

# Kay's Kitchen

By Kay Fisher

Several weeks ago a friend and I were talking and she asked me about Ham Croquettes. I am great on making croquettes because they are not only delicious, but a wonderful way to use leftover meats of all kinds. You do need a food grinder, or some way to chop the meat rather fine. I use an old fashioned food grinder, and gratefully, I have a handy shelf to set it up on. If you don't have a shelf, maybe your table top will be the right thickness to attach the grinder. If you use the table top be sure to place several layers of paper between the grinder and the table, so that when you lighten the screws you will not mar the table. If you are lucky you may have an attachment for grinding with your mixer.

You may be planning to serve ham for your Easter dinner, or some way croquettes will be a good way to use any left over ham.

**HAM CROQUETTES**  
 1 to 2 cups ground ham  
 2 tablespoons butter  
 2 tablespoons finely chopped onion  
 2 tablespoons flour  
 1 cup milk  
 2 eggs  
 1/2 to 1 cup fine bread crumbs  
 salt and freshly ground pepper to taste  
 flour for coating

staring to keep from browning, then add flour. Add milk stirring constantly to make a smooth sauce. Remove from heat and add beaten egg yolks. Return to heat and cook about three minutes.

Add enough of the cream sauce to the ground ham to moisten so you will be able to handle. Taste now for seasoning. The salt will be determined by how salty the ham is. If you feel you need an extender you may add the fresh bread crumbs.

Shape into croquettes and roll lightly in flour. Refrigerate over night.

When ready to cook, heat butter, margarine, or vegetable oil in heavy sauce pan and brown slowly on all sides. Croquettes may be dipped in beaten eggs in finely crusted cracker crumbs and browned.

The ham mixture may be made into any shape and placed in a croquette pan. When frozen remove from croquette sheet and place in a freezer bag. When ready to use, remove a number of the croquettes as needed, and cook in a suggested above. Serve with mushroom sauce or tomato sauce. Or you may prefer simply using Worcestershire sauce, catsup or mustard.

**MUSHROOM SAUCE**  
 2 tablespoons butter  
 2 tablespoons flour  
 1 cup milk

Wondering what to do with those two eggs who were left over from the Ham Croquette recipe. Well for a dessert when you serve them, use this recipe.

**CHOCOLATE DELIGHTS**  
 6 ounces semi-sweet chocolate bits  
 2 egg whites  
 pinch of salt  
 1/2 cup sugar  
 1/2 teaspoon vanilla  
 1/2 teaspoon vinegar

Kay's Kitchen Cookbook order blank on classified page.

## Bell-Ginter wedding vows are spoken in Millersburg

Miss Sarah Henry (Sallie) Bell, daughter of Mr. and Mrs. Russell Bell III of Millersburg, and James Edward Ginter, of Paris, son of Mr. and Mrs. Henry Ginter, of Virginia Beach, Va. were united in marriage on Saturday, March 11 at 2:30 p.m. at the Millersburg Methodist Church. Bishop Frank Button Jr. of Lexington officiated.

Miss Frances Bell served her sister as maid of honor. She wore an empire gown of yellow flannel material and carried a bouquet of yellow daisies.

The bridesmaids wore identical flannel empire gowns in pastel shades and carried matching daisies. Serving as bridesmaids were Miss Beth Barker, sister of the bride, attired in pink; Miss Ella Bell, also sister of the bride, who wore lilac; Miss Melody Barker of Lexington, who wore pale green; and Ann Robert Smith of Paris, who was attired in a blue flannel gown.

Miss Annmarie Douglas, Irvine, cousin of the bride, was the vocalist and organist. The wedding party was directed by Cordell Parris, and Jeffrey Morrison of Paris, cousin of the bride. The bride, given in marriage by her father, wore a white gown and train.

Wayne Ginter of Virginia Beach, Va. served his brother as best man. Ushers were Teddy Goodwin, cousin of the groom, Philip Blount, Mike Sale and Buddy Hamilton.

Miss Marilyn Preston, Paris, cousin of the bride, presided at the guest book. Mrs. and David Edwards of Franklin, Ohio and Michael Morrison of Paris, all cousins of the bride, handled the bride's bouquet.

A reception was held at the church immediately following the ceremony. Rev. Richard Chamberlin at the United Methodist Church in Millersburg, March 20. The baptismal font used was given to the church many years ago in memory of Mrs. Anna D. Man, the great-great grandmother of Amanda.

Visitors for the service from out of town were the child's maternal grandparents, Mr. and Mrs. John Woods of Circleville, Ohio.

Paternal grandparents are Mr. and Mrs. S.C. Abnee of Nicholas county.

Miss Sarah Henry (Sallie) Bell, daughter of Mr. and Mrs. Russell Bell III of Millersburg, and James Edward Ginter, of Paris, son of Mr. and Mrs. Henry Ginter, of Virginia Beach, Va. were united in marriage on Saturday, March 11 at 2:30 p.m. at the Millersburg Methodist Church. Bishop Frank Button Jr. of Lexington officiated.

Miss Frances Bell served her sister as maid of honor. She wore an empire gown of yellow flannel material and carried a bouquet of yellow daisies.

The bridesmaids wore identical flannel empire gowns in pastel shades and carried matching daisies. Serving as bridesmaids were Miss Beth Barker, sister of the bride, attired in pink; Miss Ella Bell, also sister of the bride, who wore lilac; Miss Melody Barker of Lexington, who wore pale green; and Ann Robert Smith of Paris, who was attired in a blue flannel gown.

Miss Annmarie Douglas, Irvine, cousin of the bride, was the vocalist and organist. The wedding party was directed by Cordell Parris, and Jeffrey Morrison of Paris, cousin of the bride. The bride, given in marriage by her father, wore a white gown and train.

## Store family histories in KHS fire-proof vault

FRANKFORT—You may want to add something of value to the special collections stored away in the fireproof vault of the Kentucky Historical Society's (KHS) library.

The KHS will store your family genealogy, Bible, scrapbook or album in its special collection, and it will be added to Anne McDonnell, librarian at the KHS genealogical library.

Each year the KHS receives around 500 photographs and 200 family genealogies which go into the library's special collection, said Mrs. McDonnell. The library now has approximately 150 family Bibles and historical Society would like to expand the collection.

According to Mrs. McDonnell, the library receives about 20,000 requests for information each year. These requests come from persons who are doing genealogical research.

"Although we have had to limit our research to keep up with the heavy demand, we are still providing more than an most historical societies," said Mrs. McDonnell. By that, Mrs. McDonnell will mean that she and a staff of five assistant librarians answer every letter received and provide some information on source which the researcher needs. While the library cannot supply complete family histories, it has a number of sources to aid the researcher in tracing a family tree.

In addition to the published genealogies, the KHS also has biographies and biographical histories. Other sources of historical reference in the library include abstracts of wills, marriages, deeds, pensions and cemetery records.

The library also has census records on microfilm published between 1790 and 1890 and from 1850 to 1890.

There is also a file of newspapers on microfilm. It is almost complete for Frankfort and there are some early Lexington papers and a few from other localities in Kentucky.

Also available to the researcher are indexed registers of Kentucky soldiers who served in the War of 1812, the Civil War, Mexican War, Spanish American War and World War I.

"Genealogy is a hobby that knows no age limits," said Mrs. McDonnell. "It appeals to all age groups." She said that one of the youngest researchers to visit the library was an eight-year-old boy who was helping her grandmother trace the family history.

"For the beginning genealogist, we send a chart with information on how to conduct the research necessary in tracing a family tree," explained Mrs. McDonnell.

Genealogy is a recorded history of the descendants of a person or family.

There is also a file of newspapers on microfilm. It is almost complete for Frankfort and there are some early Lexington papers and a few from other localities in Kentucky.

Also available to the researcher are indexed registers of Kentucky soldiers who served in the War of 1812, the Civil War, Mexican War, Spanish American War and World War I.

"Genealogy is a hobby that knows no age limits," said Mrs. McDonnell. "It appeals to all age groups." She said that one of the youngest researchers to visit the library was an eight-year-old boy who was helping her grandmother trace the family history.

"For the beginning genealogist, we send a chart with information on how to conduct the research necessary in tracing a family tree," explained Mrs. McDonnell.

Genealogy is a recorded history of the descendants of a person or family.

## Easter Special

Uniperm's: Reg. \$20.00 \$15.00  
 \$15.00 \$12.50  
 \$12.50 \$10.00

(Includes Cut & Set)

— Good March 30 thru April 7 —  
 Call Day or Night for Appointment

OWNER: RAMONA WILSON  
 STYLIST: Kathy Allison  
 Diana Jackson

**The Beauty Shoppe**  
 113 East North St. Carlsle, Ky. 40311

Uniperm's: Reg. \$20.00 \$15.00  
 \$15.00 \$12.50  
 \$12.50 \$10.00

(Includes Cut & Set)

— Good March 30 thru April 7 —  
 Call Day or Night for Appointment

OWNER: RAMONA WILSON  
 STYLIST: Kathy Allison  
 Diana Jackson

**The Beauty Shoppe**  
 113 East North St. Carlsle, Ky. 40311

Uniperm's: Reg. \$20.00 \$15.00  
 \$15.00 \$12.50  
 \$12.50 \$10.00

(Includes Cut & Set)

— Good March 30 thru April 7 —  
 Call Day or Night for Appointment

OWNER: RAMONA WILSON  
 STYLIST: Kathy Allison  
 Diana Jackson

**The Beauty Shoppe**  
 113 East North St. Carlsle, Ky. 40311

## We'll send a Good Old-Fashioned Easter For You

The FTD Easter Basket Bouquet

Stop in and we'll send your Easter greetings with this lovely gift of fresh spring blossoms in an embroidered woven basket.

Or send an Easter Lily in the sunble white, or one of our other lovely spring selections.

Small's Greenhouses  
 Eastern Ave. Phone 289-2256 Carlsle

Also available for Easter...  
 • Spring Assortment • Cut Flowers  
 • Full line of • Roses • Bouquets  
 • Potted Plants • Carnations  
 • Cosages of Carnations, Roses, Orchids & Assorted Spring Cosages

**The Old Tomes**

There are political speakers who need no introductions; what they need are conclusions.

# SPORTS Roundup

**Track**  
 The Nicholas County track team will open its official season today in a meet against Clark County at the Nicholas County track.

After practice meets with Bryan Station and Harrison County last week, Coach Ben Pumpreys seems optimistic about this year's possibilities. "If our kids come and work we have a good team," stated Pumpreys.

Pumpreys is especially pleased with the progress of the girls team so far. Good performances in the mile relay, 400 yard relay, half mile run, and mile run show promise for the upcoming season.

The boys team put on a strong performance against Harrison County last weekend. Coach Pumpreys is looking for bright things this spring for the

**Manon 9 Regional Tournament**  
 Tennis Coach Bill Guthrie reports that only three or four students have signed up for the Tennis Team this year. If more interest is not shown in this sport, it may be dropped this year, according to Principal Cobble Lee.

**Home**  
 A Babe Ruth meeting will be held on Thursday, April 7 at 7:30 p.m. at the First Baptist Church. Anyone 15 to 15 years of age who is interested in playing baseball this season should attend the meeting along with his or her parents.

The purpose of the meeting is to plan the schedule and discuss all business concerning this season.

**Manon 9 Regional Tournament**  
 Tennis Coach Bill Guthrie reports that only three or four students have signed up for the Tennis Team this year. If more interest is not shown in this sport, it may be dropped this year, according to Principal Cobble Lee.

**Home**  
 A Babe Ruth meeting will be held on Thursday, April 7 at 7:30 p.m. at the First Baptist Church. Anyone 15 to 15 years of age who is interested in playing baseball this season should attend the meeting along with his or her parents.

The purpose of the meeting is to plan the schedule and discuss all business concerning this season.

## Lock Early American Pine Rocker

1776 Early American furniture is a tradition with homemakers and Albert M. Lock & Sons, Inc. The pine rocker has a seat 7 1/2 inches thick, 23 inches wide x 18 1/2" deep. Overall height: 44".

Reg. \$129.95

**SAVE \$ 88**

**Garrett's Furniture Co.** Carlsle, Ky. Phone 289-2308

**WE'VE GONE!**

**FOODTOWN SUPER MARKET**

Open 8-8 Mon-Sat

**C & G**

**Foodtown Bread** 16 oz. loaves 4/31

**Pot Roast** U.S. Choice Boneless Mottled Beef 1 lb. \$1.19

**R.C. & Diet Rite** 8/16 oz. W/Btts. 99¢

**Keekler Elfwich Cookies** 89¢

**Blue Bonnet Margarine** 1 lb. pkg. 39¢

**Hi-C Fruit Drink** 46 oz. cans 2/89¢

**Blue Bonnet Margarine** 1 lb. pkg. 39¢

**Hi-C Fruit Drink** 46 oz. cans 2/89¢

**Wagner 32 oz. Orange Drink** 3/31

**Oreo Cookies** 15 oz. bag 79¢

**J&J Crunchy** 28 oz. jar Smooth 69¢

**Peanut Butter Cup** 10 Cup Tray 69¢

**Reese Peanut Butter** 10 Cup Tray 69¢

**Chuck Steak** U.S. Choice 1 lb. 79¢

**Fresh Ground Beef** 1 lb. 89¢

**Pork Chop Sale** 1 lb. 99¢ (Center Rib 1/39 - Center Loin 1/49)

**Kahn's Bologna** 12 oz. pkg. Reg. or Beef 99¢

**U.S. Choice Boneless Chuck Steak** 1 lb. \$1.09

**Kahn's Wieners** \$1.09

**U.S. Choice Boneless 3 1/2 lb. avg. Eye of Round** 1 lb. \$1.89

**Kahn's Smoked or Polish Hillshire Sausage** 1 lb. \$1.29

**Kahn's Vacuum Packed Hickory Smoked Bacon** 1 lb. \$1.49

**Wisconsin Round**

**White Potatoes** 20 lb. bag \$1.59

**Red 3 lbs. Delicious Apples** 79¢ lb. cello pkg. Texas

**Carrots** 29¢ stalk

**Florida Celery** 39¢

**We Welcome Federal Food Stamps**

**Armour 5 oz. Vienna Sausage** 3/31

**Sliced & Haves** No. 2 1/2 can 49¢

**Stokely Peaches** 49¢

**Lipton Tea Bags** 48 Ct. 89¢

**Welch's Donuts** 69¢

**Keekler Elfwich Cookies** 89¢

**Blue Bonnet Margarine** 1 lb. pkg. 39¢

**Hi-C Fruit Drink** 46 oz. cans 2/89¢

**Blue Bonnet Margarine** 1 lb. pkg. 39¢

**Hi-C Fruit Drink** 46 oz. cans 2/89¢

**Wagner 32 oz. Orange Drink** 3/31

**Oreo Cookies** 15 oz. bag 79¢

**J&J Crunchy** 28 oz. jar Smooth 69¢

**Peanut Butter Cup** 10 Cup Tray 69¢

**Reese Peanut Butter** 10 Cup Tray 69¢

**Chuck Steak** U.S. Choice 1 lb. 79¢

**Fresh Ground Beef** 1 lb. 89¢

**Pork Chop Sale** 1 lb. 99¢ (Center Rib 1/39 - Center Loin 1/49)

**Kahn's Bologna** 12 oz. pkg. Reg. or Beef 99¢

**U.S. Choice Boneless Chuck Steak** 1 lb. \$1.09

**Kahn's Wieners** \$1.09

**U.S. Choice Boneless 3 1/2 lb. avg. Eye of Round** 1 lb. \$1.89

**Kahn's Smoked or Polish Hillshire Sausage** 1 lb. \$1.29

**Kahn's Vacuum Packed Hickory Smoked Bacon** 1 lb. \$1.49

**Wisconsin Round**

**White Potatoes** 20 lb. bag \$1.59

**Red 3 lbs. Delicious Apples** 79¢ lb. cello pkg. Texas

**Carrots** 29¢ stalk

**Florida Celery** 39¢

**We Welcome Federal Food Stamps**

**Gold Medal Flour** Self Rising Plain Flour 10 lb. bag (Limit 1) 99¢

**Kounty Kist Frozen Vegetables** Peas, Mix. Veg. & Corn 20 oz. 49¢

**Dixie Queen 2% Milk** Gal. \$1.39

**Tide** 84 oz. box (Limit 1) \$1.99