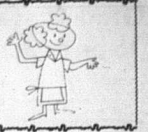


# Kay's Kitchen

— By Kay Fisher —



Back in May of 1974 Helen Haman gave me a recipe for Angel Biscuits. When I was trying to think of recipes to make for the busy time again, I thought of the Angel Biscuits. If you follow the recipe, here it is again. Really I'm not sure if they should be called biscuits or rolls. You take your choice. I've made them so reasonable both.

One of the easiest things to make with this recipe is that you can make the dough up any time—morning, noon or night, just whenever you have a few minutes to spare, then refrigerate. It will keep in the refrigerator for several days. When ready to make out the biscuits, take all the dough and knead on a floured board until smooth. It doesn't need a lot of working. Roll out as for regular biscuits and cut with biscuit cutter and place on a greased cookie sheet.

Take only number of biscuits needed at 425 degree or hot oven for 15 minutes or until golden. They will be baked immediately.

With remaining dough roll out, cut, place on greased cookie sheet and freeze. When frozen remove to plastic bag and keep frozen. Use the biscuits as a great gift, freezing both sides before baking. Biscuits may be thawed, but can be put in the oven while still frozen. When 15 minutes done I usually remove the needed number of biscuits from freezer and by the time it is ready

to bake them they have thawed. I have put them in the oven frozen. The only difference is in how long they take a little longer to cook.

NO you do not have to let them rise. I used them as is. Purchase frozen pie rolls. I simply rolled the dough thinner out with a bit larger biscuit cutter. dipped them in melted butter and folded over as for pocketbook rolls and baked as usual.

**ANGEL BISCUITS I**  
5 cups flour  
1 teaspoon soda  
1 tablespoon baking powder  
1/2 cup sugar  
1 cup shortening  
1/2 cup warm milk  
1 package dry yeast  
2 cups lukewarm buttermilk

**ANGEL BISCUITS II**  
5 cups self-rising flour, sifted  
1/2 cup sugar  
1/2 cup warm water  
1 package dry yeast  
2 cups lukewarm buttermilk

## SOCIETY

Mrs. J. W. McClanahan of the Locust Grove Road is in the Good Samaritan Hospital in Lexington with a broken hip. Her room number is 627.

Mrs. and Mrs. Joseph F. Conley and Miss Meg Conley were guests of Mrs. Conley's sister, Miss Margaret Gilson, in Harrodsburg over the weekend.

Dr. Frank Mathias, professor of History at the University of Dayton, entertained several UD professors at his Lake Carmine cottage the past weekend.

Mrs. and Mrs. Toby Elder and son Brian of Ft. Mitchell were weekend guests of their parents, Mr. and Mrs. Thomas Hickman of Bourbon county and Mr. and Mrs. Warren Patten, Jr. of Lexington.

Mrs. and Mrs. Lloyd King of Henderson were weekend guests of their daughter, Mrs. H. Dallas Sugg, Rev. Sugg and Alicia.

Mrs. G. C. Myers returned home on Wednesday, May 4 from the St. Joseph Hospital in Lexington.

Mrs. Paul Smith and son Gregory Allen of Lexington were guests of Mr. and Mrs. Yonnie Shaw, Sunday.

The following young people from the Carlisle United Methodist Church attended an "Iceman 77" meeting held at Abbey College, Winston, April 30-May 1: Karen Huffer, Laura Chamberlin, Barbara Duncan, Charlene Bassell, Brenda Adbery, Trudy Kappeler, Ann Fuller, Barbara Bach, Teresa Brooks, Jennifer Bach, Cheryl Lowe, Steve Kappeler, Jackie Alexander, Ricky Carter, and Rick Grant, youth counselor.

Iceman 77 is early Christian and ecclesiastical art.

Miss Cynthia L. Bailey, daughter of Mr. and Mrs. Wilson Bailey, 211 Donna Drive, Hopkinsville, has been accepted

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## Engagement announced

Mrs. S. Evans Brown of Winchester was a visitor in Carlisle on Friday.

Mrs. Ermine Ritchie who was admitted to the Nicholas County Hospital on Friday, April 27, has returned to her home.

Mr. and Mrs. John Soper have had as their houseguests, Mrs. Soper's father, Arnold Riley and Mrs. Riley of Beaumont, Texas.

John W. Kaye Sr. of Louisville was a weekend guest of his daughter and family, the Richard Chamberlin, of Syracuse Hill.

Mrs. Larry Milton was entertained with a baby shower Friday, April 29, 7:30 p.m. at the Carlisle Army given by Mrs. Wilma Capps.

The wedding will take place on June 18 at 7 p.m. at the Carlisle United Methodist Church. An open church wedding will be observed.

## Mrs. Zachary is speaker at club meet

Mrs. David Zachary, member of the Carlisle Community Women's Club, was the speaker for the Fleming County Women's Club's annual dinner meeting on April 29.

Three of the club members were recognized for their work with the club. They were Mrs. Opal Howe, Mrs. Aletia Rye, both former governors of the Kentucky Federation of Women's Clubs and Mrs. Minnie Butler, a charter member.

## May Birthdays are celebrated in Maysville

The following women who celebrated their birthdays during May, May 6 at Capper's Restaurant in Maysville for a joint birthday celebration.

Attending the dinner were: Mrs. Ermine Fuller, Mrs. Cecil Hamilton, Mrs. George Roberts, Mrs. Emmett Durrell, Mrs. Roscoe Leitcher, Mrs. Shelman Haman, Mrs. James Eads, Mrs. Stanley Aldridge, Mrs. Gerald Watkins and Miss Ernestine Eads.

## Babysitting clinic is rescheduled

The Carlisle Junior Women's Club (JWVC) has rescheduled the first-aid workshop for babysitters. The class, to have been held April 26, must wait with a lack of response due to several conflicting events.

Mrs. Carol Sparks and Ms. Sharon Alexander will teach the course on Wednesday, May 18 at 8 p.m. at the Nicholas County Elementary School.

Parents are encouraged to ask their babysitters to attend this class. Areas to be covered are basic first aid, caring for infants, accident prevention, discipline and entertaining a young child.



Mr. and Mrs. Clay Fryman

## Wins first place in horse show

Miss Melanie Coyers of Nicholasville, won first place in one of the events on May 1 at the Derby Festival Spring Horse Show at Hick Creek Riding Club in Louisville. Her horse was Dan Valley Rose Mary.

Melanie is the daughter of Mr. and Mrs. Frank Coyers, formerly of Nicholas county and granddaughter of Mr. and Mrs. John Coyers near Leasburg, Ky.

## Births

**TINCHER**  
Mr. and Mrs. Gayle Tinch of Carlisle announce the birth of a son on April 26, 1977 at the Nicholas County Hospital. He weighed seven pounds, 14 ounces and has been named Edward Allen.

## SPICE

Rev. and Mrs. Charles Spice of Mt. Olivet announce the birth of a son on May 4, 1977 at the Nicholas County Hospital. He weighed eight pounds, three ounces and has been named Charles Henry Jr.

## LIMAN

Mr. and Mrs. Martin Liman of Sardis announce the birth of a daughter on May 4, 1977 at the Nicholas County Hospital. She weighed eight pounds, 12 ounces and has been named April Laver.

## Legion Auxiliary

The American Legion Auxiliary will meet Tuesday, May 11 at the library at 7 p.m.

## VFW clubs have dance

The VFW and VFW Ladies Auxiliary will have installation of officers Friday, May 13, at 7 p.m.

There will be a potluck supper and dance following the installation.

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<b>FOODTOWN COUPON</b> <b>MR. BUBBLE</b> 49¢	<b>FOODTOWN COUPON</b> <b>GLAD BAGS</b> 69¢	<b>FOODTOWN COUPON</b> <b>GLAD BAGS</b> \$1.89	<b>FOODTOWN COUPON</b> <b>GLAD BAGS</b> \$1.89
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