

Hearings scheduled

A hearing will be held on proposed regulations on public participation in activities under the Clean Water Act, Safe Drinking Water Act and Resource Conservation and Recovery Act according to the Environmental Protection Agency in Washington.

The proposed regulations were published in the Federal Register on August 7 and replace the existing water programs and interim final regulations for public participation in solid waste management programs. They also include provisions implementing the new overall public participation requirements with respect to the municipal wastewater treatment facility Construction Grant Program.

Those wishing to testify should submit their names, addresses and telephone numbers to Noel Sullivan, 601 Main St., Washington, D.C. 20460. Speakers will be notified in advance as to the time in which they are to testify. Speakers are requested to submit at the hearing one typewritten copy of their testimony.

The hearing will be held at the Department of Commerce Auditorium, 14th and E. St., N.W., Washington, D.C. from 1:30 p.m. to 5:30 p.m. and 7:30 p.m. to 10:30 p.m., September 26, 1978. For further information, phone Noel Sullivan (202) 725-6511 or Telex-Free, (600) 634-2295.

School Assignments

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Live and well

Scientist may be having a shortage of frogs but here at least one that is alive and well in Moorefield. Better Photo by Jean Ann Kerr

VFW FISH FRY
The V. F. W. will hold its annual fish fry Saturday, Aug. 26, at 7 p.m. at the City Lake. The public is invited.

Farm and Home

Nicholas County Extension Agents
Mike Phillips, Mrs. Sharon A. Wilson, Mrs. Margie Wilson

Living - Day by Day

Our lives are inevitably bound to time. We can throw away the clock but the rising and setting sun still measures out for us our daily existence. Thus, how we live depends upon how we spend our time.

During 70 years of life the average American spends:
Twenty-three years sleeping, 11 years working, eight years eating, six years grooming, three years being educated, three years reading, three years talking, 1/2 year worshipping God.

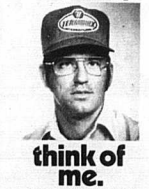
That is 67 years of life doing the same ordinary things everyone else does. Our day by day routine constitutes the bulk of our lives and what we make of it should be all important. If it doesn't add up to a life of purpose and meaning, then we should start probing our needs and questioning our attitudes. What changes in ourselves and in our routine can make life more rewarding? The answer is different for each one of us, but the essence may lie in our approach to time. Do we "kill" time during work, leisure, school, etc., or do we live with what time we have.

Homemakers stay busy

Nicholas County Homemakers president Mrs. Kath Grimes and home agent Mrs. Margie Wilson attended the Blue Grass Extension training meeting in Lexington Aug. 17 at the E. S. Goodbarn.

Mrs. Martha Hall, program specialist spoke on how you can let your leadership "show and grow". In addition the following county officers and chairman attended: Mrs. Beale Simon, Mrs. Eugene Simon, Mrs. Edgar Scott, Mrs. Wilmer Halconin, Mrs. James Lowe, Mrs. Ruth Tucher, Mrs. Ruth Anderson, Miss Janet Allison, Mrs. Hanson Elliott, Mrs. William Harlin, Miss Mary Lou Campbell, and Miss Hazel Stewart.

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Nicholas Co. on map

Four new geologic quadrangle maps Nicholas, and Robertson counties; covering portions of Central and East-Madison West quadrangle, covering parts of Trimble County, Pleasa quad, ammonium Dr. Donald C. Hasey, range, covering parts of Harrison, state geologist and director of the Nicholas, and Robertson counties, and Kentucky Geological Survey at the Jackson, Lee, and Owsley counties.

The new maps are of the Cowan quadrangle, covering parts of Fleming.

BACK TO SCHOOL

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Saltwell by Mrs. Fred Hollar

Mrs. Naomi Snapp spent several days during the week with Everett Snapp. Rev. Ben Cain, pastor of Paris United Methodist Church will be speaker at Methodist Men at Headquarters Church this Thursday night, Aug. 24, at 7:30 p.m. The ladies will also have their meeting in the basement at same time. Potluck supper will be speaker at 7:30 p.m. and Mrs. Roy Z. Snapp and Eddie and Angie and Paul Goodman spent Sunday and Sunday night with Mr. and Mrs. Ray Snapp.

Ray Ritchie remains ill at his home near Ice Hill among visitors the past few days were Rev. Ray Doye, Mrs. Linda Morris and children, Mr. and Mrs. Forest Morris, Mr. and Mrs. Don Jenkins, Mr. and Mrs. Fred Hollar, Dean Rowe, and Ray Snapp.

Andy Gaunce of Searles spent several days the past week with Mr. and Mrs. Freddie Gaunce. He also spent Tuesday with Bobby Deason at the home of Mr. and Mrs. Dickie Grimes.

Jerry Doyle and son, Harrison County, and Mr. and Mrs. David Doye and family and others visited Mr. and Mrs. Orville Doye and family, the past week.

Mrs. Gary Hollar and children, Mr. and Mrs. Jerry Galbreath and daughter Mr. and Mrs. Donald Stone and Denise spent Saturday at the zoo at Louisville. Mrs. Hazel Snapp, Powersville spent the weekend with Mr. and Mrs. Fred Hollar and attended the Headquarters Sunday School picnic at Harrison. R.E.C.C. grounds in Cynthiana.

Mr. and Mrs. Donald Gaunce and son Greg, Lexington and Timmy and Tammy Gaunce, were Wednesday dinner guests of Mr. and Mrs. Andrew Grey, Carlisle. They were Wednesday supper guests of Mrs. Woodrow Gaunce in Carlisle.

Mr. and Mrs. Bobby Brady and Alma Mattox, enjoyed the horse show at Lancaster on Saturday night in which H. J. and Carrol Doye took first place in three classes.

Lisa and Cameron Eramani of Sacramento, Calif., have spent the past two weeks with their grandmother Mrs. Mary Ella, Palm Springs, Calif.

Mr. and Mrs. Larry Courtney, Harrison County are parents of a new eight pound, nine ounce baby girl at St. Joseph Hospital the past Thursday, Aug. 17. Mrs. Courtney is the granddaughter of Mr. and Mrs. Orville Doye.

Mr. and Mrs. Freddie Hollar visited Mr. and Mrs. Raymond Ritchie and Mrs. Elizabeth Gaunce in Carlisle Friday night. Mr. Gaunce has a other visitors during the week Mrs. George Hillcoat, Mrs. Isabel Smith, Mrs. Joyce Smith and baby Molly Carol, Mr. and Mrs. Calisto Fryman. Mrs. Gaunce entered Good Samaritan Hospital on Saturday and will undergo surgery the early part of the week.

Mrs. Thomas Gaunce, Cynthiana, spent Sunday with Mr. and Mrs. Roy E. Snapp.

Mr. and Mrs. Donald Stone and

Reserve Col. Hampton Jr. completes Army course; designated logistician

FORT LEE, VA. (AHTN) Aug. 17 - Reserve Col. Melvin E. Hampton Jr., whose parents live at 1813 Cypress St., Paris, Ky., recently was designated as Reserve Component Logistician at the U. S. Army Logistics Management Center, Fort Lee, Va.

Reserve Logisticians must successfully complete all phases of the Associated Logistics Executive Development Course or the Associate Army Logistics Management Course. This is a Department of the Army program which provides a career field for Reserve Component officers and commanders in the event of mobilization.

Hampton received his commission through the ROTC program and attended Eastern Kentucky University at Lexington.

Richmond and the University of Kentucky at Lexington. The colonel and his wife, Nancy, live at 346 Eastridge Drive, Paris. He is employed as staff administrative assistant with the U. S. Army Reserve in Lexington.

The Nicholas County Fish and Game Club will be having a potluck dinner Friday, Aug. 26, at 7:30 p.m. at the Game Club. All members are urged to attend.

Hospital notes

Admissions and Discharges
Aug. 11 to Aug. 17
ADMISSIONS: Helen Fryman, Wilson Brierley, Amanda Roberts, Worth W. Scott, William B. Brambitt, Jimmy Brice, Avery Bartlett, Roy T. Thibber, James Lambert, Ermion McCarty, Hallie Gillespie, Roby smart, Carlisle; Anna Arramatt, Bethel; Helen Grayson, Lisa S. McClellan, Paris; Vada Williamson, Georgetown; Linda Christie, Ewing; Lisa McClellan, Paris.

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TableRite Sliced Luncheon Meats 12 oz. pkgs.

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Fresh Lean Cube Steaks \$1.99

TableRite Pork Steaks \$1.19 (Sliced, 1 lb. 99¢)

Smoked Jowl \$1.89

TableRite Canned Ham 5 lb. \$8.99

TableRite PERCH FILLET 12 oz. \$1.59

TableRite SKINLESS WIENERS 12 oz. pkgs. \$1.89

TableRite BATTER DIPPED FISH FILLETS 12 oz. \$1.99

Whole Kernel Del Monte Golden Corn 17 oz. cans 4 for \$1.39

Early Garden Del Monte Sweet Peas 17 oz. cans 3 for \$1.89

IGA Evaporated Milk 12 oz. cans 3 for \$1.69

Freeze IGA Orange Juice 12 oz. can 6 for \$1.19

HEALTH AND BEAUTY AIDS 99¢

Del Monte Pineapple 15 1/2 oz. cans \$1.89

Del Monte Drinks 53¢

Wisk 12 oz. bottle \$4.69

Clairol Condition Shampoo 99¢

Parkay Soft Margarine 1 lb. 65¢

Kraft Velveta 1 lb. box \$1.19

Kraft Dressings 8 oz. bottle 59¢

Table Fresh Iceberg Lettuce 3 for \$1.19

IGA Pure Cane Sugar 5 lb. Bag 49¢

Table Fresh Russet Potatoes 10 lb. bag \$1.79

8/16 oz. bts. Pepsi, Mt. Dew \$1.09 Plus Deposit

..... INSTANT WINNERS

Annabelle Morris \$1.00	Leota Fryman \$1.00
Kenneth Smoot \$2.00	Effie Watkins \$1.00
Paula Foster \$2.00	Debbie McLean \$1.00
James Tincher \$1.00	Sue Barker \$1.00

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