

Kay's Kitchen

By Kay Fisher



If I seem to harp on making bread it is because every time I pay from 20 cents to a dollar for a loaf of bread, it just does something to me. And any regular loaf of bread, if it is not better, is just something to eat. Results in a wide globe about the size of a tennis ball.

Making bread is not so hard and time consuming as you are at home there are plenty of things to do while the bread is rising—or you may want to do your grocery shopping. You will have plenty of time—if you stay any longer you will only spend more money.

In some bread recipes you can do a portion of the work at night and refrigerate, and finish up later and having to let the dough rise only once.

You will find making bread an interesting hobby, economical and a delight to your family.

WHITE BREAD WITH VARIATIONS
1½ cups milk, scalded
2 tablespoons sugar
3 tablespoons shortening
2 teaspoons salt
2 packages active dry yeast
1 cup warm water (105-115 degrees F.)
6 to 6½ cups flour

Custard milk, sugar, shortening and salt; cook to lukewarm. Stir yeast in warm water. Add softened butter and two cups of flour to milk mixture; beat well. Add flour as needed to make a stiff dough. Turn dough onto lightly floured board and knead until smooth and elastic. Put in greased loaf; turn once to grease top of dough. Cover and let rise in warm place until double in size. Punch down. Turn onto lightly floured board. Divide into two equal loaves. Roll each piece of dough into a loaf. Place in greased 9x5x3-inch loaf pans. Cover and let rise until double in size. Bake in moderate oven (375 degrees) until done, about 40 minutes. Remove from pans. Cool to room temperature. Slice.

CINNAMON SWIRL BREAD
Follow recipe for white bread, except when dough is divided into two equal portions handle as follows: Roll each piece of dough into 18x8-inch rectangle. Brush surface with water. Sprinkle each with ½ cup sugar and ¼ cup cinnamon mixed together and ¼ cup seedless raisins. Roll up tightly from long edge, edge jelly roll fashion, work ends under. Place loaf in pan.



Mr. and Mrs. Paul Seapp of Toledo, Ohio were guests Thursday at Mrs. Martin Feiback and Mrs. Lee Rose, R.N., and Mrs. Joy Howard will return today after attending the Kentucky Statewide Family Planning Conference in Louisville on Wednesday and Thursday, June 1 and 2. Mr. and Mrs. Omar L. Harrison and mouth, Mich and Mr. and Mrs. James Watson and Mr. Charles H. Colby of El Paso, Texas are guests this week of Mr. and Mrs. Joseph P. Conley and Mrs. Conley. They arrived Saturday evening after visiting a few days with his sister, Mrs. Wayne Watson and Mr. Winston in Manchester, Tenn.

Need a LAWN & GARDEN LOAN?
We make loans 'till 6:00 P.M. For your convenience.

First National Bank
CARLISLE & MOREFIELD Member FDIC

Shopping for a Bride-to-be?
Kay's Kitchen Cookbook is the answer.

Available at The Carlisle Mercury office, \$5.00 (including tax). Or order with this Coupon.

If buying by mail add 50¢ for postage and handling.

The Carlisle Mercury
Mail to: P.O. Box 272, Carlisle, 40311

WHOLE WHEAT BREAD
Follow recipe for white bread, except substitute brown sugar or molasses for granulated sugar, and add two cups of whole wheat flour for three cups of white flour.

In baking breads that mean you must always make yeast bread. The addition of hot molasses to any meal will give your family a treat.

PLAIN MUFFINS
2 cups sifted flour
3 teaspoons baking powder
½ teaspoon salt
2 tablespoons sugar
1 egg, well beaten
1 cup milk
1 tablespoon shortening, melted
Mix and sift dry ingredients. Combine egg, milk and shortening and add to flour mixture, stirring only until mixed. Use a tablespoon and dip batter into greased muffin pan and fill ½ full. Bake at 450 degrees for 15 to 20 minutes depending on size of muffin.

The important thing about making muffins is to stir only until mixed. Never beat. Raisins may be added to dry ingredients if desired. For Cheese Muffins, add ½ cup grated cheese to dry ingredients.

Mrs. Allen Hamon is incentive for baby shower

Mrs. Darrell Sellers entertained Mrs. Allen Hamon with a surprise baby shower Wednesday, May 25. Mrs. Paul Workman and Miss Sandra McIntyre helped with refreshments and games. Decorations used for the occasion were of pink, blue and yellow with a large stork and bouquet of pink and blue flowers.



Mr. and Mrs. T. L. Insko Sr.

Golf Association luncheon is June 2

The Ladies Golf Association will hold its regular luncheon meeting on Thursday, June 2, at Garrison Country Club, Pro, Hal Washington, will conduct a golf rules clinic to be immediately followed by a short clinic.

Past Matrons and Patrons meet Monday

The Past Matrons and Past Patrons of Marie Chapter 259 will meet at the Masonic Hall, Monday, June 6 at 6:30 p.m. for a potluck supper.

Couple will celebrate anniversary June 12

Mr. and Mrs. T.L. Insko Sr. will be the guests of honor on Sunday, June 12 at the Harrison Hotel in Cynthiana at a reception to celebrate their 50th wedding anniversary. The reception will be held from 5 p.m. to 9 p.m. Hosts for the occasion are the Insko children.

Piano students of Rev. Sugg will perform on Sunday

The piano students of Rev. H. Dallas Dudder, Michelle Knapp, and Alicia Sugg will give their annual recital on Sunday, June 5 at 3 p.m. in the sanctuary of the First Baptist Church.

Other students to be presented are: Pam Sparks, Robert Hughes, Jennifer Hughes, Donna Hughes, Deek Zachary, Kevin Zachary, Janette Iall, Tim Hall, and Nancy Hales.

Oscar Lee Grimes, piano ad voice student, will also participate. Parents, family, friends and members of the community are invited to attend.



Miss Janet Sue Hobbs

Wedding forthcoming

Mr. and Mrs. Charles K. Hobbs of Nicholas county announce the engagement and forthcoming marriage of their daughter, Miss Janet Sue Hobbs, to Mr. William Daniel Vice, son of Mr. and Mrs. Alex C. Vice Jr., of Nicholas county.

The wedding will be an event of Friday, June 10 at the Morefield Methodist Church at 7:30 p.m. Friends and relatives are invited to attend.

Mr. Vice is a 1974 graduate of Nicholas County High School. Miss Hobbs graduated from Nicholas County High School in the class of 1977. Mr. Vice is an employee of Blue Grass Industries.

Births
Mr. and Mrs. Charles Pope of Jonesville, Va. announce the birth of a daughter born May 23, 1977. She weighed nine pounds, two ounces and has been named Pavla Carol. She is the fourth child and first daughter in the home.

Mr. and Mrs. Pope and family are former residents of Carlisle.



Woman's Club luncheon

SPRING'S IN BLOOM Gardening Sale

Some of the more common tax return errors that can be corrected on a 196X include failing to report income, forgetting to claim deductions, or mislisting in the amount of credit claimed, according to the IRS.

On the Form 1041—especially designed to process corrections—taxpayers need only file in the changed portion of their tax return, the IRS said.

The 196X form must be filed by taxpayers within three years from the due date of the original return or two years from the date of the tax payment, whichever is later.

boro, N.C. is in Carlisle to be with her mother.

Mrs. Ina Brady had as her guests over the weekend, her nephew Edwin Haning and Mrs. Hanzing of Welch, W. Va.

Mr. and Mrs. Thomas Hickman of Boone county had as their weekend guests Mr. Hickman's sister, Mrs. Wilma Mikula and Mr. Mikula of Chicago and Mr. and Mrs. Toby Elder and Brian Christopher of Ft. Mitchell, Ky.

Mr. and Mrs. Earl Hamon had as their guests Sunday their daughters, Mrs. Kenneth Smith, Mr. Smith and son of Prestonsburg; Mr. George Collins Jr. and daughter Sandra, Nicholas county; Mrs. Hazzard's sister, Mrs. Billy Shannon, Paris and Kenneth Shannon, Carlisle. The Smith family also visited his mother, Mrs. Edith Smith of Carlisle.

Mr. and Mrs. Horace (Spuddy) Marshall of Lexington were guests Monday of Mr. and Mrs. Pat Conley at their home in Paris.

The right vitamin at the right price? Naturally, it's *RECALL*.
It's time now to see the complete line of guaranteed Recall vitamins at your local Drug Store... natural, synthetic, or herbal, capsules and chewable tablets! If you're not completely satisfied, return them purchased for full refund!

"The Drug Store" Carlisle Drug Co.
THE REMOVED STORE
CARLISLE, KY.



Young performers in Gilger's School of Dance who demonstrated their talent at a dance revue May 13 at Nicholas County Elementary are, (clockwise from center, Yvonne Goodman, Julie Wills, Evelyn Shrest, Stephanie Ockerman, Patsy Baker, Susan Merrill and Chely Allison. Photo submitted by Mrs. Delmas Merrill.

FOODTOWN SUPER MARKET
Open 8-8 Mon-Sat

C & G
Tide Detergent Family size \$3.99

Stokely Cut or Shelled
Green Beans 303 can 3/79¢
Stokely W.K. or C.S. 303 can
Golden Corn 3/89¢
Showboat Spaghetti 14 oz. 5/51
Spaghetti Chef Boy-Ar-Dee 19 1/2 oz. 79¢
Dinner W/Meat 79¢
Macaroni & Cheese Dinner Kraft 7 1/2 oz. 3/89¢
Banquet Turkey, Beef, Chicken 8 oz. 4/99¢
Meat Pies 8 oz. 4/99¢
Thick & Thirsty Jumbo Roll 49¢
Wesson Oil 24 oz. 99¢

Dodgers, Giants victors in Babe Ruth games

The Dodgers defeated the Senators 5-0 in the first game of Tuesday night's Babe Ruth baseball. Tony Renard started the pitching for the Senators but was replaced by his brother N. Reed in the fifth inning. They got on base. E. Soble pitched 4 1/2 innings for the Dodgers before turning the ball over to M. Wootley who got the win.

THANK YOU
Thank you voters of our great County for trusting and believing in me. You are wonderful. Our office is there to serve you.
We want to work with and for you. Love, **Rose Scott**

WHOLE FRYERS
Grade A
lb. 39¢ (Limit 4 please) (Cut Up lb. 49¢)

Biscuits 6 pk. Ballarun Sweetmilk & Buttermilk 6/79¢
Oscar Mayer Bologna lb. 99¢
Oscar Mayer Beef Pot Roast lb. \$1.19
Oscar Mayer Fresh Ground Beef (3 lb. pkg. or larger) lb. 89¢
Oscar Mayer Sliced Bacon Oscar Mayer lb. \$1.59
Oscar Mayer Franks Beef or Regular lb. \$1.19

Stokely Cantaloupe 69¢
Gabbage Pint lb. 17¢
Strawberries 49¢
Yellow Onions 79¢
TOMATOES lb. 29¢

Jeno's Pizzas 13 oz. Cheese, Sau., Pep., Beef 89¢
Lipton Instant Tea 3 oz. \$1.59
Bes Pak Trash Bags 25 Ct. \$1.99
Marzetti Slaw Dressing 16 oz. 99¢
Old Virginia Apple Sauce 25 oz. 49¢
Dinty Moore Beef Stew 24 oz. 79¢
Thank You Puddings 303 can 39¢
Zest Bar Soap Bath Bar 2/59¢
Ken L Ration Dog Food 15 1/2 oz. 6/1.09