Kay's Kitchen

— — By Kay Fisher

The recipes this week are like random thoughts, hoping they will fit into the season.

For you who have plenty of tomatoes this recipe is a good way to use those getting too ripe too fast or have imperfections to cut out. Use amount of tomatoes to suit your family needs and use other ingredients in proportion. The recipe as I give it will serve about 5 or 6. This is a nice change.

SCALLOPED TOMATOES

3½ cups diced onion
2 tablespoons diced green pepper
salt
pepper
sugar
2 cups cubed soft bread
½ stick melted margarine

In greased baking dish put one layer of tomatoes, onion, green pepper. Sprinkle with salt, pepper and sugar. Add 1 cup cubed bread. Repeat, ending with cubed bread on top. Drizzle melted margarine over top. Bake at 350 degrees until baked thru and top is browned, about 30 minutes. If you find the top browning too fast, put a piece of aluminum foil loosely over the top.

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Many vegetables, especially moderate in cost when at the peak of the season, make good extenders for high cost meats.

One such vegetable is zucchini. Its mild flavor and texture make it good with most meat as well as other vegetables.

This main dish recipe even lets you use ground beef for an even more economical meal.

ZUCCHINI BEEF CASSEROLE

6 cups sliced zucchini
1 pound ground beef (round or chuck preferred)
½ cup chopped onion
salt, pepper, generous pinch of oregano
¼ cup margarine
¼ cup flour
2 cups milk
1 cup grated cheddar cheese
¼ cup Parmesan cheese

Wash and slice zucchini into ½-inch thick slices. Arrange in bottom of buttered 2-quart casserole. Brown meat slightly in skillet; add onion and cook until limp. Add 1 teaspoon salt, pepper to taste and oregano, mixing well. Set aside. Melt margarine in sauce pan; blend in flour and milk stirring and cook until mixture is smooth and thickened. Add cheddar cheese and stir until cheese melts. Add seasonings to taste. Spoon meat mixture over zucchini. Cover with cheese sauce. Sprinkle with Parmesan cheese. Bake at 350 degrees in preheated oven for 30 minutes or until heated through and bubbling.

Serve immediately. Should serve six.

Home grown flowers win top honors in Bicentennial Show held in Paris

Flowers grown in Nicholas county won many honors last weekend when the three Bourbon County Garden Clubs held a Bicentennial Flower Show at the Wallis home in Paris. The show, which started Friday and ended Sunday, was titled "Our American Heritage."

Although Mrs. H.W. Bailey of Lake Carnico was unable to attend, she allowed fellow members of the Millersburg Garden Club to use her flowers to make arrangements to enter in the show. Mrs. Wallace Wallen, Nicholas county, Mrs. Zed Layson and Mrs. A.B. Plummer of Millersburg won honors for arrangements using some of Mrs. Bailey's flowers.

Mrs. Wallen, who has recently been elected president of the Millersburg Garden Club, won a red ribbon in the Westward Ho (Life on the Mississippi) division with an arrangement including a piece of driftwood loaned to her by Mrs. Bailey. The driftwood was taken from the Mississippi River near Fulton, Mrs. Bailey's hometown.

Mrs. Russell Bell of Nicholas county also won several ribbons.

Other members of the Millersburg Garden Club who were awarded ribbons are: Mrs. Bruce Sharp, Mrs. Vimont Layson and Mrs. A.J. Thaxton. Miss Terry Johnson of the Millersburg Junior Club was a winner in the Junior-Senior High division.

Mrs. Taylor Snelling of Carlisle was one of the six judges for the show. The judging followed the strict rules of the Garden Club of Kentucky.

Proceeds for the show will be used to refurbish the Wallis home, headquarters of the State Garden Clubs.

Other Nicholas countians who attended the show are Miss Mary Lois Campbell, Mrs. George Dale and Mrs. Grimes Caywood.

SOCIETY

Mrs. Youie Shaw returned to her home on Friday after being released from the Bourbon County Hospital where she submitted to major surgery.

Dick Letton returned home on Saturday after accompanying his sister, Miss Lucy Letton to Port Aux Basques, Newfoundland where she is teaching music in the St. James Elementary School.

The Rev. and Mrs. William Bevins of the Lexington Theological Seminary, Miss Effie Clinkenbeard and Mrs. Bess Bromagen were Sunday dinner guests of Mr. and Mrs. Hanson Judge.

The following were recent Saturday evening dinner guests of Mrs. Bess Bromagen: Mrs. Maude Gilvin, Mr. and Mrs. Jerry Moss and daughters of Harrodsburg, Mr. and Mrs. Billy Gilvin and Brad Gilvin of Burgin, and Miss Effie Clinkenbeard. Mrs. Moss was the former Peggy Gilvin.

The Rev. and Mrs. William Bevins were Saturday night house guests of Mr. and Mrs. Joe Allen Stone.

Mr. and Mrs. Lanny Hutchison have returned from a week's vacation in Florida.

Mr. and Mrs. William Henderson entertained Sunday in honor of the birthdays of Mr. and Mrs. James P. Sidles and Mrs. William Sidles. Other guests included Miss Phyllis Sidles and Mr. Phillip Sidles of Barterville; Mr. and Mrs. James P. Sidles' two children, Dana and Jeff, Carlisle; Mrs. Ruby Morris and Mrs. Jack Spahr, Cincinnati; Mrs. Lois Ritchie, Paris; Mr. and Mrs. Donnie Barnhill, Rene and George W., Lexington.

Mr. and Mrs. William Conley and children of Millersburg were the week-end guests of his aunt, Miss Margaret Gibson at her home in Harrodsburg.

Mr. and Mrs. Larry Harney and family entertained with a family reunion at their home in Hooktown recently.

ET?E2 Dean Summay is spending this month with his parents, Mr. and Mrs. Stanton Summay in Millersburg. He has been on a tour of duty since January, 1974 abroad the USS Impliclt, a naval mine-sweeper, home ported at Tacoma, Washington. He is being transferred on Oct. 10 to the Naval Air Station in Millington, Tenn.

Mr. and Mrs. Robert Kirkpatrick and Mr. and Mrs. William Butler of Millersburg recently attended the Kentucky Bankers Association Meeting held at the Galt House in Louisville.

Rev. and Mrs. Harry Spickler and children were the guests of honor Sunday at a coffee held in the Fellowship Hall of the Millersburg Presbyterian Church. Rev. Spickler was named minister of that church recently, and he and his family have moved to the Presbyterian parsonage on Eighth Street at Trigg. Both Rev. and Mrs. Spickler are teaching in the Nicholas County Elementary School.

Mr. and Mrs. Peter McLouth were guests last weekend of his cousin, Mr. Jay McLouth and Mrs. McLouth in Rochester, N.Y. While they were there they attended the Louis McLouth family reunion.

Mr. and Mrs. Larry Gabriel of Worthington, Ohio were weekend guests of her parents, Mr. and Mrs. George Roberts.

Mrs. Ralph Hollinger, Louisville, Mrs. Leslie Blakey, Lexington, and Mr. Gene Intindoln, Fulton, visited Mrs. H.W. Bailey, Monday.

Mr. and Mrs. H. Paul Vice of Shepherd Hills entertained with a birthday dinner Sunday, Sept. 19 at their home, honoring Mrs. Vice's daughter, Mrs. Sue Hull of Dayton, Ohio. Those present were Mrs. Hull's husband, Col. Hull, and children Wendy, Randy and Leslie, Dayton, Ohio; Mr. and Mrs. Tommy Calvert and children, Todd and Marsha of Bentonville, Ohio; and Mr. and Mrs. Tommy Barbour of Tollesboro.

Mr. and Mrs. Clifton Riggs and Mr. and Mrs. David Earlywine and son Jeffrey of Millersburg, Mrs. Lewis Purdy and son Michael of Hamilton, Ohio returned home Thursday after vacationing a week at Panama City Beach, Fla.

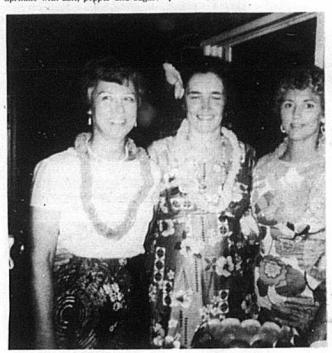
Mr. and Mrs. Wilford O. Doyle Sr. had as their luncheon guests recently Mrs. J.E. Adams and Don Adams of Clintonville.

Miss Fleet Allison attended an executive meeting of the United Methodist Women of the Maysville District in the Kentucky Conference at the Washington United Methodist Church in Mason county Sunday.

Mr. and Mrs. J. Tobitt Elder and son Brian of Ft. Mitchell were the weekend guests of his mother, Mrs. Warren Fisher and Mr. Fisher. Mrs. Fisher returned home with them on Sunday to spend this week. Mrs. Francis W. Gallaway returned on Sunday to her home in Richmond, Va. after spending a week as the guest of her sister, Mrs. Warren Fisher and Mr. Fisher.

Mrs. Wilson and Mrs. Robert Hamilton, hostesses, assisted by Mrs. Grimes Caywood, served punch, coffee, assorted sandwiches, mints and nuts, from a tea table in Fellowship Hall.

Out of town visitors were Mrs. Horace Davis, Lexington, Mrs. W.R. Buntin Jr., Frankfort, Mrs. Palmer Smart, Maysville and Mrs. Idell Rondolin, Fla.



Hawaiian Luau

Mrs. David Zachary, Mrs. Wendell Kingsolver and Mrs. John Soper were co-hostesses for a Hawaiian Luau at the Kingsolver home in Shepherd Hills Monday, Sept. 13. The occasion being the first meeting of the Carlisle Community Woman's Club for the new year. There were approximately 44 members and guests present.

'Get Acquainted' cookout starts Junior Club year

The Carlisle Junior Woman's Club (KFWC) opened the club year with a "Get Acquainted" cookout at the home of Mrs. Billy Hopkins, club secretary, Aug. 30.

On Sept. 13 the first regular business session was held at the Library. Kindergarten business conducted during the summer months by the Executive Board was read into the record.

Discussions were held and related action taken on the club's support of the proposed hospital and helping with the Swine Flu innoculation in October.

Reports given on summer activities included the art show at the county fair, sponsoring an artist at the Blue Licks Celebration and helping build a float entered in the Blue Licks parade.

The next meeting will be held Monday, Sept. 27, 7:30 p.m. at the Library. Members of the hospital planning committee will speak on the subject of the new hospital and what the club can do to help. Anyone interested in this subject is invited to attend this meeting.

Miss Bobbie Wade to wed Oct. 8 in Paris church

Mr. and Mrs. Bobby Wade of Carlisle announce the engagement and forthcoming marriage of their daughter, Bobbie Lou to William Patrick Sosby, son of Mr. and Mrs. Mike Sosby of Paris.

The wedding will be the event of Oct. 8, 1976, at 8 p.m. at the Church of Annunciation in Paris.

All friends and relatives are invited to attend.

Miss Bobbie Wade

Immediately following the ceremony, a reception will be held in the church hall.

Mrs. Cliff Shumate assists Chapter

Mrs. Cliff (Carrie) Shumate of the Marie Chapter OES, Carlisle, was the installing warden at the officer installation meeting of the Paris Chapter 167 Order of Eastern Star on Oct. 11.

Among those installed were Mrs. Alice Ormsby as Worthy Matron, and R.L. Harney, Worthy Patron.

Reception honoring parents is Oct. 3

Mr. and Mrs. William Terrell will be honored with a reception on Sunday, Oct. 3 in observance of their 25th wedding anniversary.

Their daughter, Mrs. Mike (Karen) Bussell, their son, Mark Terrell, and Mrs. Terrell's parents, Mr. and Mrs. Joe Allen Stone will host the reception which will be from 2:30 to 4:30 p.m. at the Moorefield Christian Church.

All relatives and friends are invited to attend.

Nuptial plans set for Friday

Mr. and Mrs. Clyde Roe of Bourbon county announce the forthcoming marriage of their daughter, Miss Peggy Roe, to Mr. Bobby Gene Kelley, son of Mr. and Mrs. Gene Kelley of Carlisle.

The wedding will be solemnized at 7:30 p.m. Friday, Sept. 24 at the Christian Church in Ruddles Mills. Rev. Ben Pumphrey of Carlisle will officiate.

The custom of open church will be observed and all friends and relatives are invited to attend.

American music is focus of Garden Club meet

Mrs. Cleary Fightmaster, assisted by Mrs. Wendell Kingsolver as narrator, presented a program of organ music at the Carlisle Garden Club meeting on Monday, Sept. 20, at the Carlisle Christian Church.

The program, selected to celebrate the Bicentennial Year, centered around music of America through the years and American composers.

Mrs. Kingsolver introduced each number relating something of interest about it and the composer.

The program began with a medley of patriotic songs. Others following were: Hymns, so much a part of our history, numbers by Stephen Foster, Victor Herbert, Ethelbert Nevin, John Jacob Niles, Rodgers and Hammerstein, Gershwin and Berlin, also Mrs. Fightmaster's own arrangement of "Dixie." She closed the program with "Battle Hymn of the Republic."

Mrs. Charles Wilson presided over the short business session prior to the program, and Mrs. William Layson gave the spiritual values.

Wedding to be event of Oct. 2

Mr. and Mrs. Virgil C. Ritchie Sr. announce the engagement and forthcoming marriage of their daughter, Beth Ritchie, to Terry Wayne Herrington, son of Mr. and Mrs. Andrew Herrington.

The wedding will be an event of Oct. 2 at the Dover Methodist Church in Dover, at 2:30 p.m.

A reception will follow at the home of Mrs. Clarence Daniels of Dover.

Surprise party given Sunday

Mr. and Mrs. Chester Bretz were surprised with a party celebrating their 25th wedding anniversary on Sunday, Sept. 19, given by their two daughters, Mrs. Herbert Harney and Mrs. Steven Gillispie.

The party was attended by about 30 relatives and friends at Mrs. Harney's home.

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3/$1

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FOODTOWN COUPON — 14 oz. #0001-502422 AJAX CLEANSER 3/69¢ — limit one coupon per family — EXPIRES 9-28-76

FOODTOWN COUPON — Woodcrafter Lemon 14 oz. FURNITURE POLISH 99¢ #0001-502422 — limit one coupon per family — EXPIRES 9-28-76

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