winning Gospel Singers, and the fast moving and unique act by Don Phillips and Company, a great favorite for adults and children.

You can meet old friends and make new ones. Then on the way home you can be thankful for the sturdy pioneers of forty years ago who brought the blessings of electricity to the rural sections.

## Bids to open for cable TV in Carlisle

Carlisle residents may expect to receive a few more television stations as the result of the City Council's vote to receive bids from companies supplying the service. The Council reached its decision after hearing acting city attorney Billy Hopkins' legal report. The city will be accepting bids within the next week or two.

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**Food Budget Pick Me-Ups FOR SUMMER**

Arnold VerBest **PORK CHOPS** \$1.29 (Center Cut lb. \$1.59)

**TOMATOES** 2 lbs. for 89¢

Medium 1/4 Pork Loin (Sliced Free) lb. \$1.39  
Vine Swift Sizzlean Breakfast Strips 12 oz. pkg. \$1.69  
Ripe Fresh Ground Beef (3 lb. pkg. or more) lb. \$1.09  
Fields Dimer Franks 2 lb. pkg. \$2.39  
Fields 1 lb. Sliced Bologna lb. \$1.19

New Long Calif. **White Potatoes** 5 lbs. \$1.15  
Chiquita Bananas 2 lbs. 49¢

**Stokely Peaches** 59¢ Sliced, Halves No. 2 1/2 can

**Betty Crocker Macaroni & Cheese** 4/1 \$1.19 7 1/4 oz.

**LUCKY CHARMS** 69¢ 9 oz.

**Betty Crocker Big Batch COOKIE MIX** \$1.39 32 oz.

**SUGAR CRISP** 89¢ 18 Oz.

**Pillsbury Family BROWNIE MIX** 99¢ 22 1/2 oz.

**Betty Crocker RTS FROSTING** 79¢ 16 oz.

**WISK** 99¢ 32 Oz.

**NU SOFT** 79¢ 33 oz.

**Apple Sauce** 2/69 Stokely 303

**Hot Dog Sauce** 2/59 Just-Rite 10 1/2 oz.

**Martha White Plain, Self-Rising 5 lb. bag Meal** 79¢

**Maxwell House COFFEE** \$2.79 lb. size

**TANG** \$1.49 27 Oz.

**Nabisco Cookies** 89¢

**Keobler 16 oz. box Zesta Saltines** 59¢

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