

# Kay's Kitchen

— By Kay Fisher —



Right now I guess we are all busy with getting our homes cleaned and settled for the summer, and most people around here are doing some sort of gardening. Be it either for the lake or for the soil, as I call a flower garden. Both are necessary. All the lakes time and you don't have a lot of time to spend in the kitchen. I might suggest doing some cooking on a rainy day when you can't get out to work or when you find you have time to fix a dish that can be prepared ahead of time.

If you didn't save the recipe for **CHEESE PUDDING** when it ran in the column before now would be a good time to fix this delicious dish. It is made right before and refrigerated for at least 12 hours before using. So you can make it while preparing the evening meal, put it in the refrigerator overnight and have the main dish for the next day ready to go in the oven.

**CHEESE PUDDING**  
 1/2 cup butter or margarine  
 1/2 cup milk  
 1 egg, separated  
 1 lb. grated sharp cheese  
 10 slices of white bread, crusts removed and cubed  
 1 teaspoon dry mustard  
 1/2 teaspoon salt  
 1/4 teaspoon red pepper  
 Melt butter, add bread cubes, beaten egg yolk, milk, cheese and dry ingredients. Beat egg whites until stiff peaks form. Add to butter-cheese mixture. Pour into buttered casserole and refrigerate at least 12 hours. Bake 300

degrees for 45 minutes or until set. I might suggest you remove from refrigerator 30 minutes before baking.

Here is another main dish to prepare ahead of time.

**MARK-AHEAD POTATO CASSEROLE**  
 About 4 cups cooked cubed potatoes  
 1 cup cream of chicken soup  
 1 cup cheddar cheese  
 1/2 cup minced onion  
 1 tablespoon finely cut pimiento salt and pepper

Place layer of potatoes in bottom of greased 8x8 1/2 inch loaf pan. Combine soup with cheese, minced onion and onion juice, pimientos and seasonings. Alternate layers of cheese mixture and diced potatoes in pan ending with cheese mixture on top. Edge casserole with minced onion strips if desired.

Refrigerate until baking time. Bake in slow oven at 225 degrees for about 45 minutes or until casserole is bubbling and lightly browned.

Now is a good time to be taking stock of your freezer and using those foods before adding this year's fruits and vegetables.

Here is a quickie using frozen strawberries and it is delicious. For those cooking calories you might like to know it has only 106 calories per serving.

**STRAWBERRY FLUFFY**  
 In medium bowl with potato masher, crush 1/2 lb. of packages of frozen sweetened strawberries that have been stored. In large bowl of mixer at high speed, beat 4 egg whites and 1/8 teaspoon cream of tartar until stiff peaks form. Fold berries and their juice into beaten whites. Spoon into parfait glasses. Serve at once.

You may use raspberries or any crushed fruit you like.

**STRAWBERRY SQUARES**  
 1 cup sifted flour  
 1/2 cup brown sugar  
 1/2 cup chopped walnuts  
 1/2 cup butter or margarine, melted  
 2 egg whites  
 1/2 cup sugar  
 2 tablespoons lemon juice  
 1 cup whipping cream or 2 cups whipped topping

1 1/2 cups of 1/2 lb. frozen strawberries  
 Stir the first four ingredients together and spread evenly in a shallow baking pan. Bake 20 minutes, stirring occasionally. Sprinkle 1/2 of this mixture into baking pan. Sprinkle egg whites, sugar and lemon juice in large bowl. Whip to stiff peaks, about 10 minutes. Fold in whipped cream and partially thawed strawberries. Spoon over crumbs; top with remaining crumbs. Freeze six hours or overnight. Cut into squares and melt with stiff cream.

**ENGAGEMENT ANNOUNCED**  
 Miss Betty Jo Davis of Louisville, Ky., is to be married to Mr. James J. Reynolds of Lexington, Va. The wedding will be held at the First Baptist Church at 11:30 a.m. on Saturday, May 21, 1977. The bride is the daughter of Mr. and Mrs. James J. Reynolds of Lexington, Va. The groom is the son of Mr. and Mrs. James J. Reynolds of Lexington, Va. The couple will exchange vows at the First Baptist Church at 11:30 a.m. on Saturday, May 21.

**MISS BETTY JO DAVIS**  
 Engagement announced  
 Mr. and Mrs. E.C. Davis of Carleisle announce the engagement of their daughter Betty Jo, to Kenneth Roy Livingston, son of Mr. and Mrs. Grever Livingston of Moorefield.

**MISS KAY MARSHALL**  
 Weds Mr. Reynolds at Baptist Church  
 Mr. and Mrs. George Marshall announce the marriage of their daughter, Kay, to Walter Reynolds Jr., of Paris, son of Walter Reynolds and the late Mrs. Reynolds.

**Mrs. McFarland**  
 wins high score  
 Mrs. Jizany Shaw hosted a dessert-bridge at her home on Thursday, May 5. The high score was won by Mrs. Bobby McFarland, Mrs. Don Hubbs, Mrs. Joseph H. Conley, Mrs. John Allison, Mrs. Lynn Lyle, Mrs. Robert Sparks, and Mrs. Billy Clark.

**Society dinner**  
 The Nicholas County Historical Society dinner meeting will be held on June 3 at 6:30 p.m. at Carleico County Club. Reservations must be made by Wednesday, May 25, by mailing a check for \$12.50 per person to the Historical Society, Box 222, Carleisle, Ky. 40211.

**Country Club Ladies Auxiliary to hold meeting**  
 The Ladies Auxiliary of Carleico County Club will hold its regular monthly luncheon meeting on Saturday at noon.

**Drying flowers is club program**  
 The Carleisle Garden Club met Monday, May 16 at the Nicholas County Library. Spiritual notes were given by Mrs. W.J. Clark. A report of the state meeting was given by the president, Mrs. Jim Wilson.

**Family dinner held in Paris**  
 Mr. and Mrs. E.H. Mitchell entertained with a family dinner at their home in Paris on Sunday.

**Woman's Club luncheon slated for Spindletop**  
 The Carleisle Community Woman's Club will hold its annual May luncheon on Saturday, May 21 at 12:30 p.m. at Spindletop.

**REMEMBER!**  
 F.H.A. sponsored March of Dimes Walk-A-Thon Sat. at NCHS at 9 a.m.

**Garrett's Furniture Co.**  
 Edge Kleener gets that tough inch along the dashboard  
 Motor-Driven Beater Bar Brush deep-cleans carpeting, even shags  
 Auto-Matic head adjusts automatically to any carpet height from low rap to high shags  
 Deluxe control panel with bag gauge. Gauge tells when bag needs changing  
 Complete set of attachments  
 \* Factory Representative will be here all day Sat., May 21.

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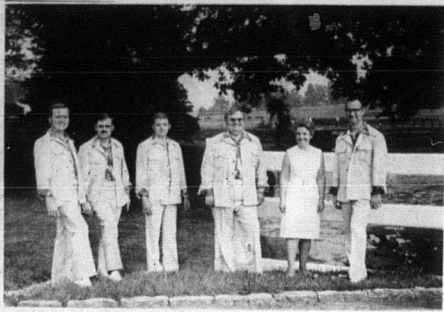
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Alumni banquet is Sat.

The Staged Instruments will provide entertainment at the Nicholas County Alumni Association annual banquet on Saturday, May 21, at 6 p.m. at the Nicholas County Elementary School. Reservations should be made with Mrs. Betty Lynn Coural, Route 1, Carleisle 40211. Cost is \$4 per person.

**Engagement announced**

Mr. and Mrs. E.C. Davis of Carleisle announce the engagement of their daughter Betty Jo, to Kenneth Roy Livingston, son of Mr. and Mrs. Grever Livingston of Moorefield.

Mr. and Mrs. William Nathan Young Jr. attended the graduation of their son, William Nathan Young III, from the College of William and Mary in Williamsburg, Va. on May 15. Miss Nina Young, sister of William, is also a graduate of the college.

Mr. and Mrs. James Johnson of Louisville were dinner guests of Mr. and Mrs. Tommy Johnson, Monday evening.

Rev. and Mrs. Larry Clinkensbeard of Columbus, Ind. visited their parents, Mr. and Mrs. H. Dallas Sugg and Mr. and Mrs. Gene Clinkensbeard on the weekend. While here they attended the graduation exercises of his sister, Miss Linda Clinkensbeard, who received her degree in Applied Science from Mayville Community College on Friday evening.

Tommy Glass and Mrs. Emma Towles of Cincinnati visited her sister, Mrs. Leona Bell over the weekend.

Billy G. Hopkins was in Louisville last Thursday and Friday to attend a meeting of the Kentucky Bar Association held at the Executive Inn.

Mr. and Mrs. John Wolf of Cincinnati, Ohio and Lake Carleico spent last week in Boston, Mass. where they attended the Newspaper Association Convention.

Mrs. Erwin Godfrey, Adrian, Mich., has returned home after a week's visit with her sister, Mrs. McFarland.

Mrs. Jizany Shaw hosted a dessert-bridge at her home on Thursday, May 5. The high score was won by Mrs. Bobby McFarland, Mrs. Don Hubbs, Mrs. Joseph H. Conley, Mrs. John Allison, Mrs. Lynn Lyle, Mrs. Robert Sparks, and Mrs. Billy Clark.

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VOTE FOR  
**Herman E. Bretz**  
 Nicholas County Jailor

Carleisle High School ———— Veteran  
 Graduate ———— Member of Myers  
 Class of 1953 ———— Christian Church

**Nicholas County Business Man**  
 for 20 Years

Coach of Carleisle Little League Baseball and Basketball Programs for last 7 years.

Your Vote & Influence Appreciated

Democratic Primary May 24, 1977  
 Paid for by Herman E. Bretz

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**CHUCK ROAST** (Boneless lb. 1.09)  
 U.S. Choice lb. 99¢

**Country Sausage** (2.5 lbs. Old Fols)  
 lb. 1.29

**Fresh Ground Chuck** (3 lb. pkg. or larger)  
 lb. 99¢

**Stillwell Cobblers** 2 lbs. \$1.19

**Mellwood Bacon** (Fischer's Reg. or Beef Wieners)  
 lb. 1.39

**Shoulder Roast** (U.S. Choice Boneless lb. 1.19)  
 lb. 1.09

**Smoked Picnics** (Fischer's Sliced Reg., Thick, Garlic, Beef Bologna)  
 6-8 lb. avg. lb. 59¢

**Vienna Sausage** (5 oz.)  
 3/\$1

**Banquet TV Dinners** (Limit 6 please)  
 49¢

**Fleecy White Bleach** (2 lb. Gal.)  
 59¢

**Sweet Spread** (2 lb.)  
 Grape Jam & Jelly 99¢  
 Strawberry Jam 1.19  
 Peach Jam 1.19  
 Blackberry Jam W/Seeds or Seedless 1.19

**Green Peppers** (Cucumbers Super Select)  
 2/29¢

**We Welcome Federal Food Stamps**

**Surprise birthday party is given**

A surprise birthday party was given Tuesday night, May 7, at the home of Eugene Robinson at East Union for Mrs. Frances Robinson, 76, of East Union. Mrs. Robinson was the guest of honor. The party was given by Mrs. Carolyn Vico and Mrs. Marilyn Beaufort.

Those who attended are Mrs. Mag-  
 uerri, Mr. and Mrs. Howard  
 Curran and family, Mr. and Mrs.

**Births**

**FARROW**  
 Mr. and Mrs. John Monroe Farrow of Carleisle announce the birth of a son on Friday, May 6, 1977 at the Nicholas County Hospital.

He weighed nine pounds, two ounces and has been named John Monroe II.

**SPICE**  
 Mr. and Mrs. Charles Harry Spice of Mt. Olive announce the birth of a son on Wednesday, May 4, 1977 at the Nicholas County Hospital.

He weighed eight pounds, three ounces and has been named Charles Henry.

**LIMAN**  
 Mr. and Mrs. Marlin Edfort Liman of Sardis announce the birth of a daughter on Wednesday, May 19, 1977 at the Nicholas County Hospital.

She weighed eight pounds, 11 ounces and has been named April Dawn.

**HALL**  
 State Trooper and Mrs. John Hall of Carleisle announce the birth of a daughter at 7:26 p.m. on Friday, May 13, 1977 at the Bourbon County Hospital.

She weighed five pounds, five ounces and has been named Sunshine. Paternal grandparents are Mr. and Mrs. Provan Hall of Charleston, Ind. Maternal grandparents are Mr. and Mrs. Layman Craddock of Louisville.

**Daddy's Little Girl**  
 Is All Grown Up and Graduating!

Give her a gift from **Abraham's Ladies Shop**

Be it Dressy Clothes, Sportswear, Lingerie, Accessories or a Gift Certificate.

'cause these are gifts big girls really appreciate!

**Farahs celebrate daughter's birthday**

Mr. and Mrs. Licha Farah celebrated the first birthday of their daughter, Rose Ann, at their home on Carpenter Pike on Thursday, May 12, with a family birthday party. Joining in the celebration were the Farahs' family children, Licha Hanna, Mary Alicia, Edward Nelson, and their cousins, Harwood, Farahy, Jackie, Pacific, Shabed, and Anna Koury, and their aunt, Mrs. Ignatia Koury.

**Shopping...**

for a Bride-to-be?

**Kay's Kitchen Cookbook** is the answer.

Available at The Carleisle Mercury office, \$5.00 (including tax). Or order with this Coupon.

If buying by mail add 50¢ for postage and handling

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 Mail to: P.O. Box 272, Carleisle, 40211

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**Family dinner held in Paris**

Mr. and Mrs. E.H. Mitchell entertained with a family dinner at their home in Paris on Sunday.

Family members who attended are: Mr. and Mrs. James W. Vico, Mr. and Mrs. T.H. Vico Sr., Mr. and Mrs. Tommy Vico, Miss Sherri Vico, Mrs. Virginia Crump, of Carleisle and Nicholas county, and Clint Barrett of Booneville.

**Woman's Club luncheon slated for Spindletop**

The Carleisle Community Woman's Club will hold its annual May luncheon on Saturday, May 21 at 12:30 p.m. at Spindletop.

Mrs. H. Dallas Sugg will give the spiritual message.

Officers will be installed at this time.

**SAVE \$60**

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**Tide Detergent** (Limit 1 please) 49 oz. box 99¢

**Ajax Cleanser** 14 oz. 2/49'

**Betty Crocker Tuna Helpers** 8 oz. 2/99'

**Downy Trash** 10 ct. 89¢

**Pringle's Potato Chips** Twin Pack 9 oz. 79¢

**Spam** 12 oz. 99¢

**Hot Dog Sauce** Just Rite 10% oz. 4/\$1

**TOMATOES** Vine Ripe lb. 39¢

**Jeno's Sau., Pepp., Hamb., Cheese** Frozen Pizzas 13 oz. 89¢

**Macaroni & Cheese Dinner** 4/\$1

**Woody's Corn Dogs** 10 ct. 1.49

**6 oz. Assorted Scents** Renuzoil Solid Air Fresheners 3/1'

**Paramount Kosher** 32 oz. Dill Hamburger Slices 69¢

**Orange Crush or Barrel Head Root Beer** 8 pk., 16 oz. \$1.19 w/Btl.

**New Crop** 3 lbs. Yellow Onions 89¢

**Fresh Green Beans** 3 lbs. for \$1

**Martha White** 7 1/2 oz. Macaroni & Cheese Dinner 4/\$1