

New FNB employees listed

CARLISLE—Steve Agard, 1971, six First National Bank, Carlisle, accord- ing to Andy Dudley.

"We're proud of the job these new people have been doing for the bank and wanted to let the public know just who they are," said Mr. Dudley as he announced the names of his new staff members.

Mike Hillock and Shirley Gayle Lyons both began on Aug. 1, followed in mid-September by Sarah Jane Bell. Gladys Mills Cleaver started the second week in October while Eva Jean Gray and Sharon L. Hutton were employed one week apart in November.

Mr. Hillock is a teller in the bank's Moorefield branch. A native of Carlisle, he graduated from Nicholas County High School in 1971. While in high school, he was active in the music program and was named to "Who's Who in Music Among American High Schools" and presently plays in a dance band. He is a member of the Methodist Church.

Miss Gray serves as a new accounts clerk. She graduated from Fleming County High School in 1975 and received an associate degree from Mayville Community College in 1977, majoring in secretarial skills. She is a member of the Christian Church.

Mrs. Bell is a native of Nicholas County, but graduated from Nicholas County High School in 1960. Her background includes over two years as a bookkeeper for the J. C. Penney Co., Inc., Paris. She is married to Russell Bell and they are the parents of four children, Mrs. Sarah Bell Ginter, Elizabeth, Frances, and Eleanor, and a son, Russell W. Bell IV. The Bells are members of the Methodist Church.

A teller, Mrs. Hutton is a Bourbon County native, but graduated from Nicholas County High School in 1972. She earned a B. S. degree in physical education from Eastern Kentucky University in 1976. As a volunteer of her high school class, she was listed in "Who's Who Among American High School Students" and received the PCA award at Nicholas County. She is married to Fred Hutton. The Huttons and they are members of the Carlisle Christian Church.

Miss Lyons is a native of Nicholas County and a 1977 graduate of Nicholas County High School. She has been in the bank in August as a bookkeeper and has taken courses offered by the American Institute of Banking. While in high school, she was listed in "Who's Who" (1976) and "Distinguished American High School Students" (1976) and received the Child Development and Health awards. She was president of the Honor Society in her senior year and was treasurer of the Future Homemakers of America the same year. She is a member of the Moorefield Methodist Church.

A bookkeeper with the bank, Miss Cleaver is a Kentucky native but graduated from Minnesota High School, Excelsior, Minnesota. She attended Colorado Women's College, Denver, and the University of Kentucky, Lexington, and holds one hour before earning a B. S. degree in political science. During her summer months while in college she was employed in banking in both Colorado and Kentucky. While in high school, she received the Daughters of the American Revolution Award in 1963 and was a member of the National Honor Society. She was also on the Dean's List of honor students both at CWC and UK. She is a member of the Millersburg Baptist Church and the alumni association of CWC.

First National is a member of the Kentucky Group Banks, an association of banks in Central and Southeastern Kentucky.

Traffic fatalities in 1977 increase over 1976 mark

FRANKFORT — At least 74 more people were killed on Kentucky's highways during 1977 than in 1976. The current count of traffic deaths last year stands at 946. It could climb, however, if people who were injured in 1977 accidents die later this year from resulting injuries.

Traffic deaths were lower than last year until the middle of June, when 1977 deaths crept ahead of those of 1976.

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LERMANS

COMPLETE FAMILY DEPT. STORE

January White Sale

...and lots of color, too!

Compliment Your Bedroom

Decorative QUILTS Luxurious... Extra Warm Machine Washable

if perf. to 14.95 **8.99**

Check the Savings!

Thomaston-Mariboro First Quality No-Iron Fashion

BED SHEETS

FLAT OR FITTED

Miss Garrett completes course

Saltwell

by Mrs. Fred Hollar

Monday supper guests of Mr. and Mrs. Billy C. Campbell of Carlisle.

Mr. and Mrs. Stanley W. Caswell, Carlisle, Cindy Livingston and Tracey Hollar spent the past Sunday with Mr. and Mrs. H. A. Gaunce and Norma James and Jeff Stanfield, Millersburg and Roger Riggs spent the past Sunday with Mr. and Mrs. Martin Feabach, Carlisle and Sunday with Miss Ida Richardson and Mr. and Mrs. Gilbert Overly of Pope.

Mrs. Reynolds Gaunce spent several days the past week with Mr. Frankie Poebach and children, Headquarters. Paul Hunt of Danville spent a day or two the past week with his father, Rev. Roy C. Hunt and Mark Hunt.

Mr. Freddie Gaunce returned home Monday afternoon, several days at the home of Mr. and Mrs. Wayne Gunn and sons. Visitors on Sunday and during the week were Mr. and Mrs. Sterling Jackson, Mr. and Mrs. Ray Springer, Michigan, Mr. Julian Green and Kathy, Mr. and Mrs. Carl Scott, Mr. and Mrs. Ronnie Gaunce and children, Mr. and Mrs. Wayne Gunn and sons, Rev. Roy Hunt, Rev. Howard Livingston, Ronald Riggs, Mrs. Allen Hale, Mr. and Mrs. Courtney Gunn and Melanie Crawford and Mr. and Mrs. Fred Hollar.

Mr. and Mrs. Lucien Grey, Paris, Mrs. Arna B. Bost, Georgetown, Mr. J. D. Gaunce visited the holidays at Andrew Grey the past week.

Mr. and Mrs. Richard C. Lagoff, S. C. and Mrs. Golda Keck, Manchester, Ohio spent the past week with Mr. and Mrs. Larry Wooten and family and others of their family.

Mr. and Mrs. Randy Harris of Alexandria spent Saturday night with Mr. and Mrs. Jesse Puller and family of Clayville. They also spent Sunday and Saturday night with Mr. and Mrs. Strauder Hollar and sons.

Mrs. Thomas Gaunce spent Thursday and Friday with Mr. and Mrs. Walter Hill in Cynthiana.

Sherman Green and Julian Gaunce visited Mr. J. W. Gaunce one evening the past week.

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Mr. and Mrs. Bobby Brady visited Mr. and Mrs. Andy Fenton and Mr. and Mrs. Donald Doyle and children over the past week.

Miss Lisa Doyle spent a few days the past week with Mr. and Mrs. Orville Doyle and Miss Leah Doyle over the weekend. Mr. and Mrs. Larry Courtney and Brian were Sunday dinner guests of the Doyles.

Mr. and Mrs. James Gaunce and Eddie Ellington enjoyed refreshments at the home of Mr. and Mrs. Doug and Riggs and family honoring the birthday of Elaine on Saturday night.

Mrs. Beverly Beut and children Anthony and Angela of Georgia and Mrs. Brenda Nolen and children Jennifer and Willie, Cynthiana spent last Saturday with Mr. and Mrs. Orville Doyle.

Martha and Daley enjoyed lunch at the home of Mr. and Mrs. Raymond Kennedy the past Sunday night.

Mr. and Mrs. Matthew J. Kennedy and children of Hazlet Park, Mich. and Raymond Kennedy of Lexington visited Miss Frances Barlow of Carlisle on Thursday.

Davis Koppenberg, Jamie Kenney, Jessica Tanner and Chris Hollar have been confined to their homes for the past few days with illness.

Mr. and Mrs. Bobby Brady were

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LERMANS

COMPLETE FAMILY DEPT. STORE

World Wars vets to receive over \$4.3 million dividends

Kentucky veterans from World War I and II and the Korean Conflict will receive over \$4.3 million in GI insurance dividends in 1978.

In the state there are 40,002 veterans from these wars who have retained their GI insurance and will receive a dividend automatically on the anniversary date of their policy. No application for the dividend is necessary.

World War I veterans who retained their policies number 34,623. They will receive an average of \$234.44 for a total of \$8,102,000.

World War II veterans keeping their policies in force number 34,623. They will receive an average of \$117.06 for a total of \$4,023,000.

Korean Conflict veterans number 9,001 and will receive an average of \$29.10. Total distribution in the state will be \$144,000.

Announcement of the dividend was made December 29 by Max Cleland, Administrator of Veterans Affairs in Washington. Dividends will total \$44.5 million for the nation. Dividends will be paid to 1,122,642 veterans who retained their insurance.

County Extension Agents Mike Phillips, Mrs. Sharon A. Wilson, Mrs. Margie Wilson

Keep Warm

A hat or hood does more than keep your head warm on a cold day. It helps to keep heat from escaping from the rest of your body, too. Wearing something on your head will help to keep you warm because 90 per cent of your body heat can go right out of your head.

Other places where heat can escape are wrists, neck, bare legs and ankles. Leg warmers or thick stockings, or long pants tucked into boots help to keep you warm. Gloves or mittens, snug long-sleeve cuffs and a warm scarf at the neck make a big difference, too. A nose-fitting jacket or coat also keeps the body warmer.

Diabetes Kills Kids, Too

It can happen like this. There is an unaccountable moodiness and irritability, maybe a weight loss although eating sufficiently, unusual thirst, frequent trips to the bathroom, vision changes, itching of skin and genitalia, skin disorders and infections are symptoms of diabetes, an incurable disease affecting 10 million Americans of which more than a million are children.

Diabetes is the No. 3 killer disease and the leading cause of blindness in the nation.

Women are 50 per cent more likely to contract the disease than men and non-whites are 20 per cent more likely to become diabetics than whites.

In the weight category, the chance of developing diabetes doubles with every 10 per cent of excess weight. Folks in lower socio-economic classes are 3 times more likely to have diabetes than middle and upper income people.

By 1986 it is estimated that 1 in 5 Americans will have this disease. Presently one-half of child diabetes die from kidney disease within an average of 20 years following the diagnosis of diabetes. The Juvenile Diabetes Foundation offers these suggestions to parents:

1. Be constantly aware of the child's diet.
2. Know the signs of insulin shock which can lead to death.
3. Know when your child takes medication as prescribed. (Usually for children it will be insulin.)
4. Help child to realize every childhood disease and accident is life threatening. Even a cold or fall can be dangerous.
5. Educate others that an unconscious youth may indicate insulin shock or coma, not drunk or on drugs.

Dr. Sheldon Blucher, president of NY Diabetes Association says that diabetes may occur at any age. It is merely symptomatic with insulin-dependent diabetes. Also he says, "people with maturity-type diabetes can do extremely well if they adhere to a proper diet and maintain an ideal body weight. As a rule, juvenile diabetes continue insulin for life."

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Farm and Home

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Ladies Tops 50% off

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Mens & Boys Shirts 20% off

10% off all jeans

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