Kay's Kitchen

By Kay Fisher

Last week we did picnic fare, so now it is time for a cook-out. For a change let's forego the usual hamburgers and try something else. Kabobs are delicious and most of the work is done ahead of time. You not only get the meat with Kabobs but vegetables too.

BEEF KABOBS

1 envelope onion soup mix
1 cup dry red wine
¼ cup salad oil
1 tablespoon soy sauce
1 clove garlic, crushed
½ teaspoon ground pepper
2 pounds boneless beef steak, cut into thin strips or cubes
12 mushroom caps
12 cherry tomatoes
2 green peppers, cut into cubes

In a 9x13 inch baking pan combine onion soup mix, wine, oil, soy sauce, garlic, and ground pepper. Add meat and marinate 4 to 6 hours.

Thread meat, mushrooms, tomatoes and peppers alternately on skewers. Grill quickly, turning once and basting with remaining marinade. This should serve six. Salt to taste.

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For those who do like lamb, and I do, here is an easy marinade and a Kabob recipe. You, with a more adventurous spirit, might try it, you might find you even like it.

LAMB KABOBS

2 pounds of lean lamb, cut into cubes
1 bottle of Italian dressing
½ cup dry wine, red or white
1 teaspoon crushed rosemary
dash or two of seasoned salt
1 clove garlic, crushed
3 medium onions, cut into ½-inch chunks or 4 small onions
4 cherry tomatoes

In a large bowl, combine meat, bottle dressing, wine and seasonings. Marinate 3 hours at room temperature, stirring occasionally.

Thread meat, tomatoes, and onions alternately on 4 long skewers; press firmly together. Broil 4 inches from heat, turning occasionally, 15 minutes or until done. Makes 4 servings. This dish is good served with French bread when out, or on rice if cooking and serving at home. Don't forget to baste as you cook.

CHICKEN PACKETS

1 envelope onion soup mix
2 tablespoons soy sauce
1 tablespoon sherry
½ teaspoon sugar
½ teaspoon ground ginger
4 chicken legs and thighs, disjointed

Recipes calling for onion soup mix I notice don't usually list salt. So taste for seasoning. I sometimes feel the need to salt a bit.

6 squares (12 inches each) heavy duty foil

In an 8x13-inch pan blend onion soup mix, soy sauce, sherry, sugar and ginger.

Marinate chicken in the mixture for about 4 hours.

Wrap each chicken leg and thigh in foil, closing securely. Arrange on grill over medium heat. Cook 30 minutes or until fork tender.

Makes 6 servings. This I have done. I add a tablespoon or two of the marinade to each packet.

Ingredients may be increased or decreased depending on number of persons to be served.

CHICKEN-PRUNE KABOBS

1 (2½ pound) chicken, cut in pieces
1 cup pitted prunes
1 unpeeled seedless orange, sliced
8 small white onions, peeled
1 (6-ounce) can frozen orange juice concentrate, undiluted
⅓ cup wine vinegar
⅓ cup dark brown sugar, packed
2 tablespoons oil
1 tablespoon soy sauce
1 teaspoon salt

Thread chicken pieces, prunes, orange slices and onions on four skewers. Combine orange juice concentrate, vinegar, brown sugar, oil, soy sauce and salt in small saucepan. Bring to a boil; stirring occasionally. Marinate filled skewers in sauce an hour or longer. Broil 6 inches from heat, turning and basting with marinade until well-browned and tender. Takes about 30 to 45 minutes. This recipe is for four servings.

O.K. Curry Jr. honors parents on anniversary

O.K. Curry Jr. entertained with a dinner Friday evening, Aug. 5 at Spindletop in Lexington in honor of his parents, Mr. and Mrs. O.K. Curry Sr. who celebrated their 43rd wedding anniversary on Monday, Aug. 8.

Guests were: Mr. and Mrs. Robert Hensley and Mr. and Mrs. A.W. Curry, all of Louisville; Rev. Herman Kamlage, Mrs. William Harper, Miss Jane Harper, Mrs. Bobby Harper, Mrs. Billy Frey and Mrs. Teddy Poe, all of Carlisle.

Miss Lona Hamilton is Bureau queen in Bourbon county

Miss Lona Hamilton was crowned Farm Bureau Queen at the annual meeting of the Bourbon County Farm Bureau which was held Aug. 2. She is the daughter of Mr. and Mrs. Charles Hamilton of Route 1, Carlisle.

Miss Hamilton was one of six contestants and will go on to represent Bourbon county at Morehead in the district contest. She will be a senior at the Bourbon County High School.

Mr. and Mrs. Bobby Ray Dailey

Home ceremony unites couple in Bath county

Mr. and Mrs. Robert Claypoole of North Middletown announce the marriage of her daughter, Judy Wallace to Bobby Ray Dailey, son of Mr. and Mrs. James Dailey of Moorefield, at 2 p.m. Friday, July 29.

The ceremony was performed by Mike Hall at the home of the groom's sister, Mrs. George Emmons in Bath county.

The bride, given in marriage by both her mother and stepfather, wore a floor length white empire gown, trimmed in pink. She carried a bouquet of pink daisies and baby's breath tied with a white ribbon.

Charlotte Garrison, sister of the bride, served as maid of honor.

James Dailey, father of the groom, served as best man.

A reception was held following the ceremony at the home of Mrs. Emmons.

Chapter to hold memorial service

Marie Chapter will hold its regular monthly meeting Monday, Aug. 15 at 8 p.m. at the Masonic Temple. During the business meeting the Past Matrons and Past Patrons of Marie Chapter will be honored, and a memorial service will be held for June Vice, Lorene Hall, Georgia Brady, and J.P. Wagoner. All members are urged to attend.

Electronic deposits mark Veterans newest service

Almost five million Americans—92,804 of them in Kentucky—will get the opportunity next month to begin enjoying one of the benefits of the computer age—having their Veterans Administration compensation or pension payments deposited electronically in their bank, savings and loan institution or credit union.

Kenneth E. McDonald, director of VA's regional office in Louisville, said recently the agency's newest service to veterans will eliminate worry over lost or stolen benefits checks and will also result in an initial annual savings to the nation's taxpayers of $1.3 million.

The new program is all part of VA's participation in a sophisticated computer system called Electronic Funds Transfer.

Beginning Aug. 1, veterans or survivors of veterans receiving VA compensation and pension checks can ask to have the payment automatically credited to their account each month.

The account can be in a bank or a credit union or savings and loan association holding a state of federal charter.

VA Administrator Max Cleland, hailing the new program, said in Washington that "not only will this plan end worry over lost or stolen checks, it results in your payment being deposited on the issue date."

VA's McDonald said a recent test of the EFT system among compensation and pension recipients in Georgia and Florida showed the acceptance of the new program.

In the initial month of the test, 8,720 individuals chose the checkless deposit system. By the second month of the test, participation had nearly doubled, to a total of 16,835 recipients.

McDonald said veterans or their survivors who elect to participate in the new program can have their first benefit payment deposited automatically as early as Oct. 1.

Instructions outlining the simple steps to take will be included with compensation and pension checks to be mailed Aug. 1, he said.

McDonald urged eligible veterans or survivors of veterans who have any questions concerning the new program to contact the nearest VA office.

Mrs. Brayfield entertains with dinner

Mrs. Mary Brayfield entertained with a family dinner on Saturday at her home at Neptune. Guests were: Mrs. Elizabeth Gallagher and family of Terrace Park, Ohio; Mrs. Carolyn Allen, Lake Carnico; Mr. and Mrs. Omar L. Harrison and daughters, Plymouth, Mich., and Mrs. Lewis Branscomb, Baton Rouge, La.

Dave Murray to host dance for teenagers

The Catholic Church Youth Group is sponsoring a Teenage Dance at the Carlisle Armory on Saturday, Aug. 27, 8:30 p.m. to 11:30 p.m.

WLAP Disc Jockey Dave Murray will conduct the music.

SUBMIT WEDDING PICTURES EARLY

Wedding pictures must be submitted to The Carlisle Mercury within three weeks following the wedding.

SOCIETY

Mr. and Mrs. James O. Watson of Indianapolis; Mr. and Mrs. Omar Harrison and daughters Christy and Rebecca of Plymouth, Mich., have been visiting Mrs. Carolyn Allen of Lake Carnico and Mrs. Mary Brayfield of Neptune. Mr. and Mrs. Harrison and daughters also visited his mother, Mrs. Omar B. Harrison of Vanceburg.

Mr. and Mrs. James Brady and Timmy returned to their home on Headquarters Road on Thursday after spending two weeks with their daughter Mrs. Jackie B. Howard, SSG Howard and family in Ft. Hood, Texas. While there they attended the celebration of the fourth birthday of their granddaughter, Keena Howard.

Mr. and Mrs. Woody Wilson returned home last week after vacationing two weeks. They spent a few days in Cheyenne, Wyo. where they attended a rodeo and toured other points of interest in the Western states. They also toured Ontario, Canada.

Mr. Charles Hobbs, Steve Hobbs, Danny Vice and Terry Trussell attended the ballgame at Cincinnati Wednesday night.

Robert T. Trussell is recuperating at his home after submitting to major surgery at the St. Joseph Hospital in Lexington.

Mr. and Mrs. Heasel Smith, Jackie and Kim Smith and Mrs. Faris Reid have returned from an eight-day vacation in Hawaii. They visited Honolulu, Waikiki, Kona and Hilo.

Mrs. Grace Hutchings returned to Akron, Ohio, Aug. 5 after spending six weeks with her daughter, Miss Mary Margaret Hutchings at Lake Carnico.

Mrs. Larry Gabriel of Worthington, Ohio spent last week with her parents, Mr. and Mrs. George Roberts.

Mr. and Mrs. Robert Coatney were in Morehead on Thursday to attend the summer commencement at Morehead State University. Their daughter, Mrs. Karlyn Vice, was among those completing graduate work and received her Master of Science degree.

Miss Theresa Woosley was dismissed from the Nicholas County Hospital on Sunday after being a patient there for seven days.

Mr. and Mrs. Mark Thomas of Elizaville accompanied his grandparents, Mr. and Mrs. Robert Hughes, to Bardstown Aug. 3 to see the Stephen Foster Story and have dinner.

Mrs. Howard Dorsey arrived home Friday from Charleston, W. Va. after being called there to be with her sister, Mrs. Madge Summers who suffered a heart attack.

Mrs. Carolyn Terrell has returned to her home at 266 Lilleston Ave., Paris after submitting to knee surgery.

Mr. and Mrs. Paul W. Hamm and daughter Paula have returned home from a vacation in Florida. While there they visited Disney World, Cypress Gardens, Silver Springs and other points of interest.

Mr. and Mrs. Larry Clinkenbeard and Christy Lee returned to their home in Columbus, Ind. on Saturday. Mrs. Clinkenbeard and Christy Lee spent the week visiting her parents, Rev. and Mrs. H. Dallas Sugg and Alicia and Mr. and Mrs. Gene Clinkenbeard and Linda while Mr. Clinkenbeard attended a Bible Conference at Milligan College, Johnson City, Tenn.

Mrs. David Pugh graduated Thursday, Aug. 4 from Morehead State University with a B.S. degree in Home Economics. Mrs. Pugh, the former Emily Griffith, is the daughter of Col. and Mrs. G.S. Griffith of Harker Heights, Texas and granddaughter of Mrs. Hicel Asbury of Carlisle.

Mr. and Mrs. J.C. Davis and daughter Debbie of Paris have returned from a trip to Horn Lake, Miss. where they visited Mrs. Davis' sister, Mrs. Leroy Earlywine and Mr. Earlywine. Accompanying them on their trip was Miss Karen Atchison.

Births

PURVIS

Mr. and Mrs. Charles Ray Purvis of Carlisle, announce the birth of a son on Friday, July 29, 1977 at the Nicholas County Hospital.

He weighed five pounds, four ounces, and has been named Brian Scott.

SIBERT

Mr. and Mrs. Gary Sibert of Nicholas county announce the birth of a son on Tuesday, Aug. 9, 1977 at the Nicholas County Hospital. She weighed six pounds, 12 ounces and has been named Leane Nicole.

Paternal grandparents are Mr. and Mrs. John Sibert of Nicholas county. Maternal grandparents are Mrs. Virginia Cronin of Carlisle and the late John H. Cronin.

Miss Carolyn Purvis

Engagement announced

Mr. and Mrs. Rex Purvis of Carlisle announce the engagement and forthcoming marriage of their daughter, Carolyn Sue, to James Keith Wilcoxson, son of Mrs. Glenn Sexton Jr. and the late James L. Wilcoxson.

The wedding will be held at Dayton's Chapel in Pleasant Valley Saturday, Aug. 13, at 12 p.m.

A reception will be held at the home of Mrs. Eddie Zornes following the wedding.

Mr. Wilcoxson is presently employed at Blue Grass Knitting.

The custom of open church will be observed. All relatives and friends are invited to attend.

Farahs return from vacation in Carolinas

Mr. and Mrs. Licha Farah and children have returned home after spending two weeks vacationing in North and South Carolina. They toured the Smokey Mountains and points of interest in Cherokee, N.C., visited her sister, Mrs. William Bouharoun, Mr. Bouharoun and family in Greenville, S.C. and other relatives in and around Charlotte, N.C. and her mother, Mrs. Sam Hagley in Wendell, S.C. Mrs. Bouharoun and children spent a few days with the Farah family at Wrightsville Beach, N.C.

Governor appoints members to Solid Waste Commission

FRANKFORT—Gov. Julian Carroll has appointed members to a new state Commission on Solid Waste which he said would work with national experts on a pilot project to deal with this mounting national problem.

State Sen. John Berry, D-New Castle, who long has been active in efforts to protect the environment, will be chairman of the 18-member commission, Gov. Carroll said.

"The members I have appointed to this commission have solid reputations both in their particular fields and in public service," he said. "They were to see we are not buried under our solid waste. They want to see this waste handled responsibly without unfairly burdening anyone."

National experts in different aspects of solid waste management will work with the commission under a federal Environmental Protection Agency grant to the National Governors' Conference's Committee on Natural Resources and Environmental Management, of which Gov. Carroll is chairman.

Gov. Carroll has appointed Louisiana Gov. Edwin Edwards to head up a waste management subcommittee but asked him to allow Kentucky to be the pilot state for the project. Gov. Edwards agreed.

Gov. Carroll asked the commission to have recommendations ready for submission to the 1978 Kentucky General Assembly. But its work also will be made available to other states to help them deal with this common problem, he added.

"We are talking about a great deal more than litter, although we definitely have a problem with litter—all the way from bottles to abandoned cars," Gov. Carroll said. "But what also is involved are hazardous materials, chemical discharges, problems related to health and to nuclear power plants—the whole gamut."

"A great many of our cities and counties just don't have an adequate system of disposing of solid waste. We have many problems with sanitary landfills. Local government hasn't been able to deal with the situation on its own."

"We hope this commission will come up with suggestions that will allow us to show the nation how we can avoid contaminating our environment with what we discard", he said.

The state Department for Natural Resources and Environmental Protection will provide staff services for the commission, the Governor said.

Nicholas County High School class of '52 has reunion Sunday at Blue Licks Park

The Nicholas County High School, class of '52, held their class reunion at Blue Licks State Park, Sunday, Aug. 7.

The following members attended: Mr. and Mrs. Charles Marcum (Margaret Crouch) and family of Lexington; Mr. and Mrs. Jimmy Denton and family of Flemingsburg; Mr. and Mrs. Billy Doyle and daughter of Prestonsburg; Mr. and Mrs. Billy Davis and son of Carlisle; Mr. and Mrs. Reese Smoot (Patsy Fryman) and family of Nicholas county; Mr. and Mrs. Phil Hillock (Dottie Shaw) and family of Nicholas county; Mr. and Mrs. Buddie Guy (Grace Smith) and daughter of Nicholas county.

Mr. and Mrs. Johnnie Fryman and daughter of Morehead; Mrs. Fred Jones (Jean Jones) and granddaughter of Nicholas county; Mr. and Mrs. Bobby Hughes (Josephine Fryman) of Nicholas county; Mr. and Mrs. Ray Wagoner Jr. (June Anderson) and family of Nicholas county; Mrs. Willie Ray Humphries (Jewell Wagoner) of Millersburg; Lynwood Roe, Silver Springs, Md.; Mr. and Mrs. Wayne Spegal and daughter of Harrison county; and Mr. and Mrs. J.T. Bow (Anne Collins) and family of Carlisle.

August Coat-Break
Aug. 10 thru 16 Only!
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(Cash & Carry Sales)
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Fresh Grade A Fryers Cut-Up ... lb. 59¢
U.S. Choice Whole Sirloin Strips ... lb. $2.79
[Boneless 10-12 lb. avg. Sliced Free]
U.S. Choice Boneless Stew Beef ... lb. $1.39
100% Pure Fresh Ground Chuck (3 lb. pkg. or larger) ... lb. 89¢
Edward's Whole Hog Sausage ... lb. $1.29
Edward's Whole Hog Sausage ... 2 lbs./$2.57
Armour Hot Dogs ... 12 oz. pkg./69¢
Armour Vac Pack Sliced Bacon ... lb. $1.39
Kahn's Hillshire Smoked or Polish Sausage ... lb. $1.29
Kahn's Big Red Smokeys ... lb. $1.39
Kahn's Knockwurst Franks ... lb. $1.39

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Foodtown Buns Hamburger or Hot Dog 8 Pk. 39¢

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FOODTOWN COUPON cereal 8 oz. box COCOA PUFFS 55¢ #28111 limit one coupon per family Expires 8-16-77

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FOODTOWN COUPON KEEBLER 16 oz. COOKIES French Vanilla Cream 69¢ limit one coupon per family Expires 8-16-77

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FOODTOWN COUPON 9 oz. KIX CEREAL 49¢ #00870 limit one coupon per family Expires 8-16-77

• STOKELY SALE •

Van Camp Pork & Beans	300 can	4/$1
Golden W.K. & C.S. Corn	303 can	3/$1
Honey Pod Peas	303 can	3/$1
Tomato Juice	46 oz. can	49¢
Tomato Catsup		32 oz. 79¢
Sliced & Halves Peaches		No. 2½ can 49¢

Foodtown Ice Cream ½ Gal. Cho., Van., Straw., Neo. 89¢

Michigan Stalk Celery 33¢

Yellow Onions ... 3 lbs./69¢
U.S. No. 1 White Potatoes ... 10 lbs./99¢
Broccoli ... 49¢
Thompson's Seedless White Grapes ... lb. 79¢
Chiquita Bananas ... lb. 19¢
Extra Choice Lemons ... 10/79¢
Finger Carrots [Small, Tender ... 8 oz./29¢

R.C. Cola & Diet Rite Cola 8 pk., 16 oz. W/Btls. $1.09

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FOODTOWN COUPON Detergent 32 oz. LIQUID ALL $1.19 limit one coupon per family Expires 8-16-77

FOODTOWN COUPON Concentrated Detergent Giant Size ALL $1.19 limit one coupon per family Expires 8-16-77

FOODTOWN COUPON Dishwasher 50 oz. ALL $1.39 limit one coupon per family Expires 8-16-77

FOODTOWN COUPON Fabric Softener 33 oz. FINAL TOUCH 79¢ limit one coupon per family Expires 8-16-77

FOODTOWN COUPON Bath Bar Coral, White LIFEBUOY SOAP 4/99¢ limit one coupon per family Expires 8-16-77

FOODTOWN COUPON Facials 200 Ct. LADY SCOTT 2/99¢ limit one coupon per family Expires 8-16-77

FOODTOWN COUPON Self Rising & Plain Meal DIXIE LILY 5 lbs. 59¢ limit one coupon per family Expires 8-16-77

FOODTOWN COUPON Fabric Softener 64 oz. NU SOFT $1.59 limit one coupon per family Expires 8-16-77

FOODTOWN COUPON 12 oz. RITZ CRACKERS 49¢ limit one coupon per family Expires 8-16-77

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FOODTOWN COUPON 22 oz. LUX LIQUID 59¢ limit one coupon per family Expires 8-16-77

FOODTOWN COUPON Pillsbury 11 oz. PIE CRUST MIX 3/$1 limit one coupon per family Expires 8-16-77

FOODTOWN COUPON 8 oz. POST TOASTIES 49¢ limit one coupon per family Expires 8-16-77

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