Opinion

Congatulations Sen. Ed Ford

We would like to take this opportunity to congratulate Dr. Ed Ford, our state senator, for being named "Outstanding Freshman Senator" by the Capitol Press Corps in Frankfort. The corps is composed of reporters from newspapers, wire services, radio and television who covered legislative sessions.

Dr. Ford has worked tirelessly during the 1978 Legislative Assembly, representing his constituents in the 30th Senatorial District, which includes Nicholas.

His experience as chairman of the Harrison County Board of Education for four years and as a Board member two other years, gave him the background and interest to introduce and support bills to improve our educational system in the state.

His business and agricultural experience led him to understand and support related bills of interest to the majority of people in his district: business experience as director of the Harrison County Chamber of Commerce and the operation of his veterinary clinic; agricultural experience because as a veterinarian he has the opportunity to talk with many farmers.

During the Legislative Term, he conducted an opinion poll to try to ascertain how the people he represented felt about certain issues. He visited here in Carlisle, with Rep. Adrian Arnold, so that anyone who wished could talk with either of them face to face. He has always been responsive to the ideas of the people in his district.

We were especially proud of his vote to rescind the Equal Rights Amendment as was the wish of the majority of the people he represents. W's are sure he is being criticized for this vote by the very vocal minority — especially the women's libbers. But, there are many, many others who are applauding quietly.

He wrote a weekly column in The Carlisle Mercury explaining what had happened in the Senate the past week.

All in all, Dr. Ford has done as much as anyone can do to represent the majority views of those of us in the 30th District. He well deserves this honor bestowed on him by those best in a position to know — the ever watchful press.

Something needs to be done

We note that the Nicholas County Grand Jury in its Final Report last week commended the Jailer for the upkeep of the Nicholas County Jail "considering its age and condition". Well, we do too, because the Jail has been in dilapidated condition for some time now.

We also noted some months back that a Harrison County Grand Jury recommended, "A study should be made investigating the possibility of a new jail for Cynthiana and Harrison County, or a regional jail for the judicial district." The judicial district includes Nicholas, Robertson, Pendleton and Harrison Counties.

We would also like to see a similar study done. On the surface, a district jail for the four counties seems very feasible, and possibly a good solution to the lack of funds to build a new jail in Carlisle. Possibly the other four counties are in a similar financial situation. Too, expenses could be cut considerably with the combining of local efforts into one centrally located jail house and jailer.

We do not know if anything further has been done in Harrison County regarding this matter, but this point can easily be checked.

There are probably even grants available for such projects through Bluegrass Area Development District (BGADD).

We'd like to support the suggestion made by the Harrison County Grand Jury. Something needs to be done before too much longer.

On making friends with pain

by Sam Quick

Pain is usually thought of as an enemy. Few people like the pain of war, the pain of poverty and starvation, the pain of migraine headaches, the pain of the common cold, the pain of anger, the pain of loneliness. Pain hurts. It's something we fear; it's something we tend to wish away or ignore or avoid.

But there's another way of looking at pain — a much more positive, helpful and realistic way. Like the gentle hand of a wise and loving mother, pain warns us when we're headed for trouble. Indeed the purpose of most pain is not to cause trouble but only to prevent it. In that sense, far from being an enemy, pain is a very special friend.

Pain is also our teacher. And what a teacher! We were enrolled in her class at birth. And the signs all over the walls are clear: "No responsibility and a pain-free life". Being quite lazy, she eagerly looks forward to the day when there will be less demand for her teaching skills. At the same time, though she's a very dedicated educator — and educate she will!! Her classroom is life and she teaches health — "Total Health" — physical, emotional, mental, and spiritual health. Her discipline is exact, and her guidance, while at first usually quite gentle and soft, becomes increasingly harsh if we fail to heed her message.

If we want to make friends with somebody, then it's obviously a good idea to listen to what that person has to say. So it is with pain. The way to become friends with pain is to listen as it talks to us. The more we learn to carefully listen to our pain, and the more we trust and follow its guidance, the less pain we will experience both now and in the future.

Although often overlooked, one effective way to combat our soaring medical costs is to listen more carefully to subtle yet precise pain signals. If done with sensitivity, this will often allow us to prevent many self-caused medical problems. For example, with a little practice, we can easily recognize a headache just as it's beginning or sense that early feeling we seem to always have when we're starting to come down with a cold. These subtle pain signals are actually road signs pointing to health. All we have to do is follow the signs. Our pain serves both as a warning signal and as an exquisite moment-to-moment internal guidance system.

If used properly, this internal guidance system enables us to attune ourselves and make needed changes before becoming ill. In learning to do so, we take a huge step toward assuming more responsibility for our own health.

Some types of pain, such as severe chronic pain or the suffering of terminal illness, are extremely hard for the majority of us to understand. However, great pain is rarely not an affliction or misfortune. Rather, pain is a very dear friend that in both large and small ways demands that we live healthier, happier and more effective lives.

UNIVERSITY OF KENTUCKY • COLLEGE OF AGRICULTURE

Among the earliest of showy spring bloomers in Grandma's yard was the shrub Chaenomeles japonica.

Grandma didn't call it by that name, of course. To her it was simply Japonica or maybe "Firebush" — more likely the latter, because in late March or early April when this expatriate from Japan began exploding into scarlet bloom, it did, indeed, resemble a dry bush or brushpile set aflame.

Grandma treasured this shrub — at least ours did. She loved it for its beauty and for the peculiar fruit that sometimes resulted from its flowering.

The fruit, Japonica apple, was never very plentiful — rarely ever more than four or five to the bush — but was exceedingly pungent and imparted an unforgettable, exotic tang and flavor to jellies and preserves which she made from other more abundant fruits from the orchard.

She also gathered these apples and, along with "plumgrannies," placed them on the organ or on other pieces of furniture in her parlor — a room which served double duty as a guest room and a place where her daughters practiced their beaus. As these apples ripened, they perfumed this old-fashioned courting room to a fare-you-well and were of such pungency as to penetrate the very walls and give off musky odors all winter.

Grandma made still another use of Japonica apples. After being kept in the parlor until they completely dried up or rotted, she used the remains to make poultices for easing the pangs of Grandpa's rheumatism and to banish warts from the hands of her grandchildren.

In this last use, she was backed up by the pharmacopoeia which still lists the pulp and seed of Japonica apples as being a demulcent soothing to aching joints and such.

Although Grandma adored the Japonica and was in agreement with the pagan idea that Heaven would be somewhat like a vale of these bushes in full flower, she often regarded it with fear and superstition. This was because of its propensity for putting forth a few chance blooms in late autumn long after the flowering season was over. She had heard that bloom on orchard trees when fruits were ripe was a sure sign that somebody in the family was destined to die before their time. Despite the fact the Japonica bloomed late almost every year, especially after an abundance of autumnal rains, she couldn't keep from being a bit apprehensive about it.

With its scarlet flowers and shiny green foliage, the Japonica is a beautiful shrub of springtime. Despite the sinister connotations sometimes placed on its scattered late autumn bloomings, it was a favorite in old-fashioned gardens.

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County officials resort to coal oil stoves as heating system fails

Thursday, April 3, 1958

Nineteen State Policemen, Sheriff John Anderson and Deputy Sheriff Bill Dollins arrested 101 persons in a raid Friday night in a cock fight arena on the Stoney Creek Road, near Blue Licks. Those arrested were herded into two school buses, and brought to Carlisle about 2:30 a.m. Saturday. They were assessed fines in Nicholas County Court totaling $1,968.

Marion Sims was appointed Tuesday night by the Carlisle Graded School District board to fill the unexpired term of W. Nathan Young Jr. who has moved out of the school district.

Another man has faith in Carlisle's future and that person is Elmer Dampier. A new structure in the rear of the old King property on West Main adjoining Mr. Dampier's present garage is rapidly nearing completion and according to Mr. Dampier an auto parts supply will begin operation April 15.

BORN — To Mr. and Mrs. James W. Brady of Bourbon County, a son, William Edwin, March 30. — To Mr. and Mrs. Frank Jones, a son, Stewart Thomas, March 27. — To Mr. and Mrs. James M. Peratt of Carrollton, Va., a son, March 25 at Fort Monroe, Va. — To Mr. and Mrs. William Lucas, Erlanger, a son, William Mallery, March 25.

MARRIED — Miss Marjory Allen Miller to Frank Burnaw, Saturday at the Carlisle Methodist Church. — Miss Vada Baxter of Mt. Sterling and Billy Hatler Scott of Lexington, March 22 in Versailles. — Miss Bonnie Kritzwiser and Ralph Kash, March 15 in Grand Rapids, Mich.

DIED — James Arthur Worlledge, 77, Friday. — Everett F. Morris, 47, Monday in Cynthiana.

Thursday, April 7, 1938

Fruit throughout Central Kentucky probably suffered severe damage as a result of freezing weather Saturday night, according to horticulturists.

The Nicholas County controll committee met at the office of County Agent R. J. Matson last Friday night and selected places in which to vote on the tobacco reduction referendum to be held next Saturday.

Dr. J. W. Scudder, County Health officer, said Monday that six people in the county are now taking the Pasteur treatment for the prevention of rabies.

C. B. Pumphrey of Carlisle is in charge of constructing the new Greenup County courthouse at Greenup.

County officials have resorted to coal oil stoves and grates this week because of failure of the heating system.

Prof. Duke W. Young, superintendent of the Mt. Sterling city schools, has been elected president of the Mt. Sterling Rotary Club.

Rural schools of Nicholas County will close on Friday, May 6.

BORN — To Mr. and Mrs. Ray Caswell, a son, Donald Wayne, March 29. — To Mr. and Mrs. Sterling Saunders of Owenton, March 26, a son, Douglas. The baby died a few hours after birth. — To Mr. and Mrs. Edgar Saunders of Owenton, March 27, a daughter.

MARRIED — Mrs. Grace Darrell and John T. Smith, both of the East Union community, March 30.

DIED — Mrs. Lindsey Warner, 55, Tuesday at her home in the Bethel section. — Mrs. Judith Palmer Parker, Ewing, on Friday. — Mrs. Sarah Margaret Berry Smart, 86, native of Nicholas County, March 29 at her home in Sumner, Mo.

Kentucky Reflections

Elkton
by George Street Boone

As the Legislature drew to a close, Governor Carroll commented by personal letter to members of his Task Force on Education about House Bill 579, the Educational Improvement Act. At the time, the House had passed the bill which was later passed by the Senate.

The Governor called the bill which mandates diagnostic testing at grades 3, 5, 7 and 10, "One of the most significant pieces of legislation" introduced. These tests will be given annually, beginning in the next school year. The aim of the tests is to determine students' abilities in reading, writing, spelling, language arts, mathematics and the development of learning skills. The tests will be administered by the State Department of Education, whose representatives questioned whether such tests could be prepared adequately in time for the next year. Despite such qualms of the educators, the bill directs that the tests begin in the 1978-79 school year.

The bill requires each local school system to develop a plan to improve the quality of education and to correct weaknesses the program identifies. To complement the testing, the executive budget provides $1.75 million the second year of the biennium to begin development of a remedial education program. The Governor proposes to extend the program to include all students found by the testing program to have academic deficiencies.

The New York Times has called the Minimum Competency Movement "perhaps the most popular trend in education today". Minimum competency standards of one sort or another have been adopted in 31 states, mostly in the last two or three years.

The idea of a test for high school graduation or for grade-to-grade promotion (this is not Kentucky's program) is deplored in a report entitled "Improving Educational Achievement" made public early this month by Joseph A. Califano, Jr., Secretary of HEW. The report was prepared by a nine-member panel established by the National Academy of Education at Mr. Califano's request. Panel Chairman is Stephen K. Bailey of Harvard University's Graduate School of Education and a former New York State Regent.

The panel's report says that "any setting of statewide minimum competency standards for awarding a high school diploma — however understandable the public clamor which has produced the current movement and expectation — is basically unworkable, exceeds the present measurement arts of the teaching profession and will create more social problems than it can conceivably solve". Instead of instituting minimum competency tests, the panel urges teachers to spend more time on instruction and diagnosis of learning problems of children at earlier ages.

Some teachers have opposed competency testing on the basis that the tests may be unfairly used to try to assess the competency of teachers through the evaluation of the scores of the pupils. Addressing the National Conference

*Please turn to page 3

Mercury Evapors

by Warren R. Fisher

It's refreshing

Last week we were recipients of a nice thank you note from Given Harper for some old letter press equipment. In a way, to us it was just junk, but it was also something with which Given will be able to advance his knowledge of the printing process, and—that (to us) illusive subject, typography.

Typography, the arrangement of type or printed matter, without which printed pieces usually are destined for the wastebasket for lack of eye appeal.

Several weeks ago when the snow was on the ground we helped him load two California cases of type from a family, namely Goudy that we'd acquired in 1938-39 at a printing firm on Cheapside in Lexington. We chose the 14 and 18 point sizes simply because there was plenty of type, sufficient we hope to enable to him to do several printed pieces. Additionally, we gave him a Nolan proof press which we purchased in 1956 and which we had stuck in a corner near the back chimney where it could be rained on, not on purpose, I assure you, just negligence on our part. And somewhere we've a stick, but that will take some looking for.

But getting back to Goudy, it to us is a beautiful face from the typographic standpoint, and one we have on a film font strip for use on our Compugraphics. In the sample below note the periods, commas, etc:

Quick the brown fox jumps
over the lazy dog. ! ; ? : ,

Before getting sidetracked on Goudy, Given had told us of finding an old hand press, a Kelsey, on a junk pile someplace, and that he'd have to have the ink plate welded to the machine before using.

I suppose that what all of this boils down to, is that we'd gotten down right cynical. And to think, here's a young man with the help of one of his professors at Transylvania that want's to carry on with printing and typography, now that restores one's faith.

—MV—

A good sign of spring

Having just set a line and a few punctuation marks for the item above we remembered our finding several signs with the following:

Since There Is Six Times as Much Water as Dry Land on Earth, Any Fool Can Plainly See The Good Lord Meant For Man to Fish Six Times as Much as He Works.

Maybe we'll take up fishing again.

—MV—

Sun Day is May 3

According to a Christian Science Monitor feature article Sun Day will be observed on May 3 to mark the use of solar energy and hopefully to gain more monetary support for solar energy development.

Planners at Sun Day headquarters in Washington, DC., say all 50 states will participate, with activities ranging from Solar technology exhibitions in Boston to a solar home tour in Martinsburg, W.VA., to a sunrise concert at the United Nations.

According to a study made for the AFL-CIO and the Sheet Metal workers International Association, the solar energy industry will reach the $10 billion mark by 1985. This could mean a lot of jobs, and it explains labor's prominent support of Sun Day.

"Production of solar collectors has doubled every ten months since 1973," notes Denis Hayes, chairman of Sun Day. "We are trying to be a catalyst in the process that is already taking place. The transition can be made directly from fossil fuels to solar. We don't need to use nuclear power in between."

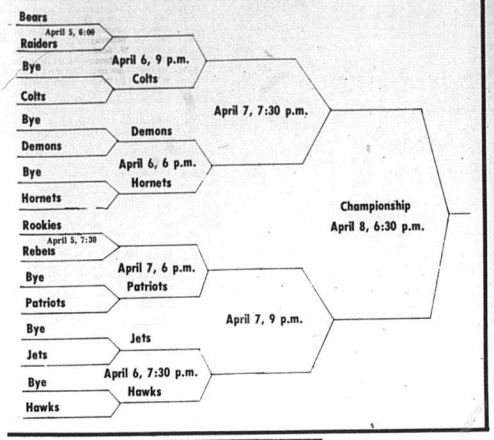
About 30,000 American homes already use solar hot water heaters, he says. But the number is small compared with 200,000 homes in Israel and 2 million in Japan. President Carter's initial energy plan called for 2.5 million solar water heaters by 1985. That figure has since been trimmed to 1.3 million.

Mr. Hayes likens the potential effect of solar energy to the effect that petroleum had on transportation in the 19th century.

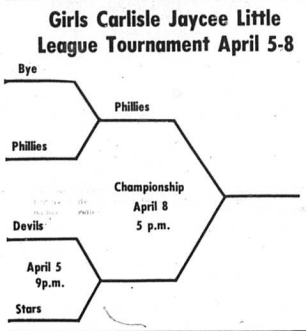
"Before the automobile, people traveled by train. All the travel schedules and decisions were made by the railroad companies. Once petroleum hit the travel industry, people could decide when and where they wanted to travel themselves.

"Solar energy will have the same effect on utilities and rest of the energy industry. Individual households will be able to supply most of their energy needs. But the commitment to solar is necessary now," he said.

Carlisle Jaycee Little League Tournament April 5-8



Girls Carlisle Jaycee Little League Tournament April 5-8



Minor League Baseball tryouts set Saturday

Tryouts for Minor League Baseball are Saturday, April 1, at 2 p.m. The tryouts will be held at the ballfield at Nicholas County High School. Children wishing to try out must be six years old by May 6, and not ten years old before Aug. 1.

In case of rain, tryouts will be held at the Carlisle Armory.

All players from last year that wish to return, are asked to contact your coach. If you do not plan to play, you are asked to return your uniform to the coach.

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Fishing regulations reviewed

by John Wilson

With some of the year's best fishing just around the corner, now is a good time to review Kentucky's fishing regulations.

There is only one major change this year, but it is a significant one. The size limit on black bass has been raised from 10 inches to 12 inches (30.5 centimeters). Although this change has been in effect since Jan. 1, 1978, few anglers have been on the water this year and might not be aware of this change.

The 12-inch limit applies to all black basses — largemouth bass, smallmouth bass and Kentucky (or spotted) bass. Fish may be measured from the longest jaw to the longest tail fin. Bass under 12 inches must be returned to the water immediately and in the best possible condition.

Even fish which are deeply hooked or otherwise injured must be returned to the water. Although this practice might seem wasteful, it is necessary because of the few unscrupulous anglers who would use it as a loophole to use it to their advantage.

Kentucky's fisheries biologists feel that this increased size limit is one of the most effective management tools now available for improving quality of bass fishing around the Commonwealth.

The daily limit on black bass remains ten daily with 20 in possession after two or more days of fishing.

There are only three other fish on which size limits are imposed: muskellunge, 30 inches (five daily and ten in possession); walleye, 15 inches (ten daily and 20 in possession) and rockfish, 15 inches (five daily and five in possession).

Fish with daily and possession limits, but no size limits, are: rock bass (15 daily and 30 in possession); sauger (ten and 20); northern pike (five and ten); chain pickerel (five and ten); white bass and/or yellow bass (60 and 60); trout (eight and eight) and crappie (60 and 60). There are neither size nor creel limits on other fishes.

Also remember that if you haven't purchased your 1978 fishing license yet, you'll need to get one before hitting the water. Licenses are required of all anglers 16 years old or older, except resident landowners, tenants and their immediate families fishing on lands they own or on which they live. Kentucky residents age 65 or older may fish without a license by carrying a card (which can be obtained free of charge from any county court clerk's office) attesting to their age and residence, but all non-residents 16 years old or older must have the appropriate license.

Licenses are available at all county court clerk's offices and at many sporting goods stores, hardware stores, docks or bait shops. Ask for a copy of the Kentucky 1978 Fishing Digest where you buy your license, or write the Division of Public Relations, Department of Fish and Wildlife Resources, Frankfort, KY 40601 for a copy of this pocket sized guide to fishing regulations.

Jacket's opening baseball game postponed Monday

The Nicholas County Bluejackets postponed their opening baseball game Monday night. The game was to have been played with Bath County.

The next scheuled game is with Franklin County at Frankfort on Friday at 4:30 p.m. Billy Kean Anderson is head coach of the baseball team.

The following is this year's Jacket schedule:

Nicholas County Baseball Schedule			
March			
27	Bath Co.	Home	4:30
31	Franklin Co.	Away	4:30
April			
1	Rowan Co. DH	Away	12:00
3	Fleming Co.	Home	4:30
4	Maysville	Home	4:30
6	MMI	Home	4:30
7	Bourbon Co.	Away	4:30
10	Clark Co.	Away	5:00
11	Mason Co.	Home	4:30
12	Harrison Co.	Home	4:30
13	Montgomery Co.	Home	4:30
14	Pendleton Co.	Home	4:45
15	Bath Co. DH	Away	1:00
17	Paris	Home	4:30
18	Harrison Co.	Away	4:30
19	Fleming Co.	Away	4:30
20	Berea	Home	4:00
21	Pendleton Co. DH	Away	4:45
24	Paris	Away	4:30
25	Maysville	Away	4:30
26	Rowan Co.	Home	4:30
28	Bourbon Co.	Home	4:30
May			
1	Berea	Away	4:45
3	Frankfort	Home	4:30
4	Mason Co.	Away	4:30
5	Frankfort	Away	4:30

School lunch menus listed

March 30 — Chili w/ crackers, pimento cheese, pickles, orange half, milk.

March 31 — Chicken salad sandwich, lettuce leaf, potato sticks, brocoli w/ cheese sauce, ice cream, milk.

April 3 — Hot dogs w/ chili sauce, tater tots, lettuce wedge, cake, milk.

April 4 — Pizza, slaw, corn, pear half, peanuts, milk.

April 5 — Meat Loaf, mashed potatoes, peas, hot rolls, cranberry sauce, cookie, milk.

April 6 — Chili w/ crackers, peanut butter sand., coffee cake, orange half, milk.

April 7 — Ham & cheese sand., potato chips, green beans, tomato slice, chocolate pie.

April 10 — Hamburger on bun, onion rings, peas w/ carrots, cake & fruit, milk.

April 11 — Grilled cheese sand., corn, carrot stick, fruit salad, milk.

April 12 — Fried chicken, potato salad, green beans, ice cream, bread slice, milk.

April 13 — Chili w/ crackers, peanut butter sand., muffin, orange half, milk.

April 14 — Hot Brown, tomato slice, peas, cookie, fruit, milk.

Menu subject to change

Clean-up month set for April

FRANKFORT — Gov. Julian Carroll has designated April 22 as Keep Kentucky Beautiful Day and the month of April as Clean-up and Beautification Month.

Members of the land beautification program in the Division of Hazardous Material and Waste Management are urging all county judges, mayors, Kentucky Beautification Committee members and other interested groups and individuals to participate in a state-wide effort to improve Kentucky's aesthetic environment.

Persons or groups interested in a clean-up or recycling projects in Nicholas County should contact Judge/Executive Reese Smoot.

Kentucky reflections . . .

Continued from page two

on Achievement Testing and Basic Skills held in New York, Mr. Califano reported "In the panel's view, any standards that are low enough to be politically acceptable to parents will be almost meaningless as measures of genuine achievement".

A major recommendation of the report was that more classroom time be spent on instruction.

Kentucky's projected new testing program should be useful if developed to emphasize the early diagnosis of learning deficiencies and problems rather than to establish competitive standards. Many hope that what the panel recommends is what we are doing with our new legislation.

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