



Alcohol and gasoline don't mix

If you tend to be turned off by the "A" and "B" tests, then state highway safety officials would like to turn you on the way of an alcohol-related accident or fatality.

CPR course January 10

There will be an eight-hour CPR (Cardio-Pulmonary Resuscitation) course given on Wednesday, Jan. 10, 1979. It will be held in the basement of the Carlisle Christian Church and will cost \$8. If interested, contact Rocky McDevitt at 295-2281 or Taylor Mathers at 299-2271 by Jan. 5.

"I don't think that we can overlook the fact that people are going to drink and some will drink in excess," Beattie Moffett, state highway safety coordinator, said. "It's our responsibility to do something about the person who has had too much to drink and insists on driving."

Moffett said that during the holiday season Christmas joy frequently takes the form of alcohol and that may lead to highway accidents.

During last year's Christmas holidays, there were at least 148 alcohol-related accidents, according to state police figures. These accidents resulted in 87 injuries and one fatality.

With one of the biggest holiday periods involving alcohol upon us, Moffett suggests that if you do drink, adopt the following six rules for the benefit of everyone.

— Eat first; it slows down the rate of alcohol absorption.

— If you drink, drink slowly and allow

time between drinks to give your body time to handle them.

— Know what you're drinking, and remember, it's not only the number of drinks you consume, but the amount of alcohol in each drink.

— Know your limit; it varies depending on your weight and alcohol content of your drink.

— Stop in time and avoid the embarrassment of being driven home

or being involved in an accident.

— Be responsible; if you've had too much to drink, find another way home or stay where you are, but don't attempt to drive.

Moffett said that the best gift you can give your friends this season is your help when they've had too much to drink. "A ride home or a place to sleep if it will help prevent an accident from happening," he said.



Fryman's Used Cars & Grocery

Deficiency payments made

Eligible wheat farmers will receive government deficiency payments of \$2 cents per bushel on their 1978 crop for a total estimated payment of around \$100 million according to Ray Fitzgerald, Administrator of the Agricultural Stabilization and Conservation Service (ASCS).

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Advertisement for Cynthia Motors featuring a car and the text 'Welcome New Year! At this time of new beginnings we wish you a year worth remembering... a perfect future! Thanks. Cynthia Motors 58 Years of Honest Dealing'

Advertisement for Home Hardware featuring a house and the text 'Happy New Year! Peeling New Year bells sound our gratitude and our sincere wishes for many happy tomorrows. Home Hardware'

Advertisement for Kiskick Auto Repair & Body Shop featuring a car and the text 'Happy New Year! Rolling with festive wishes for an adventurous, happy year! Thanks to all who help us along the way. Kiskick Auto Repair & Body Shop'

Advertisement for Norma Jean's Beauty Shop featuring a woman and the text 'STARRING A NEW YEAR Making a grand entrance... a glowing star who celebrates a fresh start for all! We send warm wishes and thanks. Norma Jean's Beauty Shop'

Advertisement for Nicholas County Sheriff's Office featuring a man and the text 'We wish you good luck, good times, good cheer for an A-Okay year! Nicholas County Sheriff's Office J.W. Ecton, Sheriff Ralph Brookshire, Deputy Shirley Vice'

Advertisement for Baker's Dept. Store featuring a child and the text 'With flying colors we greet a NEW YEAR! We're sure this bright New Year will be the picture of perfection for you with sunnier days, bluer skies and greener pastures! BAKER'S Dept. Store'

Food stamp program changes January 1

Allotments increase and some areas will have 'workfare' programs for recipients

Low-income families will receive a four-fold increase in their food stamp allotments starting January 1, 1979. The Food Stamp Act of 1977 specified that for a family of four, this translates into a 3.3 percent increase in their food stamp allotment.

The increase, prescribed by law, reflects the rise in the cost of food from March through September of this year. For a family of four, this translates into a 3.3 percent increase in their food stamp allotment.

Under new program rules, a family of four with no net income will receive a \$131 food stamp allotment. The net monthly income limit for a four-person food stamp family will be \$242, or about \$5.00 per person. This is nearly \$1,200 a year lower than the net income limits under the old program rules that are being phased out.

Work for stamps: Food stamp recipients aged 18 to 60 in 14 pilot areas will be required to "work off" the value of the food stamps they receive.

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Kentucky Afield

Licenses finance programs

By John Wilson Since 1978 hunting and fishing licenses expire Dec. 31, many of Kentucky's hunters and anglers are taking a little time in the midst of their holiday shopping to buy their 1979 licenses.

In a sense, that license can also be considered a Christmas present—a gift to wildlife conservation. The money spent on licenses makes up approximately 80 percent of the department of fish and wildlife's financing.

And you might not know it, but any hunting or fishing equipment on your shopping list is also a present to conservation. Through an 11 percent federal excise tax on such goods, money is provided for Kentucky (and the other states) to conduct essential wildlife research and to acquire lands for wildlife.

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Spottsmen's money is not used on game species alone. Wildlife management areas (or scientifically designed wildlife plantings on private lands) provide homes for a wide variety of wildlife species, among them songbirds, insect eating birds and rodent controlling birds of prey.

Money from fishing licenses and from the federal tax on angling equipment helps build lakes and provides access points to rivers and streams. It pays for the construction and operation of hatcheries and fineries and carries out management practices and carry out management practices and carry out management practices.

The license buying sportsman is also giving a present to his fellow citizens who do not hunt or fish, since he is relieving them of an additional tax burden. Without the sportsman, the costs of wildlife conservation would have to come from generalizing taxes, but under a system like Kentucky's the total cost of operating the fish and wildlife department come from hunters and fishermen, with no general tax monies involved at all.

These new licenses, by the way, are now available at all county court clerk's offices and at many sporting goods stores, tackle shops or outdoor establishments. And from all of us here at the Department of Fish and Wildlife Resources, a Merry Christmas and a Happy New Year.

Advertisement for IGA King Size Detergent Tide, featuring a detergent box and the text 'IGA happy new year King Size Detergent Tide \$4.29 84oz. box'

Advertisement for Hawaiian Punch, featuring a drink and the text 'Hawaiian Punch 4.99 46oz. can'

Advertisement for Maxwell House Ground Coffee, featuring a coffee can and the text 'Maxwell House Ground Coffee \$2.39 1lb. can'

Advertisement for IGA Reg or Ripple Potato Chips, featuring a chip bag and the text 'IGA Reg or Ripple Potato Chips 4.99 8oz. bag'

Advertisement for Nabisco Snack Crackers, featuring a cracker box and the text 'Nabisco Snack Crackers 79¢ 7oz. box'

Advertisement for Mac & Cheese Dinners, featuring a dinner box and the text 'Mac & Cheese Dinners 3/\$ 7oz. box'

Advertisement for Campbell's Vegetable Soup, featuring a soup can and the text 'Campbell's Vegetable Soup 4.89¢ 10 1/2 oz. can'

Advertisement for IGA happy new year produce, featuring a produce basket and the text 'IGA happy new year produce Whether you're planning a large New Year's Eve affair or a small gathering for two, you'll find all your New Year's needs at IGA. Our meat case is well stocked with a wide variety of beef, poultry, and pork, and our aisles are brimming with hundreds of your favorite party foods. So bring in the New Year with party prices from IGA!

Advertisement for TableTite Fresh Family Pak Fryers, featuring a fryer and the text 'TableTite Fresh Family Pak Fryers 4.79 lb.'

Advertisement for meat case, featuring a meat case and the text 'meat case \$1.29 Fresh Spare Ribs \$1.38 Semi-Boneless Ham, Whole (Half \$1.48) LUNCHEON MEAT SPECIALS \$2.89

Advertisement for TableTite Fresh Fryer Parts, featuring a fryer part and the text 'TableTite Fresh Fryer Parts \$1.99 Bread \$1.99 Legs \$1.99 Thighs \$1.99

Advertisement for Maxell House Ground Coffee, featuring a coffee can and the text 'Maxell House Ground Coffee \$2.39 1lb. can'

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Advertisement for IGA produce, featuring a produce basket and the text 'IGA produce Idaho Potatoes \$1.09 1 lb. 5 Sacks

Advertisement for Charmin toilet paper, featuring a roll of paper and the text 'Charmin toilet paper \$1.29 4 roll White, Soft & Green, or Yellow & Blue

Advertisement for frozen foods, featuring a frozen food box and the text 'frozen foods \$1.29 Cheese, Sausage, Pepperoni, or Hamburger

Advertisement for Pizza, featuring a pizza and the text 'Pizza \$1.29 13 1/2 x 14 1/2 oz. pizza

Advertisement for Bush's Yams, featuring a yam and the text 'Bush's Yams 3/\$1.29 3 lb. box

Advertisement for Peanut Butter, featuring a jar of peanut butter and the text 'Peanut Butter \$2.49 17 oz. jar

Advertisement for Creamettes, featuring a box of creamettes and the text 'Creamettes \$1.39 3 lb. box

Advertisement for dairy dept., featuring a dairy product and the text 'dairy dept. \$1.29 Stinky Haves or Sliced Peaches 29¢ or 65¢ Pickles 16¢

Advertisement for produce, featuring a produce basket and the text 'produce \$1.09 Idaho Potatoes 1 lb. 5 Sacks

Advertisement for Jerry's IGA Foodliner, featuring a food product and the text 'Jerry's IGA Foodliner Carlisle, Ky. Open New Year's Day 9 a.m. to 6 p.m.'