Kay's Kitchen

— By Kay Fisher

Summer cooking should be kept at a minimum or at least done early in the mornings or later in the cool of the evening. Dishes that can be prepared ahead of time and cooked later help the cook these hot days.

The following recipe can be prepared ahead of time and refrigerated until ready to cook. It uses the vegetables now growing in abundance. Fortunately there are almost as many recipes for the zucchini and squash as there are the vegetables.

The following recipe is a savory mixture for eggplant, zucchini, squash, green peppers or even tomatoes.

MEAT-RICE STUFFING

1 lb. ground beef
2 cups cooked rice
¾ cup minced onion
2 tablespoons minced parsley
¼ teaspoon oregano
salt to taste
sour cream, mayonnaise, gravy or seasoned cream sauce to moisten
2 cans (15 oz. size) tomato sauce
basil or dill to taste
4 large zucchini

Preheat oven to 350 degrees. Lightly brown meat. Pour off drippings. Combine with the rice, the onion, parsley, oregano and salt. Add enough sour cream, mayonnaise, gravy or cream sauce to moisten.

Prepare vegetables. Cut zucchini in half lengthwise. Scrape out pulp leaving a half inch thick shell. Dice pulp and add to meat mixture, fill shells. Place in large shallow baking dish. Combine tomato sauce and basil or dill to taste. Pour over zucchini and bake 30 minutes or until tender.

NOTE: Makes enough stuffing for three small eggplants. (Cut in half lengthwise. Scrape out pulp as for zucchini or six green peppers. Cut off stem ends, remove seeds and veins from peppers. Boil for about two or three minutes, drain and stuff.)

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While cabbage is fresh and tender do try this.

CABBAGE CASSEROLE

2 cups shredded cabbage
1 can cheddar cheese soup, diluted with ½ cup water
1 package cornbread stuffing
margarine

Boil cabbage six minutes and drain well. Put ⅓ of the cooked cabbage in a buttered casserole, salt to taste. Cover with ½ of the stuffing, pour ½ of the cheese mixture over. Repeat and top with stuffing dotted with butter. Bake 350 degrees until bubbly, about 10 to 15 minutes. Mrs. George Washbond

* * * * *

Fresh rhubarb is on the market or you may be lucky enough to have a few plants in your garden. Here is something different and very good.

RHUBARB-ALMOND PUDDING

1¼ cups sugar
4 cups diced fresh rhubarb
4 slices firm white bread
¼ cup butter or margarine
½ cup finely chopped almonds
1 teaspoon grated orange or lemon peel
⅛ teaspoon almond extract
whipping cream for topping

Combine 1 cup of the sugar and the rhubarb in a saucepan, set aside. Remove crusts from bread and cut into ¼-inch cubes. You should have 2 cups of cubes. Melt butter or margarine in a frying pan and stir in bread squares, almonds and remaining ¼ cup sugar. Cook, stirring until bread is lightly toasted. Remove pan from heat and stir in fruit peel. Cook rhubarb, uncovered, over medium heat until it cooks down to a sauce. Remove from heat and stir in almond extract. In a glass bowl, or individual glasses layer first the rhubarb, then the bread mixture, then rhubarb. Cover and chill. When ready to serve, top with whipped cream. Serves 4 or 5.

This is also delicious when using English shortbread instead of the toasted bread cubes.

Former Country Club lifeguard accepts assistantship in Ohio

Miss Janet K. Ruggles, daughter of Mr. and Mrs. A.H. Ruggles of Millersburg, has accepted an assistantship with the Department of City Regional Planning, for the coming school year at Ohio State University in Columbus, where she will be a first year graduate student. The assistantship is one of two offered by the school of engineering through the Planning Department there.

Miss Ruggles completed her first two years of undergraduate work at Eastern Kentucky University in Richmond. Her last two years were spent at the University of North Carolina at Chapel Hill, where she received her A.B. degree in Urban Studies in May of this year.

While in Chapel Hill, Miss Ruggles worked as assistant cartographer in the office of Operations and Engineering. She was also a member of Gamma Theta Upsilon Geography Honorary Fraternity, and an intern member in the American Institute of Planners.

Miss Ruggles is presently employed as a student intern at the Greater Lexington area Chamber of Commerce and as a lifeguard at Spindletop Country Club.

She is a former lifeguard of Carnico Country Club.

We've Re-hatched An IDEA REACH for 2

The Carlisle Mercury
at these news stands

Jerry's IGA Foodliner
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Neal's Square Deal Grocery
Carlisle Drug Co.
Hopkins Drug Store
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Millersburg
Clark's Tasty Freez
D & A Grocery
Fryman's Grocery

SOCIETY

Reception is Saturday for minister

The Christian Women's Fellowship of the First Christian Church will host a reception at Carnico Country Club on Saturday, July 30, from 9:30 to 11:30 a.m., to introduce their new minister and his wife, Rev. and Mrs. Mark Prevo.

The community is encouraged to come and meet Rev. and Mrs. Prevo.

Moorefield Church will observe 90th anniversary

Moorefield Christian Church will have an all day meeting and dinner on the grounds Aug. 7, celebrating the 90th anniversary of the church, founded in 1887.

Regular morning services, potluck dinner at 1 p.m. and a musical program at 2:30 p.m. will be held. Everyone is welcome. If you have your Bicentennial costume, you are asked to wear it.

Date is set for wedding of Miss Bussell

Mr. and Mrs. Gano Bussell of Moorefield announce the forthcoming marriage of their daughter, Katherine, to Vernie Perkins, son of Mrs. Clyde Hickerson and Mr. Hickerson of Flemingsburg.

The wedding date is Aug. 5.

Final sign-up for Kindergarten is set for Aug. 5

Final registration for the 1977-78 class of the Carlisle Kindergarten, sponsored by the Carlisle Junior Woman's Club, KFWC, will be held at the Nicholas County Library (basement), Friday, Aug. 5, from 11:30 a.m. to 12:30 p.m.

Births

GAUNCE

Mr. and Mrs. Steven Allen Gaunce of Lexington announce the birth of a son, born July 10, 1977 at Central Baptist Hospital, Lexington. He weighed eight pounds and 11 and one-half ounces, and has been named James Bradley.

He was welcomed at home by a sister, Stephanie Lynn.

Maternal grandparents are Mr. and Mrs. Vernon Vaughn of Manchester, Tenn. Paternal grandparents are Jimmy Gaunce of Manchester, Tenn., and Mrs. Patsy Wills Gaunce of Carlisle.

COFFEY

Mr. and Mrs. James E. Coffey of Paris announce the birth of a son born July 20, 1977 at the Nicholas County Hospital. He weighed 10 pounds and has been named Jason Edward.

The maternal grandparents are Mr. and Mrs. Harry Duncan of Carlisle. The paternal grandparents are Mr. and Mrs. Charley Coffey Sr. of Paris.

KU reports on cooling degree days

Air conditioners are getting a heavy workout in this summer's extremely hot weather and Kentucky Utilities Company says customers' increased use of cooling equipment will result in big increases in electric bills.

Based on weather data for the Lexington area supplied by the National Weather Service, KU said it has been more than twice as hot this year, compared to 1976, and customers can expect the cost of cooling may double the cost for the same period last year.

Through July 18, the number of cooling degree days was 113.2 per cent greater than in 1976, and 37.2 per cent greater than normal. There were 774 cooling degree days through July 18, compared to 363 last year. The normal is 564.

(To determine a day's cooling requirements in degree days, subtract 65 from the average of the day's high and low temperatures. A reading of 65 is the temperature at which little or no cooling or heating is required for comfort.)

Eleven of the first 18 days in July had recorded temperatures of 90 degrees (Fahrenheit) or above.

On July 18, KU recorded a new summer peak load of 1,795,000 kilowatts, slightly below the all-time record peak set last January during the extremely cold weather.

Mrs. Paul Smith and two children, Gregory and Kimberly of Lexington were guests of Mr. and Mrs. Youie Shaw on Sunday.

Mrs. Conntha Ratliff Elder of Louisville spent the weekend with her grandparents, Mr. and Mrs. Kash Ratliff.

Misses Carlotta Anderson and Margaret Duncan returned home Friday night from Aldersgate Methodist Camp near Ravenna after spending a week.

Misses Ann Fuller, Cheryl Lowe, Elaine Riggs of Carlisle, and Cay Pruitt of Millersburg spent the weekend in the Smokey Mountains.

Mr. and Mrs. Craig Barton and Mr. and Mrs. H.D. Barton were in Cynthiana Sunday night for the visitation of their uncle Benham Bishop at the Colonial Funeral Home.

Mr. and Mrs. Martin Feeback recently had the following guests: her mother, Mrs. Obie Chasteen of Franklin, Ohio; her uncle, Fred R. Hounshell of Council Bluff, Iowa; her sister, Mrs. Lila Gabbard of Hamilton, Ohio; and Mrs. Gabbard's daughter-in-law, Mrs. John Knuckles and son Matthew of Hamilton, Ohio.

Mrs. Therese Urlage and Mr. Scott Urlage, both of Covington, were weekend guests of her son, Mr. Ken Urlage, Mrs. Urlage and family.

Mr. and Mrs. Robert Carson have returned home from a visit with Rev. and Mrs. W.J. Lacy in Monticello, Ark.

Mr. and Mrs. John Allison and children returned home Sunday after a week's vacation in Canada.

Mr. and Mrs. Herbert Blakeman and two children, Penni and Dana, were Sunday dinner guests of her aunt and uncle, Miss Martha Kennedy and Matthew Kennedy.

Mr. and Mrs. Lyle Anderson and children, and Mr. and Mrs. Marion Anderson returned home Sunday after a week's visit with Mr. and Mrs. Robert Taylor and family of Albany, Ga.

Mrs. Bobby Snapp was treated at Bourbon County and Nicholas County Hospitals and released last week following an accident on the Ruddles Mill Road in Bourbon county. The car driven by her husband, Bobby G. Snapp slid into a ditch as an approaching car veered attempting to avoid a fallen tree limb. Their two children who were with them were unhurt.

Miss Martha Kennedy was honored with a birthday supper and trip to the Bluegrass Fair by her niece, Mrs. Herbert Blakeman, Mr. Blakeman and two children, Penni and Dana, on Wednesday, July 20. Other guests were her brother Matthew Kennedy and Miss Frances Barlow.

First Baptist Church youth who attended camp last week at Bagdad in Shelby county are: Camp Rabro—Jimmy Sadler, Jeff Sorrell, Billy Smoot, Timmy Sanders and Steven Booth. The boys were accompanied by their minister, Rev. H. Dallas Sugg; Cedar Crest—Charlene Darrell, Patty Burke, Alicia Sugg, Johnny Pearl Smoot, Celina Capps, Cathy Curtsinger and Teresa Sanders.

Mrs. Courtney Gum was released from the Nicholas County Hospital last week after undergoing minor surgery.

Mrs. David Zachary, Mrs. Marion Sims Jr., Mrs. Lloyd Wells, Mrs. Carroll Wallace and Mrs. Billy Keen Anderson participated in the Ladies Golf Invitational at Maysville Country Club last Tuesday.

Mr. and Mrs. Meredith Gibbs, Vernetis and Juston, of Richardson, Tex., are visiting Mr. and Mrs. Harold McClanahan.

The following senior citizens were visitors at the Fleming-Mason R.E.C.C. meet last week: Jesse Caswell, Salene Snapp, Mary Bell Shrout, Eva Snapp, Allen Howe, D. Fryman, Thelma Fryman, Anna Cox, Arrah Lee Sexton, Mary Simpson, Theador Simpson, Lillian Gaunce, R. Trussell, Josephine Earlywine. They were escorted by bus by local staff members and one volunteer.

Mrs. Helen Olmstead of Sebring, Fla. is spending this week with relatives in Carlisle and attended the funeral of her uncle, James V. Crouch.

Mr. and Mrs. A.B. Whaley spent the weekend of July 14-17 visiting her sister, Mrs. Paul Ritchie, Mr. Ritchie and Rhonda of Niles, Mich. They also visited Mr. Whaley's brother, Tommy Whaley, Mrs. Whaley and family of Plainfield, Ind.

Mr. and Mrs. Paul Garrett and Miss Jo Lynn Garrett spent three days last week at the Atlanta Hilton in Atlanta, Ga. where they attended the Home Furnishing Mart.

Mr. and Mrs. Teo Nutini and daughter Eleanor of Ashland, and Miss Lisa Nutini of Lexington spent the weekend with Mr. and Mrs. Warren Fisher at Lake Carnico.

Billy Dorsey of Richmond, Va., has been a visitor in Carlisle this week.

Mrs. Harry St. George Tucker of Lexington and Mrs. Julian McGowan of Birmingham, Ala. spent Wednesday with Mr. and Mrs. Warren Fisher.

Mrs. Riggs celebrates birthday

Mrs. Clarence Riggs of Millersburg celebrated her 80th birthday Sunday at the home of her granddaughter, Mrs. Ed Luthern in Harrison county.

Others attending were: Mr. Riggs, Mr. and Mrs. Waller Dampier, Millersburg; Mr. and Mrs. Jimmy Shaw and Roselee, Tollesboro; Mr. and Mrs. J.C. Riggs, Nicholas county; Mr. and Mrs. Ronnie Letcher and sons, Carlisle; Mr. and Mrs. Morgan Riggs and son, Mr. and Mrs. Kenney Dampier and sons, Mr. and Mrs. David Framel, Dwight Shaw, all of Harrison county; Mrs. Billy Purcell and Brad, Paris; Mrs. John Fryman and daughter, Ashland; Mr. and Mrs. Jim Shaw and son, Mt. Sterling; Mrs. Bessie Lloyd, Maysville; Mr. and Mrs. Carl Loudenbeck of Louisville.

Mr. Luthorn and their son, Richard assisted in the celebration.

Soles-Carter engagement is announced

Mr. and Mrs. Clarence C. Soles of Norfolk, Va. announce the engagement of their daughter, Tina Louise, to Michael L. Carter, son of Mr. and Mrs. Charles R. Carter, of Arlington, Va.

The wedding will be an event of Aug. 6 in the Potomac Overlook Park, Arlington, Va.

Mr. Carter is the grandson of Mrs. George R. Carter of Carlisle, and the late Mr. Carter, and Mrs. Charles Mann Sr. of Carlisle, and the late Mr. Mann.

— Wedding Pictures —

Wedding pictures must be submitted to The Carlisle Mercury within three weeks following the wedding. Wedding pictures or information arriving later than this will not be used in The Mercury.

Wedding information without a picture will be printed the week following the wedding only.

We suggest that if possible the picture be taken before the wedding so that it will be available to run in The Mercury the week following the wedding.

The new policy has become necessary because we have been receiving some wedding information as old as two months or more.

There is a $5.00 charge for wedding and engagement pictures.

Chicken Special

$1.89

2 pieces Chicken, Mashed Potatoes, Cold Slaw, Roll

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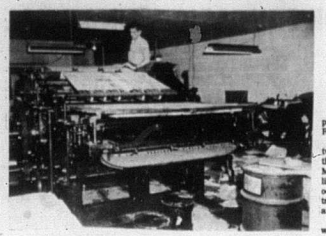
Ray family reunion includes camping trip



Forty-nine people enjoyed a weekend of camping at the Ray family reunion on the Ohio River at White Oak Campground.

Those attending were: Mrs. Myrtle Ray, Mr. and Mrs. James D. Ray, Mr. and Mrs. Rex Ray, John, Michelle, Vic and Rex Allen, all of Dayton, Ohio; Mr. and Mrs. Melvin Ray and Vickie, Mr. and Mrs. Keith Ray and Keithie, Mr. and Mrs. Glen Ray, Robert, Randy and Kelly, Mr. and Mrs. Dana Ray and Kristi, Mr. and Mrs. Larry Ray, Angel and Andy.

Mr. and Mrs. Bret Ray, all of Waynesville, Ohio; Mr. and Mrs. Willie Allen, Steve and Jim, Mr. and Mrs. Willard Anders and Jamie of London; Mr. and Mrs. Ron Barker, Darin, Rhonda, Bill and Tina, Mr. and Mrs. Craig Barton, Rodney, Tony, Becky and Doug, Nicholas county; and Kim Jones of Bourbon county.

Who do we have here? Yes,. we know, do you?

Minor accidents reported in both city and county

Several minor accidents were reported by Nicholas County Sheriff Reese Smoot Monday.

Michael Finch lost control of his two-door Dodge Saturday, and ran through a fence belonging to Taylor Mathers. He was headed toward Carlisle on Highway 36 when the accident occurred. He and two passengers were treated at Nicholas County Hospital and released.

Yvonne Edwards, Route 1, Carlisle, was going toward Paris on Highway 36 on July 17 when she veered to avoid hitting an oncoming car. She struck a bridge. She was unhurt.

Mr. and Mrs. James Jolly were treated at the Nicholas County Hospital and released after being involved in a two-car accident on July 14. Larry B. McCarty, Route 1, Sharpsburg, was making a turn into a driveway on the Convict Road when he was struck in the front by Jolly's Volkswagen.

Two non-injury accidents were reported Monday by Carlisle Police Chief Allen Earlywine. Friday, Charlotte Durbin Cheek, Route 1, Moorefield, heading east on Main Street, pulled away from the Post Office and was hit by Ray J. Martin, Route 2, Morehead.

Only slight damage was done to either car.

William Blair Bacot, Route 1, Ewing pulled out of an alley on South Walnut Street and hit Glenn D. McClanahan's car, of Route 3, Carlisle. Only slight damage was done to the left side of McClanahan's car.

Miss Barbara Kingsolver on Dean's List at DePauw

GREENCASTLE, IND.—Miss Barbara Kingsolver, senior, daughter of Dr. and Mrs. W.B. Kingsolver, Route 2, Carlisle has earned academic distinction on the Dean's List at DePauw University.

Miss Kingsolver achieved at least a 3.5 (A-) or better grade average out of a possible 4.0 (straight A), for the second semester.

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Sliced Bacon lb. $1.39

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16 oz. loaves
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Johnson's Daytime Disposable Diapers 24's $2.29
Bes Pak Trash Bags 25 Ct. $1.89
Hi-Tri Towels Jumbo Roll 39¢
Ajax Cleanser Giant size, 21 oz. 3/$1

QUALITY That Belongs On Your Table

100% Pure Fresh
GROUND CHUCK
3 lb. pkg. or larger
lb. 99¢

Grade A Fresh
Chicken Thighs lb. 99¢
(Breast or Drumsticks. lb. $1.09)

Tennessee Pride Whole Hog
Sausage lb. $1.29
(2 lb. pkg. $2.57)

Field Dinner Franks 2 lbs. $1.79

Bathroom Tissue 4's
Cottonelle
Blue & Yellow Pink & Green, White
59¢

Bush's Beans
Shellie, Cut Green, 303 cans
Red Kidney, Pinto, Gt. Northern 300 cans
4/$1

Old Virginia
Apple Sauce
25 oz.
49¢

Shredded & Chopped 303 can 4/$1
White & Golden Hominy 300 can 5/$1
Baked Beans 16 oz. 3/$1
Showboat Spaghetti Rings 14 oz. 4/$1
Fancy Sweet Peas 303 can 3/$1

Cucumbers, Green Peppers 2/29¢

Nestea Iced Tea Mix
Sugar & Lemon Flavored
24 oz. $1.69

Royal Cookies
10 Ct. Devil Food, Rasin, Oatmeal
69¢

Lipton 3 oz.
Instant Tea
$1.49

U.S. No. 1 Long Calif.
White Potatoes
10 lb. bag (Limit 1 please)
99¢

Smuckers 32 oz.
Whole Sweet Pickles 99¢

Vietti 10½ oz.
Beef with Barbecue Sauce 89¢

Softasilk Cake Flour 32 oz. 59¢
Glad Sandwich Bags 150 Ct. 69¢
Plus 15 - 3 oz. cups
Dixie Bathroom Cup Dispenser 39¢

Laroda or Nebina
Plums lb. 49¢

3 lbs.
Early Red Apples 89¢
Celery Stalk 35¢

Bath Bar
Zest Bar Soap 2/59¢

Parkay Whipped Margarine
(2) 8 oz. tubs
59¢

U.S. Choice Whole Bone-In (Sliced Free) 18-20 lb. avg.
Sirloin Strips lb. $1.99

U.S. Choice Beef (First 3 Ribs lb. $1.79)
Rib Roast lb. $1.69

U.S. Choice (Boneless lb. $2.29)
Rib Steak lb. $1.99

U.S. Choice (Boneless lb. $1.09)
Chuck Steak lb. 79¢

New Green Cabbage lb. 10¢

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