

# Kay's Kitchen

— By Kay Fisher —



For those who are observing Lent... Kay's Kitchen Cookbook order blank on classified page.

mine and has been used in my family as long as I can remember. Originally it was made with fresh shrimp and mushrooms, but now when it is hard to find fresh shrimp and fresh mushrooms are not always available...

MACARONI LOAF
2 cups cooked macaroni
2 tablespoons chopped pimento
1/2 cup grated sharp cheese
1 tablespoon dried onion

SHRIMP CREOLE
1/2 medium onion, chopped
1/2 cup chopped mushrooms
2 tablespoons butter

ORANGE-GLAZED PEARS
1/2 fresh Anjou pears
1 cup brown sugar
1/4 cup orange juice

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## Mrs. Zachary wins second place in KFCW district sewing contest

Mrs. David Zachary, representing the Carleisle Community Women's Club, won second place in the Eighth District KFCW sewing competition Saturday at Morehead State University.



Mrs. David Zachary is pictured in the four-piece outfit she made which won second place at the Eighth District KFCW sewing competition held Saturday, March 12, at Morehead State University. The light shagreen skirt and blazer with white topstitching and white vest are of linen cloth polyester. The polyester blouse has a green and black butterfly design on a white background.—Duncan photo

## Miss Hunt is certified technologist

Miss Carol Hunt, daughter of Mr. and Mrs. Estlin H. Hunt, recently passed the National Registry for Radiologic Technologists. She graduated from Morehead State University with an associate of applied science degree and took the exam for radiologic technologist in November at Charleston, W. Va. She is presently employed at the Fleming City Hospital.

## Garden Club opens year with luncheon

The Carleisle Garden Club will open its club year with a conventional luncheon on Monday, March 21 at 12:30 p.m. at the Nicholas County Library.

## April wedding is cancelled

We have been asked to announce that the wedding of Miss Sharon Crawford and Mr. Mark T. Cowman will not take place as it was scheduled for at the Carleisle Christian Church.

## Births

CARSON
Mr. and Mrs. William Earl Carson of Winchester announce the birth of a son on Saturday, March 12, 1977 at Central Hospital in Lexington. He weighed six pounds, 11 ounces and has been named Robert Earl.

## Personal service contracts to get state reviewing

Gov. Carroll said the commission would have the authority and responsibility to reviewing or disapproving personal service contracts proposed by state agencies.

## Historical clothing is sought

FRANKFORT—Nicholas county citizens can help the Kentucky Historical Society expand the history museum's costume collection.

## Swanson TV Dinners

Fried Chick 11 oz., Turkey 12½ oz., Chop, Sirloin 10 oz., Meatloaf 10 oz., Sals. Steak 11½ oz. (Limit 6)

## Hunt's Tomato Ketchup

Butterfield 9 oz., French Fried Potatoes 79¢, F.P. Koshier 16 oz., Smucker's Baby Dills 59¢, Buttered Beef Steaks 1.59 12 oz., Corn King Lunch Meat 79¢

## Farm and Home

County extension agents Monte Conrad, Sharon Alexander, and Margie Wilson.

4-H is in full swing as usual during the spring. Plans for new activities are being made for the coming year.

Would You Believe...
Australians adore...
Saffron, from Spain, is the world's costliest spice.

## Homemakers answer varied roll calls

Carleisle West Homemakers met Friday, March 11 at 10:30 a.m. with Mrs. James Williams as hostess.

OLDER WORKER WEEK
BEING OBSERVED HERE
The Department for Human Resources, Bureau for Manpower Services, is observing National Older Worker Week, March 14 through March 18.

Miranda Homemakers met at the home of Mrs. Albert Booth, Mrs. Edgar Scott, president, called the meeting to order.

Willie Taber will be the hostess for the April meeting at her home on Whetstone Road at 12:30 p.m.

East Union Homemakers Club met at the Extension Office on Thursday evening, March 10.

FIELD SEED
Med. Red. Clover \$4.50 bu.
Redland Clover lb. 1.70
Kenland Clover \$7.00 bu.
Clair Timothy lb. 86¢

Nicholas Feeders Supply Phone 289-2363

### FOODTOWN

Open 8-8 Mon-Sat

Coming Your Way...  
**Plenty of Savings**  
FOR ST. PATRICK'S DAY!

**CHUCK ROAST**  
U.S. Choice  
lb. 69¢ (Boneless lb. 1.09)

**Shoulder Roast lb. 99¢**  
**Stew Beef lb. 1.39**  
**Kneps Round lb. 99¢**  
**Corned Beef lb. 1.19**  
**Fresh Picnic Pork Roast lb. 59¢**

**Field Pork Sausage lb. 1.09**  
**5 lbs. Seedless Florida White Grapefruit 79¢**  
**Navel Oranges 4 lbs. 89¢**

**Stokely Fruit Cocktail 39¢**  
**Johnson's Disposable Newborn Diapers \$1.89**  
**Old Virginia Blackberry Jam \$1.99**

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**Joy Dish Liquid \$1.49**  
**Gheer \$1.99**  
**Detergent \$1.99**  
**Smucker's Grape Jelly 79¢**

**Lipton Filter Blend Tea 12 oz. \$1.99**  
**Pro Leagueur 12 oz. pkg. \$1.99**  
**Field's Wieners 59¢**  
**Snow Hills 4.6 lb. avg. Frozen Hens lb. 49¢**

**Ore-Ida Shoestring Potatoes 20 oz. 59¢**  
**Stokely 303 can \$1.29**  
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## OLDHAM'S -- Mt. Sterling, Ky.

For Your Shopping Convenience, Open Monday thru Thursday 8:30 to 5:00. Open Friday 9 to 8. Open Saturday 9 to 6.