

# Kay's Kitchen

— By Kay Fisher —

Just when I am beginning to feel despair about what to write for this column, someone usually comes to my rescue. This week it was Mrs. Paul Blouse. One day last week when I stopped momentarily at the post office while on my daily walk, Justice called to me and got out of her car to give me several good recipes for squash and zucchini. The two vegetables that are still producing in an abundance.

**DEVILED HAM ZUCCHINI BAKE**  
2 cups sliced zucchini  
1/2 cup sliced mushrooms, stems and pieces, drained  
1/2 cup sliced ripe olives, sliced and drained  
1 cup shredded cheddar cheese  
1 egg  
1/4-cup can divided ham  
2 tablespoons oil  
3 teaspoons instant minced onion  
dash of garlic powder or a bit of instant minced garlic, to taste  
2 medium sliced potatoes  
In a 1 1/2 quart shallow baking dish layer zucchini slices, mushrooms, ripe olives and sliced cheddar. In electric blender beat together the eggs, milk, deviled ham, flour, onion and garlic. Pour over zucchini. Top with potato slices. Bake in pre-heated oven 350 degrees for about 45 minutes.

**YELLOW SQUASH**  
2 tablespoons of bacon drippings, (or small amount of beef tallow)  
1 large onion, sliced  
1/2 cup green pepper, seeded and sliced  
2 yellow squash, unpeeled and sliced  
Salt and pepper to taste  
1 large tomato, chopped and drained (or use small can of tomatoes, chopped)  
parmesan cheese  
In bacon drippings or butter, sauté or simmer the onion, green pepper and squash until tender. Add salt and pepper as desired. Add tomato and heat through. Turn into serving dish and garnish with grated parmesan cheese.

**ZUCCHINI PANCAKES**  
6 medium zucchini, grated  
1 small onion, grated  
1 teaspoon salt  
1 egg  
1/2 cup flour  
1/2 cup milk  
1/2 cup oil  
1/2 cup sugar  
1/2 cup vanilla  
1/2 cup grated zucchini, well drained  
1 cup canned fruit, well drained (strained pineapple, peaches, applesauce, pears, apricots)  
3 eggs  
2 teaspoons baking soda, 1/2 teaspoon baking powder, 1 teaspoon salt  
1/2 teaspoon nutmeg  
1 cup milk  
1/2 cup sugar  
1/2 cup vanilla  
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## Minister's home is setting for wedding

Miss Elizabeth Ann Gray, daughter of Mr. and Mrs. Charles M. Gray of Booneville, Carlele, became the bride of Roger Dale Bussell, son of Mr. and Mrs. Foster Bussell, both of Booneville, on Saturday, Aug. 24, at the home of Rev. Curtis Jones of Buffalo Trace. Given in marriage by her father, the bride wore an ivory floor-length gown with ruffled bustle sleeves of lace. The groom wore a tuxedo with a ruffled bow tie. The bride's hair was styled in a ruffled bun. The bride's veil was made of a lace of ruffled tulle and carried a small bouquet of daisies, baby's breath and carnations.

Miss Alice Bussell, sister of the bride, served as maid of honor. She wore a four-quarter-length pink dress and carried a white corsage tied with a pink ribbon. James Bussell, brother of the groom, served as best man.



Mr. and Mrs. Roger Dale Bussell

## Mrs. Hopkins to host club

The Carlele Community Women's Club (CWC) will hold their regular meeting at the home of Mrs. Charles Hopkins at 7:30 p.m. Tuesday, Sept. 20, Mrs. Carolyn Trapp, patron, will speak to the club members about microwave cooking. The Conservation Department is in charge of the program for the evening.

## SOCIETY

Erma Powles of Cincinnati has returned home from a tour of Niagara Falls. Mrs. Warren R. Fisher is spending this week with her son, J. Todd Fisher, in Columbus, Ohio. Mrs. and Mrs. Leroy Painter of Santa Anna, Calif., are visiting here with Luther Clay and Mrs. Rachel Martin. Mrs. Fisher is doing genealogy research on the Rogers family. She previously researched the Clay family back to her father, John Clay, born in England in 1643.

## Patricia Bowles is sweet sixteen

Eric Charles House, newborn son of Mr. and Mrs. Charles House, remains a patient at St. Joseph Hospital in Lexington. Miss Mary Jane Griffith and Miss Gail Wilson, both Morehead State University students, were guests Friday and Saturday of Miss Griffith's grandmother, Mrs. Hiedi Astbury of Carlele. Miss Cary Griffith of Brooksville and Mrs. David Pugh of Morehead spent Friday and Saturday with their grandmother, Mrs. Astbury. Jimmy Shaw was released from Bourbon County Hospital on Saturday. Mr. and Mrs. John Shert, Mr. and Mrs. Eugene Shert, Clint, Jimmy, Jamell, and Alicia, Mrs. Ruby Miller, Mr. and Mrs. Justin Gray, Mrs. Emma Bowles, Mr. and Mrs. Roger Bowles and Keith, Clyde Purcell and Dwight, Mrs. Paul Walker and Renee, Mr. and Mrs. Glenn Purcell and Robbie Lyons.

Miss Allison

Miss Fleet Allison given appointment

Mr. and Mrs. Adrian T. Scott

Scotts have silver anniversary

Mr. and Mrs. Charles House of Nicholas county announce the birth of a son on Sunday, Sept. 4, 1977 at Mary Child Hospital, Mt. Sterling. He weighed seven pounds and has been named Eric Charles.

Maternal grandparents are Mr. and Mrs. Joe Hooks of Nicholas county. Paternal grandparents are Mrs. George H. House of Carlele and the late George H. House.

WILKS

Mr. and Mrs. Ronnie Wayne Wilks of Lexington announce the birth of a son born on Sept. 11, 1977 at Good Samaritan Hospital, Lexington. He weighed seven pounds, 13 ounces, and has been named David Wayne.

Maternal grandparents are Mr. and Mrs. Henry Clay Caswell. Paternal grandparents are Mr. and Mrs. Jasper Wilks, all of Carlele.

ABSTRACT

Mr. and Mrs. William Gordon Abbott of Carlele announce the birth of a daughter on Friday, Sept. 9, 1977 at Nicholas County Hospital. She weighed five pounds, one ounce, and has been named Cindy Maria.

Mr. and Mrs. David Pugh of Morehead announce the birth of a son on September 10, 1977 at the Clark Clinic in Morehead. He weighed eight pounds, six ounces and has been named David Joshua.

Maternal grandparents are Col. and Mrs. Gerald F. Griffith of Harter Heights, Texas, and paternal grandparents are Richard Pugh and the late Mrs. Pugh of Naples, Fla. He is the great-grandson of Mrs. Hiedi Astbury of Carlele.

Miss Allison is a past Matron of Marie Chapter No. 226 in Carlele and for several years has served as organist in her Church. She has received her 28 year pin and is a charter member of the Past Matron's and Past Patron's Club. At present she is secretary of that club. Miss Allison is a life-contributing member of the building and maintenance fund of the OES House in Kentucky District No. 2 is composed of 18 Chapters in the central Kentucky area.

She is a member of the Carlele United Methodist Church and is a member of the administrative board. As a United Way volunteer she holds offices on the local, district and conference levels. She is a retired junior high math teacher having spent 30 years in the teaching profession in the Nicholas and Harrison County Schools. She is vice-president of the Nicholas County Retired Teacher's Club. She is on the Conservation Committee in the Carlele Community Women's Club and received a Distinguished Award from that organization for her sustaining interest and contribution to public education.

Miss Allison is a graduate of Kentucky State University where she received her BA degree and of Morehead State University where she completed her MA degree in 1976.

During the Bicentennial era she participated in a plaque for the celebration of our 200th birthday. She has also been listed in the 1976-77 edition of the Memorial Edition of Community Leaders and Noteworthy Americans. She is also a Kentucky Grand Matron. She is the close of Chapter Senior Order of the Eastern Star in Kentucky Oct. 26.

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U.S. Choice Boneless Stew Beef lb. 1.39 (14-17 lb. avg.)  
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U.S. Choice Chuck Roast lb. 59¢  
Extra Lean Beef Short Ribs lb. 89¢  
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U.S. Choice boneless Sirloin Strips lb. 1.29 (12-14 lb. avg.)

Armour Gold Band Turkey Breast (4.7 lb. avg.) lb. 99¢

EDWARD'S WIENERS—Reg. or Beef 12 oz. pkg. 59¢  
EDWARD'S WHOLE HOG SAUSAGE LB. 1.29 (2 lb. pkg. 2.57)

EDWARD'S SMOKED SAUSAGE LB. 1.19  
EDWARD'S BOLOGNA 12 oz. 79¢

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Kingsford Steaks Chuckwagon, Pork, Veal, Beef 16 oz. pkg./89¢

COKE, Tab, Sprite Limit 2 please  
8 pk., 16 oz. With Bottles

Wisconsin **Russett Potatoes** 20 lb. bag **99¢**

NEW CROP DELICIOUS APPLES 3 lbs. 89¢

HEAD LETTUCE 3/1 CELLO CARROTS lb. pkg. 19¢

Thompson's Seedless White Grapes lb. 59¢  
Bartlett Pears 6/49¢  
Castlemans Plums 3 lbs./1

8 size Honey Dew Melons Each 69¢  
Reber Blue Grapes lb. 59¢  
Red Tokay Grapes lb. 59¢

Foodtown Ice Cream 1/2 Gal. **89¢**  
Macaroni & Cheese 7 1/2 oz. **4/51**

Fleecy White Bleach Gal. **59¢**  
Lipton Instant Tea 3 oz. **1.49**

(1 Pan-2 Shells) 2 Pk. "Money Saver"  
Stillwell Pie Shells 3 pks./1

Martha White Pouch Fruit Muffins 4/1

**—GREEN GIANT SALE—**

Cut Asparagus Spears 10¢ oz. 59¢  
Kitchen Sliced Green Beans 17 oz. 3/89¢  
F.S. Green Beans 17 oz. 3/89¢  
Niblets Corn 12 oz. 3/89¢  
Canned Peas 17 oz. 3/1  
W.K. & C.S. Golden Corn 17 oz. 4/1  
Peas & Onions 17 oz. 2/79¢  
Broccoli Spears W/Butter Sauce 10 oz. 59¢  
Broccoli W/Cheddar 10 oz. 59¢  
Cauliflower W/Cheddar 10 oz. 59¢  
Early June Peas W/Butter Sauce 10 oz. 59¢

50 lb. bag Gray Train Dog Food 17.99  
Stillwell Cobblers 2 lbs. 99¢

Foodtown Grade A Medium Eggs Doz. 49¢  
Jeno's Pizzas 13 oz. 79¢

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Hunt's 14 oz. **TOMATO CATSUP 3/51**

FOODTOWN COUPON

EASY OFF **59¢**

FOODTOWN COUPON

WINDOW SPRAY 18 1/2 oz. **59¢**

FOODTOWN COUPON

(Caral, White) Bath bar **LIFEBUOY SOAP 4/51**

FOODTOWN COUPON

MAURHA WHITE FLOUR Plain Self-Rising 5 lb. **49¢**

FOODTOWN COUPON

Maxwell House lb. can **COFFEE \$2.99**

FOODTOWN COUPON

Country Time **1.99**

FOODTOWN COUPON

Carroll 9 oz. **LUCKY CHARMS 59¢**

FOODTOWN COUPON

Chips Ahoy **59¢**

FOODTOWN COUPON

Hunt's 8 oz. **TOMATO SAUCE 5/51**

FOODTOWN COUPON

Pillsbury Hungry Jack Extra Light 2 lbs. **PANCAKE MIX 59¢**

FOODTOWN COUPON

White Tissue 20 Ct. White & Assorted **SCOTTIES 2/99¢**

FOODTOWN COUPON

Garbor Strained 4 1/2 oz. **10/51.39**

FOODTOWN COUPON

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FOODTOWN COUPON

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FOODTOWN COUPON

Dove 32 oz. **DISH LIQUID 99¢**

FOODTOWN COUPON

Both bar **CARESS SOAP 3/51**

FOODTOWN COUPON

Syrup **99¢**

FOODTOWN COUPON

NU SOFT **69¢**

FOODTOWN COUPON

MARSHA WHITE MEAL Plain Self-Rising 5 lbs. **69¢**

FOODTOWN COUPON

Wesson Oil 24 oz. **99¢**

FOODTOWN COUPON

Pillsbury Streusel 27 1/2 oz. **99¢**

FOODTOWN COUPON

SNACK PACK Hunt's 5 oz. **69¢**

FOODTOWN COUPON

GINGERBREAD 2/99¢

FOODTOWN COUPON

BIG JOHN BEANS Hunt's 20 1/2 oz. **49¢**

FOODTOWN COUPON

ALPHA BITS Hunt's 14 1/2 oz. **79¢**

FOODTOWN COUPON

B.B.Q. SAUCE Hunt's 16 oz. **39¢**

FOODTOWN COUPON

POTATO BUDS Betty Crocker 16 oz. **79¢**

FOODTOWN COUPON

CHIP COOKIES Johnson's 11 oz. **59¢**

FOODTOWN COUPON

BABY SHAMPOO **\$1.69**

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