

# Kay's Kitchen

By Kay Fisher



The time has come when all those lovely garden fresh vegetables are either in the garden or at your favorite market at a reasonable price. I bet I could eat something every day throughout the summer. I like to eat steamed, stuffed, in casseroles or any way you like it, just to start overcooked. Along with that to yellow squash, eggplant, tomatoes, corn or what have you are missing a real treat.

You can fix a platter of sliced tomatoes, cucumbers, mushrooms and onions and use as a salad. It is good just with salt and pepper, or you may want to mix it with a bit of sweet leaf. Sprinkle over it, and add a light drizzle of oil and vinegar.

Here is a salad that uses both zucchini and fresh broccoli, which can be used as a complete main course or served just with bread as a dessert.

- ZUCCHINI-BROCCOLI SALAD**
- 4 small zucchinis, washed and sliced
  - 1 small head of broccoli, washed and chopped
  - 1 cup chunk tuna, drained, or 1 cup cooked chicken, chopped
  - 1/2 cup sliced almonds
  - 1/2 cup wine vinegar
  - 1/2 cup olive oil, or salad oil
  - 1 teaspoon salt
  - 2 tablespoons dried pepper to taste
- Fresh ground black pepper to taste  
Toss zucchini, broccoli, tuna or chicken, and almonds in a salad bowl. Combine all the rest of the ingredients

Mrs. Mary Margaret Miller of Dayton, Ohio had returned home after a two week's visit with Mrs. Walter Miller and other relatives.

Bob Booth entered St. Joseph's Hospital Tuesday for observation and possible brain surgery.

Mrs. J.M. Pitman was a visitor to Carleisle during the week-end.

Mr. and Mrs. James Bryan of Atlanta, Ga. were recent weekend guests to Mrs. Moore.

Mrs. Moore spent one day last week with Mrs. David Moore and family in Louisville while Mr. Moore was at Camp Goodale.

Fred Neal of Tampa, Fla. and son of Mrs. Guy Neal is a patient at the hospital in Vintburg, Mich. Mr. Neal, a heart patient, was taken ill while preaching at the Christian Church in Vintburg Sunday morning.

Mr. and Mrs. Harold Hawkins of New Richmond, Ohio spent the week-end with their father, S. H. Barlow.

John T. Hamilton is reported to be in improved condition after submitting to major surgery on July 11 in England. His address is University College Hospital Ward 13, Gower Street, London WC1, England.

Mr. and Mrs. Flaher (Gaffin) of Bricktown, N.J. visited Mr. and Mrs. Robert Fisher on July 12. On July 13 and 14, Mr. and Mrs. John Dalziel of Miami, Mich. were guests of his aunt, Mrs. Robert Fisher and Mr. Robert Fisher.

Miss Flaher (Gaffin) and Mrs. Flaher (Gaffin) visited Mr. and Mrs. E.H.H. Allison. Miss Flaher Allison attended the 40th annual meeting of the Kentucky United Methodist Council Building in Lexington recently.

Mrs. Kenneth Ritchie's two brothers and three sisters, Mr. and Mrs. Taylor, Sims Valley, Calif., and Mr. and Mrs. Hollis Taylor, Frankfort, Ohio, returned home after spending a month in Carleisle visiting Mr. and Mrs. Ritchie. They also visited many friends and relatives.

Mr. and Mrs. Don Lyman and family of Hicksville, N.Y. were guests this week of his mother, Mrs. Clarice

**Blue Licks State Park offers Senior Life Saving Lessons July 25-Aug. 11**

Will take first 20 persons who sign up.

49th wedding anniversary is celebrated

Mr. and Mrs. Everett Duncan celebrated their 49th wedding anniversary Tuesday, July 13. A dinner was given in their honor at Pine Valley Restaurant in Cynthiana by their children.

## Miss Georgana Clark becomes bride of James Darnell Jr.

Miss Georgana Clark, daughter of Mr. and Mrs. Boone Clark of Carleisle, and James S. Darnell Jr., son of Mr. and Mrs. James S. Darnell of Cynthiana, were united in marriage at 7 p.m. on June 13, at Carleisle United Methodist Church in Carleisle.

The wedding was presented by Mrs. Sterling Hays. The bride, wearing a long, white, lacy tulle gown trimmed in lace, the groom in a dark suit with a white shirt and tie, and a white boutonniere.

The bride's attendants were Peggy Clark, maid of honor, and sister of the bride, Cora Mae, cousin of the bride, Susan Washburn and Cheryl Harris of Carleisle. The maid of honor wore a floor-length dress of light blue crepe with the front panel trimmed in lace.

Other attendants were identical outfits of light blue crepe, with a sweetheart neckline. Mrs. Ellis served as best man. The ushers were Steve Darnell, brother of the groom, John Bush and Rick

**Miss Hunt wins 4-H beauty title**

Miss Bridgette Ann Hunt, 15-year-old daughter of Mr. and Mrs. W.C. Hunt of Cynthiana, won second-place in the Beauty Contest at the 4-H Fair in Cynthiana recently.

She is the granddaughter of Mrs. Catherine Hunt and Mrs. Catherine Holtz of Carleisle.

**Attorney General rules that married women may use any surname**

**Mrs. Emma Walton celebrates birthday**

On Sunday, July 11, Mrs. Emma Walton was honored with a dinner at the Blue Lick State Park to celebrate her 87th birthday.

Those attending were Mrs. Martha Gillison, Penny Clark, Jenny, David, Chris and Joe Masterson, Pam Hunter and Tim Sprenger of Dayton, Ky.; Mr. and Mrs. Estelle Walton, Berrie Lee, Mrs. Della Flora, Kent Hill, Tommy Toit, Mr. and Mrs. Clarence Walton and Tina, Mr. and Mrs. Steve Phillips, Mr. and Mrs. Bob Dempster, Mr. and Mrs. Henry Caswell and Mike,

**Garden Club has luncheon in Winchester**

Members of the Carleisle Garden Club had lunch Monday, July 13 in Winchester at the Old South Inn. The luncheon took the place of the regular monthly meeting.

Those members who attended are: Miss James Wilson, Mrs. Eugene Neal, Mrs. Cleary Flightmaster, Miss Mary Lois Campbell, Mrs. Margie Wilson, Mrs. Grimes Caywood, Mrs. James Williams, Miss Ernestine Fada, Mrs. S.M. Doherty, Mrs. Alex Crawford, Mrs. George Daley and Mrs. Robert Hamilton.

**Births**

Mr. and Mrs. Earl T. Watkins of Cynthiana announced the birth of a girl born on July 7, 1971 at the Nicholas County Hospital. She weighed five pounds and nine ounces and has been named Serona Jean.

**Allison**

Mr. and Mrs. Larry J. Allison announce the birth of a daughter born Wednesday morning, July 13, 1971 at the Good Samaritan Hospital in Lexington. She weighed eight pounds, four and one-half ounces and has been named Whitney Cox. She is the third child and first daughter.

The maternal grandparents are Mr. and Mrs. Charles M. Cox and the paternal grandparents are Mr. and Mrs. Howard Allison Jr. The paternal great-grandparents are Mr. and Mrs. E.H.D. Allison.

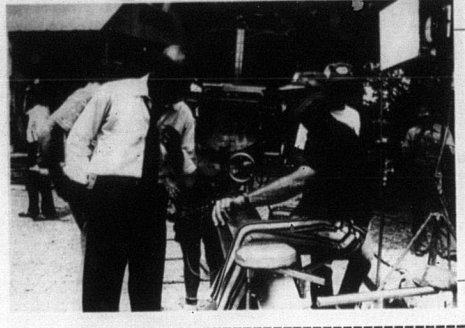
**Miss Franklin is incentive for shower**

Miss Susan Franklin, bride-elect of Mr. William Donovan, was the incentive for a miscellaneous shower, given by Mrs. Bobby McFarland and Mrs. Martin Donovan on Tuesday, July 13, at Mrs. McFarland's home.

The wedding will be an event of Saturday, July 24, in Lexington.

The national civilian labor force will pass the 100 million mark before 1976, according to new projections by the U.S. Department of Labor. It now stands at 95.5 million.

**Carol A. Power**



Getting the picture! Len Gessert (left) discusses a camera angle with camera operator Tom Spaulding of Louisville. Gessert, who is perhaps best known for his role as 'Fisher' in the "Hood" TV series, is starting in "Lawman Without a Gun," a made-for-television motion picture, filmed in the Hopkinsville area. E.M.I. Television, Inc. and Harry Sherman, producers of the film will also be shooting in Carleisle and several other locations in Christian and Todd counties for the next three weeks.

**FOODTOWN SUPER MARKET**

Open 8-8 Mon-Sat

**C & G**

- 5 1/2 oz. assorted White Lily Mixes 10/11
- Betty Crocker 8 oz. Tuna Helper 2/99
- 6.4 oz. Aim Toothpaste 79
- Duncan Hines 19 oz. Cake Mixes 49
- Brawny Towels 49
- Jetmo Reg. super 30's Kotex Napkins 1/19
- 1/2 gal. Clorox Bleach 49
- 13 oz. Jen's Pizzas 89
- Ken L.Ration 15 oz. Dog Food 6/119
- Tender Vittles 6 oz. Cat Food 3/1
- Parafom Dill 32 oz. Hamburger Slices 59
- Comet Cleanser giant 3/1
- Thank You 20 oz. Apple Pie Filling 59
- Dole No. 1 Pineapple 4/1

**BIG BIG BUYS**

Ocean Spray Unsweetened 32 oz. Grapefruit Juice 49

Minute Maid 12 oz. ORANGE JUICE 59c

Pet Whip 10 oz. WHIPPED TOPPING 49c

Lipton 100 ct. TEA BAGS \$1.69

12 oz. SPAM 99c

## Bromagen to attend Ag teachers conference

FRANKFORT—Approximately 200 members of vocational agriculture including James Bromagen from Nicholas County High School will participate in an in-service training workshop at the 8th Annual Agriculture Teachers Conference. It is to be held Aug. 14 at the Kentucky Future Farmers of America (FFA) center, a made-for-television motion picture, filmed in the Hopkinsville area. E.M.I. Television, Inc. and Harry Sherman, producers of the film will also be shooting in Carleisle and several other locations in Christian and Todd counties for the next three weeks.

The keynote speaker at the conference will be Glenn Wade, director of vocational and adult education in Clark County, Fla. Other speakers will include Billy Howard, assistant superintendent of the Bureau of Vocational Education, and Robert L. Kelley, director of agricultural education.

"The format for the in-service training workshop will include sessions designed to improve the agricultural program across the state," explained James Maddox, assistant director of agricultural education. "It was planned by a conference planning committee under the theme 'Vocational Agriculture: Continuing to Change, Uniting to Improve.'"

**Hail Insurance on Tobacco**

**Harold Letton**

289-5346 or 289-2474

**U.S. Choice Round Steak \$2.99 lb.**

**Boneless lb. 1.19**

**Cagle's Fresh Mixed Fryer Parts lb. 59c**

**Armour 12 oz. Hot Dogs pkg. 69c**

**Armour Speedy-Cut Hams lb. \$1.59**

**6-9 lb. avg. Armour Patio Pups lb. 99c**

**Lipton's 3 oz. INSTANT TEA \$1.69**

**Nestle 4 oz. Local Tea Mix \$1.29**

**3 lb. Yellow Onions 69c**

**Pint Driscoll Strawberries 49c**

**Chiquito Bananas lb. 9c**

**Hershey 16 oz. CHOCOLATE SYRUP 49c**

**Smucker's 32 oz. STRAWBERRY JAM \$1.29**

**Purina 25 lb. DOG CHOW \$4.99**

**IVORY DISH LIQUID 22 oz. 69c**

**Pringle's twin pak Potato Chips 79c**

**\* We Welcome Federal Food Stamps**